

Understanding disordered and membrane protein recognition by molecular dynamics

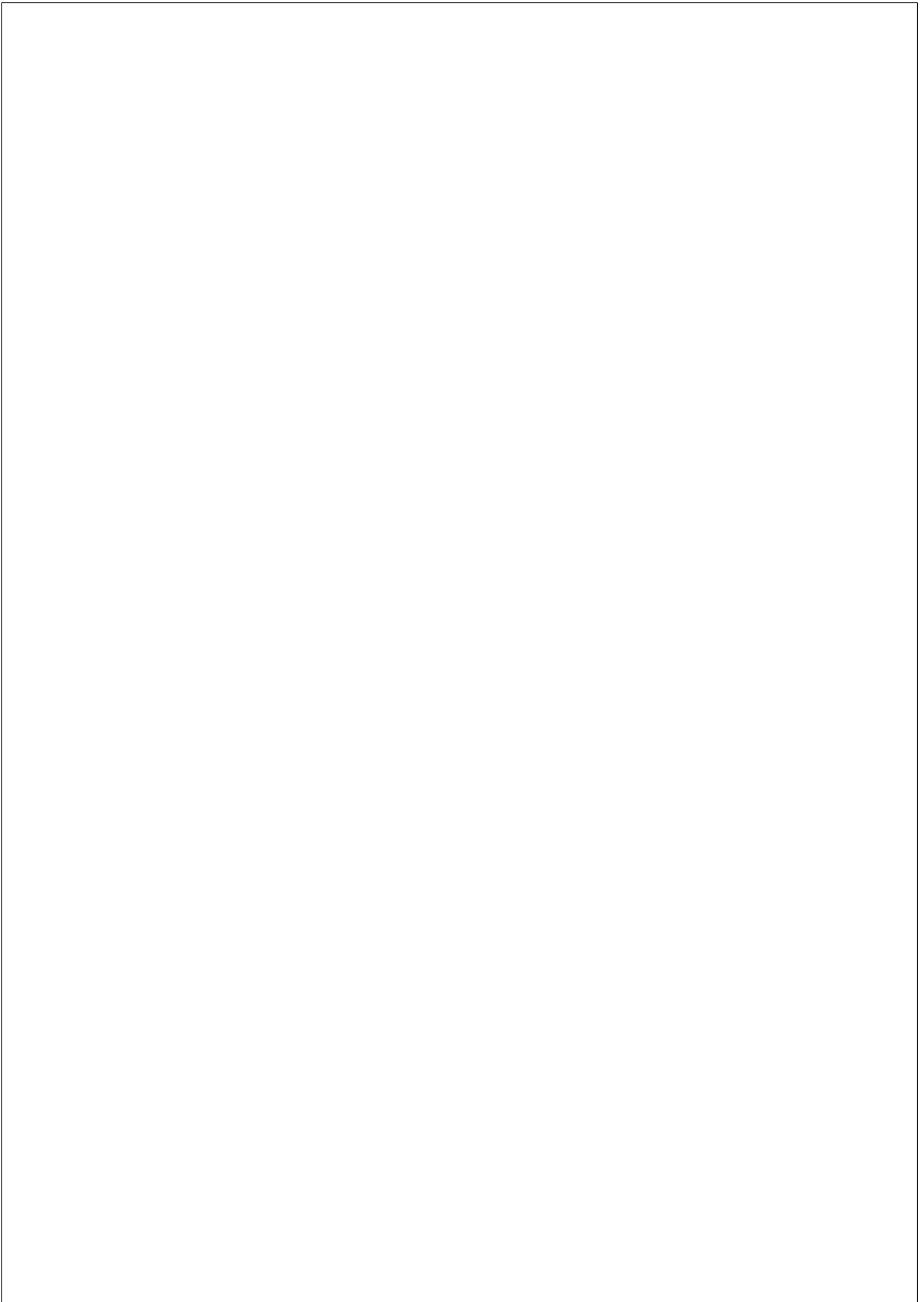
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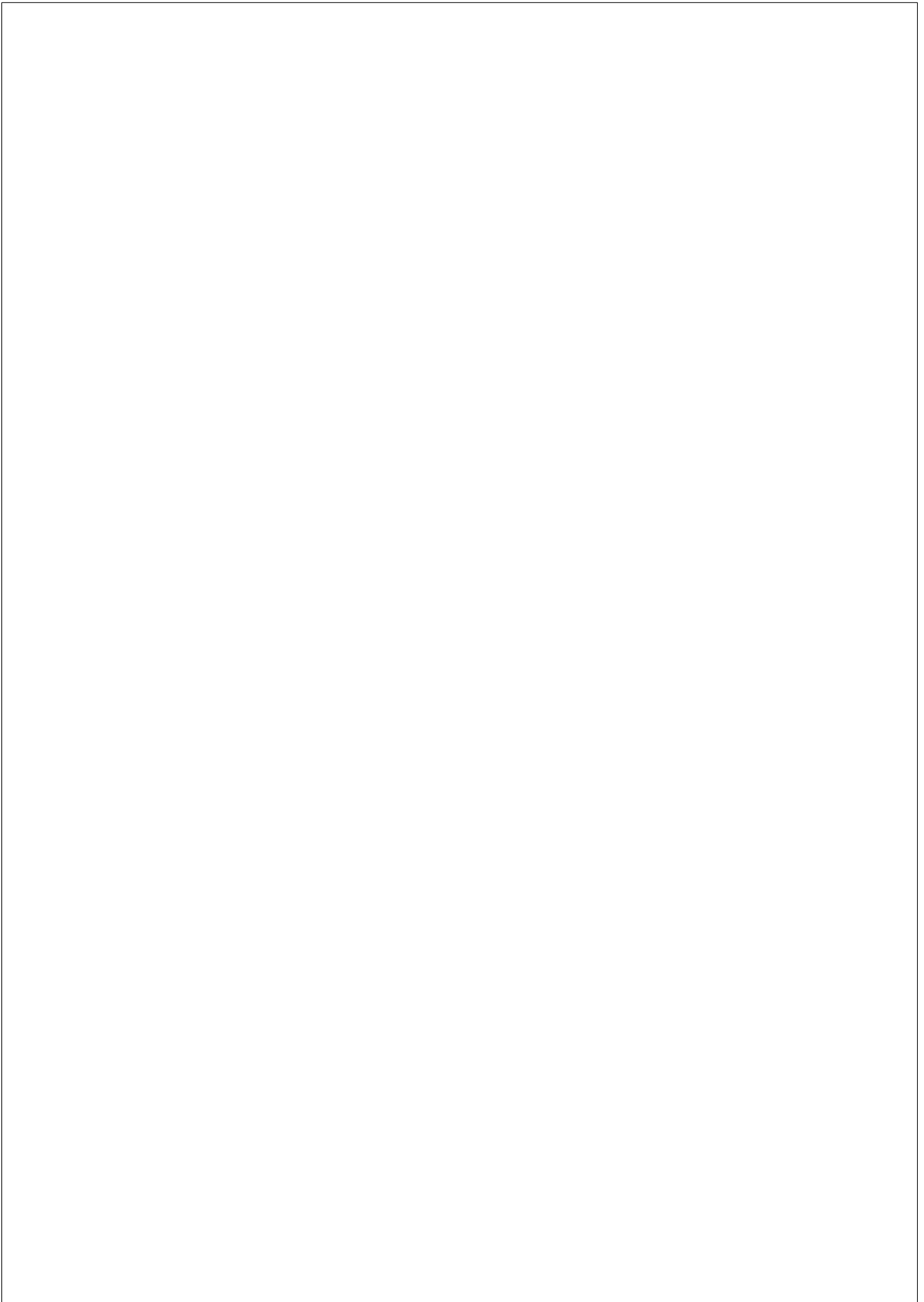


*Dedicated to the people I've watched die bad deaths. Hopefully, either
with science or with ethics, we can avoid that someday.*



Acknowledgements

I would like to thank the volunteers of GPUGRID.net and Donate@Home for donating their time, hardware, bitcoins, and other resources to support my research. Without them, my research would not have been possible. I would like to thank my labmates for both assisting me and putting up with me. I would like to thank my family, who for many years have given me their support and dealt with my absence.



Abstract

All biological processes are governed by interactions of macromolecules that occur at atomic scale. However, our ability to directly observe such processes is often limited by experimental constraints due to the characteristic scales at which they occur. Such limitations mandate the use of modeling techniques such as molecular dynamics simulations to extend our understanding of these phenomena. The goal of this thesis has been to use molecular dynamics simulations, in conjunction with advanced analysis techniques, to elucidate biological processes at the atomistic scale. We have used the distributed computing project GPUGRID.net and Markov State Model analysis to study molecular processes in disordered proteins and membranes systems. In each case we have been able to give a full atomic picture of events only hinted at by other methods, and in some cases we observe things entirely hidden from other methods. These successes reinforce the importance of molecular simulations as an exploratory tool in the biological sciences.

Resum

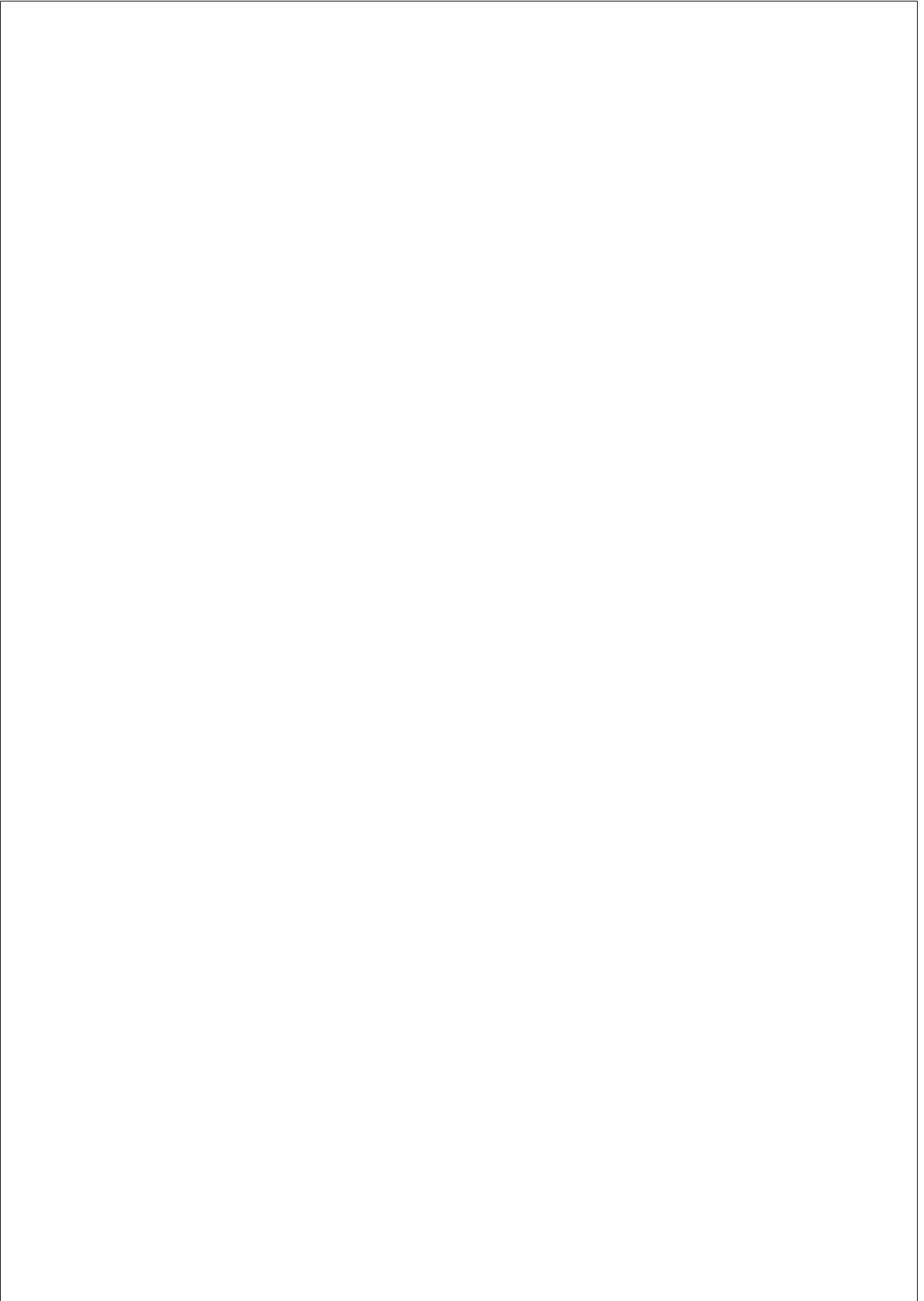
Tots els processos biològics estan governats per interaccions de macromolècules que ocorren a escala atòmica. No obstant, la nostra capacitat d'observar directament aquests processos sovint està limitada per restriccions experimentals degut a les escales característiques en que ocorren. Tals limitacions requereixen l'ús de tècniques de modelatge com simulacions de dinàmica molecular que permeten estendre la nostra comprensió d'aquests fenòmens. L'objectiu d'aquesta tesi ha estat aplicar simulacions de dinàmica molecular, conjuntament amb tècniques d'anàlisi avançada, per dilucidar processos biològics a escala atòmica. Hem utilitzat el projecte de computació distribuïda GPUGRID.net i l'anàlisi mitjançant Models d'Estat de Markov per estudiar processos moleculars en sistemes de membranes i proteïnes desordenades. En alguns casos hem estat capaços de retratar fenòmens amb indicis proporcionats per altres mètodes i en d'altres n'hem pogut observar de totalment ocults a altres mètodes. Aquests èxits reforcen la importància de les simulacions moleculars com a eina exploratòria en les ciències biològiques.

