

# FROM CHRONIC OBSTRUCTIVE PULMONARY DISEASE TO LUNG CANCER: AN IMMUNOLOGIC APPROACH

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*“Most people say that it is the intellect which makes a great scientist. They are wrong: it is character”*

Albert Einstein



*A mi familia y amigos,  
que aún en la distancia  
han estado siempre tan cerca.*

*Y a todos aquellos  
que han sido aquí tan gran apoyo.*



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## ABSTRACT

It is well established that a subset of cancer patients debuts with immune infiltrates, which organize into aggregates in the tumor niche and its vicinity. These lymphoid structures develop in response to inflammatory *stimuli* through a tightly regulated process. Besides the prognostic value of TLSs, they also may represent a novel avenue for therapeutic strategies, but it is currently still in its early stages. In contrast with the immune activator role of TLSs, in certain cancers, its effect may point towards tumor progression as a consequence of highly tumor-mediated immunosuppressive conditions present in the tumor niche. Preliminary data provided by the current investigation suggests that a differential immune profile may be present between LC patients and LC patients underlying COPD. This fact could present a potential impact in the prognosis and therapy of these patients. Moreover, crucial markers targeting different signaling pathways involved with oxidative stress, apoptosis, and autophagy were found to be overexpressed in response to immunomodulators administration in the current thesis. These data puts into manifest the interest of additional immunity-related mechanisms that could be targeted in order to assist immunity against cancer.

**Keywords:** lung cancer, COPD, immunosuppression, oxidative stress, autophagy



## RESUMEN

Se ha establecido que un subconjunto de pacientes con cáncer debuta con infiltrados inmunes que se organizan en agregados en el nicho tumoral y sus alrededores. Estas estructuras linfoides se desarrollan en respuesta a estímulos inflamatorios a través de un proceso estrechamente regulado. Además de su valor pronóstico, las TLSs pueden representar una nueva vía para las estrategias terapéuticas, pero actualmente se encuentra en etapas iniciales. En contraste con el papel en la activación inmune de las TLSs, en ciertos tumores, su efecto puede apuntar hacia la progresión tumoral como consecuencia de las condiciones altamente inmunosupresoras mediadas por las células malignas presentes en el nicho tumoral. Los datos preliminares proporcionados por la siguiente investigación sugieren que los pacientes con cáncer de pulmón podrían presentar un perfil inmunitario diferencial respecto a estos mismos que además subyacen EPOC. Este hecho podría presentar un impacto potencial en el pronóstico y la terapia de estos pacientes. Por otra parte, resultados procedentes de la actual investigación también revelan que ciertos marcadores cruciales presentes en diferentes vías de señalización involucradas con el estrés oxidativo, la apoptosis y la autofagia podría sobre expresarse en respuesta a la administración de inmunomoduladores. Estos datos ponen de manifiesto el interés de mecanismos adicionales relacionados con la inmunidad que podrían ser manipulados para asistir a la inmunidad contra el cáncer.

**Palabras clave:** cáncer de pulmón, EPOC, inmunosupresión, estrés oxidativo, autofagia



# **PREFACE**

## **Scientific collaborations**

In the present thesis, the investigations have been performed in the Muscle Wasting and Cachexia in Chronic Respiratory Diseases and Lung Cancer Research group, Hospital del Mar Medical Research Institute (IMIM), Barcelona, Spain.

Research was conducted in collaboration with the Pulmonology Department, the Thoracic Surgery Department and the Pathology Department at Hospital del Mar, Parc de Salut Mar, Barcelona, Spain.

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## ABBREVIATIONS

**ACP:** american college of physicians

**ACCP:** american college of chest physicians

**AICD:** activation-induced cell death

**ALK:** anaplastic lymphoma kinase

**AP:** phosphatase alkaline

**ATS:** American thoracic society

**Bax:** B-cell lymphoma associated X protein

**Bcl2:** B-cell lymphoma 2

**BMI:** body mass index

**BRAF:** v-Raf murine sarcoma viral oncogene homolog B

**Breg:** B regulatory

**BSA:** bovine serum albumin

**CAFs:** cancer associated fibroblasts

**CCL:** C-C motif ligand

**CD:** cluster of differentiation

**CDKN2A:** cyclin-dependent kinase inhibitor 2A

**COPD:** chronic obstructive pulmonary disease

**COX2:** cyclooxygenase-2

**Cre:** Carbapenem-resistant Enterobacteriaceae

**CRP:** c-reactive protein

**CS:** cigarette smoking

**CTLA-4:** cytotoxic T-lymphocyte-associated protein 4

**CCL:** C-C motif ligand

**CCR:** CC chemokine receptor

**CXCL:** C-X-C motif ligand

**Da:** dalton

**DAB:** 3,3'-Diaminobenzidine

**DC-Lamp:** dendritic cell-lysosomal-associated membrane protein

**DCs:** dendritic cells

**DDR2:** discoidin domain receptor 2

**DLco:** carbon monoxide transfer

**DNA:** deoxyribonucleic acid

**EGFR:** epidermal growth factor receptor

**ECM:** extracellular matrix

**EDTA:** ethylenediamine tetraacetic acid

**ELISA:** enzyme-linked immunosorbent assay

**EMT:** epithelial-mesenchymal transition

**ERK:** extracellular-regulated kinase

**ERS:** european respiratory society

**FAP:** fibroblast activation protein

**FasL:** fas ligand

**FEV<sub>1</sub>:** forced expiratory volume in the first second

**FGF:** fibroblast growth factor

**FGFR1:** fibroblast growth factor receptor 1

**Flp:** flippase

**FOXP3:** forkhead box P3

**FVC:** forced vital capacity

**GAPDH:** glyceraldehyde-3-phosphate dehydrogenase  
**GCs:** germinal centers  
**GESEPOC:** spanish COPD guideline  
**GITR:** glucocorticoid-induced tumor necrosis factor receptor-related protein  
**GOLD:** global initiative for chronic obstructive lung disease  
**G:** gram  
**GSV:** globular sedimentation velocity  
**HEPES:** 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid  
**HER2:** human epidermal growth factor receptor 2  
**HEV:** high endothelial venules  
**HGF:** hepatocyte growth factor  
**HIF-1 $\alpha$ :** hypoxia-inducible factor-1 alpha  
**HRP:** horseradish peroxidase  
**ICAM:** intracellular adhesion molecule  
**ICD:** immunogenic cell death  
**IDO:** indoleamine 2,3-dioxygenase  
**Ig:** immunoglobulin  
**IL:** interleukin  
**INF $\gamma$ :** interferon gamma  
**iNOS:** inducible nitric oxide synthase  
**JKN1:** c-Jun N-terminal kinase 1  
**Kco:** Krogh transfer factor  
**KRAS:** Kirsten rat sarcoma viral oncogene homolog 11

**L:** liter  
**LC:** lung cancer  
**LCC:** large cell carcinoma  
**LC3:** microtubule-associated protein 1A/1B-light chain 3  
**LDH:** lactate dehydrogenase  
**LN:** lymphoid nodes  
**LPR:** liquid permanent red  
**LT $\alpha$ :** lymphotoxin alpha  
**M:** meter  
**mAbs:** monoclonal antibodies  
**MHC:** major histocompatibility complex  
**MAdCAM1:** mucosal vascular addressin cell adhesion molecule 1  
**MDA:** malondialdehyde  
**MDSC:** myeloid-derived suppressor cells  
**MEF<sub>50</sub>:** maximal expiratory flow at 50% of the forced vital capacity  
**MEM:** minimal essential medium  
**miRNA:** microRNA  
**MMP-2:** matrix metalloproteinase-2  
**MW:** molecular weight  
**M1:** macrophages type 1  
**M2:** macrophages type 2  
**N:** number  
**NADPH:** nicotinamide adenine dinucleotide phosphate hydrogen  
**NCR1:** natural cytotoxicity receptor 1  
**NICE:** national institutes of health and care excellence  
**NIH:** national institutes of health  
**NK:** natural killer

**NOX:** NADPH oxidase  
**NSCLC:** non-small cell lung cancer  
**NT:** nitrotyrosine  
**PARP:** poly (ADP-ribose) polymerase  
**PBS:** phosphate buffered saline  
**PD-1:** programmed cell death protein 1  
**PDGF:** platelet-derived growth factor  
**PD-L1:** programmed death-ligand 1  
**PEF:** peak expiratory flow  
**PI3K:** phosphatidylinositol 3-kinase  
**PMSF:** phenylmethylsulfonyl fluoride  
**PNAd:** peripheral node addressin  
**Pred:** predicted  
**PTEN:** phosphatase and tensin homolog 10  
**PVDF:** polyvinylidene difluoride  
**ROS:** reactive oxygen species  
**ROS1:** ROS proto-oncogene 1  
**RNA:** ribonucleic acid  
**RNS:** reactive nitrogen species  
**RV:** residual volume  
**SCC:** squamous cell carcinoma  
**SCLC:** small cell lung cancer  
**SDS-PAGE:** sodium dodecyl sulphate-polyacrylamide gel electrophoresis

**SEPAR:** Spanish society of pneumology and thoracic surgery  
**SIRT1:** sirtuin-1  
**SLOs:** secondary lymphoid organs  
**SOD:** superoxide dismutase  
**STAT3:** signal transducer and activator of transcription 3  
**TCR:** T cell receptor  
**TFG- $\beta$ :** tumor growth factor beta  
**Th:** T helper  
**TLco:** transfer factor of the lung for carbon monoxide  
**TLSS:** tertiary lymphoid structures  
**TMB:** tetramethylbenzidine  
**TME:** tumor microenvironment  
**TNF- $\alpha$ :** tumor necrosis factor alpha  
**TNFR:** tumor necrosis factor receptor  
**TNM:** tumor, nodes, metastasis  
**TP53:** tumor protein 53  
**TRAIL:** TNF-related apoptosis-inducing ligand  
**Treg:** T regulatory  
**V<sub>A</sub>:** alveolar volume  
**VC:** vital capacity  
**VCAM1:** vascular cell adhesion molecule 1  
**VEGF:** vascular endothelial growth factor



# INTRODUCTION





# 1. RESPIRATORY SYSTEM

The respiratory system is an organized system conformed by specific organs and structures designated to the oxygen and carbon dioxide exchange between air and blood in a process known as ventilation (1,2). Breathing or ventilation allows the entry and exit of air to and out of the lungs (1,2). As a result, the entry of inspired air, rich in oxygen, supplies the other tissues of the organism and allows the exit of carbon dioxide, as a waste product of cells, through the expired air in a process known as gas exchange (1–3). Gas exchange between the air and blood occurs by diffusion through the lung tissue (1,2,4). The lungs have a large and thin surface in order to optimize gas diffusion (2).

## 1.1. Structure and anatomy

The lungs are two soft and spongy organs separated by the mediastinum that occupy the thoracic cavity and rest on the diaphragm (2,4). The lungs are composed of lobes: three in the right, and two in the left, in order to leave space for the heart (3). In addition, the lobes are conformed by lobules and trabeculae (4). Lungs are coated by a serous membrane known as visceral pleura and above of this membrane is located the parietal pleura (2). Additionally, the space in between these membranes is known as pleural space, a liquid layer that assists the ventilation process (4). Lungs are perfused by the pulmonary and bronchial arteries. The pulmonary artery carries venous (deoxygenated) blood, whereas bronchial arteries carry arterial (oxygenated) blood (1,4).

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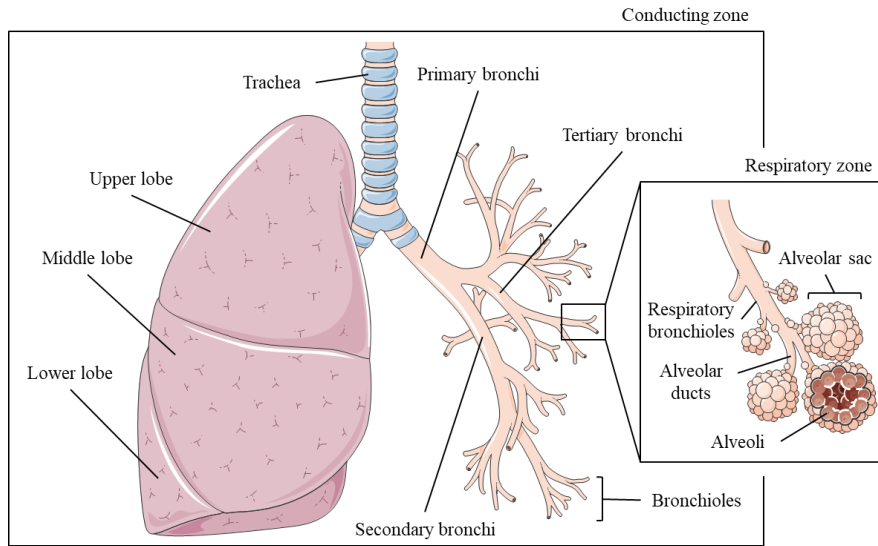
The respiratory airways are formed by the nose, sinus cavities, pharynx, larynx, trachea, bronchi, bronchioles, alveolar ducts, alveolar sacs and alveoli (2). The trachea branches into primary bronchi at the carina, and the bronchi are sequentially subdivided into different generations until the terminal alveolar sacs (4). Before reaching the alveolar levels, the terminal bronchioles are branched into several generations of respiratory bronchioles, where some gas exchange starts taking place (2). In addition, distal bronchioles are interconnected by canals of Lambert while pores of Kohn connect alveoli (4).

As shown in **Figure 1**, the respiratory apparatus is divided into two major areas: 1) the conducting zone, and 2) the respiratory zone (1,2).

The conducting zone of the respiratory system includes all the anatomical structures that allow the entry of air into the respiratory zone. This region is responsible for the warming, humidification and filtration of the inspired air (4). The anatomical structures involved in this process consists of the respiratory airways and all the successive subdivisions up to the terminal bronchioles (2–4). Trachea and bronchi are lined with a ciliated pseudo-stratified epithelium rich in goblet cells that secrete mucous into the lumen of the airways (4). Above the basement membrane, mucous secreting glands are surrounded by smooth muscle fibres (4). The main function of the mucous secreted consists to trap small particles and filter the air inhaled (1,2). The particles trapped in the mucous are moved towards the pharynx



by action of the cilia projected from the epithelial cells to be them swallowed or expectorated (2).

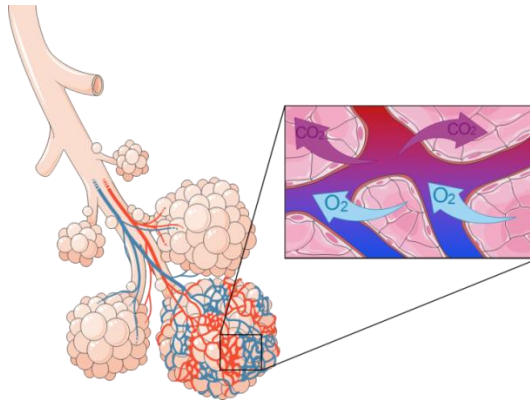


**Figure 1. The conducting and respiratory zones of the respiratory system.** The conducting zone consists of airways responsible to conduct the inspired air to the respiratory zone, which is the area designated to gas exchange. Figure was produced with image bank supply from Servier Medical Art (<http://www.servier.com>). Source from Netter FH and Stuart I (1,2).

Apart from the ciliated epithelial cells, the epithelia of bronchi is composed of basal cells, which are responsible to differentiate into other cells (1,2,4). Neuroendocrine cells, are also present in the airways and secrete compounds such as serotonin, bombesin, and calcitonin, in order to regulate the ventilation physiological response (4). Furthermore, neuroendocrine cells aggregate in clusters known as neuroepithelial bodies (4). As bronchi branch into successive generations, cartilaginous rings are replaced by cartilaginous plates (1,4). At the level of bronchioles, cartilage is progressively replaced

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by smooth muscle fibres (4) and goblet cells are retrieved by Clara cells, responsible to secrete glycosaminoglycan to protect the luminal surface of the bronchioles (1,2,4).



**Figure 2.** Representative figure of alveolar sacs architecture and gas exchange. Figure was produced with image bank supply from Servier Medical Art (<http://www.servier.com>). Source from Netter FH (1).

The respiratory zone is the region where gas exchange occurs (**Figure 2**). This region includes the respiratory bronchioles, alveolar ducts, alveolar sacs, and alveoli (2,4). The surface of respiratory bronchioles is built up by cubic epithelium and a thin collagenous layer with elastic fibres and smooth muscle cells (4). Alveolar ducts culminate through the atria in alveolar sacs, where alveoli are aggregated and interconnected by tiny pores (2,4). These structures are rich in capillaries that assist gas diffusion. Type I and II epithelial or alveolar cells conform the alveoli (2,4). Type I alveolar cells are the most abundant (95-97% of the surface) and with endothelial cells conform the surface for gas exchange (4). The main function of type

II alveolar cells consists to secrete surfactant to coat the alveolar surface for protection and fluid accumulation prevention (2,4).

In order to grant the integrity of alveoli, abundant levels of type IV collagen are present in the capillaries and alveolar walls (2). Furthermore, resident macrophages in the alveoli, also called alveolar phagocytes or dust cells, assist in the integrity of alveoli by removing the inspired noxious particles that were not trapped in the mucous produced in upper stream airways (2,4).

### **1.2. Physiology and measurements**

As early mentioned, pulmonary ventilation is the main physiological mechanism of the lungs and consists in the movement of air into and out of the lungs. Pulmonary ventilation is driven by atmospheric, alveolar, and intrapleural pressure. The difference in pressures drives pulmonary ventilation as air flows from an area of higher pressure to an area of lower pressure. Pulmonary function assessment plays an essential role in the monitoring of patients with respiratory disease. Indeed, a lung function test can be used to diagnose a lung disease and assess whether a treatment for disease is improving health. There are different tests to measure lung or pulmonary function and the tests commonly used include spirometry, lung volume and gas transfer measurements, and exercise testing. These tests measure the amount of oxygen inhaled and the amount of carbon dioxide exhaled during breathing. Hence, the results obtained in these types of tests must be interpreted under the context of respiratory physiology and the history of patients.

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Spirometry test is non-invasive, readily, low-cost, and the most reproducible and sensible measurement for pulmonary function (5,6). A spirometer allows the measurement of several parameters. For instance, the most relevant parameters that express the physiological status of the conducting zone are: the volume of air exhaled after a deep inspiration or forced vital capacity (FVC) to maximal expiration or residual volume (RV) and the volume of air exhaled at the end of the first second during the test known as forced expiratory volume in one second ( $FEV_1$ ) (5–7). The quotient between these two parameters ( $FEV_1/FVC$ ) is another measure widely used (5–7). Whereas, the physiological parameters that express the function of the respiratory zone are: the carbon monoxide transfer ( $DL_{CO}$ ), which represents the carbon monoxide diffusion capacity in a single-breath, and the Krogh transfer factor ( $K_{CO}$ ) that measures the capacity of lung diffusion, are also important pulmonary function parameters (3,7,8). The transfer factor of the lung for carbon monoxide ( $TL_{CO}$ ), alveolar volume ( $V_A$ ) maximal expiratory flow at 50% of the forced vital capacity ( $MEF_{50}$ ), vital capacity (VC), and peak expiratory flow (PEF) parameters are reported as the most relevant for discriminating chronic obstructive pulmonary disease (COPD) from asthma (9).

Lung function varies widely according to the anthropometrical characteristics of the study populations. These characteristics includes the following variables: age, height, weight, and gender (5,6,10). Hence, usefulness of any test depends on the availability of suitable standards and reference values must be interpreted during lung function assessment (11–13).

Moreover, spirometry should also be performed after previous bronchodilator administration to reduce test variability and also discard the diagnostic of asthma (5,6).

## 2. LUNG CANCER

Lung cancer (LC) is a disease that arises in the lung tissue by uncontrolled growth of abnormal cells with the capacity to break through the basement membrane and spread into distant organs (14). Lung tumors usually arise from basal epithelial cells that line the airways (15). These cells experience driver mutations in oncogenes and tumor suppressor genes that trigger malignant cell proliferation leading to tumor formation through the modulation of different pathways that display a relevant role in cell growth, cell division, DNA repair and cell death (15).

### 2.1. Epidemiology

LC is the third most prevalent type of cancer, after breast and prostate cancer, and remains as the major cause of cancer-related mortality worldwide, with only a 15% in men and 21% in women of 5-year total survival rate after primary diagnosis (14,16,17). Due to absence of screening and clinical manifestations, patients are not diagnosed until advanced stages, when the availability of therapeutic alternatives is reduced. The most frequent clinical features include dyspnoea, cough, and haemoptysis (14,18). But also difficulty to breath, swallow or speak properly, fatigue, chest pain, appetite or weight loss, and face or neck swelling (14). Symptoms can be produced by local tumor, locoregional spread, metastatic disease, or

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paraneoplastic syndromes (18). The most frequent targets of metastasis in LC are lymph nodes, liver, bones, brain, and adrenal glands (14,19,20).

Not much symptoms are found in early-stage LC. For this reason, only 20% of patients have localized disease at initial diagnosis, 25% have regional metastasis, and 55% distant spread of disease (21). LC is diagnosed in asymptomatic patients (7-10% of cases) when a chest radiograph is performed for other reasons (21).

### **2.2. Etiologic factors**

Several factors are involved in LC etiology but cigarette smoking (CS) is still the main cause (17,22). Exposure to toxic components of cigarettes triggers carcinogenic events that cause around 90% of LC deaths in men and almost 80% in women (23,24). The smoke of cigarettes is composed of gaseous and particulate compounds such as nicotine and tar, which seems to be the highest contributors to LC risk (15). Many potential carcinogens are found in CS, including polycyclic aromatic hydrocarbons, aromatic amines, N-nitrosamines, benzene, arsenic, and chromium (15). Some of them are dependent of metabolic activation in order to become carcinogenic and metabolic detoxification can take place. This phenomena provides a balance between activation and detoxification that accounts for individual cancer risk (15). CS carcinogens covalently bind to DNA, so repair processes will be effected in order to remove them, but the failure of the repairment machinery could lead to permanent mutations (25).

Apart from the exposure to noxious agents present in the CS, occupational exposure to other environmental agents such as air pollution, second-hand smoke, arsenic, asbestos, and certain metals may increase the risk of suffering from LC (26–28). In addition, radioactive materials, such as radon, bismuth, and polonium are also present in CS (15). Other risk factors include long-term use of hormone replacement therapy for menopause and a history of lung disease such as COPD or tuberculosis (15). Although, a history of LC events in the close family members accounts as an important risk factor, relatives that develop LC are current smokers, so it is unclear whether the raised risk is a result of genetic alterations or smoke exposure (15).

