

Capítulo 11

Conclusiones

Sólo sé que no sé nada.
Sócrates

De los resultados expuestos en la presente memoria de tesis doctoral se pueden extraer las siguientes conclusiones:

1. A medida que el nivel de poliinsaturación dietético se incrementa, tanto el contenido como la proporción de ácidos grasos poliinsaturados en muslo y pechuga aumenta de manera exponencial. La proporción de ácidos grasos poliinsaturados en estos tejidos se deposita a un ritmo fraccional inferior cuando la grasa dietética aporta mayor contenido de ácidos grasos saturados y monoinsaturados.
2. A medida que se incrementa la cantidad de ácidos grasos poliinsaturados del pienso (g/kg), bien sea variando el tipo o el nivel de grasa añadida al pienso, el contenido de ácidos grasos saturados y monoinsaturados se reduce de forma lineal a un ritmo de 0,4-0,7 g/kg, respectivamente, en el muslo y de 0,9-1,0 g/kg, respectivamente, en la pechuga de pollo.
3. El depósito estimado de ácidos grasos procedentes exclusivamente de la síntesis endógena disminuye al aumentar el nivel de grasa dietética de 0 a 10%, situándose para muslo y pechuga entre 37,8 y 17,8% y entre 39,2 y 23,3%, respectivamente, para los ácidos grasos saturados y entre 48,5 y 8,0% y entre 42,6 y 9,8%, respectivamente, para los ácidos grasos monoinsaturados.
4. La suplementación con acetato de α -tocoferol a dosis inferiores o iguales a 400 mg/kg no afecta al contenido de ácidos grasos del muslo y de la pechuga.
5. La concentración tisular de α -tocoferol en muslo y pechuga es directamente proporcional a su contenido en la dieta, y su depósito no se satura a dosis iguales o inferiores a 400 mg α -TA/kg.
6. El depósito de α -tocoferol en los tejidos de las aves se reduce al aumentar el grado de poliinsaturación dietético, siendo atribuido principalmente al contenido en ácidos grasos poliinsaturados de la dieta, y en menor medida al del propio tejido. Para alcanzar un depósito de α -tocoferol en la carne concreto (40 mg/kg), por cada gramo de ácidos grasos poliinsaturados en el pienso, se necesita aumentar la cantidad de α -tocoferol de la ración alrededor de 3-4 mg para contenidos dietéticos de ácidos grasos poliinsaturados bajos (15-20 g/kg) y más de 12 mg para contenidos de ácidos grasos poliinsaturados en la dieta altos (superiores a 55 g/kg).
7. En términos generales, el depósito de ácidos grasos y de α -tocoferol en la pechuga es menos influenciable a través de modificaciones de la dieta que el del muslo con piel.

8. El consumo de diferentes niveles de acetato de α -tocoferol no modifica el perfil de estereoisómeros del α -tocoferol en el hígado y muslo. Ambos tejidos muestran un perfil de estereoisómeros similar dependiente del perfil de esteroisómeros de la dieta. Cuando el animal consume una mezcla racémica de α -tocoferol se favorece el depósito de las formas 2R.
9. La susceptibilidad a la oxidación (valorada en términos de TBA) de la carne de pollo es directamente proporcional al contenido de ácidos grasos poliinsaturados de la misma, y se hace más evidente durante su procesado y posterior conservación en refrigeración.
10. El α -tocoferol reduce la oxidación lipídica de la carne de pollo, siguiendo un modelo de saturación. La estabilidad oxidativa de ésta no se ve afectada por un aumento en el nivel de α -tocoferol dietético de 200 a 400 mg/kg.

Capítulo 12

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