Preface

One of the fundamental obstacles—and accordingly one of the main lessons—of the scientific process is that we are always working on a “black box” problem. In our pursuit of fundamental truths, be they in the macroscopic or microscopic world, we never have direct access to the thing we want to know. Even for something “simple” like the law of gravity, observations of physical objects had to be made before we could dispel wrong intuitions and write the equation down. And the equation itself is just an abstraction of something much more complex. Empirical, repeatable, falsifiable experiments are an inextricable part of the scientific process, because they are our only way to find out what’s inside the black box.

The goal of a PhD program is to train ourselves to prod at that black box. We learn what kinds of questions we need to ask ourselves before we even begin (What do we really know? What do we need to know?). We learn what tools are best for answering different kinds of questions and how to use them. And we learn to be properly skeptical of what comes out of our experiments and other’s experiments.

Like many theses before this one, this thesis is essentially the abridged version of that struggle for me. I have attempted to improve our understanding of protein motions and their interactions with other biomolecules, suffering a lot of failures and frustrations as well as a good amount of luck and success. The successes are stressed here, because that’s how we handle these things. But in reality we learn most from our struggles and failures, and I hope that my struggles are somehow apparent between the lines.



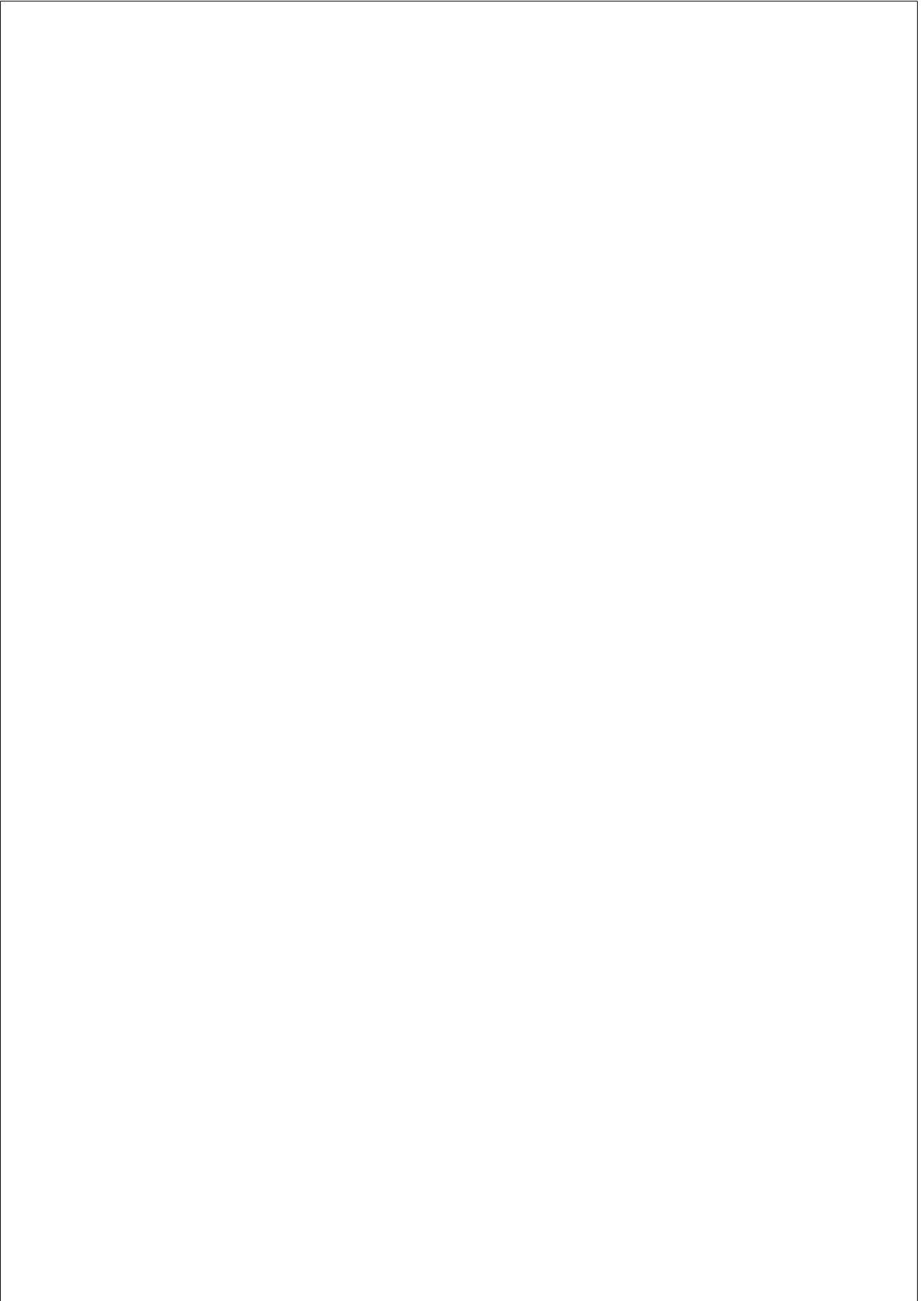
Contents

Index of figures	xiii
1 INTRODUCTION	1
1.1 Peering at Atoms	1
1.1.1 Current methods in Structural Biophysics	3
1.2 HTMD and MSM	7
1.2.1 MD	7
1.2.2 HTMD: High-throughput MD simulations	10
1.2.3 Markov State Models	11
1.2.4 Molecular Recognition	14
1.3 Biological Systems Investigated	15
1.3.1 Membrane systems	16
1.3.2 Disordered proteins	22
2 OBJECTIVES	29
2.1 Establish foundations and feasibility of using simulations to study binding in membrane systems	29
2.2 Investigate behavior of disordered proteins on biologi- cally meaningful timescales	30

3	PUBLICATIONS	31
3.1	Membrane Lipids Are Key Modulators of the Endocannabinoid Hydrolase FAAH	31
3.2	Kinetic modulation of a disordered protein domain by phosphorylation	47
3.3	Progress in studying intrinsically disordered proteins with atomistic simulations	56
3.4	High throughput molecular dynamics for drug discovery	62
3.5	The pathway of ligand entry from the membrane bilayer to a lipid G protein-coupled receptor.	67
4	DISCUSSION	77
5	CONCLUSIONS	83
6	LIST OF COMMUNICATIONS	85
7	APPENDIX: OTHER PUBLICATIONS	87
7.1	Dopamine transporter (DAT)	87

List of Figures

1.1	Timescales of biological processes.	2
1.2	Time and distance scales of research tools.	4
1.3	Basic MD force field equation.	8
1.4	Basic MSM overview.	13
1.5	Endocannabinoid system	20
1.6	S1P ₁ R Structure.	21
1.7	KID overview.	26
4.1	Binding to S1P ₁ R.	78
4.2	KID schematic.	79
4.3	KID kinetic model.	80



Chapter 1

INTRODUCTION

1.1 Peering at Atoms

All biology is dictated by dynamic, atomic interactions of a vast array of molecules. In order to understand biological systems and cure diseases, we need to be able to understand the behavior and interactions of these molecules. In a convenient universe it would be as easy to watch atoms and molecules interact as it is to watch our favorite actors on the silver screen, but that is not the case. We are constrained by fundamental physical limitations, such as the uncertainty principle, and where there are no fundamental limitations there are often practical engineering limitations.

Researchers have developed an impressive array of both quantitative and qualitative methods over the years in order to address this challenge. Experimental assays usually lead the charge in biological discovery because they help us find new molecules of interest and answer simple questions about them like where they are located in the cell and what they interact with. As the picture becomes more complex, so too do the methods we use and the kind of information they provide us, as do the fundamental physical challenges in achieving that picture.

There are many situations where it is important to have a more dynamic picture of these phenomena. Mutations in a protein, for example,

often lead to losses or increases in activity, either by affecting a protein’s structure or its electrostatic interaction with a binding partner. Understanding the specific change to the structure or interaction can help us understand what is going on and design better therapeutics. Mutations to or overexpression of the epidermal growth factor receptor (EGFR), for example, are indicated in numerous cancers [1]. A single missense mutation in EGFR leads to the loss of effectiveness in one drug, Cetuximab, but not another, Panitumumab, that targets the same epitope [2]. Similarly, recent work in the study of G protein-coupled receptors (GPCRs) has shown that not all drugs are “created equal”, meaning different drugs designed to target the same receptor and can have differing downstream effects in the cell depending on slight atomic changes in how they interact with the receptor [3, 4, 5]. The only way to understand the specific cause of such behaviors is to look at the atomic interactions. Information gleaned from such investigations can then be used to guide future drug design, leading to solutions that can maintain or recapitulate efficacy under such changes.

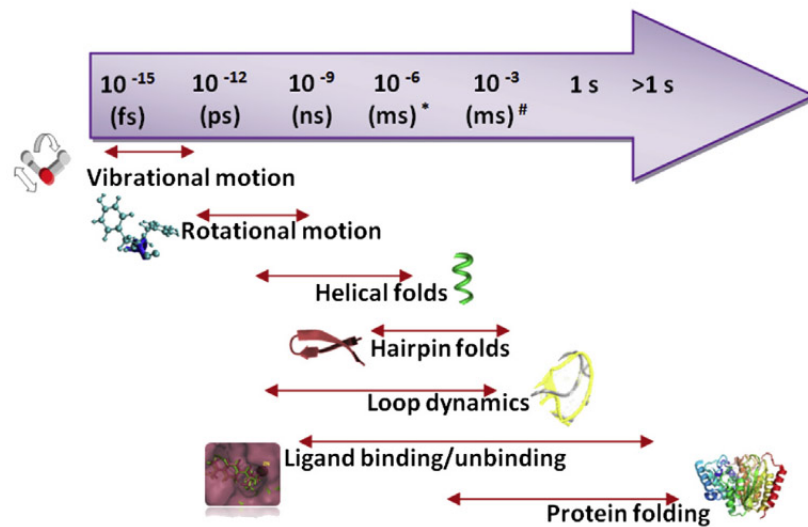


Figure 1.1: Rough timescales for various biological processes that involve proteins. Figure adapted from [6].

A critical part of this is the ability to characterize events that occur at atomic scale and that can span a huge range of timescales, from femtoseconds to hours or longer. Different kinds of protein motions span a large range of timescales (Figure 1.1) [7]. Basic protein motions range from picoseconds to milliseconds, proteins and small ligands interact on hundreds nanoseconds to seconds, and protein folding or protein-protein interactions can take substantially longer. A wide array of tools has been developed to characterize such motions, which we will cover in the next section.