Environmental and genetic factors are major contributors to develop LC. Genetic factors or mutations can be somatic or germinal, which means that are acquired or inherited. Critical oncogenes and tumor suppressor genes are modulated by the action of carcinogenic agents (25). Tumor protein p53 (*TP53*), epidermal growth factor receptor (*EGFR*), and Kirsten rat sarcoma viral oncogene homolog 11 (*KRAS*) genes are usually mutated in LC (29). Mutations in *TP53* tumor suppressor gene disables the entrance on cell cycle arrest and further apoptosis in aberrant cells, while mutations in the *EGFR* or *KRAS* oncogenes lead to constant proliferation signals that trigger tumor formation (30).

Mutations in many other genes are common in LC (29,31). For instance, phosphatidylinositol 3-kinase (*PI3K*), v-Raf murine sarco-

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ma viral oncogene homolog B (*BRAF*), cyclin-dependent kinase 2A (*CDKN2A*), anaplastic lymphoma kinase (*ALK*), human epidermal growth factor receptor 2 (*HER2*), ROS proto-oncogene 1 (*ROS1*), fibroblast growth factor receptor 1 (*FGFR1*), discoidin domain receptor 2 (*DDR2*), and phosphatase and tensin homolog 10 (*PTEN*) among others (32,33). Most of these genes are involved in the regulation of several mechanisms including: gene expression, apoptosis, cell proliferation, and differentiation.

### **2.3. Diagnosis**

According to the cellular origin of the tumor and the microenvironment where is present, different specific lung tumor subtypes will grow (27). As lung tumor subtypes behave and respond to treatment in different ways, the therapeutic approach relies on the type of cell from which the cancer was raised.

#### **2.3.1. Histopathological subtypes**

Tumors are classified in different groups based upon the microscopic appearance of the tumor cells. There are two main types of primary LC: non-small cell lung cancer (NSCLC) and small cell lung cancer (SCLC). NSCLC represent about 80-85% of the diagnosed LC cases while 10-15% LC cases are SCLC and fewer than 5% are lung carcinoid tumors (34).

NSCLC is subdivided into three main subcategories that comprise adenocarcinoma, diagnosed in a 40% of cases, squamous cell carcinoma (SCC) in 25-30% of cases and large cell carcinoma (LCC)



in 10-15% of cases (34). Adenocarcinoma usually originates in distal sections of the lungs from mucus producer cells and SCC arises from squamous cells that cover the surface of the airways of proximal sections of the lungs (35). However, LCC arises from epithelial cells that line the airways of the lungs (30).

SCLC is a highly malignant pulmonary neoplasm that is thought to originate from smaller undifferentiated cells derived from neuroendocrine cells (15,27,34).

### **2.3.2. Staging of LC**

The evaluation of LC staging uses the tumor-node-metastasis (TNM) classification, a globally recognised standard for the classification of the cancer spread extent using alphanumeric codes. Based on standardized criteria, the TNM classification is the most widely used cancer staging system as a tool for physicians to stage different types of cancer (37–39). This classification have been established in many solid tumors and some of them have their own TNM classification, except for hematologic and central nervous system cancers which do not share this classification (30,40).

The TNM staging system is based on three main descriptors: tumor extent (T), lymph nodes extent spread (N), and metastasis presence (M). Indeed, the T descriptor refers to the size and extent of the localized primary tumor and whether it has invaded nearby tissue. Moreover, it provides information about endobronchial location, distance from the carina, and the presence of satellite nodules (36,39).

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The N component is the nodal descriptor, which shows whether regional lymph nodes are involved, and the M component describes the invasion of distant tissues. The 8<sup>th</sup> edition of TNM (37) is currently being followed in clinical practice by medical professionals since January of 2018 in order to assess LC staging (**Table 1**).

**Table 1.** Eighth edition of TNM staging classification of LC. Adapted from Goldstraw P et al 2010 and Detterbeck FC et al 2017 (36,37).

Occult carcinoma	Tx	N0	M0
Stage 0	Tis	N0	M0
IA1	T1(mi)	N0	M0
	T1a	N0	M0
IA2	T1b	N0	M0
IA3	T1c	N0	M0
IB	T2a	N0	M0
IIA	T2b	N0	M0
IIB	T1a-c	N1	M0
	T2a	N1	M0
	T2b	N1	M0
	T3	N0	M0
IIIA	T1a-c	N2	M0
	T2a-b	N2	M0
	T3	N1	M0
	T4	N0	M0
	T4	N1	M0
IIIB	T1a-c	N3	M0
	T2a-b	N3	M0
	T3	N2	M0
	T4	N2	M0
IIIC	T3	N3	M0
	T4	N3	M0
IVA	Any T	Any N	M1a
	Any T	Any N	M1b
IVB	Any T	Any N	M1c

### **2.4. Therapeutic strategies in LC**

#### **2.4.1. Surgery**

Surgery is the best option against LC in early stages but in most of cases the neoplasm is diagnosed in advanced stages with metastasis in distant organs. In these cases, surgery is no longer a therapeutic approach and alternative options must be applied. Patients with stage I-III tumors are usually candidates for resection but attention must be paid to the status of patients and whether they are able to overcome surgery. For instance, the age of patients and the presence of comorbidities must be taken into account (41). The operability assessment of the tumor of a patient consists in imaging studies and biopsies (42). Patients can also benefit from adjuvant therapies by reducing the risk of cancer relapse (41,42). Adjuvant therapy includes radiation, chemotherapy, and targeted therapy in order to ensure total eradication of cancer cells after the surgical intervention (41,42).

#### **2.4.2. Chemotherapy**

The treatment against metastatic LC is applied systemically with cytotoxic agents and/or molecular-targeted therapies and radiotherapy (19,41,42). On these cases, the therapeutic approach depends on several factors which include the extent of disease, which organs are metastasized, and the response to therapy (42). Chemotherapy is very effective against SCLC since it is an aggressive cancer and in most of cases surgery is not an option but most of patients tend to relapse (43). The chemotherapy agent is comorbidity-dependent as platinum-based therapy is not compatible

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with cardiovascular diseases, and cisplatin with renal dysfunction or neuropathy (43). Cisplatin and carboplatin are the standard agents but docetaxel, gemcitabine, paclitaxel or pemetrexed can also be found (44). Moreover, several agents are often applied in doublets or even triplets. The main disadvantage of chemotherapy apart from side-effects due to high toxicity is that tumors may become resistant (43). In case of treatment resistance, second-line therapy must be followed. Despite second-line treatment improves survival when patients develop resistance to first-line treatment, the following treatment is generally less effective than the initial (43). It is important to elucidate the trends in LC metastasis for the improvement of the clinical outcome of metastatic LC patients. For instance, some subtypes show preference for specific metastatic sites. NSCLC frequently metastasizes in the liver and SCLC in the brain (45).

### **2.4.3. Biological therapies**

In regards to the significant advances in the treatment of LC over the last years, a range of molecularly targeted therapies and immunotherapy agents are under investigation and carried into the clinics (46). Molecular-targeted therapies modulate key signaling pathways in tumorigenesis such as angiogenesis (process recognized by the formation of new blood vessels for tumor supply), cell proliferation, motility, and survival through transmembrane receptors (41). Indeed, bevacizumab acts by blocking the signaling cascade produced through vascular endothelial growth factor (VEGF) (41). Cetuximab, erlotinib and gefitinib bind to EGFR and inhibit the signal transduction cascade (41). In spite of the genetic alterations common-

ly affect a short group of oncogenic signaling pathways, different cancer-subtypes arise according to the genes mutated (32), and for this reason, the genotype screening of individual patients is an essential tool in LC therapy in order to assess the most accurate therapeutic treatments and ensure optimal outcome.

### **2.4.3.1. Tyrosine kinase inhibitors**

Protein tyrosine kinases are enzymes that activate a downstream cascade of cellular signaling pathways which play a crucial role in signal transduction, cell proliferation, differentiation, death and other regulatory mechanisms (47–49).

Over the last years, several novel therapeutic agents that inhibit tyrosine kinase activity have been identified (48). In NSCLC, agents such as cetuximab, erlotinib and gefitinib are used to inhibit the signal transduction cascade triggered from EGFR while bevacizumab and ramucirumab act against VEGF and crizotinib against ALK (42,48–53).

Mutation assessment is chief in order to screen and select patients that could benefit from therapy with targeted tyrosine kinase inhibitors (42). EGFR is a cell-surface tyrosine kinase receptor and its activation is associated with pathways that induce cell growth and proliferation (42). EGFR mutations produce uncontrolled cell division through constant activation in cancer (42). Hence, VEGF exerts its action through the interaction with tyrosine kinase receptors that are predominantly expressed in endothelial cells (50). VEGF binding to its cognate receptors induces the activation of several sig-

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naling proteins that regulate angiogenesis, cell proliferation, survival, and migration (54). Moreover, a variety of environmental factors, growth factors, and genetic/epigenetic factors regulate the expression of VEGF in cancer (50). Finally, ALK gene rearrangements are found in NSCLC and represents an avenue for ALK kinase inhibitors such as crizotinib, a multitargeted small molecule tyrosine kinase inhibitor that induces entrance in cell cycle arrest and apoptosis (51–53).

### **2.4.3.2. Immune checkpoint inhibitors**

Immune system is a natural barrier against cancer, and proliferation of cancer cells can be mitigated by empowering host immune surveillance through the different immune regulatory steps. Cell depletion strategies (55,56), tumor vaccines (57), and injection with agonistic and antagonistic antibodies (57,58) have been widely used in order to elicit immune-mediated elimination of cancer cells. Although LC was thought to be non-immunogenic (59), the favorable results obtained in several clinical trials have proven the effectivity of immunotherapy in this type of cancer and has restored the interest on the research conducted in the immunology field. Indeed, immune checkpoint blockade has become a standard treatment in several solid tumors including NSCLC (60,61).

Immune checkpoint inhibitors are monoclonal antibodies (mAbs) that bind to immunosuppressive receptors with an antagonistic effect and immunostimulatory receptors with an agonistic effect with the overall purpose to revert immune tolerance (62–64).

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Checkpoint inhibitors targeting cytotoxic T-lymphocyte-associated protein 4 (CTLA-4), the programmed cell death protein 1 (PD-1), and programmed death-ligand 1 (PD-L1) have shown positive clinical responses with few toxicity events in several clinical trials in phase II and III (59). Nivolumab and pembrolizumab are humanized antagonistic mAb anti-PD1 approved by FDA for second-line treatment in NSCLC with a significant benefit in overall survival, durable clinical responses and manageable toxicity with good safety profile (65). Atezolizumab is an anti-PDL1 also approved by FDA for NSCLC treatment (65) and Ipilimumab is fully human IgG1 mAb anti-CTLA-4 approved for melanoma treatment and is under phase III clinical trial in NSCLC (66).

In addition, agonist antibodies against CD40, 4-1BB, glucocorticoid-induced tumor necrosis factor receptor-related protein (GITR), and OX-40 can also be used as enhancers for antigen-specific T cell responses (67). Agonistic mAbs anti-CD137 as Urelumab, are under investigation. Activation of CD137 is reported to promote dendritic cells (DCs), natural killer (NK) and T cells activity, as well as inhibit T regulatory (Treg) cells function (62).

Although the association between chemotherapy and immunotherapy or immunotherapy alone is an ongoing step in LC, more studies are needed to understand the optimal combination of the different therapeutic strategies. Indeed, immune response of LC is perplexing and significant variability exists in the response of patients (68).

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### **2.5. Prognosis and survival in LC**

Lung cancer prognosis is devastating. Over half of people diagnosed with LC pass away within one year after diagnosis and the 5-year survival rate is lower than 18% (42). In addition, patients who do not receive any treatment for their lung neoplasm live an average of 7 months (69) and around 85% of patients are diagnosed at an advanced stage (70,71). In terms of prognosis and survival, a significant variability is present between patients. For this reason, several specific factors with prognostic value may contribute to survival prediction as a relevant field in LC research (72). Moreover, the assessment of prognosis by the physicians in the clinics has a key role in decision-making (69). For this end, easily-measurable biologic markers with prognostic value are needed to stratify patients and select the most accurate treatment for optimal results in survival (73).

#### **2.5.1. Survival prediction and early detection markers**

Prognostic factors are used to predict survival of LC patients (70). For this reason, several factors have emerged as independent LC survival predictors in the recent decade (73). These prognostic factors can be segregated into four categories (72). Firstly, factors related to patient such as gender, age, smoking history, weight loss, body mass index (BMI), and comorbidities. Secondly, factors concerned to tumor like histological subtype, burden, invasion, and paraneoplastic syndromes. Thirdly, factors involved in treatment including the type



of therapeutic agent and response rate. Finally, other parameters that contribute to prognosis are serum lactate dehydrogenase (LDH), alkaline phosphatase, albumin, hemoglobin, leukocytosis, c-reactive protein (CRP), neutrophils-lymphocytes ratio, and thrombocytes-lymphocytes ratio.

Regardless CS in female population has increased (23); LC incidence is greater in men than women (16). Moreover, despite survival is greater in female than male, female patients seem to be younger and more sensitive to tobacco-mediated carcinogenesis (74). In addition, men are more likely to develop SCC while adenocarcinoma is more common in women (71). Another prognostic factor widely recognized among different cancers is age (70). Several studies have demonstrated the prognostic value of age (70). A cohort study showed that survival in elderly patients (>70 years) is lower than younger patients and elderly SCLC patients have a poor outcome when compared to NSCLC (70).

Comorbidities in terms of prognosis are controversial. The most frequent concomitant diseases found in men are cardiovascular and COPD, whereas in women cardiovascular, hypertension and COPD (75). Other studies revealed the prognostic value of weight loss in NSCLC patients, associating weight loss with aggressiveness and the smoking history with a negative impact (72,73).

Other relevant survival predictors may be found among tumor size, cell type, lymphatic and blood vessel invasion, rate of proliferation,

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and extent of tumor necrosis (73). Lower survival rates are found in LCC patients compared to adenocarcinoma and SCC (72). Moreover, tumor grade is found to be associated with survival as well as carcinoma cells differentiation (70,73). In addition, another study showed that higher levels of LDH in serum are associated with poor prognosis (70). In addition, vitamin/mineral supplements are reported to modulate tumor growth and improve survival among LC patients (73).

The genomic approach in cancer research is significantly assisting in the identification of molecular markers with diagnostic, prognostic, and therapeutic value. In the past two decades, a vast number of studies on biological markers have been carried out in order to assess the usefulness of prognostic markers and to assist in patient management (76). For instance, mutations in *TP53* and *KRAS* are associated with poor prognosis (70).

Nevertheless, despite the efforts in the identification of molecular prognostic markers, its lack is notable in the clinical practice (77). However, PD-L1 has been identified as a predictive marker of a good response to immunotherapy but a poor prognostic indicator of overall survival (77).

Nevertheless, TNM stage remains as the main prognostic factor in predicting recurrence and survival, followed by tumor histology, gender, age, and performance status (77).

### **3. CHRONIC OBSTRUCTIVE PULMONARY DISEASE**

COPD is a respiratory disorder that is characterized by obstructive ventilator alterations such as chronic airflow limitation caused by structural changes in the airways and lung parenchyma (5–7).

#### **3.1. Epidemiology**

In spite of COPD is a common, preventable and treatable disease, represents a progressive disease, which means that is irreversible or partially reversible (6,7). In addition, COPD is currently the fourth leading cause of death worldwide but prevalence and mortality of COPD is expected to rise, becoming the third major cause of death by 2020 due to increased age, exposure to harmful chemicals and reduced mortality from other common fatal diseases (6).

Morbidity from COPD includes other concomitant chronic conditions such as LC, cardiovascular disease, musculoskeletal impairment and diabetes mellitus but the most frequent symptoms in COPD patients are dyspnoea, chronic cough and sputum production among others (6).

#### **3.2. Etiologic factors**

Obstructive respiratory symptoms are originated from exposure to noxious particles or gases from CS, which is the main etiologic factor of COPD (5–7,78,79). Other factors that may contribute on top of CS are occupational or environmental exposure, genetic alterations, age,

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gender and poor lung growth and development during childhood (5–7).

Exposure to noxious agents originated from CS is responsible to induce pro-inflammatory events in the airways of the lungs and that enhanced inflammatory response to inhaled particles or gases causes COPD (80,81). Despite the raise of inflammatory cells in the lung parenchyma in response to irritant agents present in the respiratory tract is not fully understood, some of the commonly increased inflammatory cells in COPD patients include macrophages, neutrophils, lymphocytes, and eosinophils (6). Furthermore, oxidative stress and proteolysis are known triggers of lung inflammation and inhalation of noxious particles may induce macrophages and neutrophils to produce oxidants (6). In addition, cigarette smoke contains free radicals that can increase the release of oxidants which are responsible of lung matrix damage through elastin and collagen degradation (82).

### **3.3. Pathophysiology**

Airflow limitation is mainly driven through chronic inflammation of the airways (6,7,78,79). The pathogenic mechanisms that condition the histopathological changes of the respiratory system in COPD include chronic inflammation and lung parenchyma destruction (5). The inflammation in the airways is characterized by increased numbers of alveolar macrophages, neutrophils, lymphocytes, and T helper (Th) 1 cells recruited from the circulation. These cells and others such as endothelial cells and fibroblasts, secrete an array of cy-

tokines, chemokines, and growth factors that act as pro-inflammatory mediators (83–86). Chronic inflammation produces fibrosis and changes in the bronchi walls leading to airflow obstruction while destruction of the alveolar sacs and the adjacent capillary nests reduce elastic recoil (5).

Obstruction of the airways through bronchi walls dilatation due to cell infiltration and edema formation manifest persistent fibrosis, inflammation and airflow limitation as a consequence (5–7,79). Moreover, excessive mucus secretion and accumulation in the airways is a characteristic feature of this disorder (6,7,79). In fact, mucus hypersecretion is due to the presence of hypertrophic mucus secreting glands (7).

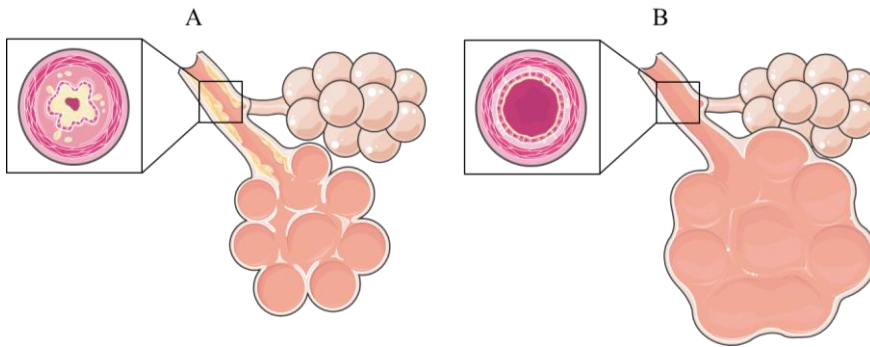
The destruction of the lung parenchyma implies the loss of alveolar attachments and capillary nests leading to a decline in lung elastic recoil (6,7). C5a-mediated stimulation of neutrophils by macrophages produces excessive amounts of elastase, an enzyme that degrades elastin, which is a major alveoli component (6,7). Moreover, collagen type IV impairment is also present and all together, represents a compromise for the integrity of alveolar walls (7).

### **3.4. Clinical symptoms and manifestations**

COPD have different clinical manifestations which include chronic bronchitis and emphysema (5–7). Chronic bronchitis is characterized by structural changes in the architecture of bronchi (**Figure 3A**).

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In order to establish the diagnosis of chronic bronchitis, symptoms must include cough and sputum production for at least three months each year for two years (6,7). Otherwise, emphysema (**Figure 3B**) is recognised by the destruction of alveolar structures that leads to terminal alveolar airspace enlargement (6,7,79).



**Figure 3.** Representative figure of the airflow inflammation in obstructive bronchitis (**A**) and alveoli destruction in emphysema (**B**). Figure was produced with image bank supply from Servier Medical Art (<http://www.servier.com>). Source from West JB and Luks AM (7).

### 3.5. Classification of COPD

A variety of guidelines is used in clinical practice for the management of COPD. Global Initiative for Chronic Obstructive Lung Disease (GOLD) is the most widely recognized (6).

Regarding COPD diagnosis, patients must present a post-bronchodilator  $FEV_1/FVC < 0.70$  so airflow limitation is established when the ratio is below 70% of the predicted value (5–7). The GOLD classification of COPD is based on the evaluation of symptoms, and exacerbations (**Table 2**).

**Table 2.** Classification of airflow limitation severity in COPD according to GOLD classification (6,87–90).

Stage	Severity	FEV <sub>1</sub>	Symptoms	Exacerbations
I	Mild	FEV <sub>1</sub> ≥ 80% pred	Chronic cough and sputum	0-1 per year
II	Moderate	50% ≤ FEV <sub>1</sub> < 80% pred	Dyspnoea	
III	Severe	30% ≤ FEV <sub>1</sub> < 50% pred	Worsened symptoms	≥2 per year
IV	Very severe	FEV <sub>1</sub> < 30% pred	Respiratory or heart failure	

*Definition of abbreviations:* FEV<sub>1</sub>, forced expiratory volume in the first second; pred, predicted.

In order to determine the severity of COPD, several national and international guidelines are used in the world. The Spanish guideline of COPD (GESEPOC), the Spanish Society of Pneumology and Thoracic Surgery (SEPAR), the international GOLD, the technical standards of the European Respiratory Society (ERS) and American Thoracic Society (ATS), the guidelines of the National Institute of Health (NIH) and the National Institute of Health and Care Excellence (NICE), and the guidelines from the American College of Physicians (ACP) and American College of Chest Physicians (ACCP).

## 4. RELATIONSHIPS BETWEEN LC AND COPD

### 4.1. Epidemiology

The link between COPD and LC started to show up in epidemiological and case-control studies at the late 1980's. These studies suggested that the presence of airways obstruction could have

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a strong correlation with an increased incidence of LC (91,92). Moreover, the presence of COPD was proven to be a better indicator of LC rather than age or the smoking history (91,92).

It has been stated that patients with airway obstruction have an 8.8% of probability to develop LC while patients with normal pulmonary function have a 2% of probability (92). Furthermore, it is also stated that LC patients debut with a 50% of COPD prevalence against 8% in control subjects (93). These data suggest that an early diagnosis of COPD may suppose a better prognosis for potential LC patients (94,95). Hence, supporting this statement, it has been found that decreased levels of FEV<sub>1</sub> may serve as a prognostic factor for increased LC risk (92). These studies give support in the use of FEV<sub>1</sub> and FEV<sub>1</sub>/FVC as prognosis markers for LC apart from the smoking history.

Moreover, not only air obstruction but chronic bronchitis and emphysema are also considered as independent risk factors for the development of LC as it has been shown in several studies where an increased prevalence of LC was found in patients with emphysema or chronic bronchitis (93,96,97). In addition, LC patients with both chronic bronchitis and emphysema show worse prognosis and higher mortality (93,98–100). Indeed, the major cause of death in COPD patients is LC (98,100) and it has been also reported that smokers with COPD are more prone to develop LC than non-COPD smokers (99,101,102).



Moreover, the same feature is found in never-smokers (99). The results obtained in a cohort-based study suggested that COPD is prevalent and underdiagnosed in LC patients and patients with LC and COPD have greater comorbidities and lower  $K_{CO}$  (103).

Additionally, a prospective study showed that in mild COPD patients, heavy smokers had a higher probability to develop LC compared to light smokers and, interestingly, light smokers with severe COPD are less prone to develop LC than light smokers with mild COPD (104). Moreover, in severe COPD patients, differences were not found between light and heavy smokers in LC prevalence (104). All these data suggest that patients may debut with a differential susceptibility pattern to smoking.

It is also stated that the influence exerted by COPD in LC is depending on the degree of airway obstruction but there is a lack of information in that aspect and further studies are needed to elucidate this fact (104). For instance severe COPD patients were reported to have a higher LC risk compared to mild-to-moderate COPD patients in a study with smokers (99,105). Controversially, it was also found that GOLD stage IV COPD patients had increased LC prevalence compared to GOLD stage I COPD patients (106,107).

Another study evidenced that emphysema severity could be used as a predictor for tumor location in early-stage LC patients (108). Furthermore, the severity of COPD is correlated with the risk of LC mortality (109) and patients with LC have better survival rates than

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patients with LC and COPD (99,110). Importantly, it is known that COPD patients tend to develop SCLC and SCC while a higher prevalence of adenocarcinoma is found in never-smokers and females but adenocarcinoma prevalence is increasing among smokers maybe due to a change in the composition of cigarettes (15,102,103,111). Indeed, the histological subtype of LC developed in COPD patients may also be COPD severity dependent due to the data shown in a study which revealed that GOLD stage I COPD patients were likely to develop adenocarcinoma while GOLD stage II and III develop SCC (106).

### **4.2. Etiology**

Although COPD and LC are both mainly caused by environmental factors such as the smoke of cigarettes or air pollution, opposite roles are displayed between them. Indeed, COPD is associated with cell death, and matrix and blood vessels destruction, while LC is characterized by cell proliferation, cell death scape and the formation of new blood vessels (112,113). In spite of that, a high prevalence of COPD is found in patients with LC.

Currently, it is a well-known fact in the LC pathogenesis and many evidences suggest that there is a very tight relationship between COPD and LC. From date, a large amount of interventional trials, epidemiological, screening or population-based cohort studies have demonstrated the strong association between both diseases (94,114). Hence, it has been demonstrated that COPD accounts separately from cigarette smoking as an independent risk factor for LC (94,114).

### 4.3. Pathophysiology

LC and COPD involve common risk factors such as air pollution and CS as the main of them. These shared factors are triggers of analogous signaling pathways expressed in both diseases.

Noxious particles inhalation is known to induce mutations that lead to the dysregulation of several signaling pathways endangering tissue homeostasis. Several molecular mechanisms are involved in the pathophysiology of LC and COPD. For instance, CS-induced oxidative and nitrosative stress is known to trigger immune system activation and inflammation.

The over-inflamed tissue is likely to succumb to respiratory diseases such as COPD and when this chronic inflammation persists, LC may be developed. For this reason, elucidation of underlying biological mechanisms that may account for patients with chronic respiratory diseases to a higher influence of LC have gained a deep interest. Indeed, LC is a molecularly heterogeneous disease and the understanding of its biology is essential for the development of effective therapies (33).

In the current thesis, several signaling pathways that could link LC with COPD patients have been analyzed including cell growth (cell proliferation), cell death (apoptosis and autophagy), oxidative and nitrosative stress, inflammation, and immune system. In addition, a brief description of these mechanisms is found below.

# **5. PATHOPHYSIOLOGIC MECHANISMS OF LC DEVELOPMENT**

## **5.1. Nitrosative and oxidative stress**

Human beings are under constant oxidative stress which is originated from exogenous factors such as CS or ultraviolet rays, and endogenous factors derived from mitochondrial activity or production of nicotinamide adenine dinucleotide phosphate hydrogen (NADPH) by macrophages and neutrophils among others (115–117).

CS triggers chronic airway inflammation and activation of cells that produce high levels of reactive nitrogen species (RNS) and reactive oxygen species (ROS) which interact between them and thus produce other potentially carcinogenic reactive products (115,116). Moreover, oxidative stress can also arise from certain anticancer drugs under use in the clinics (116).

Healthy tissues own a natural system that allows the removal of ROS and RNS through different pathways and antioxidant systems including superoxide dismutase I (Cu-ZnSOD), superoxide dismutase II (MnSOD) and catalase (118,119). When such oxidative stress levels cannot be countered by the natural oxidation-reduction system of the body, cell injury may arise through alterations in genes or transduction and transcription factors signaling (116). These alterations are translated into DNA damage and when is not possible to be restored, oncogenesis may take part (120).

Importantly, several pathways are affected by oxidative stress. Indeed, high levels of ROS and RNS are reported to promote cell proliferation through the activation of extracellular-regulated kinase 1/2 (ERK1/2), cell death evasion through PI3K/AKT activation, invasiveness by extracellular matrix (ECM) degradation or epithelial-mesenchymal transition (EMT) activation, and angiogenesis mediated by VEGF (115). Additionally, oxidative stress, produced by the imbalance between oxidants and antioxidants production, is linked to initiation, promotion and progression of carcinogenesis (22,121–123) but the role displayed remains controversial and may include tumor-suppressing and tumor-promoting effects, especially regarding the immune system (124,125). For instance, cancer cells contribute to increased oxidative stress levels by active oxygen production, as well as neutrophils and macrophages as early mentioned (116).

Furthermore, it is suggested that an association between the tumor stage and the oxidative stress levels may exist, and other evidences put into manifest an association between oxidative stress and drug resistance (116). On this basis, the oxidative stress status may play a crucial role in the patient clinical outcome, and for this reason oxidative stress markers are reported to have a prognostic value (115,116). Nevertheless the reliability of oxidative stress markers may be dependent of several factors, including the tumor type, tumor progression, and the patient status (116,124). Indeed, increased levels of oxidative stress and decreased levels of antioxidants are reported in advanced stage SCC patients (126).

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Published data from our research group states that increased oxidative stress levels can be found in the normal bronchial epithelium of patients with LC with COPD respect LC patients without COPD and control subjects (121). Moreover, findings from our group suggest that predisposition of patients with COPD to LC may be influenced by oxidative stress (122). Increased nitrosative stress levels were also found in the tumor lesions compared with the non-tumor parenchyma in LC patients (120). Increased levels of nitrated and carbonylated proteins are found in the normal airways of LC patients compared to healthy controls, and those differences are exacerbated in patients when compared with patients with both LC and COPD (120). Moreover, oxidative stress-mediated EMT is reported in COPD smokers (127).

### **5.2. Tumor microenvironment**

The cancer or tumor microenvironment (TME) is referred to the cellular niche in which the tumor arises and describes the non-cancerous cells present in the tumor including non-cellular components such as signaling molecules that support the growth of cancer cells known as ECM, the cells that conform the blood and lymphatic vascular networks, immune cells, inflammatory cells, neuroendocrine cells, adipose cells, fibroblasts, and myofibroblasts (128–130).

The tumor is permanently interacting with the surrounding environment thus generating a rich ambient for tumor growth by the secretion of factors that exert a promotion of proliferation and survi-

val and contribute to tumor plasticity, heterogeneity and aberrant tissue function (128–130). In fact, TME exerts an anti-tumor activity at first, but once it is pirated by neoplastic cells, it turns cancer-affiliated (129). For instance, tumor cells orchestrate modulations in the microenvironment by releasing several extracellular signals in order to promote neo-angiogenesis and peripheral immune tolerance (131,132).

In addition, TME can also act by favoring cell invasion and metastasis through EMT activation (133). Considering that immunity is influenced by a complex of tumor, host and environmental factors which modulate anti-cancer response (134), TME is reported to induce immune suppression, reduce chemotherapy efficacy, favor EMT in the airways, and also may play a relevant role in the study of the underlying biology that predisposes COPD patients to LC (22).

ECM is an entity that contains a complex set of molecules secreted by stromal cells (128). Despite the important role displayed by ECM in the maintenance of tissue architecture in normal conditions, the ECM role is opposed after the cancer is established and behaves favor of the tumor, but its modifications in presence of tumor cells are not fully understood (135). The main compounds found in the ECM are majorly collagen, elastin, fibronectin, periostin, and tenascin-C which are reported to display an important role in cancer cells proliferation and invasion but are also crucial for stroma development in a healthy state (128). Additionally, relevant ECM targets are being investigated as biomarkers and anti-cancer treatments (135).

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Cancer-associated fibroblasts (CAFs) are a sub-population of fibroblasts with a myofibroblastic phenotype which function is redirected towards carcinogenesis and remain permanently activated (129). Cancer cells activate CAFs in order to fuel tumor progression through growth factors, ROS, microRNA (miRNA) direct cell-cell communication, and adhesion molecules contacting with leukocytes (136–138). CAFs are able to remodel ECM with a deep impact through angiogenesis activation, inflammatory cells recruitment, and stimulation of cancer cell proliferation *via* mesenchymal-epithelial cell interactions, and growth factors and immune suppressive cytokines secretion (136,139).

A pivotal role is displayed in CAFs during carcinogenesis. Indeed, CAFs promote tumor growth and invasion through hepatocyte growth factor (HGF), fibroblast growth factor (FGF), transforming growth factor  $\beta$  (TGF- $\beta$ ), and platelet-derived growth factor (PDGF) (129). Furthermore, angiogenesis can be induced by CAFs through fibroblast growth factor 2 (FGF2) and VEGF expression (140). In addition, CAFs overexpress galectin-1, C-X-C motif ligand 12 (CXCL12), matrix metalloproteinase-2 (MMP-2), and interleukin-22 (IL-22), which are important contributors to poor prognosis, and induce EMT, epithelial invasion, and cell invasion through signal transducer and activator of transcription 3 (STAT3) and extracellular signal-regulated kinases (ERK) signaling respectively (141–143). CAFs are also reported to modulate through TGF- $\beta$ , among others, the action of neuroendocrine, inflammatory and immune cells towards carcinogenesis (144–146).



Regardless some difficulties are found in order to establish selective markers for CAFs, a significant amount of markers represent useful targets in the treatment for LC (129). For instance, fibroblast activation into CAFs can be reversed through miRNA (142,144–146), and CAFs growth can be inhibited through PDGF, FGFR, and fibroblast activation protein (FAP) signaling impairment (147,148).

### 5.3. Inflammation

Inflammation is a crucial complex physiological process that functions in the maintenance of tissue homeostasis and takes place during protection through innate immunity against pathogens from infection and wound healing (63,68). Acute inflammation is a process tightly regulated by several intermediators but when inflammation is persistent and remains unsolved, it becomes chronic leading to the destruction of the healthy tissue (68). Otherwise, it is agreed that tumor initiation is connected to inflammation by extrinsic and intrinsic pathways (68).

In regards to extrinsic pathway, chronic inflammation increases the risk of LC and is thought to take part in all the stages of carcinogenesis, from initiation to invasion (68). Tumors raised in chronic inflamed areas show infiltration of immune cells, cytokines, chemokines, growth factors, and matrix-degrading enzymes (149). In addition, the immune component of the TME is mainly comprised of lymphocytes, DCs, and macrophages (68,150). All these components display either tumor-suppressing or tumor-promoting events.

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Indeed, M2 macrophages are associated with tumor progression, but M1 macrophages can also contribute to tumorigenesis by releasing RNS, ROS and inflammatory cytokines promoting neoplastic transformation through genomic instability (151).

Regarding intrinsic pathway, it is reported that several oncogenes and tumor suppressor genes have a tight association with inflammation. These genes encode for inflammatory mediators that are able to induce tumor promoting features such as angiogenesis, ECM remodeling, induction of EMT and immune surveillance mis function (129,133,152,153). It is important to remark that in spite of extrinsic and intrinsic pathways represent distinct molecular mechanisms, both pathways converge in the TME through the activation of key transcription factors that coordinate inflammation (154,155). As previously mentioned, CS is a risk factor for chronic inflammation that leads to fibrosis and neoplasia but many controversies are found in the elucidation of the exact mechanisms through which inflammation promotes cancer (68). In addition, chronic inflammation induced from several cytokines can promote tumor initiation and malignancy, especially in patients with chronic respiratory conditions (22,68,149,156,157) and several chronic inflammatory events may represent a trigger for tumor development in patients with COPD (22), which are reported to present a pro-inflammatory pattern (158). Furthermore LC patients with COPD present a differential inflammation profile respect LC patients (121). For instance, release of several interleukins may influence key regulatory mechanisms such as apoptosis, autophagy, cell repair, an-

giogenesis and immune response, leading to tumor growth and metastasis (22). However, the mechanisms involved in tumor progression driven by inflammation are not clarified (68,149).

### 5.4. Immune system

Another chief component of the TME are immune cells. Briefly, the immune system is divided into adaptive immunity and innate immunity (129). Adaptive immunity includes thymus-dependent lymphocytes or T cells, and bursa-dependent lymphocytes or B cells, whereas innate immune cells consist of DCs, NK cells, and macrophages among others (159). T cells are subdivided into CD4+ T, known as helper T cells, and CD8+ T cells, known as effector or cytotoxic T cells (129). DCs express co-stimulatory molecules for T cells (160). Some types of immune cells have an immunosuppressive role (129). For instance, the main immunosuppressive cells are Treg cells, myeloid-derived suppressor cells (MDSC), and M2 macrophages (161).

#### 5.4.1. Tertiary lymphoid structures

There is an increasing evidence of the presence of some structures, outside primary and secondary lymphoid organs, in which adaptive immune response is initiated (162,163). These structures are known as tertiary lymphoid structures (TLSs) and they could usually be found in inflamed tissues under pathological circumstances, including cancer, infectious diseases, rejection or autoimmunity (164). TLSs present a similar structure to lymphoid nodes (LN), suggesting that they may be formed *de novo* following similar orga-

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nogenesis patterns (165). Indeed, it has been described that cytokines and molecules implicated in initiation, development and maintenance such as, lymphotoxin, C-C motif ligand (CCL)19 and CCL21 are shared (162,165). As occurs in LN, lymphocytes are congregated in two distinct and adjacent regions inside TLSs (105-109). First, there is a surrounding T-cell-rich area with clusters of T cells and mature DCs. Secondly, there is a B-cell-rich region termed germinal centers (GCs), which contains mostly B cells (mature and naïve), but also T cells, DCs, and macrophages. Both areas are encompassed by specific blood vessels termed high endothelial venules (HEV) which facilitate both the segregation and recruitment of cells (162).

Tumor-associated TLSs have been described in several different solid tumors (166,168–173). Even though the relationship between TLSs and patient outcomes depends on many parameters (including cancer type and stage), the presence of these structures in the tumor niche has been associated with favorable clinical prognosis (168,174). Patients with TLSs present better prognosis and survival compared to those without and the density of T cells and DCs in the tumor-associated TLSs correlates with better clinical outcomes (163). Moreover, the size and density of GCs, and the number of antibody-secreting plasma cells in tumor-associated TLSs correlates with a better clinical outcome (173,175). In fact, despite there are some aspects which remain unknown, it seems that TLSs act as primary initiation sites of antitumor immune responses, as they may work as functional sites where differentiation and activation of tumor-infiltrating cells take place (162,165).

### 5.5. Cell growth and proliferation

Cell proliferation is the mechanism by which an increase of the number of cells is produced as a result of cell growth and cell division and is defined by the balance between cell division and cell loss through cell death or differentiation. Cells of human body are constantly under division to further differentiate and die in a tightly regulated process in order to ensure tissue homeostasis maintenance. These growth regulatory mechanisms are crucial in certain situations (176). For example when aberrant cells arise, these mechanisms must be activated in order to avoid the proliferation of this kind of cells (177). A failure in this process will lead to malignity. Many molecules such as cytokines, transcription factors and miRNA are reported to regulate cell proliferation and growth in normal conditions and the same factors seem to be impaired in LC (178,179). Tumor proliferation assessment works as a tool for tumor growth measure. For this end, antigens associated with proliferation such as Ki-67 are commonly explored. Ki-67 is a nuclear protein expressed throughout the cell cycle in proliferating cells thus it is not expressed in quiescent cells (180). This proliferation marker is widely used by pathologists as a prognostic factor in many solid tumors (181–185). Tumor cell proliferation analyses describe tumor behavior and aggressiveness (180). Regarding NSCLC, tumor cells proliferation correlates with a worse outcome (186), and predicts recurrence (187,188) and survival after lung tumor resection (189). Importantly, Ki-67 should be used along with other parameters (180). Indeed, another study suggested that proliferation in adenocarcinoma is asso-

## Introduction

ciated with poor clinical outcome, in contrast with SCC which is associated with improved prognosis (180).

### 5.6. Apoptosis

Apoptosis is an orchestrated cellular process that takes place in physiological and pathological conditions (190). This programmed cell death process provides the capacity to eliminate damaged cells from tissues without inflammation in order to maintain tissue homeostasis (191–193). Several signals which include growth factors, interaction with neighbor cells, poor oxygen or nutrients supply, and cell damage can regulate apoptosis (194).

Apoptosis plays a crucial role in tumorigenesis as one of the hallmarks of cancer (192,195). Avoiding cell death allows the accumulation of sufficient oncogenic events to become malignant that otherwise would have been removed by apoptosis (195,196).

In cancer, a misbalance between cell division and cell death is produced (190). This situation can arise from any step of the apoptotic signaling pathway such as the downregulation of the tumor suppressor gene *TP53* (190). Mutations in the gene that encodes for p53 are linked to several cancers (197). This protein works as a sentinel for cellular stress (157). Stress caused by DNA damage, hypoxia or proliferative signals induces p53 to cause cells to undergo cell-cycle arrest and apoptosis (198). Cell-cycle arrest work as a checkpoint for oncogenic mutation prevention, and if cellular damage is unsolved, the apoptotic machinery must be activated (157).

Nevertheless, as one of the hallmarks of cancer, apoptosis can suppose a powerful therapeutic tool (196).

It is stated that apoptotic machinery disabling may contribute to tumor resistance against therapy (157). Hence, several studies have addressed the study of apoptosis in different subtypes of LC (193). SCLC cell lines compared to NSCLC, expressed higher levels of B-cell lymphoma 2 (Bcl-2) and the loss of several caspases (193), suggesting that tumorigenesis may arise from cell death evasion in SCLC by the silencing of pro-apoptotic genes by methylation (193). Moreover, activation or over-expression of anti-apoptotic pathways can be found along with pro-apoptotic pathways inactivation (193).

### **5.7. Autophagy**

Autophagy is referred to a catabolic process involved in the degradation of cellular components for tissue homeostasis (199–201) but is also described as a non-apoptotic programmed cell death process (199). The activation of this pathway is suggested to induce cell survival through the supply of energy and the removal of dysfunctional components (199).

Cell death through autophagy, also termed macroautophagy or autophagic cell death is a controversial process (201,202) associated with absence of chromatin condensation, accumulated cytoplasmic vacuolization, LC3 lipidation and caspase-independent apoptosis (202). Moreover, it is reported to regulate apoptosis depending on the surrounding microenvironment (201).

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Prolonged stress conditions trigger autophagy and apoptosis within cells (202). Both pathways share common regulatory proteins such as Beclin-1, B-cell lymphoma associated X protein (Bax), and Bcl-2 (201), and several autophagy-related proteins (199). Indeed, cell death is a tightly regulated process. For example, the lack of nutrients activates c-Jun N-terminal protein kinase 1 (JNK1), which in turn phosphorylates Bcl-2, disabling its anti-apoptotic action produced after binding with Beclin-1, a promoter protein of both apoptosis and autophagy (203). However, extended starvation is reported to reverse this process (203). The same interaction is also observed between Bcl-2 and Bax. ROS are also involved in cell death (199). Several studies demonstrate the implication of autophagy in the degradation and formation of ROS (199). For instance, autophagy triggers catalase degradation, an antioxidant enzyme (199). Another study shows that stimulation of ROS induced by autophagy inhibition thus lead to NSCLC cells sensitization to cisplatin-mediated apoptosis (199). As a result, mitigation of proliferation in NSCLC cells was produced (199).

Autophagy is implicated in several diseases such as cancer (200). Initially, autophagy may act as an inhibitor of tumor development but then, as a promoter of tumor progression (200). Hence, it can play a positive and negative role in promoting apoptosis in NSCLC (201). This paradox in the role of autophagy in tumorigenesis may cope with the stress originated from hypoxia and increment resistance against therapeutic agents such as chemotherapy or radiotherapy (204).



In the context of cancer, autophagy is reported to be impaired by PI3K, AKT, Bcl-2, and p53 (200,201). This autophagy inactivation is known to lead to genomic instability (205,206) and mitigation of intracellular processes including differentiation (206), senescence (206), and metabolism (207) which in turn leads to Warburg effect activation. It is reported that decreased activity in autophagy is associated with excessive protein degradation prevention in starved or stressed tumor cells (201,204).

Low survival rates in LC patients are associated with resistance events against chemotherapy and radiotherapy due to defects in the autophagic and apoptotic interplay (204). On this basis, several cytotoxic agents that induce autophagy are carried in the clinics (199).

## 6. MURINE MODELS OF LC

A range of murine models that mimic human LC have been developed. These *in vivo* models are useful tools for understanding the tumor biology (either initiation or progression), the development and validation of new therapeutic strategies, and the identification of novel biomarkers for early diagnosis (208). Mouse models include chemically induced or spontaneous LC but genetically engineered are the most widely used and are also found to share better correlations with humans (209). Moreover, primary human LC tumors are implanted in the same original tissue of immunodeficient mice, these kind of animal models are known as xenografts (209,210). Carbapenem-resistant Enterobacteriaceae (Cre) and flippase (Flp) re-

## **Introduction**

combinase-mediated methods are widely used in order to develop LC in mice by inducing mutations in tumor-suppressor genes or by activating oncogenes (208,211). In order to induce Cre recombinase activity into pulmonary tissues, engineered adenovirus-Cre or lentivirus-Cre is intranasal or intratracheal administered (208,209). It is important to assess the reliability of the mice model according to the study that is intended to be carried out. For instance, immune deficient mice tumor xenografts derived from human cell lines are not valid models for the study of immunotherapeutic agents due to the lacking immune system in mice (210).

### **6.1. Syngeneic models**

Syngeneic mouse models are widely used and consist of tumor tissues derived from the same genetic background as a given mouse strain, and once cancer cell lines are obtained, then are engrafted back into the same inbred immunocompetent mouse strain (208).

The advantages that feature this easy and economic model are that no tumor rejection is present and the immune system in mice is full. For this reason, it represents a perfect immunocompetent model for immunomodulation assays (210). In fact, in the current thesis, a syngeneic mouse model was used in order to study the immunomodulation exerted by monoclonal antibodies (mAbs) in LC. Briefly, it consists in the inoculation of LP07 lung adenocarcinoma cells in a BALB/c mice strain (212,213). The model used perfectly fits the interest of the research given that our immunocompetent model features full murine immunity and comprehensive stroma.