1.1.1 Current methods in Structural Biophysics

A variety of experimental and computational techniques have been developed in an attempt to address these issues and build a complete picture of biomolecules at atomic or near-atomic resolution, each with their own advantages and limitations. They are generally limited in spatial or temporal resolution (Figure 1.2), and often come with other less obvious method-specific limitations.

The study of biology in 3D began in 1958, when the first crystal structure of a protein, Myoglobin, was solved [8]. Structures were added slowly over the decades, only reaching 507 structures by 1990, mostly small globular proteins. Since then the PDB has surpassed 100,000 structures [9], >88% of which are crystal structures [10].

Crystallography has provided an essential foundation for structural biology, but it does have limitations. Crystal structures are static pictures of dynamic structures, and represent either an ensemble average structure or the most stable conformation(s) susceptible to crystallization. Flexible loops are often missing from the spectra entirely [12, 13, 14, 15, 16]. Cryo-electron microscopy (CryoEM), a related technique useful for large, difficult to crystallize structures, also suffers from this. CryoEM also suffers from slightly lower spatial resolution than crystallography, but has been useful in determining several large macromolecular structures [17, 18, 19, 20].

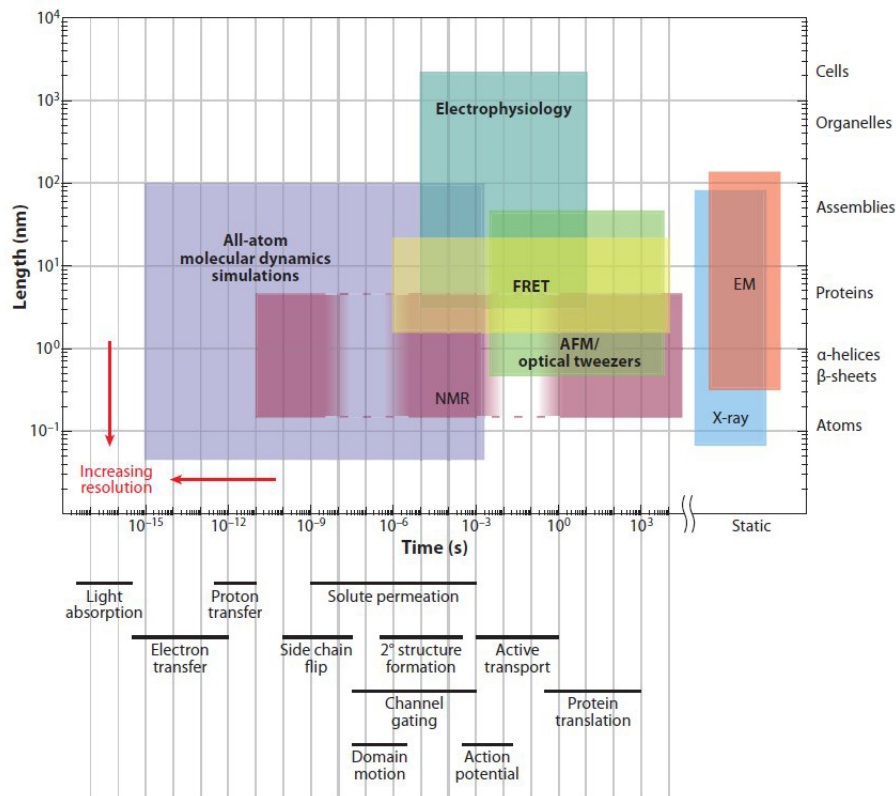


Figure 1.2: A plot showing showing the time and distance resolution of several common investigative methods used in structural biology. Below the x-axis are timescales of many common biological processes for comparison, and to the right of the distance scale are the sizes of molecular constituents and assemblies. Figure taken from [11].

The most successful experimental technique for investigating the dynamics of biomolecules, particularly proteins, has been nuclear magnetic resonance (NMR) spectroscopy, which has contributed approximately 10% of the structures in the PDB [10]. NMR can be used to determine the structure and dynamics of many biological molecules, including proteins, nucleic acids, carbohydrates, and many metabolites [21, 22]. A main ad-

vantage of NMR is that it can quantitatively describe populations and exchange rates between various conformers. Further, certain NMR methods can be used to find out binding sites for small molecules or other proteins, and so is useful for drug design [23, 24].

Much like crystallography, however, NMR also comes with notable limitations. First, it suffers from blind spots in the timescales of processes it can resolve. Carr-Purcell Meiboom-Gill Relaxation Dispersion (CPMG RD) and Rotating Frame Relaxation Dispersion (RF RD) are the most popular experiments used to investigate protein dynamics in the micro- to milli-second time scales by NMR. CPMG RD is well suited to detect exchange processes in the ca. 0.3-10 ms time window ($k_{ex} \approx 100 - 3000s^{-1}$). RF RD can be used to study exchange events in the ca. 30-100 μs time window ($k_{ex} \approx 10,000 - 50,000s^{-1}$). Therefore, processes in the (roughly) 100 ns to 40 μs and 10 ms to 100 ms ranges may be challenging to resolve (Figure 1.2) [25]. Further, molecules with a molecular weight larger than 35 kDa are progressively more difficult to resolve owing to overlapping of peaks and quicker magnetic relaxation [26, 27, 28]. This restricts the technique mainly to small soluble proteins, though techniques to escape some of these limitations have resulted in larger complexes being successfully analyzed [29, 30].

Several other techniques exist that also give important structural and dynamic information. Fluorescence resonance energy transfer (FRET) uses fluorescent probes that can give information on dynamics or structure as well. It can be used to study protein folding or the collapsed propensity of disordered proteins at sub-nanometer resolution [31, 32, 33], but because only two fluorophores are used the results are essentially limited to a one-dimensional projection of the process. Kinetics can be determined by using single-molecule techniques, and mutation scanning can help identify residues that play important roles in the process. Use of FRET for protein-small molecule binding is complicated by the effect the fluorophore may have on the small molecule, and is therefore better suited for protein-protein interactions, when possible. Small-Angle x-ray scattering (SAXS) can also give information on structure and dynamics [34], but like CryoEM it suffers from limited spatial resolution [35].

Other promising techniques are being pioneered, like the x-ray free electron laser (XFEL), which will potentially provide structure and dynamics at similar spatial resolution to x-ray crystallography. However, this will require highly specialized facilities such as the linear accelerator at Stanford, where one is being built.

In addition to these experimental tools, various computational tools have also been developed to both complement and corroborate their findings. Homology modelling is a technique that uses existing experimental structures in an attempt to build as-yet unknown structures. While this works fairly well when the basis structure and target are closely related, there are huge amounts of the protein space that have not yet been crystallized or cannot be crystallized, so the technique is of limited use in many cases [36]. Further, it cannot give dynamic information of any kind. Another computational technique known as docking similarly relies on existing structures. Docking attempts to determine binding sites of small molecules or other proteins. However, the inflexible nature of the structures severely limits the success to the simplest cases [37]. Flexible docking methods have improved the reliability and usefulness to some extent [38].

Other computational methods avoid the extensive use of experimental information by attempting to determine structures *de novo* via other means. Monte Carlo molecular modelling uses a sampling scheme whereby random, small changes are made to the system (such as dihedral angle changes in a folding study) and the energy of the new state is compared with previous states [39]. This can be quite successful for simple systems with a strongly funneled energy landscape, but can be prohibitively computationally expensive otherwise since the number of possible moves to be made grows exponentially with the number of degrees of freedom. The software program Rosetta is perhaps the most famous to successfully employ this technique [40, 41]. It has seen wide success in the *de novo* design of protein structures [42], the design of catalytic proteins [43], and self-assembling protein macromolecular structures [44].

It also might seem natural to use quantum mechanical simulations to investigate the fundamentally quantum processes of atomic interactions.

Quantum simulations are highly trusted in the research community and can view processes of arbitrary quantum complexity. However, they require extensive expertise to perform and can only simulate quantum processes up to nanosecond length, so are impractical for many studies. The size of systems that can be investigated is also severely limited, as scaling with number atoms is N^3 or worse [45]. A hybrid technique called QM/MM [46, 47], whose pioneers recently were awarded the Nobel prize for their work [48], is a much more practical approach that only treats a small subset of atoms in a simulation with quantum calculations. Quantum and QM/MM simulations are therefore best used when a specific, small set of atoms must be studied with high accuracy, such as when investigating the mechanism of a chemical reaction in an enzyme.

Molecular dynamics simulations, the prime investigative technique used in this thesis, are able to span a wide range of distance and timescales in principal. However, they were also not very practical until recently because they could not be performed on timescales long enough to see meaningful biological events like the folding of small proteins or the binding of ligands. This has changed drastically in the last five years, as outlined in the next sections.

1.2 High-throughput Molecular Dynamics and Markov State Modelling

1.2.1 MD

Molecular dynamics simulations represent atoms as point masses, and the interactions between them are determined by an empirically derived force field (FF) [49]. The force fields use a Newtonian representation of bonded and non-bonded interaction potentials, and the environment of each atom determines the forces upon it. The positions of the atoms at some time in the future are determined in a stepwise fashion based upon those forces, using common numerical integration schemes [50]. Various

schemes have been developed to allow for simulations in common thermodynamic ensembles, such as to maintain constant temperature (NVT), energy (NVE), or pressure (NPT), and are chosen depending on the requirements and goals of the simulations. The number of particles (N) is often fixed, though some schemes have been developed that add flexibility to this in order to maintain constant pH, for example [51, 52, 53].

The ability of MD simulations to accurately reproduce the physical world essentially comes down to the accuracy of the forcefields and the amount of simulation done, or sampling. There are several different common implementations of force fields which differ slightly in their formulas but for the most part have the same basic equation (Figure 1.3). The forces between atoms is controlled by bonded terms, which include

$$E_{total} = \sum_{bonds} K_r (r - r_{eq})^2 + \sum_{angles} K_\theta (\theta - \theta_{eq})^2 + \sum_{dihedrals} \frac{V_n}{2} [1 + \cos(n\phi - \gamma)] + \sum_{i < j} \left[\frac{A_{ij}}{R_{ij}^{12}} - \frac{B_{ij}}{R_{ij}^6} + \frac{q_i q_j}{\epsilon R_{ij}} \right]$$

The diagram shows the equation above with visual representations for each term. Under 'Bonded', there are three sub-diagrams: 1) Bond stretching: two spheres connected by a line, with a double-headed arrow labeled 'r' indicating the distance. 2) Angle bending: three spheres forming a triangle, with an arc between two sides labeled 'theta'. 3) Dihedral rotation: four spheres in a chain, with a wavy line and an arrow indicating rotation around a bond, labeled 'phi'. Under 'Non-bonded', there is a diagram showing two spheres, one positive (+) and one negative (-), with a double-headed arrow labeled 'R_ij' indicating the distance between them. A blue curve represents the potential energy well for the non-bonded interaction.

Figure 1.3: The basic equation for an MD force field. Adapted from Durrant and McCammon [54].

the inter-atom bonds, angles, and dihedral angles, and non-bonded terms, typically a van der Waals term and a Coulomb term. The most commonly used force fields for biology are Amber [55, 56] and CHARMM [57, 58]. Parameters for each term in the force field are derived empirically from ab initio (QM) simulations or are honed to match experimentally known parameters. For example, bond distances and angles are often known from x-ray crystal structures.

The force fields do differ in some important ways between these implementations, however. The constants that govern each interaction in the equations are different, owing to how each goes about parameterizing

those constants. The Amber force field parameterizes primarily from gas-phase QM simulations, which makes creating new parameters straightforward but risks producing inaccurate parameters for in-water simulations [55, 59, 60]. The CHARMM force field, alternatively, parameterizes using water molecules around the molecule, but the added complexity means properly creating new parameters requires experience [61]. Further, because performing QM calculations on every new molecule would be computationally prohibitive, both have also created generalized schemes involving atom types that map parameters onto new molecules based on similarity to ones already known. Amber has developed general AMBER force field (GAFF) [59, 62], while CHARMM has its generalized force field (CGenFF) [61]. As a final difference, CHARMM also adds an additional term known as CMAP that adds nuance to the protein backbone terms [60, 63].

This simplification of inherently quantum processes may seem dubious at first impression, and indeed the accuracy of the force fields was long an issue and led many to doubt results from MD simulations. Progress over the years has helped improve their accuracy and dispel these concerns significantly, particularly with respect to the parameterization for proteins, which are the main use of MD in biology. Several researchers have addressed issues in the protein backbone parameters in Amber force field, resulting in improved fitting to QM data in the Amber ff99SB force field [64], and improved helix-coil balance in ff99SB* and ff03* force fields [65]. Lindorff-Larsen *et al.* made further improvements to several side-chain parameters in Amber, resulting in ff99SB-ILDN [66]. The CHARMM force field had similar issues, resulting in over stabilized helices and salt bridges, which were corrected by Piana *et al.* resulting in CHARMM22* [67]. A comprehensive overview of these improvements up to 2012 is summarized by Lindorff-Larsen *et al.* [68]. A landmark study by the DE Shaw Research group showed that these forcefields can be used to fold a range of small proteins to $<2 \text{ \AA}$ of their experimental structures, providing strong evidence for the accuracy of these improvements and the usefulness of MD for biological research at the same time [69]. Further improvements continue to be made. Most notable are

improvements that have been made to the interaction between water and the protein backbone, resulting in folded-unfolded ensembles that more accurately reflect experiments [70, 71].

In addition to the force fields, the other fundamental limitation of MD is that a small integration time step must be used, often around 5 femtoseconds or less. This is because the time step must be substantially smaller than the fastest motions in the system, namely bond vibrations, so that it reflects physical reality over the long term (known as convergence) [72]. However, the most basic protein motions like side chain flipping or loop motions take hundreds of nanoseconds or longer, meaning many orders of magnitude must be spanned in order to see simple motions in a single simulation [7, 73].

A standard consumer CPU has historically been unable to simulate even small systems (~25,000 atoms) on these timescales in any meaningfully useful amount of time. Fortunately, MD computations are highly parallelizable, and several approaches have been developed to take advantage of this. The traditional approach was to spread a simulation across multiple nodes of a cluster or supercomputer, but such resources are expensive and inaccessible for most users. With the introduction of generalized GPU architectures like CUDA and OpenCL and codes to take advantage of their built-in high parallelization [74, 75], performing a 1 μ s simulation on a small system now takes just a few days at a cost that is easily accessible to most researchers.

1.2.2 HTMD: High-throughput MD simulations

While the ability to reach beyond 1 μ s on a single GPU is important, many biological processes occur on tens of microseconds to milliseconds and beyond. Several enhanced sampling techniques have been developed to see such events, including metadynamics [76, 77, 78, 79], Accelerated MD [80, 81], or umbrella sampling [82, 83], among many others (for a nice overview, see [84]). However, they require a physical biasing along a reaction coordinate or prior knowledge about a system, which in many

cases a researcher will not have. Coarse graining methods, which use highly simplified representation of biomolecules, have also seen extensive recent development [85, 86, 87]. However, this often results in a loss of accuracy (though impressive results can be achieved in certain cases, see [88, 89]). Specialized hardware, such as the Anton supercomputer [90, 91] or the MD-GRAPE [92], have been developed that can run single simulations on these long timescales, and these tools have been instrumental in helping to improve and verify the accuracy of force fields [66, 67]. However, those specialized computers are typically not economical or accessible for most researchers.

The most practical way to sample rare processes or those with long timescales is to use multiple parallel simulations, a method we refer to as high-throughput molecular dynamics (HTMD) [93, 73]. By starting multiple simulations from the same or different starting points, states and transitions between them can be extensively sampled such that meaningful statements can be made about their stability and the frequency. Running a single round or progressive rounds of parallel simulations increases the probability that these events can be seen and that adequate sampling can be achieved to see micro- to millisecond timescale processes.

Still, HTMD on its own is not always useful. The copious and disjointed nature of the data produced by HTMD studies means that making sense of it is a significant challenge. Further, it is often counterintuitive to newcomers that running multiple short simulations can allow you to investigate events that are much slower than the length of each individual simulation. This is possible thanks to Markov state models (MSM), which allow one to take advantage of the statistical probability of events.

1.2.3 Markov State Models

The most effective way to deal with the large amount of data generated by an HTMD study is by using Markov state model (MSM) analysis, which has seen a lot of development specifically for MD over the past few years. Markov state model theory for molecular dynamics is built

around prior work in transition networks [94, 95, 96, 97, 98]. The basic idea of MSM construction is to discretize your data into what are known as microstates via some metric, such as atom contacts, distances, or dihedral angles. Then, all of your data is binned by that discretization and transitions between them after a lag time are counted. The rate of these transitions gives information about the timescales upon which they occur. In the final stage, states that quickly interconvert are clustered together into macrostates, leaving only a few large, slowly interconverting states of interest (Figure 1.4). Transitions between these states are often processes like transitions from bulk to bound in the case of a protein-ligand binding, or from unfolded to folded in the case a protein folding study. From this model, important information like binding affinity or folding time can be determined and compared with experiments.

Multiple studies have successfully used MSMs to help reconstruct biophysical processes. They have primarily been used to investigate protein folding [94, 99, 100, 101, 102] and also protein-ligand binding [103, 104, 105]. In one study, for example, they were able to show that using just 50 μ s of simulations they could correctly calculate the experimental binding affinity and kinetics [103]. However, there were several aspects of the methods in that work which made it difficult to generalize to other systems. The protein was restrained, and 2D and 3D spatial clustering of the ligand was used to build the MSM. Those who worked on using MSMs for protein folding encountered similar successes and limitations. While they could accurately approximate folding times, they found that RMSD based clustering was very limited in part because structures that were close in RMSD may not interconvert rapidly, hindering MSM construction [106].

Fortunately, a lot has been learned in the last few years about the proper construction of Markov state models, and new methods have been incorporated into the process. Clustering based on atom contacts or distances, for example, has proved to be much more effective than spatial clustering and removes the need for restraints on the protein such as those used in the Buch *et al.* work. For folding, using $C\alpha$ - $C\alpha$ distances and dihedrals is much more effective metric than RMSD.

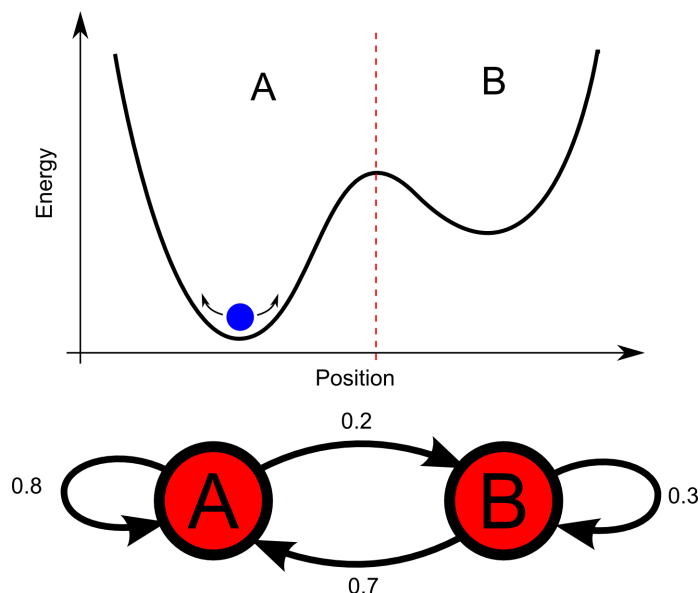


Figure 1.4: Basic overview of how an MSM works. Imagine a blue ball that is traversing an energy surface, such as the one pictured above, due to thermal fluctuations. We can split the energy surface at the saddle point, and then make note of the ball’s position at some time intervals. If we count the transitions between the states after some lag time, we can build a count matrix, and thereby estimate the probability of transitions depending on the current position. The procedure is more complex in practice (we don’t know where the saddle point is *a priori*, for example). One can imagine the above two-state model being an approximation of the transition from bulk (B) to bound (A) in binding, or unfolded (B) to folded in (A) in a folding.

Studies of folding and intrinsically disordered proteins provided additional insights into how to further improve MSMs. Clusters may be distant geometrically from the perspective of the clustering algorithm, but kinetically very close (fast interconverting). This would result in kinetically close states being clustered together when they were in fact dissimilar. A projection method known as time-sensitive Independent Component Analysis (tICA) was therefore incorporated into the process before

clustering in order to alleviate this problem [107, 108]. tICA projects the data along the system’s slowest varying coordinates, which can then be fed to the clustering algorithms. This almost universally improves the accuracy of the Markov models.

Methods have also been investigated to use MSMs to help improve sampling. Adaptive MSMs have long been proposed as a way to ensure adequate sampling of processes seen and to explore as-yet unseen states [97]. Recent works have provided the first proof-of-principle in this direction, resulting in one case in a 10x decrease in the amount of simulation needed to properly characterize a binding process [109].

1.2.4 Molecular Recognition

A long-term goal has been to use HTMD to help better understand molecular recognition processes, which are the factors that result in specific interactions. This includes binding processes such as protein-protein interactions or the binding of small organic molecules to a target. Not only are the specific atomic contacts of the final bound complex interesting, but how molecules progress from unbound to bound, and whether that causes shifts in the shape of the protein or binding partner. At least three different models have been proposed for this: (i) the lock-and-key model, which proposes that ligands and the protein simply fit neatly into one another with no structural changes [110], (ii) the induced fit model, whereby the ligand induces a change in the protein towards some bound conformation [111], and (iii) the conformational selection model, in which the protein and binder sample a series of conformation until they fit together, and thus shift the ensemble of states toward that favorable conformer [112]. While this is a topic of intense debate and disagreement over the years [113, 114], there are copious examples of each type [115], and each system must be considered and studied on its own. The ability to better study how molecules progress from unbound to bound will provide a more concrete understanding of the factors that increase or decrease binding, and can lead to a better understanding of how certain diseases come about and how to treat them.

Currently MD simulations are the only way to have a full atomic picture of such events, and so there is strong impetus to solidify the MD methods and produce proof-of-concept studies. There has already been substantial progress in this direction. As mentioned in previous sections, there is already evidence that MD works well for studying the binding of single molecules of interest to target proteins. However, questions have remained about how successful this will be when applied broadly. Our group has been able to make strides in this direction, recently uncovering the bound poses from a 42 fragment screen against Factor Xa (unpublished) in which the primary binding modes overlapped well with available crystal structures in all but two of the fifteen cases, and the other two agreed with previous competition binding assays. This included affinity and kinetic data, as well as showing intermediate weak poses.

In this doctorate I have focused on a different class of systems in which to lay the groundwork for studying molecular recognition, specifically membrane proteins and disordered proteins. These two general classes each have their own unique challenges and unknowns. In membrane systems, for example, the diffusion of the protein and lipids is exceedingly slow compared to molecules in water. For disordered proteins, the range of conformations that they sample is large, and the stability of those conformations can vary substantially. The only way to ensure that you have properly characterized such processes is with adequate sampling, which requires the kind of extensive simulation of HTMD. The following sections outline the background of these kinds of systems and the specifics about those we have studied.

1.3 Biological Systems Investigated

This section will give background on the kinds of systems studied in this doctorate using the techniques outlined above. A specific overview of each biological system is also given.

1.3.1 Membrane systems

Lipid membranes serve as fundamental barriers in cells, both between different cells and cellular compartments. They are therefore the site of numerous important processes and a wide array of biomolecules, with membrane proteins serving as the functional core of these. DNA and proteins have long received the lion’s share of research attention, but we are beginning to learn that membranes and their lipids have direct roles in cellular processes. They are not homogenous, but heterogenous and the regulation of that can be quite complex [116]. Instead of being homogenous, lipids can partition into groups of differing composition, known as lipid rafts [117]. The composition of membranes is tightly controlled, and there can be significant asymmetry in the lipid composition of the leaflets [118]. Various lipids are principal actors in signalling [119], and are implicated in a number of disorders [120].