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Moreover, syngeneic models are key tools for the study of immunotherapeutic strategies, particularly using immune checkpoint inhibitors. Furthermore is a long-time cancer cachexia model extensively used in our group and well validated (123,214–216).



# HYPOTHESIS

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## **Hypothesis**

We hypothesized whether a differential immunologic profile may exist in the lung tumors of patients with lung cancer with and without COPD.

We also hypothesized whether biological mechanisms other than the immune system may also contribute to the reduced tumor burden attained by immunomodulators in mice with lung adenocarcinoma.





## OBJECTIVES

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### STUDY 1

On the current thesis we focused on the study of individual immune patterns and how are influenced by several events such as the presence of COPD. Accordingly, this study aims to explore the relationships between LC-related biological conditions such as chronic respiratory diseases with the immune profile in lung tumors obtained from lung cancer patients with and without COPD who underwent pulmonary surgery for their lung neoplasm. The specific objectives are represented as follows:

- 1) To explore the immune profile in the lung tumor and non-tumor specimens of the study patients.
- 2) To analyze the clinical characteristics of the patients recruited for the study.
- 3) To assess potential correlations of biological markers with the prognosis of patients

## **Objectives**

### **STUDY 2**

The aim of this study was to identify biological mechanisms other than the immune system involved in tumor regression after immunomodulators administration. In order to achieve this goal different objectives were defined:

- 1) To explore the impact of immunomodulators in tumor burden and body weight in mice with lung adenocarcinoma.
- 2) To assess differences in biological mechanisms involved in tumor regression such as oxidative stress, apoptosis and autophagy between the tumors of mice administered with immunomodulators and vehicle.

## METHODS

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### 1. STUDY 1

#### 1.1. Study design and ethics

This was a cross-sectional, prospective study designed in accordance with the World Medical Association guidelines (Declaration of Helsinki, 2008) for research on human beings and approved by the institutional Ethics Committee on Human Investigation (*Hospital del Mar–IMIM*, Barcelona). All patients that were invited to participate in the study signed their informed consent.

Participants were consecutively recruited from the Lung Cancer Clinic of the Respiratory Medicine Department at *Hospital del Mar* (Barcelona, Spain). For this study, 133 patients with LC were recruited. Eligible patients that participated in the study were candidates for tumor resection that underwent pulmonary surgery before receiving any treatment for their lung neoplasm. LC diagnosis was confirmed through histological specimens and classified according to the guidelines for diagnosis and management of LC (217,218). Tumor clinical stage and histologic subtype were established by an expert pathologist. TNM staging was determined according to the 8<sup>th</sup> edition of the Lung Cancer Stage Classification (37,219). Individuals with signs of severe bronchial inflammation and/or infection (bronchoscopy), current or recent invasive mechanical ventilation and chronic oxygen, SCLC, and chronic cardiovascular, metabolic or clot system disorders were excluded from the study.

## **Methods**

Specimens from the tumor and non-tumor lungs were obtained from all the study subjects. Patients were further subdivided *post-hoc* into two groups according to the presence of underlying COPD: 1) 40 patients with LC without COPD (LC group) and 2) 93 patients with LC and COPD (LC-COPD group).

### **1.2. Clinical assessment**

In all patients, lung function parameters were assessed following standard procedures. COPD diagnosis and severity were defined using post-bronchodilator spirometry according to the current guidelines of GOLD (6,220,221).

Body composition evaluation included the assessment of BMI by bioelectrical impedance. In addition, nutritional parameters were also evaluated from all patients by conventional blood tests.

### **1.3. Sample collection and preservation**

Lung specimens were obtained from tumor and surrounding non-tumor parenchyma following standard technical procedures by the specialized thoracic surgeons. In all cases, the lung pathologist expert selected specimens from the lung tumor and non-tumor surrounding parenchyma of approximately 10x10 mm<sup>2</sup> size from the fresh samples after a careful collection of the specimens required for diagnosis purposes. Non-tumor specimens were collected as far distal to the tumor margins as possible (>7 cm). Importantly, in the tumor specimens from all the study patients, a minimum amount of 50% of cancer cells was similarly identified. The remaining cell components



included inflammatory and stromal cells in all the analyzed tumors. A fragment of both tumor and non-tumor was formalin-fixed and paraffin-embedded until further use and another fragment was immediately snap-frozen in liquid nitrogen and stored at  $-80^{\circ}\text{C}$ . Part of the biological samples used in the current study were obtained from *Parc de Salut MAR* Biobank (MARBiobanc, Barcelona).

### **1.4. Identification of T and B cells, Treg cells, plasmatic cells and TLSs in the lung specimens**

T and B cells, Treg cells, IgG and IgA immunoglobulins secreting plasma cells, and TLSs were identified on the three-micrometer lung tumor and non-tumor cross-sections with double-staining immunohistochemical assays (EnVision DuoFLEX Doublestain System, Dako North America Inc., Carpinteria, CA, USA) following the manufacturer's instructions and previous studies (222–225). T and B cells were identified through CD3 and CD20 expression respectively using appropriate antibodies (anti-CD3 antibodies and, anti-CD20, clone L26, Dako North America, Inc., CA, USA). Moreover, CD3 and forkhead box P3 (FOXP3) receptors were used to identify Treg cells using specific antibodies (anti-CD3 and anti-FOXP3, clone 236A/E7, Dako North America and Abcam, Cambridge, UK, respectively). Plasma cells were identified using CD138 and the corresponding immunoglobulins A and G (anti-CD138, clone MI15, anti-IgA, and anti-IgG, Dako North America). All reagents used in these experiments were part of the specific EnVision DuoFLEX Doublestain System kit. Before the start of the

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assay, reagents were equilibrated to room temperature. Following deparaffinization, lung sample cross-sections were immersed into preheated antigen-retrieval solution (Dako high pH solution), incubated at 95°C for 20 minutes to be then allowed to cool down to room temperature. Slides were washed over the following steps with wash buffer (Dako wash buffer solution). Endogenous peroxidase and phosphatase activity were blocked by 15-minute incubation in Dako endogenous dual enzyme block solution. Samples were incubated with the corresponding primary antibodies: anti-human CD3 rabbit polyclonal antibody or anti-human CD138 mouse monoclonal antibody for 40 minutes. Second incubation was performed for one hour with the corresponding antibody in each case (anti-human CD20 mouse monoclonal antibody, anti-human FOXP3 mouse monoclonal antibody, anti-human IgA or IgG rabbit polyclonal antibody). Dextran polymer (EnVision DuoFLEX, Dako) was used as secondary antibody. Samples were incubated for 20 minutes with horseradish peroxidase (HRP) for mouse monoclonal antibodies and alkaline phosphatase (AP) for rabbit polyclonal antibodies. Slides were gently washed and incubated for 10 minutes with diaminobenzidine (EnVision DuoFLEX DAB<sup>+</sup>) as a chromogen for mouse monoclonal antibodies (brown reaction product; anti-CD20, anti-FOXP3 or anti-CD138 antibodies) and liquid permanent red (EnVision DuoFLEX LPR) as a chromogen for rabbit polyclonal antibodies (red reaction product; anti-CD3, anti-IgA or anti-IgG antibodies). All procedures were conducted at room temperature. Hematoxylin counterstain was performed for 2 minutes, and slides were mounted for conventional microscopy.

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Images were captured under a light microscope (Olympus, Series BX50F3, Olympus Optical Co., Hamburg, Germany) coupled with an image-digitizing camera (Pixera Studio, version 1.0.4, Pixera Corporation, Los Gatos, CA, USA). The number of cells and total area ( $\mu\text{m}^2$ ) was measured in each of the lung specimens (both tumor and non-tumor samples) using Image J software (National Institute of Health, Maryland, USA).

In each lung section, the total number of T cells (CD3-positively-stained), B cells (CD20-positively-stained), Treg cells (CD3 and FOXP3-positively-stained), plasma cells secreting IgA (CD138 and IgA-positively-stained) and plasma cells secreting IgG (CD138 and IgG-positively stained) were quantified blindly by two independent observers who were previously trained for that purpose. Data are presented as follows: 1) the percentage of either B or T cells separately in the measured area in both tumor and non-tumor lung specimens (% B cells/ $\mu\text{m}^2$  and % T cells/ $\mu\text{m}^2$ , respectively); 2) the percentage of Treg cells in the measured area in both tumor and non-tumor lung specimens (% Treg cells/ $\mu\text{m}^2$ ), and 3) the percentage of either IgA or IgG positive plasma cells in the measured area in both tumor and non-tumor lung specimens (% IgA plasma cells/ $\mu\text{m}^2$  and % IgG plasma cells/ $\mu\text{m}^2$ ).

The number of TLSs was also manually counted after identification of the cell types (T and B cells) forming these structures. Two independent observers who were previously trained for that purpose counted the number of TLSs. The total area ( $\text{mm}^2$ ) was measured in

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each of the lung specimens using Image J software (National Institute of Health). In addition, the area of each TLSs was also measured in both tumor and non-tumor specimens. Data are presented as follows: 1) the number of TLSs in the measured area in both tumor and non-tumor specimens (number of TLSs/mm<sup>2</sup>) and 2) the total area of all the identified and counted TLSs (mm<sup>2</sup>).

### 1.5. Identification of GCs in TLSs of lung specimens

Within the TLSs structures, the presence of GCs was specifically evaluated in each lung tumor and non-tumor specimens on the three-micrometer sections following standard procedures as previously described (172,226,227). Lung tumor and non-tumor specimens were stained with hematoxylin and eosin. Images of the stained lung sections (tumor and non-tumor) were captured using a light microscope (Olympus, Series BX50F3, Olympus Optical Co., Hamburg, Germany) coupled with an image-digitizing camera (Pixera Studio, version 1.0.4, Pixera Corporation, Los Gatos, CA, USA).

GCs were selected by the presence of two separate topographic zones: 1) one dark-stained area, which was characterized by a densely population of lymphocytes and 2) a light-stained area, which was characterized by a low-density lymphocyte site. Data are expressed as the absence or presence of GCs in the measured area in all study groups of patients (expressed as GCs/mm<sup>2</sup>).

### 1.6. Identification of NK cells in lung specimens

NK cells were identified in the tumor and non-tumor lung specimens on the three-micrometer sections using immunohistochemical procedures as previously described (123,228). Following deparaffinization and alcohol battery hydration, lung cross-sections were immersed into preheated antigen retrieval solution of ethylenediaminetetraacetic acid (EDTA, pH 8), incubated at 95°C for 20 minutes to be then allowed to cool down to room temperature. Slides were washed over the following steps with phosphate buffer saline (PBS). Endogenous peroxidase activity was blocked with 3% hydrogen peroxide for 30 minutes. Primary antibody incubation with anti-natural Cytotoxicity Triggering Receptor 1 (anti-NCR1, Abcam, Cambridge, UK) was performed for one hour. Slides were incubated with biotinylated universal secondary antibody for 30 minutes followed by 30-minute incubation with HRP-streptavidin and DAB for 5 minutes (kit LSAB+HRP Dako Cytomation Inc., Carpinteria, CA, USA) as a substrate. Hematoxylin counterstain was performed and slides were dehydrated and mounted for conventional microscopy. Images of the stained lung sections (tumor and non-tumor) were captured with a light microscope (Olympus, Series BX50F3, Olympus Optical Co., Hamburg, Germany) coupled with an image-digitizing camera (Pixera Studio, version 1.0.4, Pixera Corporation, Los Gatos, CA, USA). In addition, the number of NCR1-positively-stained cells was counted in the tumor and non-tumor lung specimens from all the study patients and the area of the lungs in which NK cells were identified ( $\mu\text{m}^2$ ) was also measured in

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both tumor and non-tumor specimens using Image J software (National Institute of Health). Data are expressed as the percentage of NK cells in the measured area in both tumor and non-tumor lung specimens (NK cells/ $\mu\text{m}^2$ ).

### 1.7. Statistical analyses

All statistical analyses shown in the present study were performed using the software SPSS 22.0 (SPSS Inc, Chicago, IL, USA). Data are expressed as mean (standard deviation). The normality of the study variables was explored using Shapiro-Wilk test. Differences between the quantitative variables obtained in the study groups in the analyzed markers were assessed using one-way analysis of variance (ANOVA) and Tukey's *post-hoc* to adjust for multiple comparisons, whereas, differences between the qualitative variables (the number of GCs) in groups were explored using the Chi-square test. Differences between groups in clinical variables were assessed using the Student's T-test, whereas differences between study groups for qualitative variables (TNM staging, histological diagnosis, smoking history and body weight loss) were explored using the Chi-square test. Statistical significance was established at  $P \leq 0.05$ .

## 2. STUDY 2

### 2.1. Animal experiments

#### 2.1.1. Tumor development

An animal model of LC was developed through the inoculation of malignant cells from LP07 stable cell line derived from the transplantable P07 lung tumor, an adenocarcinoma that appeared spontaneously in the lung of a BALB/c mouse (213). LP07 cell line was obtained *in vitro* after successive passages from primary culture of P07 cells in previous studies (212). Hence, both P07 and LP07 cell lines, show similar features regarding LC biology, which includes incidence, histology and paraneoplastic syndromes (212,213). Indeed, one month after inoculation of malignant cells, all mice developed lung metastasis, spleen enlargement, and severe cachexia without any other organ affectation as previously reported (212,213,229,230).

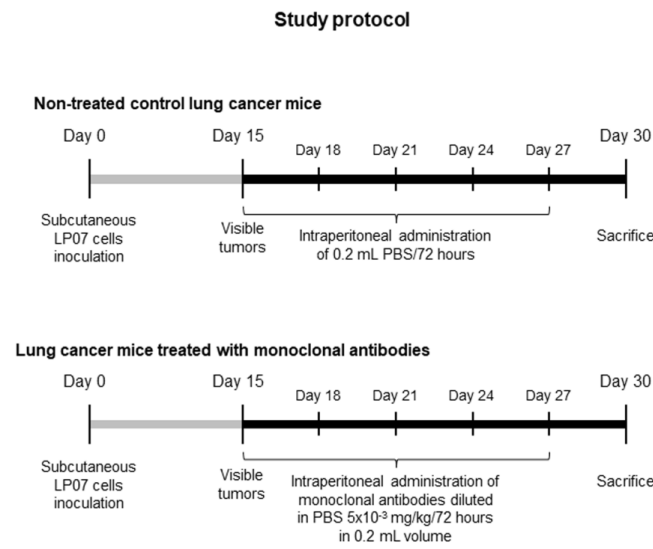
#### 2.1.2. Experimental design

BALB/c female mice were obtained from *Harlan Interfauna Ibérica SL* (Barcelona, Spain) and kept under pathogen-free conditions with a 12: 12h light: dark cycle during all the study process in the animal house facility at the PRBB.

Experimental procedures conducted in mice along the study are illustrated in **Figure 4**. Indeed, eighteen female BALB/c mice received a subcutaneous inoculation of LP07 viable cells ( $4 \times 10^5$ ) resuspended in 0.2 mL of minimal essential medium (MEM) in the

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left flank. After tumor transplantation at day 0, mice were studied for a period of 30 days and randomly divided into two independent groups (N=9/group) as follows: 1) LC-control group of mice administered with vehicle, and 2) LC-mAbs group of mice treated with a combination of mAbs.



**Figure 4.** Graphical time-line representation of the control group of animals and group treated with mAbs.

The cocktail of mAbs was composed of selective immune checkpoint inhibitors reported to modulate different signaling pathways and reduce tumor burden through enhanced immunity (231). The immunomodulatory mAbs included in the cocktail were: 1) anti-programmed cell death-1 antibody (anti-PD-1 antibody; RMP1-14, Cat. #BE0146, BioXCell, New Hampshire, USA), 2) anti-cytotoxic T-lymphocyte associated protein-4 antibody (anti-CTLA-4 antibody;



9D9, Cat. #BE0164, BioXCell), 3) anti-TNF receptor superfamily member 9 antibody (anti-CD-137 antibody; LOB12.3; Cat. #BE0169, BioXCell), and 4) anti-B-lymphocyte antigen antibody (anti-CD19 antibody; 1D3, Cat. #BE0150, BioXCell).

Mice from LC-control group received an intraperitoneal administration of 0.2 mL of PBS, in contrast with animals from LC-mAbs group that were treated with the cocktail of mAbs ( $5 \times 10^{-3}$  mg/kg of each antibody dissolved in PBS in a dose of 0.2 mL) intraperitoneally administered. In addition, both experimental groups respectively received their dose administration every 72 hours starting from day 15 after tumor transplantation at day 0 (**Figure 4**).

### **2.1.3.Ethics**

This was a controlled study designed in accordance with the ethical regulations on animal experimentation of the European Community Directive 2010/63/EU, the Spanish Legislation (Real Decreto 53/2013, BOE 34/11370–11421) and the European Convention for the Protection of Vertebrate Animals Used for Experimental and Other Scientific Purposes (1986) at PRBB. All animal experiments were approved by the Animal Research Committee (Animal Welfare Department in Catalonia, Spain, # EBP-15-1704).

### **2.1.4.In vivo measurements conducted on the animals**

From day 0, body weight and food intake were daily measured in all mice. In addition, tumor size was also daily measured with a caliper

## **Methods**

from day 15 (when tumor injuries were visible) up until the end of the study period. Food and water were supplied *ad libitum* for the entire duration of the study.

### **2.1.5. Sacrifice and sample collection**

At day 30 post-inoculation of LP07 cells, all mice from both experimental groups were euthanized 10 minutes after an intraperitoneal inoculation of 0.1 mL of sodium pentobarbital (60 mg/kg). In all animals, the pedal and blink reflexes were evaluated in order to verify total anesthesia depth. The subcutaneous tumors from all mice were collected and weight was measured in a high-precision scale. In all study samples, a fragment of the tumor specimens was immediately frozen in liquid nitrogen and stored at -80°C afterwards. The remaining tumor specimen was immersed in an alcohol-formol bath to be then paraffin-embedded in blocks until further use. While frozen tissues were used to explore the expression levels of several molecular markers, the paraffin-embedded tissues were used for histological purposes.

## **2.2. Molecular biology analyses**

### **2.2.1. Immunoblotting of 1D electrophoresis**

Protein levels of the different molecular markers explored in the study were determined by immunoblotting 1D electrophoresis according to procedures applied in previous studies (232). In a brief, frozen tumor specimens extracted from mice of both experimental groups were homogenized in a specific buffer that contained 50 mM HEPES, 150 mM NaCl, 100 mM NaF, 10 mM sodium pyrophospha-

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te, 5 mM EDTA, 0.5% Triton-X, 2 µg/mL leupeptin, 100 µg/mL PMSF, 2 µg/mL aprotinin and 10 µg/mL pepstatin A.

Protein concentration from each tumor homogenate was obtained from at least two nearly measurements by Bradford method. Equal amounts of total protein (30 µg) from tumor homogenates were always loaded onto the gels, as well as identical sample volumes/lane. In order to carry out the comparisons between the experimental groups, tumor homogenates were always run together in the same order in two fresh 10-well mini-gels for each of the antigens explored in the study. Proteins were then separated by electrophoresis, transferred to polyvinylidene difluoride (PVDF) membranes, blocked with 5% non-fat milk or with 1% bovine serum albumin (BSA), depending on the primary antibody and incubated with the corresponding selective primary antibodies overnight.

The following specific primary antibodies were used to detect the different molecular markers: anti-3-nitrotyrosine antibody (total protein tyrosine nitration, 1:1000, Invitrogen, Eugene, Oregon, USA), anti-malondialdehyde protein adducts antibody (MDA, 1:4000, Academic Bio-Medical Company, Inc. Houston, TX, USA), anti-catalase antibody (1:2000, Calbiochem, Darmstadt, Germany), anti-Mn-superoxide dismutase antibody (SOD2, 1:2000, Santa Cruz Biotechnology, Santa Cruz, CA, USA), anti-CuZn-superoxide dismutase antibody (SOD1, 1:2000, Santa Cruz), anti-light chain 3B antibody (LC3B, 1:1000, Cell Signaling Technology Inc. Massachusetts, USA), anti-Bax antibody (BAX; 1:1000, Santa Cruz),

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anti-Bcl-2 antibody (BCL-2; 1:1000, Santa Cruz), sirtuin-1 antibody (SIRT1, 1:1000, Millipore, Massachusetts, USA) and anti-glyceraldehyde 3-phosphate dehydrogenase antibody (GAPDH; 1:2000, Santa Cruz). Antigens from all samples were detected using horseradish peroxidase (HRP)-conjugated secondary antibodies (Jackson ImmunoResearch Inc, West Grove, PA, USA) and a chemiluminescence kit (Thermo Scientific, Rockford, IL, USA). The specificity of the different antibodies was confirmed by the omission of the primary antibody and incubation of the membranes only with secondary antibodies. PVDF membranes were scanned with the Molecular Imager Chemidoc XRS System (Bio-Rad Laboratories, Hercules, CA, USA) using the software Quantity One version 4.6.5 (Bio-Rad Laboratories).

For each of the study antigens, PVDF membranes of samples from the different groups were always detected in the same picture under identical exposure times. Optical densities of specific proteins were quantified using the software Image Lab version 2.0.1 (Bio-Rad Laboratories). Final optical densities obtained in each experimental group of mice corresponded to the mean values of the different samples (lanes) of each of the study antigens. Values of total MDA-protein adducts and tyrosine nitration protein levels in a given sample were calculated by addition of optical densities (arbitrary units) of individual protein bands in each case. In order to validate equal protein loading across lanes, the glycolytic enzyme GAPDH was used as the protein loading control in all immunoblots.

Standard stripping methodologies were employed to detect the loading control GAPDH for each of the markers. Briefly, membranes were stripped of primary and secondary antibodies through incubation with a stripping solution [(25 mM glycine, pH 2.0, and 1% sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS)] for 30 minutes followed by two consecutive washes containing phosphate buffered saline with tween (PBS-T) at room temperature for 10 minutes. Subsequently, membranes were blocked with either 5% non-fat milk or 1% BSA, depending on the primary antibody and incubated with primary and secondary antibodies following the procedures described above.