Still, lipids and membranes do not act alone, but are key players coordinated with other biomolecules for function, primarily membrane localized proteins. How lipids and membranes interact with and modulate membrane proteins is increasingly being studied, but there are clear indications that they must be considered together [121]. Membrane proteins make up 20-30% of the proteins in a cell [122]. Roughly 60% of all approved drugs target membrane proteins, with more than half of those targeting a specific class of receptors known as G protein-coupled receptors (GPCRs) [123]. They are frequently targeted because they are outside the cell and can have dynamic downstream signalling effects, thus serving as a convenient point of regulation. They are therefore of great interest from a therapeutic perspective, and any methods that increase our ability to understand them are welcome.

Membrane proteins may be easy to target with drugs, but they pose a significant challenge to study from a structural standpoint compared to proteins that are stable in water. The fact that their preferred state is in a membrane means that they must be studied in this context, or in a context that mimics membranes and does not disrupt their structure or

function. This makes them more challenging to crystallize for x-ray analysis. Of the membrane protein crystal structures that do exist, most are from bacteria, and unlike many water soluble proteins, using a strategy of heterologous expression in bacteria is often unsuccessful [124]. Some, such as some GPCRs, are very lowly expressed even in native tissues, adding to the complications. Other methods to study structure, such as NMR, have difficulty due to the membranes influence on the spectra, but can provide important insights [26, 125, 24, 126]. Fortunately, the number and diversity of membrane protein structures determined is steadily increasing [127].

Studying the binding of ligands to membrane proteins with many experimental techniques is also a challenge. Due to the difficulty in getting a structure in the first place, it may not always be practical to use crystallography to find a binding pose. Various NMR methods, such as solid-state or saturation transfer difference (STD) methods, can be used to find binding poses or other locations of protein-ligand interaction in membrane proteins [128, 129, 130], or to look at their conformational fluctuations [131]. Still, these often provide information only on the most stable state, and not intermediates. Methods like radioligand binding, isothermal titration calorimetry (ITC) and SPR can be used to learn affinity or kinetic properties of binding [132], but naturally provide only bulk information and no structural detail. These methods must be used in conjunction to build a picture of what is going on, as they suffer from individual time or spatial resolution limitations, or are simply substantially more difficult to carry out on membrane proteins.

As structures become available, simulations can potentially resolve some of the issues faced by these experimental techniques, and have already been used extensively to understand membrane proteins in ways that would be difficult or impossible without them. MD has been used to study the binding of several drugs to the β_1 - and β_2 -adrenergic receptors [133], and the allosteric modulation of M2 receptors has also been studied [134]. It has also been used to understand the dynamic activation of M3 and β -adrenergic GPCRs [135, 136], which is something that is becoming increasingly important for the design of better medicines.

They have also been used to uncover the conformational changes important to EGFR activation [137, 138, 139]. Finally, they have been used to uncover the mechanisms of ion channel function [140, 141, 142]. All of these studies would be difficult or impossible without MD, and are excellent examples of how simulations can make key insights into membrane protein function.

The possibility of getting full atomic detail of binding is intriguing, and is what drove the following studies. In both, we used MD to study the binding of lipid molecules to membrane proteins in order to push the boundaries of what has been done and to better understand these processes. The goal was to understand how these molecular recognition processes occur and how they are similar or different from ones previously studied.

FAAH: Fatty Acid Amide Hydrolase

The endocannabinoids (ECs) are among the most abundant neurotransmitters in the brain, and play a role in a wide array of physiological and medically important processes, such as pain and inflammation, energy metabolism, neurological modulation and even cardiovascular function [143]. They are present in numerous types of neurons, and help modulate ion channels and neurotransmitter release [144]. It has therefore been proposed that successful strategies to regulate the EC system could have a range of therapeutic applications [145, 146, 147]. However, this broad range of functions has meant that drugs targeting the EC system can have undesired side effects, such as in the case of Rimonabant, which successfully treated obesity but resulted in unacceptable levels of anxiety and depression [148]. Any work that provides a better understanding of the system may help overcome these limitations.

The main signalling molecules of the EC system are the lipids anandamide (AEA) and 2-arachidonoylglycerol (2-AG), which are degraded by Fatty acid amide hydrolase (FAAH) [149] and monoacylglycerol lipase (MAGL) [150], respectively. Both FAAH and MAGL are monotopic integral membrane proteins, and are located in different sides of the synapse

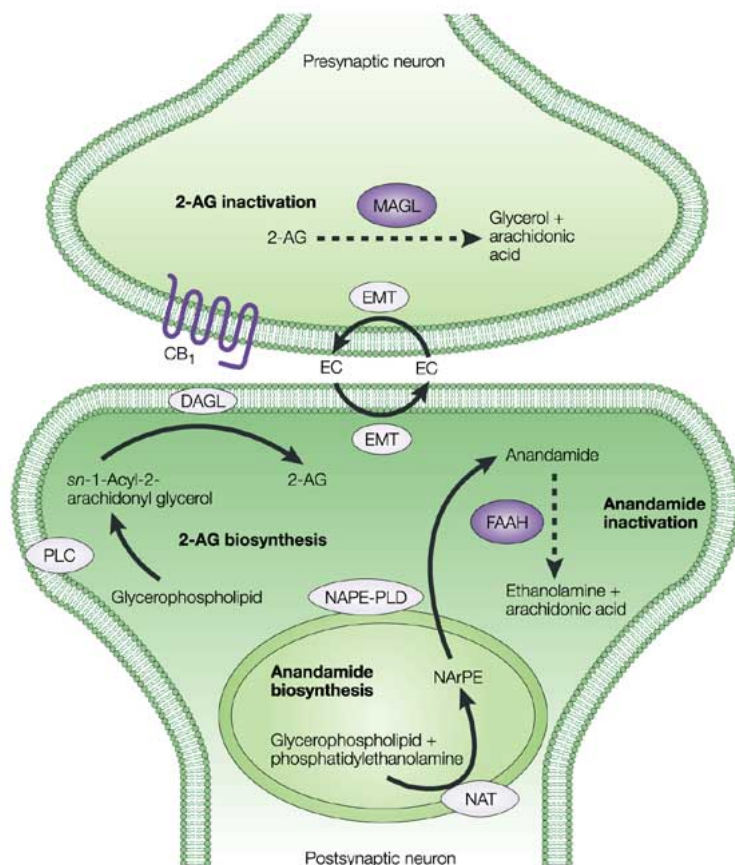
(Figure 1.5), with FAAH being located primarily postsynaptically to CB1 receptors [151]. FAAH is a homodimer and a member of the serine hydrolase family of enzymes, and cleaves anandamide into ethanolamine and arachidonic acid. As anandamide is a lipid, its binding to FAAH proceeds from the membrane. Since it terminates EC signalling, its inhibition is a potential pathway to broad modulation of the EC system.

Motivating our work with FAAH, experimental collaborators had indications that the amount of cholesterol present in the membrane modulates the enzymatic activity of FAAH. Increasing the amount of cholesterol in the membrane increases the activity of the enzyme. This seemed peculiar, as cholesterol rigidizes membranes and should decrease diffusion. It was therefore unclear by what mechanism it increases the activity of FAAH. Did cholesterol interact directly with FAAH, or did the presence of cholesterol change the membrane in some way? Did it change the positioning of the enzyme somehow?

This was a good opportunity not only to help them clear up confusion regarding FAAH itself, but also to test whether MD can be successfully used to simulate the binding of lipids to membrane proteins. While numerous examples exist of MD being used to simulate ligands that diffuse freely in water, there was still no case of lipid binding. Ligands diffuse much faster in bulk water than lipids do in membranes, and therefore even in a single long simulation may not see even a partial binding event. For lipids, the timescale is much slower, and the only way to see binding events is via newer methods like HTMD. Therefore, we were in a unique position to perform the study of FAAH.

S1P₁R: Sphingosine-1-phosphate receptor

Members of the G protein-coupled receptor superfamily serve to regulate a vast array of functions in the human body, from neurotransmission to differentiation to adhesion, and are the target of over 30% of all approved drugs [123]. They have therefore been the focus of intense research since



Nature Reviews | Drug Discovery

Figure 1.5: Overview of the endocannabinoid system. Adapted from [145]

their discovery. However, their structures have historically been difficult to study because they are lowly expressed and were hard to crystallize [124]. Recent advancements in methods have led to an explosion of structures becoming available in the past five years [152]. There are now

over 75 structures available that span almost all branches of the family.

One of the more interesting structures crystallized was that of the Sphingosine-1-phosphate receptor 1 (S1P₁R), which was the first lipid GPCR to be crystallized, in 2012 [153] (Figure 1.6). The S1PR family is important in endothelial cell cytoskeleton structure, maturation, and vascular tone and a host of other cell regulatory functions [154, 155, 156]. It also has a role in the maturation and migration of lymphocytes in immune response [157]. Activation of S1P₁R with the drug FTY720 affects vascular permeability, and can be important to the delivery of chemotherapeutic agents to the brain or the treatment of multiple sclerosis [158, 159, 160]. Alternatively, S1P₁R has a role in promoting cancer cell growth, motility, and angiogenesis, and its inhibition could therefore be a potential treatment [161, 162].

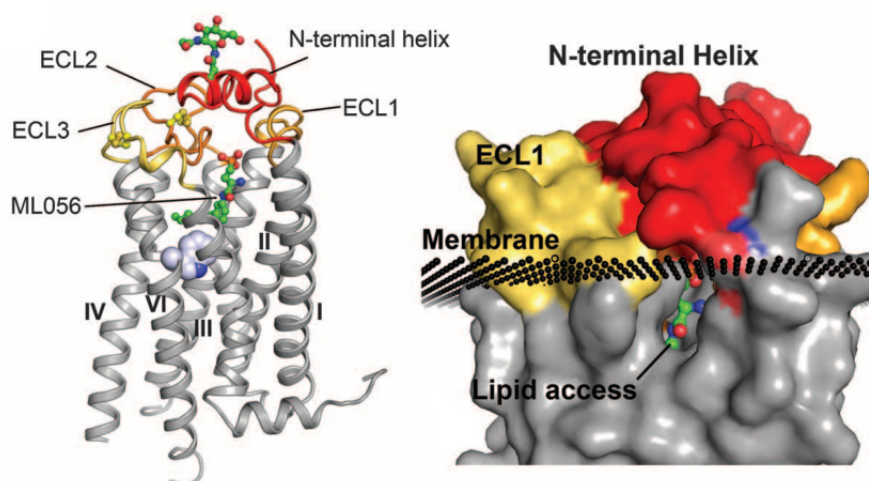


Figure 1.6: Overview of the S1P₁R receptor structure (left) and proposed binding port (right). Adapted from [153].

While crystal structures give a wealth of essential insights into receptors, they provide only a static picture of something that is involved in

many dynamic processes. Recent studies have shown that the activation and inhibition of the GPCRs is not simply a digital on/off process, but is rather nuanced and complex dynamic process in which an activator or inhibitor is a key player [135, 163]. Understanding how a ligand binds to and modifies a receptor, therefore, is important for basic biology as well as for the development of therapeutics.

While it is easy to determine affinity and kinetics for many water-soluble ligands and proteins, it is substantially more difficult for membrane proteins and the GPCRs in particular. Numerous NMR studies have been undertaken to determine structure [164, 165], dynamics [131], and ligand binding in GPCRs [129, 128]. Still, such methods often cannot describe the full binding process, from intermediates to the bound pose, and look at only small subset of atoms. Molecular dynamics (MD) simulations allow for the study of the entire protein and ligand interaction at atomic scale, and have recently been used to visualize such processes with impressive results [103], including with GPCRs [133], though we are the first to do so with a lipid ligand.

To better understand the binding process of ligands to this GPCR, and to show that it was indeed possible to undertake such a study, we chose to study the binding of the ligand ML056 to the receptor. The structure of ML056 (a.k.a. W146) is similar to the endogenous ligand S1P, and therefore lessons we would learn from it would likely be applicable to the binding mechanism of the native ligand as well. Much like our work on FAAH, the motivation for working on S1P₁R went beyond providing insights purely focused at the system itself.

1.3.2 Disordered proteins

Note: Parts of this section are taken or adapted from [166] and Publication 3.3.

Another area where HTMD simulations can provide invaluable insights is with intrinsically disordered proteins. Intrinsically disordered proteins (IDPs) are proteins that lack or have highly-transient secondary

and tertiary structure. This makes them particularly difficult to characterize by traditional biophysical techniques like x-ray crystallography, and they were ignored for many years because of this. This changed around the turn of the century as their importance was acknowledged thanks to a few seminal works [167, 168, 169, 170]. The first clues to their existence came from crystal structures with missing sections in their electron density maps, in some cases parts critical to function [12, 13, 14, 15, 16]. This, along with data from NMR and CD experiments, led to the creation of a database for disordered regions like DisProt [171] and inspired tools to try to predict disorder from sequence alone (PONDR) [172]. There are many such predictors now, and even meta predictors like PONDR-FIT that combine them [173, 174, 175].

Extensive investigation since then has made it clear that IDPs have frequent and important roles in biological processes. Disorder is found in both prokaryotes and eukaryotes, but is higher in eukaryotes, where disordered regions are found in more than 50% of proteins [176]. Disordered regions are enriched in regulatory and signaling proteins, and are less commonly found in proteins responsible for metabolism, biosynthesis or transport. Disordered regions are also frequent targets of post-translational modification, and post-translational modifications in proteins participate in many fundamental cellular processes [177, 178, 179]. They affect at least one-third of all eukaryotic proteins [180, 181], preferentially targeting intrinsically disordered protein domains [180, 181].

Having such prevalence in key regulatory functions in the cell means they are commonly found to play roles in various diseases [182]. They are found mutated in numerous cancers [183], unexpectedly common in cardiovascular disease [184], and they are common components in the fibrils of various amyloidoses like Alzheimer’s disease, Parkinson’s disease, and diabetes [185, 186]. There has therefore been great interest in studying their properties so we can better understanding of how and why they cause or participate in such diseases.

When it comes to binding or molecular recognition, disordered proteins appear to have various functional differences from folded proteins

or small molecules. Among them is the ability to bind to multiple different binding partners in varied conformations, and to form weak but highly-specific interactions [187, 188, 189]. Their propensity to undergo post-translational modification is likely integral to this. There is also significant debate about the implications of disorder for the thermodynamics of binding, and whether disordered proteins undergo conformational selection, induced fit, or some complex combination of both [190, 191, 192, 193]. It has also been proposed that their disorder-to-order transitions may result in novel allosteric mechanisms [194].

Despite all this progress in understanding them, IDPs are still difficult to study from a biophysics point of view. The methods used suffer either in limitations in their scale or time resolution. As already mentioned, crystallography can give accurate information on atomic positions, but is limited by the fact that positions of atoms must be stable, or at least transition only slowly between a few positions. Nuclear magnetic resonance (NMR) methods can give general information about residual secondary structure or transiently formed long range contacts [195], as well as the time scale of conformational transitions. However, the information is ensemble averaged and, despite recent advances [25, 22], limitations on the accessible time scale remain. Other methods such as SAXS and single-molecular FRET can help understand the degree of collapse. In short, experimental methods have clear limitations in their ability to give detailed information about the states and transitions of IDPs.

The challenges faced by the methods above stress the need for new approaches. Secondary structural motifs like α -helices and β -hairpins form on the 0.1-10 μ s timescale, and even the fastest folding proteins take multiple microseconds to milliseconds to fold [69, 196]. Meaningful transitions in IDPs will likely occur on similar timescales, so any technique that is to fill this void must be able to identify transitions and metastable states formed on these timescales or longer. Long timescale, explicit solvent MD simulations is perhaps just the tool to help understand IDPs. Micro- to millisecond MD simulations have in recent years significantly contributed to our understanding of dynamic protein conformations [69, 197, 198, 199], including for some disordered proteins [200, 201]. We

believe that HTMD is just the tool for this, and work detailed below are our first successes in this direction.

KID: Kinase Inducible Domain

The kinase inducible domain (KID) is one of the first disordered proteins to have been studied, and also one of the most extensively studied. KID is a 60 amino acid domain of the CREB transcription factor, and has numerous binding partners, most famously the KIX domain of CBP (Figure 1.7) [202].

KID is known to be disordered in solution and to form two alpha helices upon binding to KIX [203], a process that involves at least one binding intermediate [204]. Binding of KID is regulated via phosphorylation of S133 in the α B helix, which increases its binding affinity 40-fold (binding of residues 119-147 to KIX). Interestingly, phosphorylation barely affects the fraction of folded α A and α B helices in solution [205]. Computational studies on KID protein using replica exchanged implicit solvent MD simulations and short all-atom MD simulations further showed that KID is largely unstructured and phosphorylation barely affects its helical propensity [206, 207]. Moreover, various computational studies using coarse grained models, short high temperature simulations, and Gō models suggested that binding of KID to KIX initiates at the α B helix [207, 208, 209, 210]. Mutation studies suggested interactions between the phosphorylated serine and residues on KIX are the main driving force of this increased affinity [203]. However, the mutation of S133 to a negatively charged residue such as glutamate (often considered to mimic interactions with amide NH, lysine and arginine residues [211]) cannot recapitulate pKID activity even marginally [212].

Post-translational modifications (PTM) such as this are highly common in disordered regions like KID, and it is unclear what effect they have on their conformations or what implications that may have for binding. Histone tails are known to be extensively modified, and the amount of modification can result in the binding or release of the DNA it is bound to [213]. Phosphorylation is a very common PTM and is known to have

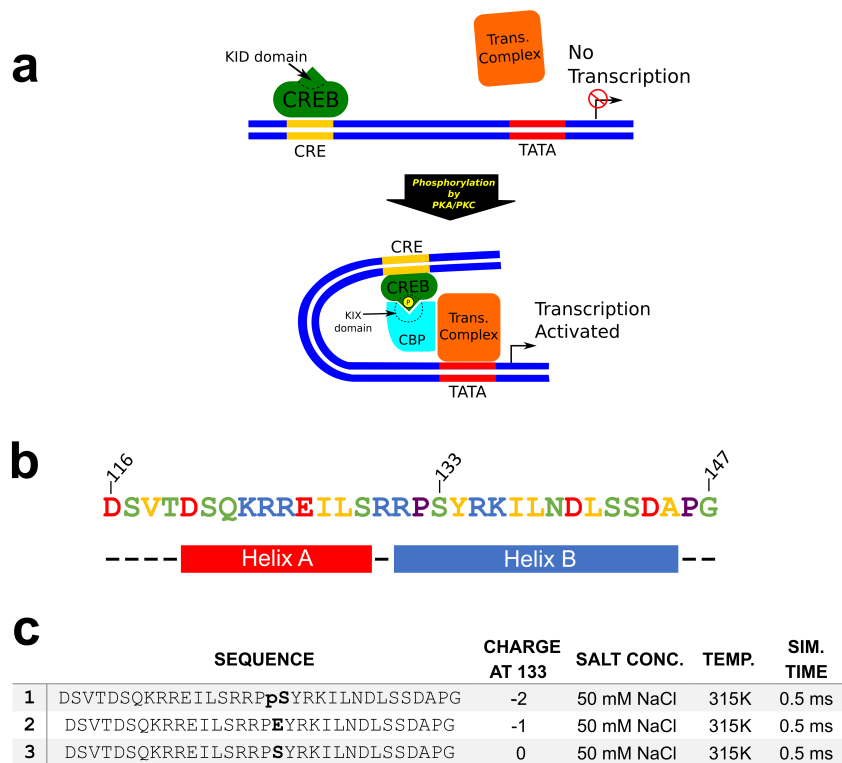
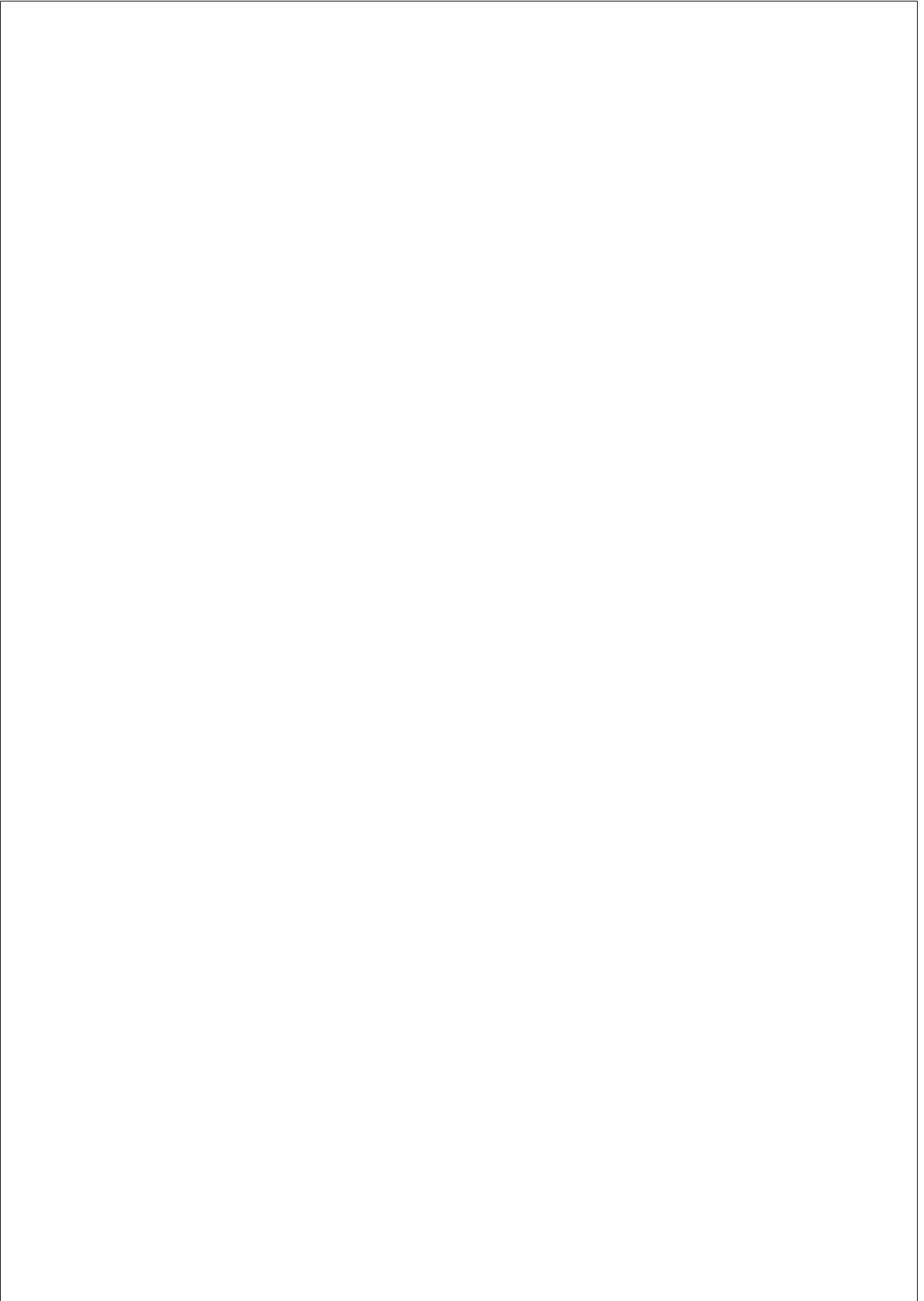


Figure 1.7: Overview of the activation of KID and its binding to the KIX domain of CBP (a), along with a short sequence of KID known to bind to KIX (b).

numerous effects on proteins. It can induce conformational changes [214], promote order-disorder transitions [215], and modulate binding via electrostatic interactions with partners [216]. However, something that has been significantly less well studied is how phosphorylation can regulate the conformational kinetics of proteins, and what effect this may have on interactions with binding partners. This is especially interesting for protein domains that can transition between unfolded and folded, but also difficult to address because it means that lowly populated, transient states

must be adequately characterized.

In an attempt to understand how phosphorylation modulates disordered states of proteins and their binding, we used the KID system as a model and determined the conformational kinetics and energetics of the domain before and after phosphorylation at atomic resolution. We chose to study an experimentally well-characterized disordered fragment of the KID domain of transcription factor CREB [202] (residues 116-147). We used HTMD simulations to perform over 1.7 milliseconds of aggregated simulation time of the phosphorylated, non-phosphorylated and S133E mutant forms of KID. Our initial goal was simply to ensure that we could reproduce experimental observables. However, it became apparent quickly in the course of our research that we were observing processes that had yet to be observed, and as we make clear in publication 3.2 of this thesis, could have broad implications for the binding of IDPs.