### **2.2.2. Histological analyses of the tumor**

Immunohistochemical procedures were applied on the 3  $\mu$ m paraffin-embedded tumor sections in order to explore expression levels of the proliferation marker Ki-67 following previous studies (229). Moreover, expression levels of CD3 and CD8 were assessed to identify T cells and cytotoxic T cells respectively. Briefly, tumor cross-sections were deparaffinized with heat, hydrated in an alcohol battery and antigen retrieval was carried out for 30 min by heating slides in a water bath in EDTA buffer pH 8 for Ki-67 and for 15 min by boiling using a pressure cooker in 0.1M citrate buffer (pH 6) for CD3 and CD8. Then, slides were washed in PBS and treated with 3% hydrogen peroxide for 30 minutes for Ki-67, and endogenous dual enzyme blocking solution (EnVision DuoFLEX, Dako) for CD3 and CD8. After the incubation with the corresponding Ki-67 primary antibody (anti-Ki67 antibody, Millipore Iberica, CA, USA) during 30

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minutes, CD3 primary antibody (anti-CD3, 1:100, Dako), and CD8 primary antibody (anti CD8, 1:500, Abcam, Cambridge, UK). Slides were then washed and incubated for 30 minutes with biotinylated universal secondary antibody followed by incubation for 30 minutes with horseradish-conjugated streptavidin and DAB for 5 minutes (kit LSAB+HRP Dako Cytomation Inc., Carpinteria, CA, USA) as a substrate. Slides were counterstained with hematoxylin for 2 minutes, dehydrated and mounted for conventional microscopy. Images of the stained tumors were taken under a light microscope (Olympus, Series BX50F3, Olympus Optical Co., Hamburg, Germany) coupled with an image-digitizing camera (Pixera Studio, version 1.0.4, Pixera Corporation, Los Gatos, CA, USA). In addition, the number of positively stained nuclei for Ki-67 (marker of cell proliferation) was counted in tumors from all animal groups by using Image J software (National Institute of Health, Maryland, USA). Data are expressed as the percentage of positively-stained nuclei for each of the tumors in the two groups of mice.

In tumor paraffin-embedded sections, apoptotic nuclei were identified using the terminal deoxynucleotidyl transferase-mediated uridine 5'-triphosphate (UTP) nick-end labeling (TUNEL) assay (ApopTag® Peroxidase In Situ Apoptosis Detection Kit, Meck-Millipore, Darmstadt, Germany) in subcutaneous tumors from all study groups following the manufacturer's instructions and previously published studies (215,216). Briefly, tumor sections were fixed and permeabilized. Subsequently, they were incubated with the TUNEL reaction mixture that contains fluorescein-dUTP and termi-

nal deoxynucleotidyl transferase (TdT). During the incubation period, terminal TdT catalyzed the addition of fluorescein-dUTP at free 3'-OH groups in single- and double-stranded DNA. After several washes, the label incorporated at the damaged sites of the DNA was marked by an anti-fluorescein antibody conjugated with the reporter enzyme peroxidase. After washing to remove unbound enzyme conjugate, the peroxidase retained in the immune complex was visualized by a substrate reaction. Negative control experiments, in which addition of the reaction mixture was avoided, were also conducted. Apoptotic positively nuclei were stained (brown color) while negative nuclei were non-stained (blue color, hematoxylin counterstaining). TUNEL-positive nuclei were identified when clearly located within the tumor regions. In each tumor cross-section, the TUNEL-positive nuclei and the total number of nuclei were counted. On this basis, in each tumor preparation, data was expressed as the percentage of the TUNEL positively nuclei from the total number of counted nuclei following previously published methodologies (215,216). A minimum amount of 300 nuclei were counted in each tumor preparation. Final results corresponded to the mean value of the counts provided by the two independent observers (correlation coefficient 95%).

### **2.3. Statistical analysis**

Statistical power was calculated using specific software (StudySize 2.0, CreoStat HB, Frolunda, Sweden). Tumor area and weight were both selected as the target variables on the basis of the T-test to estimate the statistical power between the two experimental groups:

## Methods

LC-control mice and LC-mAbs mice treated with monoclonal antibodies. On the basis of a standard power statistics established at a minimum of 80% and assuming an alpha error of 0.05, the statistical power was sufficiently high to detect a minimum difference percentage of 700 and 0.6 points respectively between groups in the sample size (minimum N=9 respectively for tumor area and tumor weight variables). Normality of the study variables was assessed using Shapiro-Wilk test. Results are represented as mean (standard deviation) and the comparisons between study groups were analyzed using the Student's T-test. A significance level of  $P \leq 0.05$  was established. Statistical analyses were performed using the Statistical Package for the Social Sciences (Portable SPSS, PASW statistics 22.0 version for Windows, SPSS Inc., Chicago, IL, USA).



## RESULTS

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### 1. STUDY 1

#### 1.1. Clinical characteristics

Clinical and functional characteristics of all LC and LC-COPD patients that were recruited in the current thesis are shown in **Table 3**. The number of LC-COPD patients was higher than those with LC-only. Age and BMI did not significantly differ between LC-COPD and LC patients. The number of male patients among the LC-COPD group was significantly higher compared to LC group in contrast with the number of LC-COPD females that was significantly lower than LC females.

The number of current smokers, ex-smokers and the number of packs/year was greater in LC-COPD patients compared to LC patients. Otherwise, the number of never smokers in LC-COPD group was significantly lower than LC group. The functional parameters FEV<sub>1</sub>, FEV<sub>1</sub>/FVC, DL<sub>CO</sub> and K<sub>CO</sub> in LC-COPD patients were significantly lower than LC patients. Moreover, the prevalence of LC-advanced stages was increased in the LC-COPD group compared to LC. Hence, increased prevalence of SCC and adenocarcinoma was found in LC-COPD patients compared to LC. In LC-COPD compared to LC patients, the blood levels of total leucocytes, neutrophils and lymphocytes were significantly increased. Moreover, the levels of albumin were significantly decreased and while total proteins, fibrinogen, c-reactive protein (CRP), globular sedimentation (GSV), and body weight loss did not differ.

## Results

### 1.2. Number and area of TLSs and GCs in lung specimens

The number of TLSs/mm<sup>2</sup> was significantly increased in the tumors compared to non-tumor specimens in LC patients, while no significant differences were found between the tumor and non-tumor specimens in LC-COPD patients (**Figures 5A and 5B**). In addition, greater levels of TLSs/mm<sup>2</sup> were found in the tumor specimens of LC patients compared to LC-COPD patients (**Figures 5A and 5B**).

The area of the TLSs (mm<sup>2</sup>) identified was higher in the tumor lesions than in non-tumor specimens in both LC and LC-COPD groups of patients (**Figure 5A and 5B**). In contrast, the total area of these structures did not significantly differ between LC-COPD and LC patients in either tumor or non-tumor lungs (**Figures 5A and 5B**).

Furthermore, the number of GCs/mm<sup>2</sup> was significantly increased in the tumors compared to non-tumor specimens in both LC and LC-COPD patients but any differences were found in the number of GCs between specimens from LC or LC-COPD patients (**Table 4 and Figure 6**).

### 1.3. Number of T cells and B cells in lung specimens

Total numbers of B cells/μm<sup>2</sup> were significantly higher in the tumors compared to non-tumor lung specimens in both LC and LC-COPD patients (**Figure 7A and 7B**).

On the contrary, the number of T cells/ $\mu\text{m}^2$  significantly decreased in the tumors compared to non-tumor lung specimens of LC patients while no differences were found between the lung specimens of LC-COPD patients (**Figure 7A** and **7B**). Hence, no significant differences were found in the total number of T cells/ $\mu\text{m}^2$  and B cells/ $\mu\text{m}^2$  between LC-COPD and LC patients in either tumor or non-tumor specimens (**Figure 7A** and **7B**).

### **1.4. Number of Treg and NK cells in lung specimens**

Levels of Treg cells/ $\mu\text{m}^2$  were significantly increased in the tumors compared to non-tumor specimens in both LC and LC-COPD patients (**Figure 8**). However, no differences were found in the levels of NK cells/ $\mu\text{m}^2$  between the tumor and non-tumor lung specimens in either LC or LC-COPD patients (**Figure 9**). Additionally, no significant differences were found in the total numbers of Treg cells/ $\mu\text{m}^2$  and NK cells/ $\mu\text{m}^2$  between LC-COPD and LC patients in either tumor or non-tumor specimens (**Figures 8** and **9**).

### **1.5. IgG and IgA secreting plasmatic cells in lung specimens**

Levels of IgG+ plasmatic cells/ $\mu\text{m}^2$  significantly decreased in the tumors of both LC and LC-COPD patients compared to respective non-tumor specimens (**Figure 10**). However, any differences were found in the levels of IgA+ plasmatic cells/ $\mu\text{m}^2$  between tumor and non-tumor lung specimens in either LC or LC-COPD patients (**Figure 11**). No significant differences were found in the total num-

## Results

bers of IgG+ plasmatic cells/ $\mu\text{m}^2$  and IgA+ plasmatic cells/ $\mu\text{m}^2$  between LC-COPD and LC patients in either tumor or non-tumor specimens (**Figures 10 and 11**).

**Table 3.** Clinical and functional characteristics of the study patients.

<b>Anthropometric variables</b>	<b>LC</b>	<b>LC-COPD</b>
Age, years	64 (12)	68 (8)
Male, N / Female, N	15 / 25	80 / 13 ***
BMI, kg/m <sup>2</sup>	26 (4)	26 (4)
<b>Smoking history</b>		
Current: N, %	21, 20	44, 47 ***
Ex-smoker: N, %	8, 20	44, 47 ***
Never smoker: N, %	20, 50	5, 6 **
Pack-years	17 (21)	56 (26) ***
<b>Lung function testing</b>		
FEV <sub>1</sub> , % pred	90 (12)	67 (9) ***
FEV <sub>1</sub> /FVC, % pred	76 (6)	61 (9) ***
DLCO, % pred	84 (14)	68 (18) ***
KCO, % pred	85 (11)	69 (17) ***
<b>TNM staging</b>		
Stage 0: N, %	2, 5	3, 3
Stage IA: N, %	15, 38	27, 29
Stage IB: N, %	11, 28	17, 19
Stage IIA: N, %	1, 2	3, 3
Stage IIB: N, %	6, 15	25, 27 ***
Stage IIIA: N, %	4, 10	14, 15 *
Stage IIIB: N, %	1, 2	0, 0
Stage IV: N, %	0, 0	4, 4
<b>Histological diagnosis</b>		
SCC: N, %	4, 10	17, 19 **
Adenocarcinoma: N, %	30, 75	70, 75 ***
Others: N, %	6, 15	6, 7
<b>Blood parameters</b>		
Total leucocytes/ $\mu$ L	7.51 $10^3$ (2.46 $10^3$ )	9.06 $10^3$ (2.94 $10^3$ ) **
Total neutrophils/ $\mu$ L	4.92 $10^3$ (2.55 $10^3$ )	5.93 $10^3$ (2.61 $10^3$ ) *
Total lymphocytes/ $\mu$ L	1.76 $10^3$ (811.18)	2.30 $10^3$ (1.59 $10^3$ ) *
Albumin (g/dL)	4.28 (0.45)	4.11 (0.56) *
Total proteins (g/dL)	6.98 (0.63)	6.77 (0.79)
Fibrinogen (mg/dL)	424 (120)	450 (152)
CRP (mg/dL)	7.51 (8.54)	6.92 (12.74)
GSV (mm/h)	29 (14)	26 (16)
<b>Body weight loss, kg</b>		
0, N, %	37, 93	85, 91 ***
1-5, N, %	1, 2	3, 3
6-10, N, %	2, 5	5, 6

Continuous variables are presented as mean (standard deviation), while categorical variables are presented as the number of patients in each group and the percentage

## Results

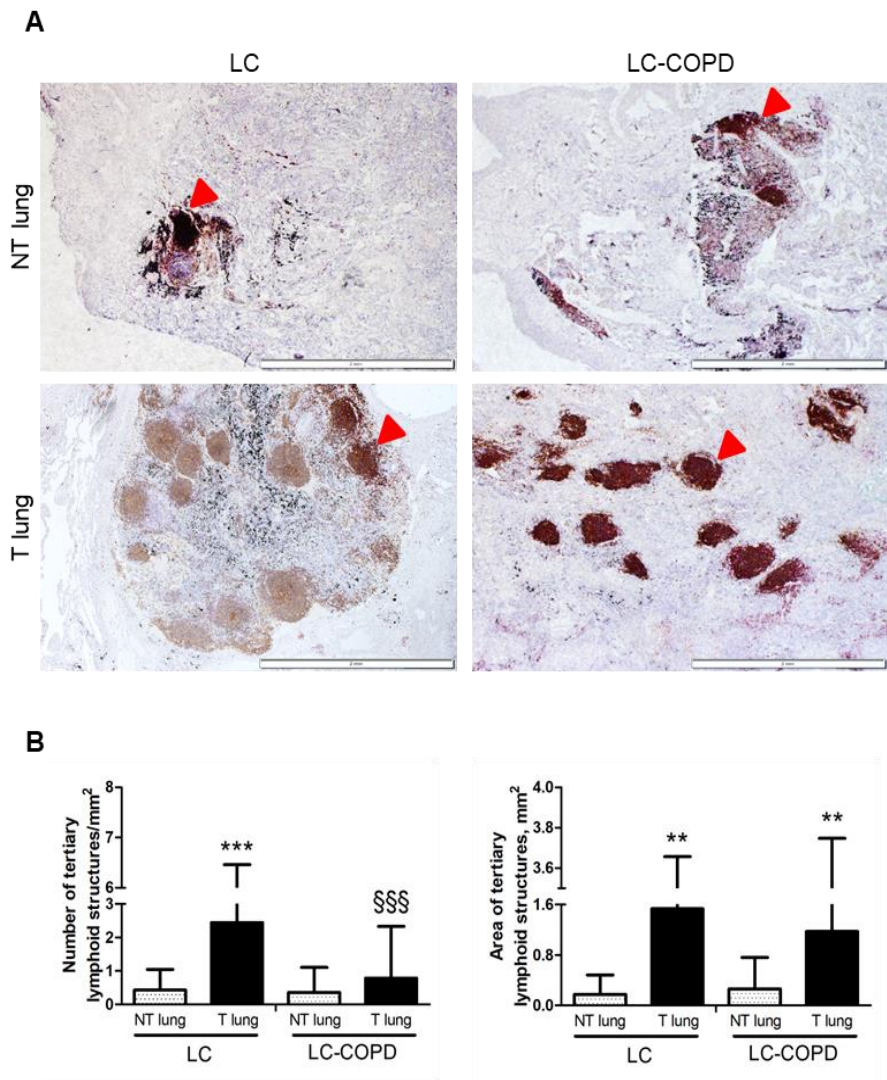
in the study group total population. *Definition of abbreviations:* N, number; kg, kilograms; m, metres; BMI, body mass index; FEV<sub>1</sub>, forced expiratory volume in the first second; pred. predicted; FVC, forced vital capacity; DL<sub>CO</sub>, carbon monoxide transfer; K<sub>CO</sub>, Krogh transfer factor; TNM, tumor, nodes, metastasis; CRP, C-reactive protein; GSV, globular sedimentation velocity; L, liter. *Statistical analyses and significance:* \*,  $p \leq 0.05$ ; \*\*,  $p \leq 0.01$ ; \*\*\*,  $p \leq 0.001$  between LC-COPD patients and LC patients.

**Table 4.** Number of germinal centers in tertiary lymphoid structures.

	LC		LC-COPD	
	NT lung	T lung	NT lung	T lung
0, n (%)	14 (93)	10 (67)	46 (100)	36 (78) ***
>1, n (%)	1 (7)	5 (33) ***	0 (0)	10 (23) ***

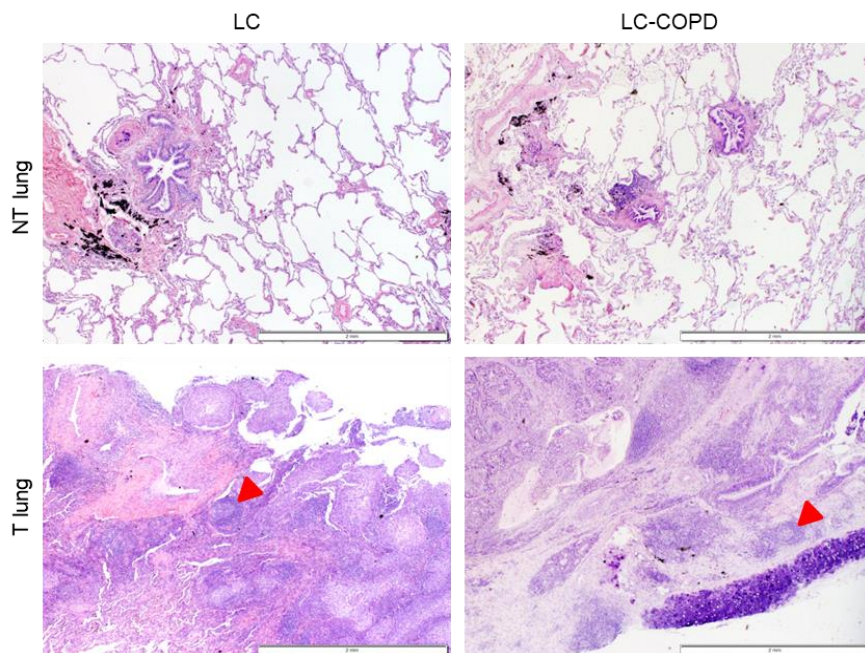
*Statistical analyses and significance:* \*\*\*  $p \leq 0.001$  between tumor and non-tumor lung specimens in either LC or LC-COPD group of patients. The digit 0 means absence of GCs in the samples



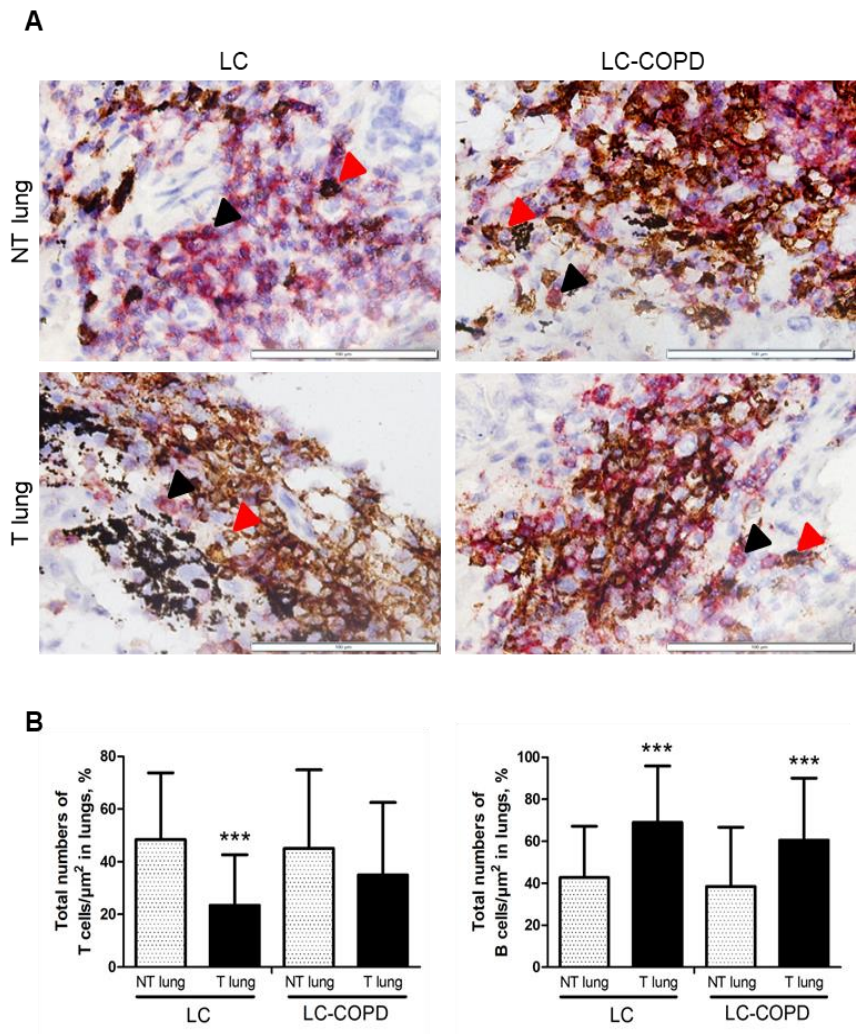


**Figure 5. (A)** Representative examples of double immunohistochemical staining for TLSs pointed by red arrows. **(B)** Mean values and SD of number of TLS/mm<sup>2</sup> and area of TLSs (mm<sup>2</sup>). Black stained regions correspond to anthracosis. As described in Methods, comparisons were made between the non-tumor (NT) and tumor (T) groups and the lung cancer (LC) and LC–chronic obstructive pulmonary disease (LC-COPD) groups. Statistical significance: \*,  $p \leq 0.05$ ; \*\*,  $p \leq 0.01$ ; \*\*\*,  $p \leq 0.001$  between tumor and non-tumor lungs in either LC or LC-COPD patients. Definition of abbreviations: TLSs, tertiary lymphoid structures, CD, cluster of differentiation.

## Results



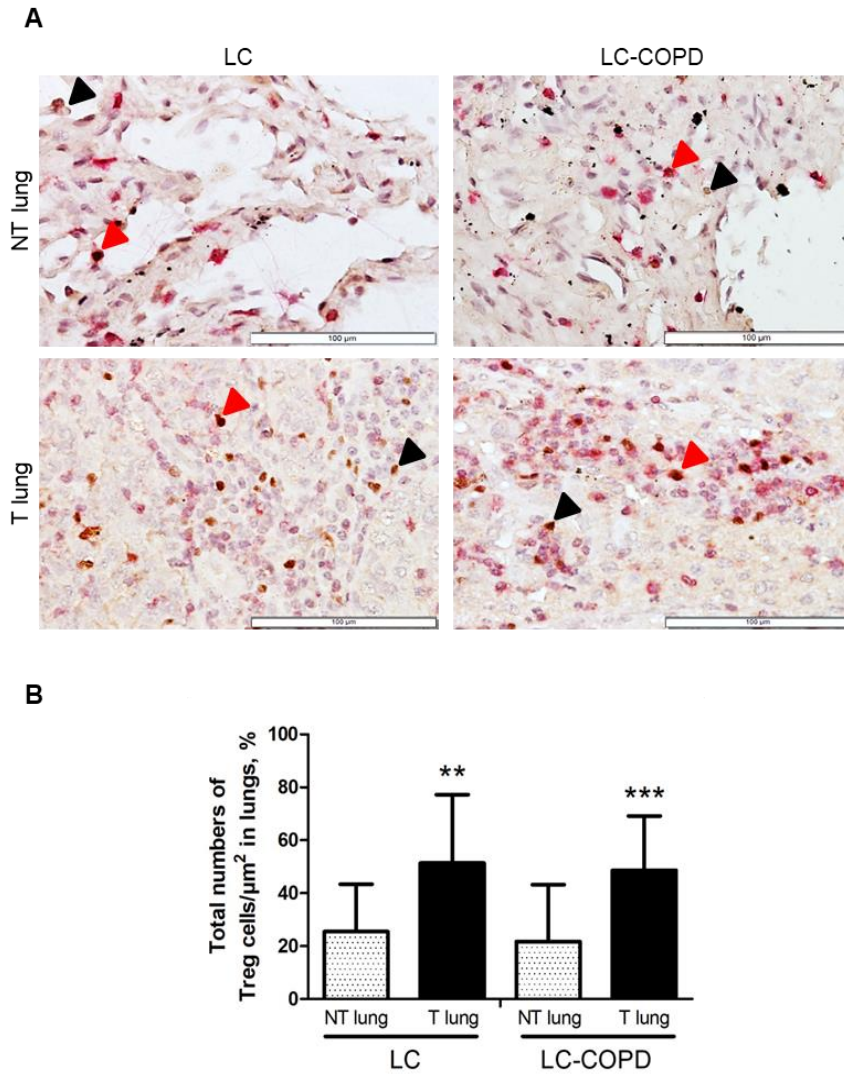
**Figure 6.** Representative examples of hematoxylin-eosin staining for GCs pointed by red arrows. Black stained regions correspond to anthracosis. Definition of abbreviations: GCs, germinal centers.