Chapter 2

OBJECTIVES

The main objective of this doctorate has been to pioneer the use of high-throughput molecular dynamics (HTMD) simulations to study the behavior of complex biological systems and binding processes they are involved in. Molecular dynamics is uniquely poised to study systems where current experimental techniques are limited and traditional simulation methods are inadequate. This is true particularly for membrane systems and proteins that are disordered or transiently ordered, and these were therefore chosen as the focus of this doctorate. We outline these objectives below:

2.1 Establish foundations and feasibility of using simulations to study binding in membrane systems

Proteins and other biomolecules localized on membranes are particularly difficult to study at atomic scale by experimental methods, and is a potential role that MD can fill. However, there are many challenges for MD that must be understood and overcome. The motions of molecules

in and around membranes, such as the diffusion of lipids in the membrane, is drastically reduced when compared with diffusion in water. Further, with the increased number and variety of interacting molecules, there are uncertainties regarding the ability of force fields to accurately reflect their interactions. Finally, the ability to use MD for the binding of lipid molecules was unknown, but important for the study and development of therapeutics.

High-throughput MD is an ideal method to address these questions. We chose to tackle this by finding the most challenging problems, which was to study the binding of lipid ligands to two different membrane proteins, FAAH and S1P₁R. FAAH is a monotopic membrane protein that terminates the endocannabinoid system by hydrolyzing the endogenous ligand anandamide. A key challenge was reproducing the binding of this ligand, and also to explain the mechanism by which cholesterol modulates this binding. In another work, we studied the binding of an lipid inhibitor to the GPCR S1P₁R.

2.2 Investigate behavior of disordered proteins on biologically meaningful timescales

Disordered proteins or protein domains that are only transiently ordered are another area where HTMD can serve a vital role for biological research. There are few good experimental techniques that can characterize their motions and metastable states, particularly motions that occur on certain timescales. MD is only limited by the upper limit that it can reach, and with the methods outlined in section 1 we are able to make some of the first significant simulations in this area.

We have used exhaustive MD simulations of disordered proteins to better understand their behavior. Publication 3.2 shows that these simulations have uncovered new, previously unseen processes and led to the proposal of a new mechanism by which post-translational modification may lead to modulated binding. Publication 3.3 is a review in which we discuss the significance of this work in the context of other such works.

Chapter 3

PUBLICATIONS

3.1 Membrane Lipids Are Key Modulators of the Endocannabinoid Hydrolase FAAH

Enrico Dainese, Gianni De Fabritiis, Annalaura Sabatucci, Sergio Oddi, Clotilde Beatrice Angelucci, Chiara Di Pancrazio Toni Giorgino, Nathaniel Stanley, Michele Del Carlo, Benjamin F. Cravatt and Mauro Maccarrone
Biochemical Journal 457, no. 3 (2014): 463-72.

Summary

In this project we worked with experimental collaborators to better understand how a membrane protein, Fatty Acid Amide Hydrolase (FAAH), is modulated by the membrane itself. Our collaborators in the Dainese group had seen that increasing the amount of cholesterol the membrane would increase the activity of the enzyme. This was peculiar, and there were many arguments for or against why this might make sense. Cholesterol rigidizes membranes, which we thought might increase the stability of the enzyme or change its resting position in the membrane. But cholesterol also decreases diffusion, which could have actually decreased the rate of catalysis. An alternative possibility was that cholesterol has some

direct interaction with the enzyme. Indeed, our simulations confirm this later hypothesis, and we showed that cholesterol preferentially interacts with the enzyme where the endogenous ligand enters. Further, multiple binding events in our simulations show that cholesterol interacts with the ligand and a salt bridge on the enzyme during binding.

Dainese E, De Fabritiis G, Sabatucci A, Oddi S, Angelucci CB, Di Pancrazio C, Giorgino T, Stanley N, Del Carlo M, Cravatt BF, Maccarrone M. [Membrane lipids are key modulators of the endocannabinoid-hydrolase FAAH](#). *Biochem J*. 2014 Feb 1;457(3):463-72. doi: 10.1042/BJ20130960.

3.2 Kinetic modulation of a disordered protein domain by phosphorylation

Nathaniel Stanley, Santiago Esteban-Martín, Gianni De Fabritiis. *Nature Communications* 5:5272, (2014). DOI:10.1038/ncomms6272

Summary

Intrinsically disordered proteins have recently been acknowledged to have important roles in many cellular processes, but because they have no stable structure and can change conformations on a wide variety of timescales they are difficult to study with many experimental techniques. In this work we give one of the first examples of how MD can be used to fill these gaps left by other methods by uncovering a long-lived metastable state in the KID protein that had never been seen before. This state arises due to a post-translational phosphorylation, and cannot be reconstituted by mutating to glutamate, indicating that the phosphate is specifically required for this state to arise. We further show via a kinetic model that such a kinetic change can have real consequences for binding, resulting in a 10-fold increase in binding even in cases where there is no substantial change in populations of different states.

Stanley N, Esteban-Martín S, De Fabritiis G. [Kinetic modulation of a disordered protein domain by phosphorylation](#). Nat Commun. 2014 Oct 28;5:5272. doi: 10.1038/ncomms6272

3.3 Progress in studying intrinsically disordered proteins with atomistic simulations

Nathaniel Stanley, Santiago Esteban-Martín, Gianni De Fabritiis. *Progress in Biophysics and Molecular Biology* Submitted, under review.

Summary

In this review we discuss the history of the study of disordered proteins and recent results in atomistic simulations that have provided new insights into their behavior. Simulations have uncovered behaviors that were previously unseen or invisible to other methods, and have included several discoveries that have therapeutic importance. We focus primarily on simulations that exceed tens of microseconds of sampling, including works with several milliseconds worth of sampling.

Stanley N, Esteban-Martín S, De Fabritiis G. [Progress in studying intrinsically disordered proteins with atomistic simulations](#). Prog Biophys Mol Biol. 2015 Oct;119(1):47-52. doi: 10.1016/j.pbiomolbio.2015.03.003

3.4 High throughput molecular dynamics for drug discovery

Nathaniel Stanley, Gianni De Fabritiis. *In Silico Pharmacology* 3:3, (2015)
DOI:10.1186/s40203-015-0007-0

Summary

Molecular dynamics is progressively becoming a tool that will be useful to understand biological disorders and to design therapeutics. Recent advancements in GPU hardware, simulation software, and commodity cloud services mean that running extensive, parallel simulations, or high-throughput MD (HTMD), is now practical for almost any researcher. Further, advancements in Markov state model analysis make analyzing HTMD data much more tractable. In this review we cover all these key advancements and discuss recent works that show that HTMD can now be used for drug discovery purposes, such as to run fragment screens, assess the binding of lead compounds, or to better understand the behavior of biological systems.

Stanley N, De Fabritiis G. [High throughput molecular dynamics for drug discovery](#).
In Silico Pharmacol. 2015 Feb 13;3:3. doi: 10.1186/s40203-015-0007-0.

3.5 The pathway of ligand entry from the membrane bilayer to a lipid G protein-coupled receptor.

Nathaniel Stanley, Leonardo Pardo, Gianni De Fabritiis.

Summary

Membrane proteins make up 30% of the proteins in the cell, but localization in the membrane makes studying them challenging in many cases. This is particularly true when studying the binding of ligands, and even more so when the ligand is itself a lipid. We have undertaken the first study of the binding of a lipid ligand to a G protein-coupled receptor in order to verify its proposed binding pathway and uncover important interactions along it. We show that the lipid inhibitor ML056 binds via a port at the membrane surface, and that this binding is regulated by residues at the top of transmembrane helix 7 and residue in a flexible N-terminal helix.

Stanley N, Pardo L, Fabritiis GD. [The pathway of ligand entry from the membrane bilayer to a lipid G protein-coupled receptor](#). Sci Rep. 2016 Mar 4;6:22639. doi: 10.1038/srep22639

Chapter 4

DISCUSSION

The compendium of work highlighted in the previous chapter demonstrates that we have been able to use HTMD in several cases to elucidate complex biological processes that would be difficult to see by other means. With HTMD we have been able to get a picture of molecular recognition processes at atomic scale and gain broader insights into how such processes occur. Here we discuss the implications of these results, ongoing work in these areas, and future challenges.

Establish foundations and feasibility of using simulations to study binding in membrane systems

We studied lipid binding to two different membrane proteins, FAAH and S1P₁R. In the FAAH system we not only achieved our primary objective of reproducing a binding event, but we saw multiple partial binding events. We were also able to propose a mechanism by which cholesterol modulates the enzyme by direct interaction. A 2D histogram from all the simulations showed that cholesterol preferentially interacted with the enzyme near the ligand entrance port. While diffusion of the lipids was indeed slow, the HTMD method increases the probability that rare and slow events could be fully seen, and this work exemplifies that. Further,

the fact that the simulations were unbiased indicates that the force field was accurate enough to result in these events being seen.

Our simulations of S1P₁R were similarly successful. We were able to spontaneously reproduce the crystal bound pose of the lipid ligand ML056 to the receptor while showing important stages along the binding pathway (Figure 4.1). We further showed that instability in the N-terminal helix may be an important factor in the binding process. The ligand bound in the study, ML056, shares many structural similarities to the endogenous ligand, S1P, and therefore the lessons we have learned are transferable to it as well. In particular, residues R292, E294

and Y295 at the top of helix 7 likely serve as a gating mechanism to the binding site that specifically recognizes the head group of the lipid. The fact that mutation of these residues substantially reduces activation of the receptor supports this [217]. Loss of those residues likely results in either an inability of the receptor to properly recognize and capture S1P ligand, or an inability to keep out non-productive binders (molecules that “clog” the receptor, but don’t activate it).

Still, while these membrane simulations were a success from a qualitative standpoint, bigger questions and challenges remain. The accuracy of the simulations will be fully supported once the affinity and kinetics of such processes can be estimated and compared with experiment. However, development remains on both sides in order for that to happen. In the S1P₁R system we were able to build an MSM and estimate binding affinity, but we lacked experimental measurements to compare to. Such

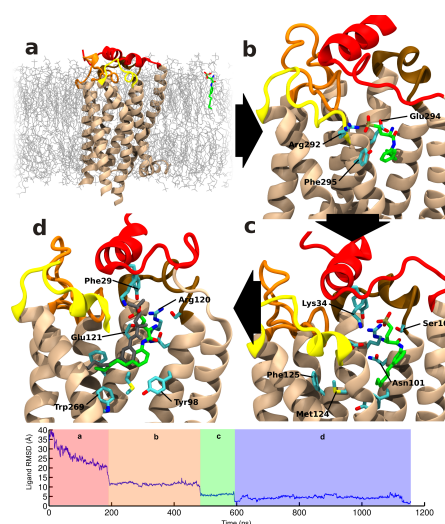


Figure 4.1: The main binding pathway for ML056 to S1P₁R.

measurements are rare and difficult to obtain, and even more difficult to interpret.

Investigate the behavior of disordered proteins on biologically meaningful timescales

Our work on KID is one of the first studies of disordered proteins using unbiased MD on timescales longer than ten microseconds, and the most extensive to date with over 1.7 milliseconds of aggregate simulation. We found that phosphorylation at residue S133, a known phosphorylation site, results in a 60x slowdown in conformational exchange in KID, and that this is not recreated in the S133E mutant (Figure 4.2). This phenomena had remained hidden from other methods such as NMR, and is a clear example of how HTMD methods can provide key insights to biological processes.

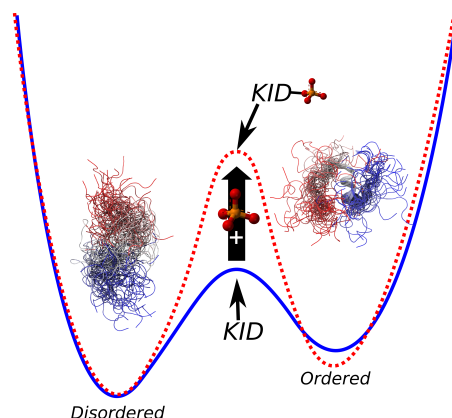


Figure 4.2: A schematic representation of kinetic modulation of KID by phosphorylation.