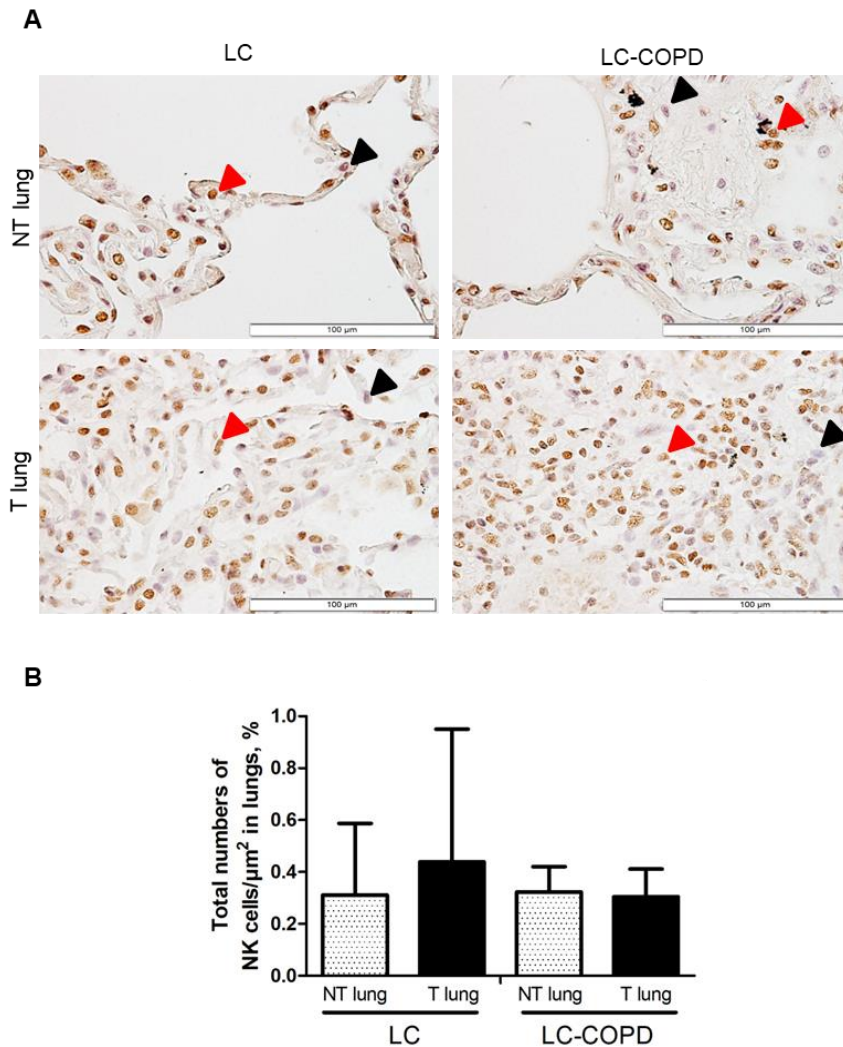
**Figure 7. (A)** Representative examples of double immunohistochemical staining for T and B cells. Black arrows point towards T cells (CD3+) stained in red and red arrows point towards B cells (CD20+) stained in brown. **(B)** Mean values and SD of number of T and B cells/ $\mu\text{m}^2$ . Black stained regions correspond to anthracosis. As described in Methods, comparisons were made between the non-tumor (NT) and tumor (T) groups and the lung cancer (LC) and LC–chronic obstructive pulmonary disease (LC-COPD) groups. Statistical significance: \*,  $p \leq 0.05$ ; \*\*,  $p \leq 0.01$ ; \*\*\*,  $p \leq 0.001$  between tumor and non-tumor lungs in either LC or LC-COPD patients. Definition of abbreviations: TLSs, tertiary lymphoid structures, CD, cluster of differentiation.



## Results

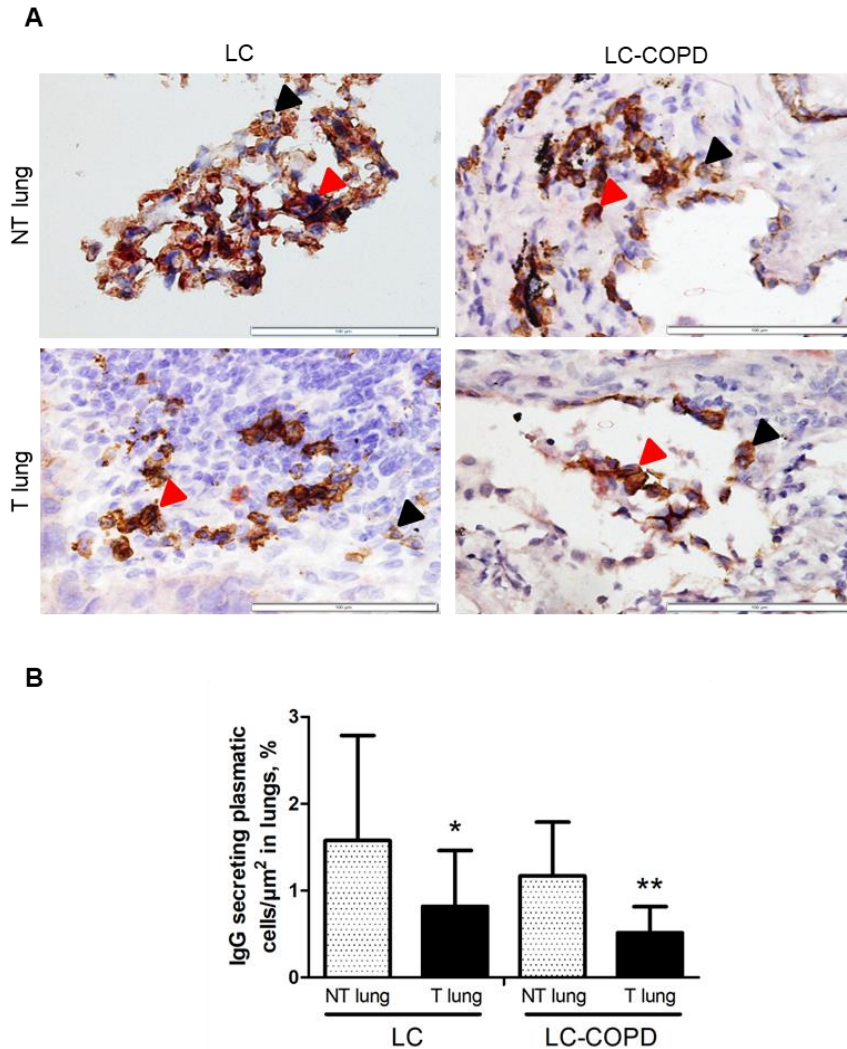


**Figure 8.** (A) Representative examples of double immunohistochemical staining for Treg cells (CD3-FOXP3 positively stained T cells). All types of T cells (CD3+) are stained in only in brown (black arrow), while Treg cells (CD3+-FOXP3+) are specifically stained with both brown and red. (B) Mean values and SD of number of Treg cells/μm<sup>2</sup> and area (mm<sup>2</sup>). Black stained regions correspond to anthracosis. As described in Methods, comparisons were made between the non-tumor (NT) and tumor (T) groups and the lung cancer (LC) and LC-chronic obstructive pulmonary disease (LC-COPD) groups. Statistical significance: \*\*,  $p \leq 0.01$ ; \*\*\*,  $p \leq 0.001$  between tumor and non-tumor lungs in either LC or LC-COPD patients. Definition of abbreviations: CD, cluster of differentiation; FOXP3, forkhead box P3.

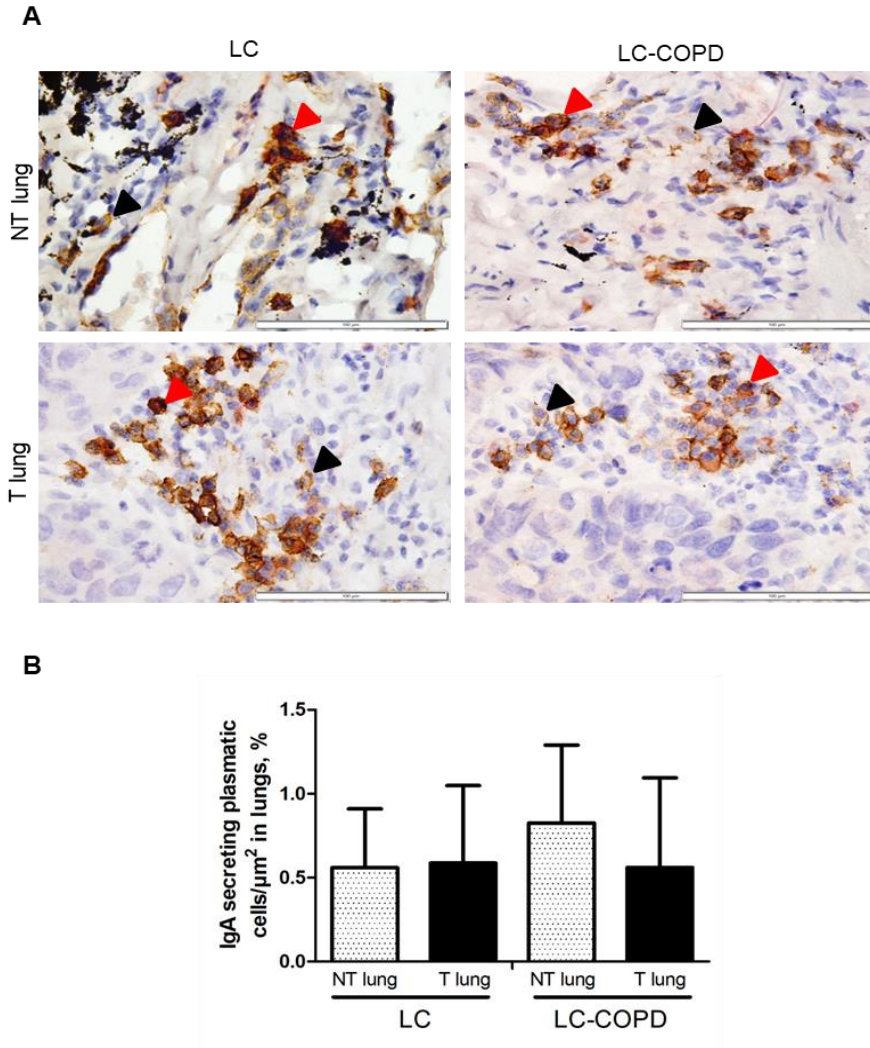


**Figure 9. (A)** Representative examples of immunohistochemical staining for NK cells (NCR1+). Black arrows point towards NK cells negatively stained in red and red arrows point towards NK cells (NCR1+) stained in brown. **(B)** Mean values and SD of number of NK cells/μm<sup>2</sup>. Black stained regions correspond to anthracosis. As described in Methods, comparisons were made between the non-tumor (NT) and tumor (T) groups and the lung cancer (LC) and LC–chronic obstructive pulmonary disease (LC-COPD) groups. Statistical significance: \*\*,  $p \leq 0.01$ ; \*\*\*,  $p \leq 0.001$  between tumor and non-tumor lungs in either LC or LC-COPD patients. Definition of abbreviations: NK, natural killer; NCR1, natural cytotoxicity triggering receptor 1.

## Results



**Figure 10.** (A) Representative examples of double immunohistochemical staining for IgG secreting plasma cells (CD138-IgG positively stained plasma cells). All types of plasma cells (CD138+) are stained in only in brown (black arrow), while IgG secreting plasma cells (CD138+-IgG+) are specifically stained with both brown and red. (B) Mean values and SD of number of IgG secreting plasma cells/μm<sup>2</sup>. Black stained regions correspond to anthracosis. As described in Methods, comparisons were made between the non-tumor (NT) and tumor (T) groups and the lung cancer (LC) and LC-chronic obstructive pulmonary disease (LC-COPD) groups. Statistical significance: \*,  $p \leq 0.05$ ; \*\*,  $p \leq 0.01$  between tumor and non-tumor lungs in either LC or LC-COPD patients. Definition of abbreviations: CD, cluster of differentiation; Ig, immunoglobulin.



**Figure 11.** (A) Representative examples of double immunohistochemical staining for IgG secreting plasma cells (CD138-IgA positively stained plasma cells). All types of plasma cells (CD138+) are stained in only in brown (black arrow), while IgA secreting plasma cells (CD138+-IgA+) are specifically stained with both brown and red. (B) Mean values and SD of number of IgA secreting plasma cells/ $\mu\text{m}^2$ . Black stained regions correspond to anthracosis. As described in Methods, comparisons were made between the non-tumor (NT) and tumor (T) groups and the lung cancer (LC) and LC-chronic obstructive pulmonary disease (LC-COPD) groups. Statistical significance: \*,  $p \leq 0.05$ ; \*\*,  $p \leq 0.01$  between tumor and non-tumor lungs in either LC or LC-COPD patients. Definition of abbreviations: CD, cluster of differentiation; Ig, immunoglobulin.

## Results

### 2. Study 2

#### 2.1. Monoclonal antibodies administration reduces tumor burden and increases body weight in mice

As shown in **Table 5** and **Figure 19A**, at the end of the study protocol (day 30), compared to LC-control mice, the group of LC mice treated with the cocktail of mAbs experienced a significant improvement in the following variables: final body weight, body weight gain with and without tumor, tumor weight (34% reduction), and tumor area (64% reduction). Furthermore, levels of Ki-67 positively-stained nuclei were significantly lower (27%) in the tumors of LC-mAbs mice compared to those detected in the LC-control animals (**Table 5** and **Figure 19B**).

#### 2.2. Immunomodulators increase immune cell levels in the tumor microenvironment

As shown in **Figures 25A** and **B**, compared to non-treated LC-control animals, treatment of the LC-mAbs mice with the combination of mAbs elicited a significant rise in the levels of T cells (CD3<sup>+</sup>) and effector or cytotoxic T cells (CD8<sup>+</sup>).

#### 2.3. Immunomodulators enhance oxidative stress in the tumor microenvironment

Compared to the LC-control mice, levels of protein tyrosine nitration and total MDA-protein adducts (**Figures 20A** and **B**) and cytosolic



SOD1 (**Figure 21A**) were significantly increased in the subcutaneous tumors of mice treated with the mAbs, while no significant differences were detected in mitochondrial SOD2 or catalase protein levels between the two study groups (**Figures 21B and C**).

### **2.4. Increased levels of apoptosis and autophagy in response to immunomodulation**

Compared to non-treated LC-control animals, mice from LC-mAbs group shown a significant rise in the protein levels of BAX, while any differences were found in the levels of BCL-2 in the subcutaneous tumors (**Figures 22A and B**). Furthermore, as depicted in **Figures 23A and B**, the levels of apoptosis measured by TUNEL show increased levels of apoptotic nuclei in the subcutaneous tumors of mice treated with immunomodulators (LC-mAbs group) compared to non-treated mice (LC-control group).

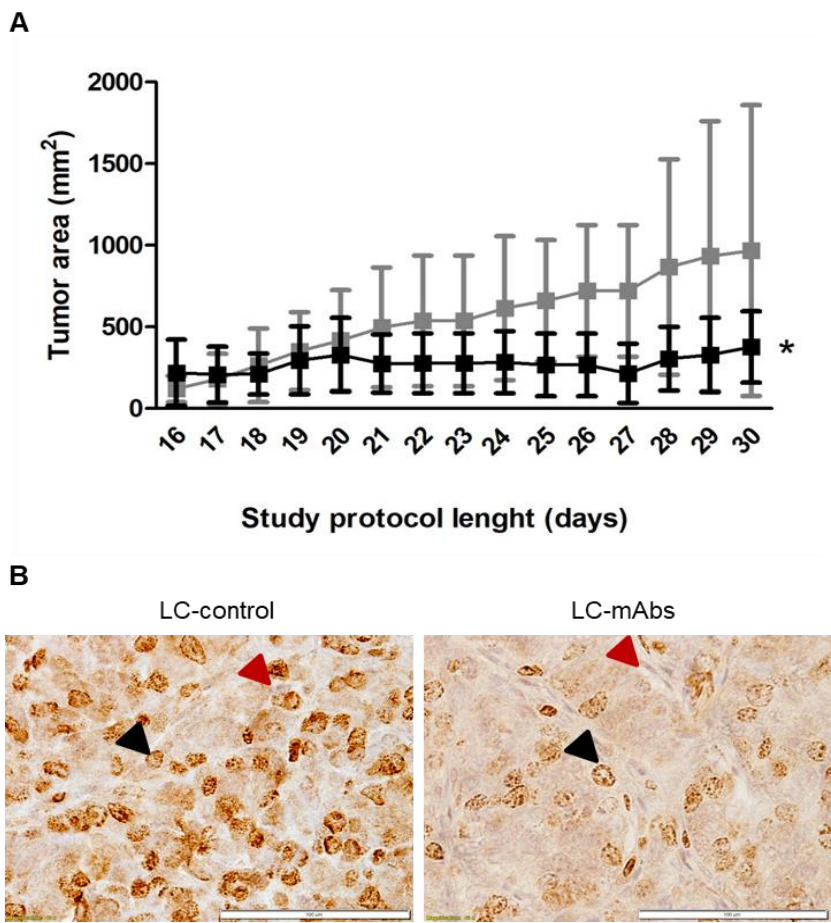
Protein levels of total LC3, as measured by the ratio of LC3-II to LC3-I, and the deacetylase sirtuin-1 significantly increased in the tumors of the mice treated with the mAbs compared to those seen in the non-treated control animals (**Figures 24A and B**).

## Results

**Table 5.** Physiological and tumor characteristics in the study groups of mice.

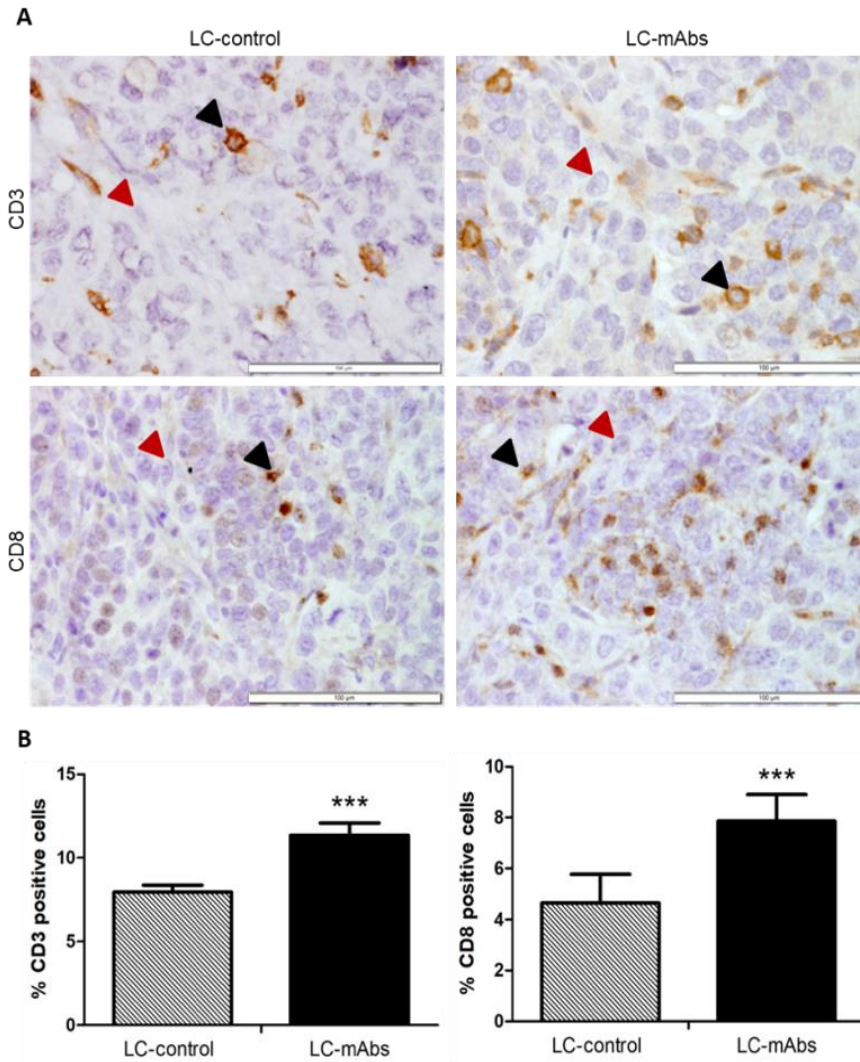
<b>Variables</b>	<b>LC-control</b>	<b>LC-mAbs</b>
<b>Initial body weight (g)</b>	20.41 (1.22)	20.34 (0.79)
<b>Final body weight (g)</b>	19.35 (2.25)	21.39 (1.57), *
<b>Body weight gain (%)</b>	-4.27 (10.47)	+5.16 (6.33), *
<b>Body weight gain without tumor (%)</b>	-15.06 (11.28)	-2.66 (8.35), *
<b>Tumor weight (g)</b>	2.38 (0.75)	1.57 (0.89), *
<b>Ki-67 positively-stained nuclei (%)</b>	83.09 (13.34)	60.73 (8.28), ***

Variables are presented as mean (standard deviation). Statistical significance: \*:  $p \leq 0.05$ , \*\*\*:  $p \leq 0.001$  between the two study groups of mice.

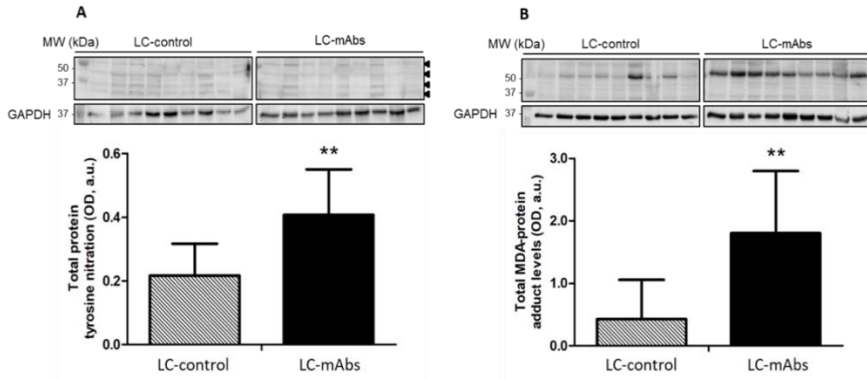


**Figure 12.** (A) Mean values and standard deviation of subcutaneous tumor area (mm<sup>2</sup>) of non-treated control lung cancer group of mice (black color) and lung cancer mice treated with monoclonal antibodies group (red color) during the study protocol. Statistical significance: \*:  $p \leq 0.05$  between lung cancer group compared to lung cancer-monoclonal antibodies group. (B) Representative examples of Ki-67 immunostaining histological sections (40x) in the subcutaneous tumors of non-treated control group (left side) and treated lung cancer group (right side). Black arrowheads point towards Ki-67 positively-stained nuclei (brown color), while red arrowheads point towards Ki-67 negatively-stained nuclei (purple color).