Our observation of the kinetic slowdown made us wonder whether such a process could have consequences for binding, and led us to propose a kinetic model that shows that such change could alone result in

increased binding affinity to a known binding partner (Figure 4.3). This is the first time such a model has been proposed, and while its applicability to KID/KIX binding remains to be fully fleshed out, it is joined by other recent discoveries that support the idea that factors affecting disorder can have fundamental influence on binding [218]. Simulations have been used by others to show that post-translational modification such as phosphorylation or mutations can result in changes in disorder propensity that are in fact important to binding [137, 219].

Whether the kinetic effect we have uncovered in this case is a common mode of modulation remains an open question, though it is likely simulations will be needed to fully understand this phenomenon. It is also unclear if it is important for the modification to be charged. Other post-translational modifications such as methylation of lysines result in changes in charge of the residue, and so even if charge is integral part of the mechanism it would not be unique to phosphorylation sites.

The question remains whether HTMD is ready to be used to visualize the binding of IDPs to their target proteins. In the case of KID/KIX, the on rate is roughly $10^6 M^{-1} s^{-1}$, meaning that it would likely require several milliseconds of simulation to see a binding event. This is at the limit of what is currently possible, and the fact that it is known to have more complex kinetic binding profile [204] could further complicate such a study. Other cases are substantially more tractable, such as in the case of c-Myb/KIX. The k_{on} rates for c-Myb binding to KIX are faster than some of the fastest folded protein-protein pairs or small molecules, on the order of $10^7 M^{-1} s^{-1}$ [220]. We have already begun some work in this direction with positive results. As adaptive MSM methods become more sophisticated, this kind of study should become tractable for even the more complex cases.

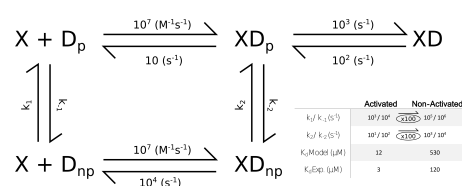
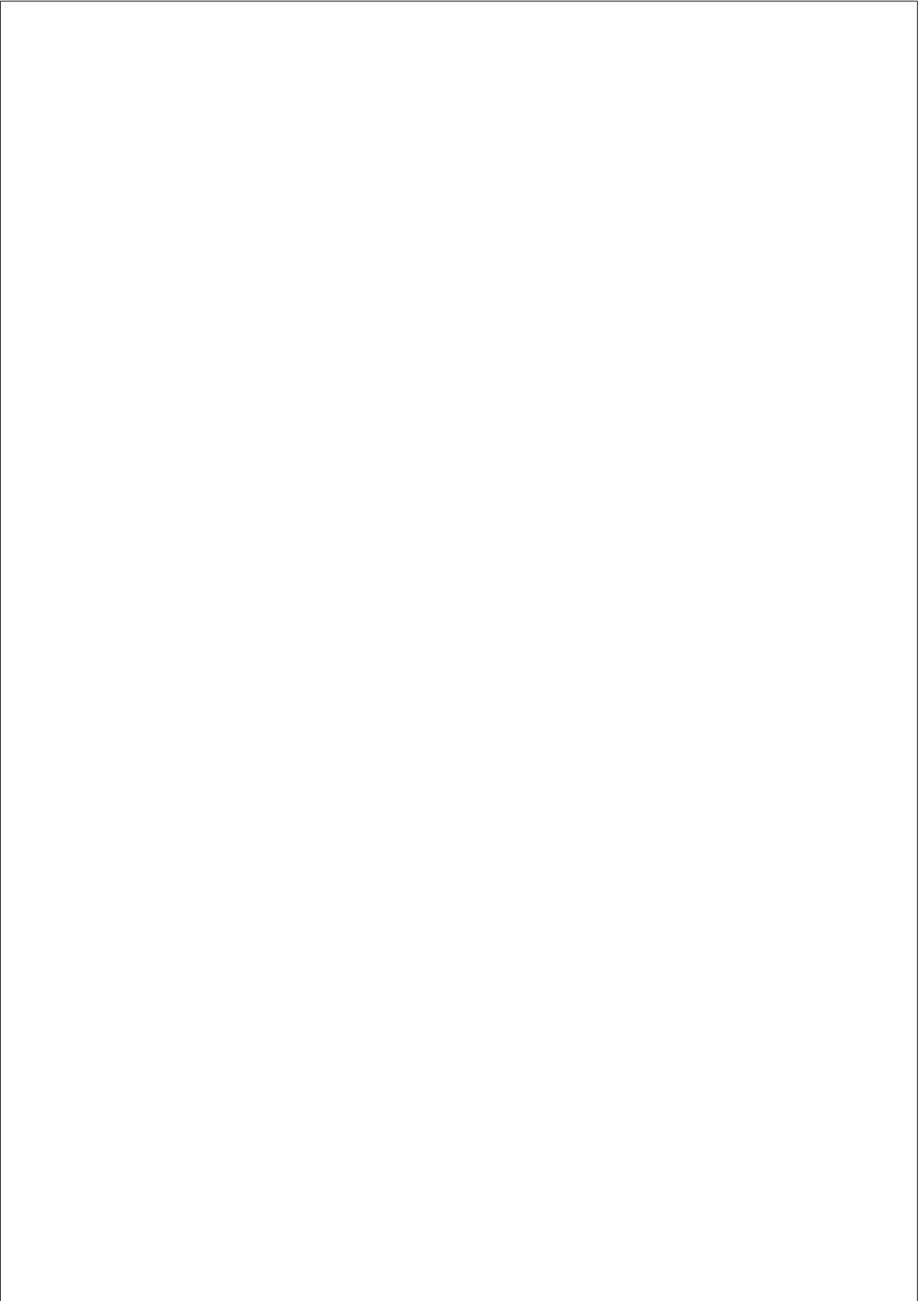


Figure 4.3: A kinetic model we proposed in [166] that shows that a 100x slowdown between productive and non-productive binders can result in a 10x increase in binding affinity.

A range of other questions remain as well. Is the three-state binding (or more) such as that seen by KID/KIX normal for IDPs? It is also unclear by what mechanism IDPs bind to their interaction partners. Do IDPs typically follow a conformational selection model (where they bind only after reaching a required conformation), or whether they begin to bind and then slowly fold into their bound conformer. Work done on KID/KIX already suggests that for IDPs the situation may be more complicated, and perhaps progresses through an amalgam of both mechanisms [192]. The α B helix appears to bind first, and it is possible that it must be folded in order to initiate a productive binder [207, 208, 209, 210]. However, thereafter it may then progress more like an induced fit mechanism, whereby the α A helix and other parts slowly fold and form their native contacts. Is this how it happens, and is that a common mechanism for IDP binding? Atomistic simulations such as those outline in this thesis will help us answer such questions.



Chapter 5

CONCLUSIONS

1. High-throughput molecular dynamics simulations are a useful tool for studying the slow processes seen in many membrane system. It is possible to investigate the binding of lipid ligands such as anandamide or ML056 and uncover important events along their binding pathways.
2. Anandamide binds spontaneously to fatty acid amide hydrolase in simulations. Cholesterol directly interacts with FAAH near it's binding port to facilitate binding.
3. The lipid inhibitor ML056 binds to the S1P₁R receptor via a multi-stage process involving key recognition residues and a flexible n-terminal helix that caps the binding site.
4. High-throughput MD simulations combined with new methods in Markov state modelling analysis has uncovered an as yet unseen behavior in a well studied disordered domain, the kinase inducible domain.
5. A novel mechanism uncovered in KID protein led to the discovery of a model under which purely kinetic changes can lead to increased binding affinity. This novel mechanism may be broadly applicable to a wide range of systems, particularly where conversions

between various different states has consequences for binding or other activities like catalysis.

Chapter 6

LIST OF COMMUNICATIONS

Articles

1. Dainese, E. et al. Membrane lipids are key modulators of the endocannabinoid-hydrolase FAAH. *Biochemical Journal* 457, 463-472 (2014).
2. Stanley, N., Esteban-Martín, S., De Fabritiis, G., Kinetic modulation of a disordered protein domain by phosphorylation. *Nature Communications*, 5 (2014) DOI:10.1038/ncomms6272
3. Stanley, N., Esteban-Martín, S., De Fabritiis, G., Progress in studying intrinsically Disordered proteins with atomistic simulations. *Progress in Biophysics and Molecular Biology*. Submitted
4. Stanley, N., De Fabritiis, G., High throughput molecular dynamics for drug discovery. *In Silico Pharmacology*. 3:3, (2015) DOI:10.1186/s40203-015-0007-0
5. Stanley, N., Pardo, L., De Fabritiis, G., The pathway of ligand entry from the membrane bilayer to a lipid G protein-coupled receptor.

Talks

1. Lipid Binding through Membranes Using Molecular Dynamics, International Workshop on Computational and Theoretical Modeling of Biomolecular Interactions June 5th 2013, Moscow/Dubna, Russia
2. Automatic Equilibration and Movie Making, Workshop on High Throughput Molecular Dynamics, November 7-8th 2013, Barcelona, Spain

Posters

1. Investigating protein folding and binding. GRIB EXPO 2014, November 10th 2014, Barcelona, Spain
2. Kinetic, thermodynamic and structural characterization of the states of disordered proteins: a case study. CECAM Intrinsically Disordered Proteins: Connecting Computation, Physics and Biology, Sept. 1-5th 2013, Zurich, Switzerland. Designated as among top 5 posters of conference.
3. Network Component Characterization Using Molecular Dynamics simulations. Integrative Network Biology 2012: Network Medicine, May 11-13th 2012, Helsingor, Denmark
4. Visualizing rare biological events with Molecular Dynamics simulations. GRIB EXPO 2012, April 26th 2012, Barcelona, Spain

Chapter 7

APPENDIX: OTHER PUBLICATIONS

This section is to list work in which I contributed a minor part.

7.1 Dopamine transporter (DAT)

In collaboration with George Khelashvili & Harel Weinstein at Cornell University. Manuscript in preparation.

Summary

In this work we show that membrane lipids are directly involved in the function of the human dopamine transporter (hDAT).

ABSTRACT

Functional mechanisms of neurotransmitter:sodium symporters (NSS) proteins at a detailed molecular level have been primarily sought from studies of the cognate bacterial homolog, leucine transporter (LeuT), for which detailed structural knowledge is available. However, to what extent the inferences accumulated on LeuT can explain the corresponding functional mechanisms in the mammalian NSS transporters is not clear. Specifically, in contrast to LeuT, the NSS proteins contain functionally important long intracellular terminal domains whose mechanistic role in the function of these transporters has not been yet characterized on the molecular level. Here we provide, to our knowledge for the first time, investigation of the molecular mechanisms that involve the N-terminus of the human dopamine transporter (hDAT), in the functionally relevant state-to-state transitions in the transporter. The analysis of the extensive atomistic molecular dynamics (MD) simulations (totaling $\sim 14\mu\text{s}$ of trajectories) of the full-length hDAT model in physiologically relevant lipid membranes, enriched in highly anionic phosphatidylinositol 4,5-bisphosphate (PIP₂) lipids, revealed the outward-open to inward-open isomerization event in terms of rearrangements in specific structural motifs, previously identified in LeuT, that culminate in the destabilization and release of Na⁺ ion from the functional Na₂ site. But we also show that in hDAT this transition is related to PIP₂-mediated electrostatic association between the N-terminal domain and intracellular loop 4 (ICL4) segment of the transporter. We find that this association disrupts the intracellular gates that stabilize hDAT in the inward-closed state, and triggers, through allosteric coupling between the ICL4 and functionally relevant regions, including secondary substrate binding S2 site, large-scale concerted motions in the transporter that are similar to those underlying outward-open to inward-open isomerization in LeuT. Presented data thus provide novel molecular-level mechanistic insights regarding the role of the N-terminal segment and PIP₂ lipids in functionally relevant dynamic transitions in the DAT and, with that, enhances our understanding of functional mechanisms of the NSS transporters.

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