## Results

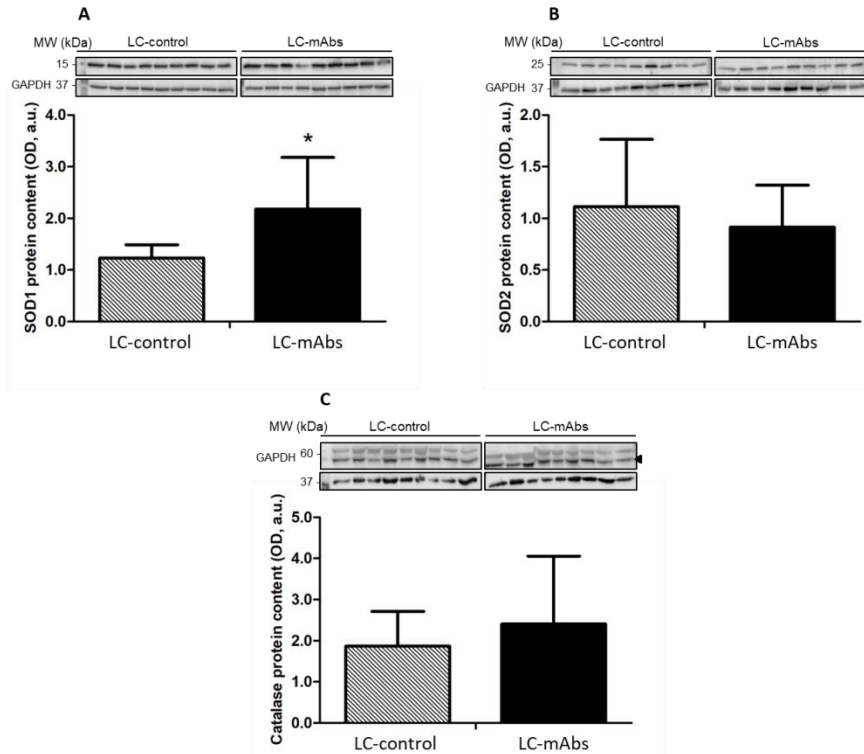


**Figure 13.** (A) Representative examples of CD3 and CD8 immunostaining histological sections (40x) in the subcutaneous tumors of LC-control group (left side) and LC-mAbs group (right side). Black arrowheads point towards CD3 and CD8 positively-stained nuclei (brown color), while red arrowheads point towards CD3 and CD8 negatively-stained nuclei (purple color). (B) Representative mean values and standard deviation of % of CD3-positive nuclei and CD8-positive nuclei. Statistical significance is represented as follows: n.s.: non-significant and \*:  $p \leq 0.05$  and \*\*:  $p \leq 0.01$  between non-treated controls and treated lung cancer.

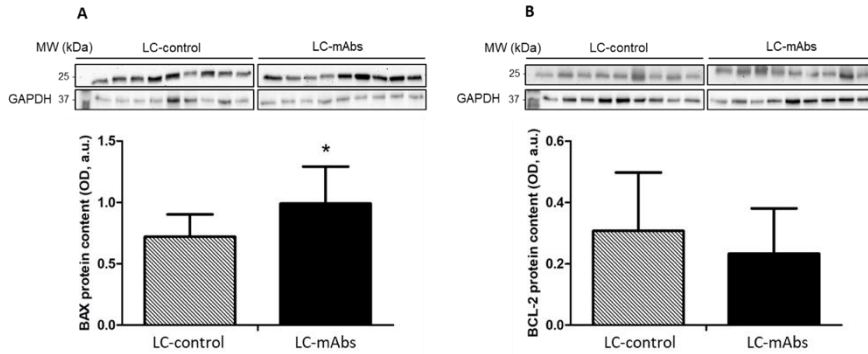


**Figure 14.** (A) Representative immunoblots and mean values and standard deviation of total tyrosine nitration protein levels in subcutaneous tumors of LC mice as measured by optical densities. (B) Representative immunoblots and mean values and standard deviation of total MDA-protein adduct levels in subcutaneous tumors of LC mice as measured by optical densities. Statistical significance is represented as follows: \*\*:  $p \leq 0.01$  between non-treated controls and treated lung cancer. Definition of abbreviations: MDA, malondialdehyde; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; OD, optical densities; a.u., arbitrary units.

## Results

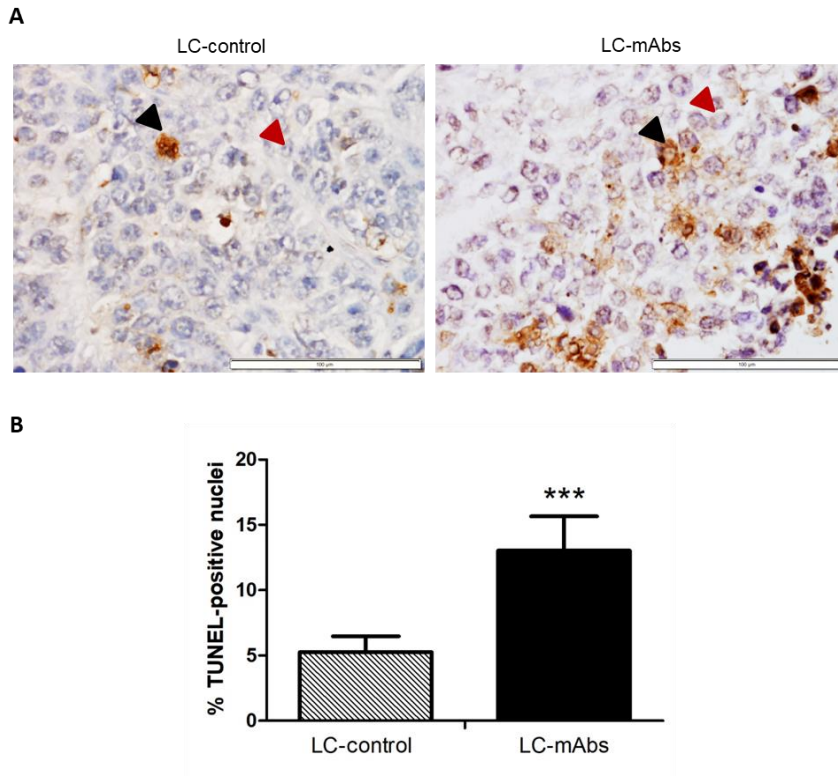


**Figure 15.** (A) Representative immunoblots and mean values and standard deviation of SOD1 protein levels in subcutaneous tumors of LC mice as measured by optical densities. (B) Representative immunoblots and mean values and standard deviation of SOD2 protein levels in subcutaneous tumors of LC mice as measured by optical densities. (C) Mean values and standard deviation of catalase protein levels in subcutaneous tumors of LC mice as measured by optical densities. Statistical significance is represented as follows: \*:  $p \leq 0.05$  between non-treated controls and treated lung cancer. Definition of abbreviations: SOD1, CuZn-superoxide dismutase; SOD2, Mn-superoxide dismutase; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; OD, optical densities; a.u., arbitrary units.



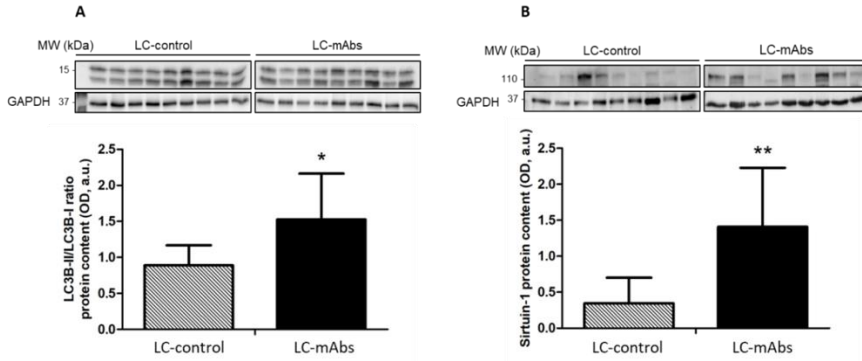
**Figure 16.** (A) Representative immunoblots and mean values and standard deviation of BAX protein levels in subcutaneous tumors of LC mice as measured by optical densities. (B) Representative immunoblots and mean values and standard deviation of BCL-2 levels in subcutaneous tumors of LC mice as measured by optical densities. Statistical significance is represented as follows: \*:  $p \leq 0.05$  between non-treated controls and treated lung cancer. Definition of abbreviations: BAX, BCL-2 associated X protein; BCL-2, b-cell lymphoma 2; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; OD, optical densities; a.u., arbitrary units.

## Results



**Figure 17. (A)** Representative examples of TUNEL immunostaining histological sections (40x) in the subcutaneous tumors of LC-control group (left side) and LC-mAbs group (right side). Black arrowheads point towards TUNEL positively-stained nuclei (brown color), while red arrowheads point towards TUNEL negatively-stained nuclei (purple color). **(B)** Representative mean values and standard deviation of % of TUNEL-positive nuclei. Statistical significance is represented as follows: n.s.: non-significant and \*:  $p \leq 0.05$  and \*\*:  $p \leq 0.01$  between non-treated controls and treated lung cancer.





**Figure 18.** (A) Representative immunoblots and mean values and standard deviation of total LC3-II/LC3-I protein levels in subcutaneous tumors of LC mice as measured by optical densities. (B) Representative immunoblots and mean values and standard deviation of sirtuin-1 protein levels in subcutaneous tumors of LC mice as measured by optical densities. Statistical significance is represented as follows: n.s.: non-significant and \*:  $p \leq 0.05$  and \*\*:  $p \leq 0.01$  between non-treated controls and treated lung cancer. Definition of abbreviations: LC3, light-chain 3; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; OD, optical densities; a.u., arbitrary units.



## DISCUSSION

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## Differential immune profile between LC patients and LC patients underlying COPD

In line with previous publications (162,170,171,233) lymphoid aggregates or TLSs, as local priming and activation sites, were identified in the airways and parenchyma (associated with bronchi, pulmonary vessels or randomly placed in the pulmonary interstitium), as well as in the tumors or its vicinity of LC patients with and without COPD. The reported results revealed that increased numbers of TLSs, as well as the sizes of which, were found in the tumors of LC patients compared to those from lung parenchyma. These findings might imply that the location of this transient structures may be relevant in the context of immune surveillance.

Lymphoid neogenesis is a dynamic process by which immune cells congregate themselves (233). While secondary lymphoid organs (SLOs) arise in specific anatomical locations as part of a programmed process during ontogenesis, TLSs develop in response to *stimuli* (172). In addition, regardless synthesis *de novo* of TLSs shares analogical programs with SLOs, the formation of TLSs can be induced in absence of lymphotoxin and lymphoid tissue inducer cells through inflammatory cytokines (234). CS-induced bronchial epithelium irritation is known to lead to the release of antigens and promote TLS neogenesis *via* IL-4, IL-6, IL-13, and tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ) in COPD (233,235). The induction of these pro-inflammatory factors may be triggered by local cross-talk between immune cells and resident stromal cells, such as fibroblasts and mese-

## Discussion

nchymal cells (234). Thus, the activation of local mesenchymal cells can be induced by lymphotoxin  $\alpha$  (LT $\alpha$ ) and TNF- $\alpha$  (162) and accumulation of antigens may be assisted by resident immune cells (236) and increased enzymatic degradation of tissue by activated neutrophils and macrophages in COPD lungs (237). Moreover, the expression of CCL19, CCL21, CXCL12, CXCL13, LT $\alpha$ 3, LT $\beta$ , and TNF- $\alpha$  has been reported in either tumoral and non-tumoral lung tissues, suggesting that lymphoid neogenesis may comprehend a common program among different pathologies (169,172). However, other authors suggest that the initiating cues of TLS neogenesis may differ among cancer types (172), as CCL17 and CCL22 are reported to be overexpressed in LC-associated TLSs (238). Furthermore, LC-associated TLSs have been shown to rely on IL6, IL-16, IL-17A, and IL-23 expression (238–240). In addition, IL-17 have also been found to exhibit an important role in COPD-associated TLS formation, as the number of IL-17-producing cells correlates with airflow limitation (241,242) and lymphoid neogenesis in severe COPD is linked to IL-17 levels (243). Accordingly, in absence of follicular DCs, TLS neogenesis can be induced through IL-17-dependent expression of CXCL12 and CXCL13 by CD4+ T cells (244,245).

In the current thesis, the density of intratumoral TLSs was also found to be increased in the lung tumors of NSCLC patients with COPD compared to those without COPD. These differences may be explained as TLSs are reported to promote either protective or deleterious features depending on the nature of the pathology (171,172,233,234,246). Moreover, the supportive or suppressive role

of TLSs along disease progression may be determined by the composition, architecture, and localization of these structures, as well as the surrounding contexture (172).

The accumulation of immunosuppressive Treg cells and MDSCs may promote immune tolerance as their presence is correlated with short-term survival (171,172,234,247–249). In accordance, Treg cells depleted *in vivo* TLS-mediated antitumor immune responses in a mouse model of lung adenocarcinoma and abrogation of Treg cells lead to enhanced DC and T cell activity (51). Such immunosuppressive cells are recruited into TLSs *via* CCL2/CC chemokine receptor 4 (CCR4) axis and can be activated by mature DCs once within these structures (247). Furthermore, Treg cells are reported to mitigate HEV differentiation and thereby lymphoid neogenesis in several malignancies (172).

On one hand, our results revealed that levels of Treg cells were increased in the tumor specimens compared to non-tumor of NSCLC patients. However, cancer patients from this study underlying COPD were shown to not differ in Treg population levels. These findings highlight that other immunosuppressive mechanisms/agents, such as MSDCs, may account for reduced levels of TLSs. On the other hand, in another study, IL-10 levels were increased in the lung tumors of LC patients with COPD compared to tumor samples from LC patients without COPD (158). These findings might imply that cancer cells-mediated IL-10 production may be one example of the immunosuppr-

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essive mechanisms overexpressed in NSCLC patients whom also underlie COPD.

Hence, TLSs highly resemble SLOs, although there is a lack of capsule in the former (172). This fact could be beneficial for antigen delivery (234), as B cells also act as antigen presenting cells (170). Like DCs, B cells recruit T cells and trigger T cell polarization with either positive or negative impact on T cell-mediated anti-tumor activity, depending on the co-stimulatory molecules secreted (170). B and plasmatic cells produce high-affinity antibodies against tumor cells, mostly IgG, which could license the activation of programmed cell death, antibody-dependent cell-mediated cytotoxicity and the release of immune-supportive cytokines (170). However, other Ig may take part in this role or even produce the contrary effect. For instance, the presence of IgA+ plasmatic cells correlate with immune scape and IgG4 production *in situ* is suggested to promote Th2 polarization (170). The results presented in the current investigation revealed that IgG+ plasmatic cells, which are suggested to be associated with both immune surveillance and immune scape, were reduced in the tumors of patients with NSCLC. Whereas, the levels of IgA+ plasmatic cells were not significant. Perhaps, the reduced levels in the number of these cell populations might imply that malignant cells could recur to other immunosuppressive mechanisms to evade immune surveillance. Reduced levels of IgG+ plasmatic cells may also suggest that these cells are responsible to aid tumor regression and tumor-mediated immunosuppressive mechanisms may be induced in the TME in order to tailor immune escape.



Nevertheless, it is far from clear whether these plasmatic cells may license tumor supportive features rather than tumor suppressive or *vice versa*.

Apart from Treg cells accumulation, B cell follicles can also exert an immunosuppressive role in several tumors (171). These cells with such behavior are considered as regulatory B (Breg) cells and induce the secretion of immunosuppressive molecules, such as IL-10, and thus expansion of Treg cells aiding tumor progression (170,250). Additionally, B cell-produced antibodies bind to their target antigens to form immune complexes in order to be then removed through phagocytosis by immune cells (233). Immune complexes are reported to aid tumorigenesis *via* MDSCs and angiogenesis activation (251). Previous reports also state whether these complexes also bind to the ECM, it could harness tissue integrity (233). Thereby, the production of auto-antibodies could lead to lung tissue destruction (251). Indeed, circulating immune complexes correlate with poor clinical outcome in human cancers (252).

B cell levels, as well as the number of GCs, were found to be increased in the tumor specimens from both LC and LC-COPD groups once compared to specimens from non-tumor lung parenchyma. These findings highlight the role of B cells in antitumoral adaptive immune responses. Nevertheless, any differences were found between both study groups, suggesting that these adaptive immune cells might not interfere in the reduced number of TLSs found in LC-COPD patients. In addition, the density

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of GCs (175,253), as well as plasmatic cells (170,172,254), or IgG (254–260) correlates with survival in NSCLC patients. Moreover, the density of B cell-rich follicles has been correlated with the density of plasmatic cells, responsible to license humoral adaptive immunity directed against tumor-associated antigens (169,170). Conversely, as early discussed, levels of IgG+ (but not IgA+) plasmatic cells were decreased in the tumors of both LC and LC-COPD patients compared to non-tumor samples. These findings raise controversial reports in the link between GCs and plasmatic cells. However, GCs may be associated with other plasmatic populations rather than IgG+ plasmatic cells.

In line with the above discussed and according to previous investigations (172), it is feasible to state that considerable tumor-associated antigenic *stimuli* may be required in order to overcome immunosuppression and provide a favorable environment for TLS neogenesis. Moreover, some authors describe these structures as immunological micro-niches that foster hepatocellular progenitor cells, thereby driving cancer progression (261).

Taken together, these findings suggest that some tumor-associated TLSs may require to overcome profound immunosuppression within the TME to elicit an effective anti-tumor immune response and even may promote immunosuppression and tumor progression rather than immune activation (162,171,172,234). Perhaps, TLSs may initially license an anti-tumor immune response at early stages of disease, whereas this capability may be lost during cancer progression due to

a highly immunosuppressive TME leading to the loss of tumor immunogenicity (172).

TLSs are largely associated with favorable clinical outcome in different solid tumors including NSCLC (165,172). Regardless the presence of TLSs, the presence of intratumoral peripheral node addressin (PNAd)+ HEVs is also a strong prognostic factor (172). Hence, TLSs are found to shape T cell infiltration towards a Th1 response as NSCLC patients with high density of TLSs manifest high infiltrates of effector T cells and improved outcome (169). The density of CD4+ and CD8+ T cells, follicular T helper cells, dendritic cell-lysosomal-associated membrane protein (DC-Lamp)+ mature DCs, and follicular B cells also present prognostic value in NSCLC patients (170,172). In line with this, in a previous study, stratification of LC patients according to the density of mature DCs within the TLSs revealed increased levels of T cells in TLSs with high density of DCs in contrast with T cell scarcity present in TLSs with low densities of DCs (247). The recruitment of T cells in DCs-rich TLSs may be facilitated by CXCL10 and CXCL11 (166). These findings highlight the requirement of DCs in order to license T cell effector activity. Furthermore, TLSs rich in mature DCs overexpress Th1 immunity-associated genes (162), suggesting that TLSs may require a favorable TME in order to elicit effective tumor control.

In contrast with the above mentioned, our results manifested reduced T cell infiltration levels in the tumors of patients with NSCLC whom were not associated with airway obstruction. These data suggest that

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a highly immunosuppressive TME may block tumor infiltration by T cells. A previous study reported increased levels of CD8+ T cells, but not CD4+ cells, in the tumor stroma of patients with NSCLC and COPD compared to NSCLC patients (262). Despite non-significant data was provided, our results manifest a likely tendency. Perhaps, such discrepancy may be due to both T cell types were measured at once, suggesting that once analyzed by separated, the results obtained would match with previous reports (262).

Despite large percentages of NK cells are contained in the lung (263), the results provided in the current investigation did not revealed any significant finding regarding the levels of NK cells. According with such findings, it could be hypothesized that NK cells may be hindered by malignant cells, which are reported to suppress NK cell activity through IL-10 or TFG $\beta$  among other immunosuppressive cytokines (264).

In contrast with chronic inflammatory environments, a highly immunosuppressive TME is present in cancer, therefore the heterogeneity of TLSs in structure or composition may arise according to several factors such as cancer type, disease progression, and anatomical locations (171,172). This heterogeneity may reflect the diversity of individual TME, ranging from more to less suppressive in regards with lymphoid neogenesis and immunity (166,247). Thereby, TLSs can vary from simple lymphoid aggregates to structures highly resembling SLOs (265–268) which might reflect a gradient of stages in the program of lymphoid neogenesis from naï-

ve to mature TLSs (166). However, some authors suggest that tumor-associated TLSs might not be essential for lymphocyte activation as lymphocytes may infiltrate the TME *via* tumor-draining lymphoid vessels and activation of lymphocytes may occur *in situ* through specific activating signals regardless the presence of organized lymphoid structures (172).

Nevertheless, it is widely agreed that TLSs consist of large B cell aggregates surrounded by both CD4+ and CD8+ T cells and DC-Lamp+ mature DCs (162,166,170,171,233,269). B cell follicles also include follicular DCs and macrophages to ensure B cell homeostasis and follicular T helper cells that assist B cell differentiation towards plasmatic cells (166,170,171). B cells encountered in GCs are mainly IgM+ and IgD- suggesting prior cell activation (170,233). Moreover, the majority of B cells are CD27+, which means they are memory B cells, and Ki-67+ in central clusters (270). Furthermore, CD138+ plasmatic cells are observed in the vicinity of these segregation (233).

Importantly, the levels of lymphocytes in the peripheral blood of LC-COPD patients was increased compared to LC patients without chronic pulmonary disease. These findings are in line with the above mentioned and could explain the reduced number of TLSs in LC-COPD patients compared to LC, as lymphocyte recall may be attenuated in the former patients. Accordingly, the presence of PNAd+ HEVs within or surrounding lymphoid aggregates is essential for the extravasation of immune cells from the peripheral blood that will congregate into TLSs (166,171,172,271).

## Discussion

Peripheral blood immune cells are recruited *via* PNA<sup>+</sup> HEVs by CCL19, CCL21, TNF $\alpha$  or LT $\alpha$ 3 secretion to form clusters (166,172). These cytokines might act on the tumor necrosis factor receptor (TNFR)<sup>+</sup> of endothelial cells inducing differentiation towards HEVs (172). CCL21 and CCL19 are known to induce T cell-mediated LT $\alpha$ 1 $\beta$ 2 expression while CXCL13 induce the same effect in B cells (247,272). Hence, CXCL13 can also be expressed by follicular DCs as a positive feedback (238).

Although the exact mechanisms remain unclear, TNF $\alpha$  is reported to induce CCL21 and CXCL13 expression (240,273), whereas IL-22 and IL-17A induce CXCL12 and CXCL13 (244,245,274–276). Moreover, CXCL12, like CCL19, could participate in the recruitment of TLS-associated lymphocytes through LT $\alpha$ 1 $\beta$ 2 signaling, while CXCL13 and CCL21 may participate in the segregation of T and B cells (172). DC-Lamp<sup>+</sup> mature DCs are suggested to contribute towards the maintenance of the lymphoid structure *via* CCL19-dependent recruitment of naïve and memory T cells as well as activated DCs (172). CXCL13 is also suggested to contribute towards the generation of humoral immune responses recruiting follicular helper T cells into the GCs (172). Moreover, a plethora of adhesion molecules, such as intercellular adhesion molecule (ICAM)2, ICAM3, vascular cell adhesion molecule 1 (VCAM1), mucosal vascular addressin cell adhesion molecule 1 (MAdCAM1) and PNA<sup>+</sup>, have been associated with HEVs-associated TLSs in NSCLC patients (166,238). ICAM2 and VCAM participate in the recruitment of circulating T cells (277,278). It is suggested that HEVs from LC-

associated TLSs may provide a differential adhesion molecule profile than nontumoral (247). However, ICAM2, VCAM1, and PNA<sup>d</sup> has also been observed in TLSs from non-inflamed lungs (279,280).

All these data reinforce the results disclaimed, as TLS are differentially sculpted depending on the pathologic circumstances. In agreement with earlier reports (122,122,158,228), the present findings provide arguments in favor with the hypothesis that TME from LC patients differ from LC patients also underlying chronic respiratory conditions. Hence, the density of lymphoid aggregates in both airways or parenchyma have been correlated with COPD progression (233), suggesting a detrimental role in this pathology. Accordingly, TLS disruption may assist the arrest of COPD inflammatory progression (237). In addition, despite TLSs form in response to inflammatory *stimuli*, its function may persist in absence of *stimuli* and may generate autoimmune pathogenic reactions. Evidence highlights that TLSs may persist even after CS cessation and contribute to autoreactive antibodies (281). However, a wide range of heterogeneity exists among COPD patients in lymphoid neogenesis (237) and it is not fully understood whether TLSs may have deleterious or beneficial impact in COPD.

In addition, primary tumor may also play a relevant role in metastasis-associated TLSs, as infiltration of DC and T cells in the TLSs of lung metastases from colorectal carcinoma was associated with better prognosis in contrast with lung metastasis from renal cell carcinoma (282). These findings manifest that TLSs may depend on

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the tumor type and stage and might dictate the immune response against cancer (172).

The assessment of TLSs, as a useful biomarker for inclusion criteria, may assist in the screening of patients whom would favor from immunotherapy or with high risk of relapse (166,170). In accordance with that, the induction of TLSs, alone or in combination with immunomodulatory agents, might be an interesting approach in the therapy for cancer patients. However, in order to achieve this goal, the ultimate role of TLSs during disease progression must be carefully identified, especially in LC patients underlying COPD.

### **Altered TME in LC-bearing mice after immunomodulatory monoclonal antibodies administration**

In the present study, treatment with the cocktail of mAbs that specifically targeted immune checkpoints with both agonistic and antagonistic effects elicited a significant reduction of tumor burden in the lung cancer-bearing mice.

In the tumors of the mice treated with the cocktail of immunomodulators, the area of the subcutaneous tumors was significantly reduced (64%) at the end of the study period, as well as the weight of the tumors once extracted (34%). These relevant findings confirm the efficacy of this combination of immunomodulators in mice. The present results are in line with those previously reported (283), in which a complete regression of skin and



lung tumors in mice was achieved after several intratumoral administrations of the same cocktail of mAbs. Although, in the current investigation, the cocktail of mAbs was intraperitoneally administered with the aim to mimic the treatments applied to patients in the clinics, in whom drugs are usually administered systemically. Interestingly, proliferation rates of cancer cells, as measured by Ki-67, was also significantly reduced in the subcutaneous tumors of the mice treated with immunomodulators. These results suggest that cell cycle arrest may be probably induced through alterations in cyclin expression levels which may account for the reduced levels of Ki-67-positively stained nuclei encountered in the adenocarcinoma cells of the tumor-bearing mice treated with mAbs. These findings are also in agreement with previous studies in which expression levels of Ki-67 were significantly reduced in the tumors of mice treated with several selective inhibitors of cell survival pathways (230), in those from transgenic mice deficient for either poly (ADP-ribose) polymerases (PARP)1 and PARP2 enzymes (123), and in those of rodents treated with pharmacological inhibitors of PARP activity (284).

Taken together, these results are also very consistent with the above-mentioned reduced tumor area and weight seen in the tumor-bearing mice treated with the cocktail of immunomodulators at the end of the study period.

At the end of the study period, treatment with immunomodulators also elicited a significant body weight gain in mice, as mice from LC-

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mAbs group shown an increased final body weight. These findings are in line with the reports published in previous studies (212,213) and suggest that the treatment in mice induced an improvement of the cancer-associated paraneoplastic syndromes commonly produced in these murine models such as body weight loss, weakness, poor performance statuses, and cancer-induced cachexia. In addition, spleen enlargement and lung metastases were also found as reported in previous publications (212,213).

As shown in the current investigation, increased levels of immune cells (both CD3+ and CD8+ T cells) were found in the subcutaneous tumors of mice treated with immunomodulators. These findings suggest an effective activation of several pathways in the immunity cycle narrowed to the enhancement of anti-cancer activity. This raised immunity is attributed to mAbs administration, as reported by several previous studies through early described cascades of transduction signals (57,59,285–289). Indeed, the impairment of the negative regulatory feedback of PD-1 produced by the bound with antagonistic mAbs is reported to restore cytotoxic activity of the effector T cells, responsible of the elimination of cancer cells (57,286–288). These reports are in accordance with the results attained in the current investigation, where enhanced levels of T cells were observed.

Moreover, anti-CTLA-4 antagonistic mAbs are reported to mitigate the inhibitory role of this receptor and enhance antigen presentation by DCs and further activation of T cells (66,290). This was observed

in our study by increased levels of effector T cells in the established mouse tumors treated with immunomodulators. According with the reported results from the current investigation, previous studies with anti-CD-137 mAbs report that these co-stimulatory agonistic mAbs are reported to induce an enhanced proliferation of T cells through increased antigen presentation by DCs and repression of negative regulatory function of Treg cells (62).

Previous reports suggest that the addition of anti-CD19 to the cocktail of mAbs increases the immunomodulatory effects towards tumor rejection (283). Antagonistic mAbs anti-CD19 are reported to modulate the function of B cells (291,292). These cells are reported to display a controversial role in tumor progression with either pro-tumoral and anti-tumoral effects (64,293,294). Nevertheless, it is clear that the depletion of B cells in this animal models account for a significant effect against tumor progression suggesting a pro-tumoral role of B cells. However, ongoing experiments will shed light in the fate of this cells regarding tumorigenesis.

Raised levels of both oxidative and nitrosative stress, as detected by indirect markers, were found in the subcutaneous tumors of mice treated with immunomodulators. These results are in agreement with those previously observed in another investigation in which protein oxidation levels were also increased in the tumors of PARP1<sup>-/-</sup> and PARP2<sup>-/-</sup> mice (123).

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Oxidative and nitrosative stress in the tumor nests can be produced by increased levels of ROS and RNS respectively or deficiencies in the antioxidant system. Increased levels of these reactive species can be both induced directly by tumor cells and/or several inflammatory mediators released in the TME (295). Such chronic stress in the tumor niche is known to play a deleterious role in immune response (295,296). Indeed, such events are reported to harness T cell function, maturation and survival, especially by the presence of certain inflammatory components in the TME (295). However, despite a large amount of studies that have been carried in order to clarify the interplay between oxidative stress and immune function, controversial reports and an important lack of information are still present.

High levels of ROS are known to upregulate several oncogenic signaling pathways implicated in tumor cell proliferation, apoptosis-evasion and cell migration (297). Although, at advanced stages, a substantial reduction of ROS levels in tumor cells is observed along with tumor growth and metastasis promotion (298,299). This fact puts in manifest a strong association between ROS amounts and cancer stage. Furthermore, pro-angiogenic features become crucial in advanced hypoxic tumors such as LC. Angiogenesis may be dependent of oxidative stress in advanced stages as VEGF upregulates hypoxia-inducible factor-1 $\alpha$  (HIF-1 $\alpha$ ), which in turn decreases ROS amounts and further promotes tumor progression (300).

## Discussion

Several reports suggest that T cell suppression and Th1/Th2 polarization are triggered by tumor-induced oxidative stress, as Th2 phenotype aids tumor progression (295,301,302). In several studies, this detrimental role in immune response has been reported to be induced by a decrease in cytokine levels, including IFN $\gamma$  and IL-2 (303). Nevertheless, many other intermediates such as IL-6 may also be crucial in Th2 polarization (304).

Importantly, in the current investigation, protein levels of protein tyrosine nitration, as well as total MDA-protein adducts were significantly greater in the tumors of mice administered with mAbs. In absence of antigen-presenting cells such as DCs, reactive carbonyls including MDA, are reported to assist Th1 differentiation towards a Th2 phenotype (305). As T cells are more vulnerable to oxidative stress than tumor cells (304), a highly inflammatory and oxidative environment in tumor beds confers substantial tumor dominance (295). However, costimulatory immune checkpoint receptors such as CD137, may have an important intervention in the reduction of oxidative stress through decreased levels of ROS (306).

Apart from cancer cells, ROS can be released in the TME by tumor associated macrophages, MDSCs, and Treg cells (295,296), contributing in conjunction to a highly immunosuppressive environment. In contrast, modest levels of ROS are shown to assist in T cell differentiation, proliferation, activation, and effector function (295,296). This fact suggests that regulation of T cells by ROS may be dose dependent. For instance, T cell receptor activation

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produces ROS, but in turn, ROS can further mitigate T cell role through dysfunctional recognition in the major histocompatibility complex (MHC)/T cell receptor (TCR) axis (296). However, the exact ROS-mediated mechanisms by which T cell fate is modulated remain unclear, but it is in agreement that it depends on the balance between production and consumption of ROS (296). Nevertheless, some studies suggest that intracellular ROS levels in T cells might be regulated by NADPH oxidase (NOX), as well as mitochondrial activity and antioxidants synthesis (307–309). In addition, the immunosuppressive role of Treg cells seems to be dependent of ROS levels, as Treg cells are more resistant to ROS-induced cell death and TGF- $\beta$  secreted by Tregs activates the NOXs to produce ROS (296). Moreover, ROS induces indoleamine 2,3-dioxygenase (IDO) expression in Treg cells engaging immune tolerance (310). Immunosuppressive activity of MDSCs by ROS induction seems to be mediated by cyclooxygenase-2 (COX-2), inducible nitric oxide synthase (iNOS), and arginase-1 (311).

Taken together, oxidative and nitrosative stress levels are expected to be elevated in the TME, especially in hypoxic tumors such as LC. Oxidative and nitrosative stress levels were higher in the subcutaneous tumors when administered with immunomodulators. These findings might imply that cancer cells may recur to chronic stress conditions in order to counter enhanced immunity exerted by immunomodulators and restore immune tolerance and aid tumor growth. However, levels of CD3<sup>+</sup> and CD8<sup>+</sup> T cells were increased in the tumors of mice administered with mAbs, suggesting that oxide-

tive and nitrosative stress levels were not enough to harness T cell populations and cancer cells were still surrogated under host immunity.

The role of antioxidants in ROS-mediated tumor promotion and ROS-mediated T cell function are major focus of study. Antioxidants are reported to regulate key signaling pathways affecting survival, plasticity and invasiveness of tumor cells as well as T cell function and survival (295). In the present investigation, levels of the antioxidant enzyme SOD1 were significantly greater in the tumors of the LC-bearing mice treated with immunomodulators. These results are in line with those encountered in the tumors of mice treated with the proteasome inhibitor bortezomib (230).

The rise in the expression of cytosolic SOD1 levels may have been in response to counterbalance the deleterious effects produced by increased oxidative stress as previously suggested (230). However, cancer cells constitutively show elevated intrinsic oxidative environment and effective mechanisms to counter it (312,313), so increasing the pool of available antioxidants may actually assist the tumor cells to sustain the cellular microenvironment that drives redox-dependent survival signals (295).

The role of antioxidants as enhancers of immune surveillance has been manifested in several reports. As mentioned above, T cell intrinsic ROS levels might be regulated by antioxidants as several studies report increased levels of T cell intracellular ROS accompanied by decreased levels of catalase and SODs (314), along

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with protection against ROS-mediated cell death conferred by catalase in T cells (315). Indeed, SODs are known to mitigate the TCR-induced ROS-mediated oxidant effect in T cells, assisting survival, maturation and function (316,317). Moreover, catalase is suggested to impair immunosuppressive effects of MDSCs on T cell proliferation (318). Additionally, IL-2 and IL-4 are recognized as mediators in the regulation of T cell activation by mitochondrial ROS (319).

ROS are mainly produced in the TME by tumor cells and immunosuppressive cells, manifesting a crucial intervention in the activation, proliferation, differentiation and survival of T cells (296). Considering the ROS-mediated immunosuppressive mechanisms, an important implication in the therapeutic approach of LC may include targeting ROS and immune tolerance by the combined effect of antioxidants with immunomodulatory mAbs. Nevertheless, in spite of remarkable advances in the recent years, the action of ROS regarding T cell fate still remains unclear. Development of effective strategies combining ROS and T cells warrants further investigations. Oxidative stress may also trigger several important cellular pathways such as cell death, apoptosis, and autophagy. For instance, in the tumors of mice treated with the cocktail of immunomodulators, levels of pro-apoptotic BAX were significantly greater, while those of the anti-apoptotic BCL-2 were not significantly different than in the non-treated rodents. These results are consistent with those obtained in previous investigations (123,230). The increase in apoptotic markers



of cancer cells was also demonstrated in previous investigations in which the animals were treated with inhibitors of PARP (284,320). Increased levels of oxidative stress in the TME can also induce apoptosis in T cells. As discussed above, ROS are delicate regulators of T cell function and survival. A ROS-enriched environment can induce a tolerogenic response and trigger the elimination of activated T cells (295,296). Hence, T cell hyporesponsiveness is reported in cancer patients due to ROS-mediated oxidative stress (321).

In T cells, ROS are essential for the expression of Fas ligand (FasL), an important mediator of activation-induced cell death (AICD) (307,317,322). AICD is an apoptotic process that mediates T cell homeostasis and seems to be tightly regulated by antioxidant SODs (322,323) as well as crosstalk between mitochondrial dynamics and autophagy (324). Apart from ROS, tumor cells can also induce FasL expression in T cells and thus promote AICD in order to limit immune surveillance (325). TCR-ROS crosstalk in T cells serves as a regulator of FasL-mediated proapoptotic pathway and ERK-mediated proliferative pathway and both are crucial for T cell function and survival (296).

ROS-mediated FasL expression upregulates NOX-2 and AKT while downregulates MEK (326). Interestingly, some subsets of T cells may show AICD resistance along with increased effector activity (327). Some subsets of T cells have shown differential susceptibility to oxidative stress-induced apoptosis (125) and it is likely that effector T cells can become insensitive to ROS-mediated death (296).

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Differences in the expression of oxidative stress-related genes and the metabolism of ROS in subsets of T cells have been implicated in the regulation of oxidative stress susceptibility (322).

In addition, recent studies have shown that epigenetic regulation may play a relevant role in AICD, as miRNA-146a is suggested to act as an anti-apoptotic factor that targets Fas (328). However, another immune escape mechanism has been seen in some colorectal cancers, where tumor cells express TNF-related apoptosis-inducing ligand (TRAIL) while the effector T cells express its cognate receptor (TRAIL-R1) and its interaction derives in T cell death (329).

Effector immune cells can undergo apoptosis through programmed cell death or AICD (322). However, programmed cell death inhibition was elicited in regard to anti-PD1 mAbs and AICD does not seem to dampen T cells as CD3<sup>+</sup> and CD8<sup>+</sup> T cell levels were increased upon immunomodulation. These findings suggest that mainly cancer cells underwent apoptosis as a result of enhanced anti-cancer immune cytotoxic activity. In line with this, cancer cells might get eliminated by immunogenic cell death (ICD), a non-silent cell death that activates immune system (330). Regardless the ICD action mechanism is not fully understood, it is reported to cause stress in the endoplasmic reticulum and thus translocation of pre-apoptotic calreticulin to the cancer cell surface (331). In line with our results, this translocation activates pro-apoptotic proteins such as caspase-8 and BAX (332) leading cancer cells to ultimately death.

A rise in autophagy, as measured by LC3B, was observed in the tumors of mice treated with immunomodulators compared to control rodents. These results imply that autophagy may also mediate the reduced tumor burden observed in the mice that received the cocktail of monoclonal antibodies. In fact, similar results were previously demonstrated in the tumors of mice that were genetically deficient for either PARP1 and 2 (123). Furthermore, the deacetylase sirtuin-1 may play a role in autophagy as a result of its upstream regulation of LC3B (333). In the current study, along with increased levels of LC3B, a significant rise in protein levels of sirtuin-1 was detected in the tumors of the mice treated with mAbs.

Autophagy is a conserved catabolic pathway that allows the lysosomal degradation of own cellular components in order to maintain cell homeostasis (334) and adapt to stressful environments such as nutrients deprivation (335). Autophagy is prevalent in many cancers and is recognized to exert a dual role in tumorigenesis, acting as a tumor suppressor or tumor promoter in regards of the tumor type, stage, and genetic context (334,336). A paradoxical dual role is established in autophagy as a suppressor in nascent tumors and promoter in developed tumors. Tumor suppressing activity of autophagy relies on its ability to scavenge damaged cellular components and thereby prevent ROS accumulation and genomic instability (334,336). However, in advanced tumors, autophagic tumor promoter activity allows tumor cells to overcome stress conditions produced by hypoxia (336,337).

## Discussion

Emerging evidence drives attention to the prominent role of autophagy to modulate immune response. Both innate and adaptive immune responses are upregulated by autophagy. Innate immunity recognizes pathogens thereby triggering inflammatory cytokines release and inducing pathogen removal through autophagy (335,338). On the other hand, autophagy promotes adaptive anti-tumor immunity by enhanced processing and presentation of tumor-related antigens during cross-presentation or immune recognition (331,336,338). However, hypoxic tumors are recognized to shed tumor-related antigens (336), and this hypoxic TME may revert the role of autophagy (334). Moreover, several reports suggest that autophagy modulates tumor cell secretome and proteome after hypoxic stress and cell death (336). Such modulations allow tumor cells to communicate with nearby cells present in the TME (336). Indeed, under such stress conditions, autophagy is reported to induce immunosuppression through impairment of T and NK cells and MDSCs activation (331,334,336–338).

Autophagy may also act as an intrinsic mechanism of resistance evolved by tumor cells to overcome immune cell-mediated effects (334). Previous studies showed that hypoxia-induced autophagy acts as a mechanism of immune escape mediated by STAT3 (334,339,340). Although the clear link between the activation of autophagy and STAT3 signaling remains to be elucidated, it has been clearly established that represents an important mediator in the crosstalk between tumor and immune milieu (341). However, STAT3 signalling in tumor cells is suggested to suppress the expression of

pro-inflammatory IFN $\gamma$ , TNF $\alpha$ , and CXCL10, and also induce the expression of immunosuppressive VEGF, IL-10 (342). In addition, attenuation of IL-1 can induce autophagy in tumor cells and impair tumor growth (343,344). Moreover, IL-1 is produced by T and NK cells and can trigger autophagy in endothelial cells and hepatocytes, while IFN $\gamma$  can induce apoptosis in epithelial, immune and tumor cells (337).

NK cell exerts its anti-tumor effects by induction of apoptosis, secretion of IFN $\gamma$ , and inhibition of tumor metabolism. However, recent reports demonstrate that NK cells can induce autophagy in tumor cells thus facilitating their survival, suggesting that autophagy can be deterrent in immune surveillance (345). In line with this, hypoxia-induced autophagy triggers Granzyme B degradation, an essential pro-apoptotic protein in NK cells-mediated killing and aids cancer immune scape (334,336,338). Other reports revealed that autophagy inhibition in cancer cells elicited a significant reduction in tumor volume by improved functionality of NK cells (346).

Conversely, cancers with upregulated autophagy, as indicated by accumulation LC3B, exhibit major density of CD8<sup>+</sup> T cells along with lower density of Treg cells in the tumor niche (347). Thus, enhanced autophagy is correlated with anti-tumor immune activity, and its downregulation may aid immune scape (331,336). However, patients with high levels of autophagy in their tumors were associated with poor clinical outcome (348). Such evidences highlight that auto-

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phagy activation in immune cells exposed to hypoxic stress in TME, is a key component of the immune response (334).

In the context of tumor immunity, it is clearly established that autophagy may influence the crosstalk between cancer and immune cells, thereby leading to either immune-suppression or immune-activation (334). Whether the activation of autophagy in hypoxic TME helps or hinders immune surveillance remains to be elucidated. To this end, a deeper understanding of the physiological impact of autophagy in the TME is needed to tailor therapies selectively targeted against suppression pathways in order to reinforce antitumor immunity (334). In the context of cancer immunotherapy, strategies aiming to target autophagy could be an asset for the improvement of immune surveillance (334). However, autophagy manipulation is not an easy command in order to target the autophagy machinery directly or selectively given that may affect multiple targets (331).

## CONCLUSIONS

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## Conclusions

1. A differential immune profile is present between LC patients and LC patients with COPD.
2. LC patients with COPD may lack in the recruitment of blood peripheral lymphocytes for the congregation of TLSs.
3. The combination of agonistic and antagonistic immunomodulatory mAbs effectively attenuates tumor growth.
4. Reduction of tumor burden in response to immunomodulation exerted by mAbs elicited the overexpression of immunity-related mechanisms such as oxidative stress and autophagy.



## **FUTURE PERSPECTIVES**

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## **Future perspectives**

Future research will be devoted with the aim to explore the mechanisms that may induce a differential expression in the immune profile between LC patients and LC patients with COPD. In order to achieve this end, other immune markers should be explored, especially those implicated with immunosuppressive pathways.

Moreover, survival analyses should be performed to assess the role of the TLSs and assess whether they are tumor promoter rather than tumor controller. Otherwise, it would be of substantial interest to explore the response to treatment according to the immune profiles registered, with main interest in those patients whom received immunotherapy.

Furthermore, as the relevance manifested by other biological mechanisms such as oxidative stress and autophagy regarding immunity, it would be interesting to assess new therapeutic strategies with the combination of immunomodulatory mAbs and agents targeting oxidative stress and autophagy.



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