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AUTONOMOUS UNIVERSITY OF BARCELONA DEPARTMENT OF MEDICINE

DOCTORAL THESIS

Defective F₀F₁-ATP Synthase in Cardiomyocyte Aging: Role of Dicarbonyl Stress

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My PhD has been a very long journey with all its ups and downs, but I know for sure that every step has been essential for my professional growth as I have acquired so much knowledge along the way. This doctoral thesis wouldn't have concluded successfully hadn't it been for the presence of very important people who have provided their support, advice and experience when needed, and without hesitation.

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Dr. David García-Dorado

1953-2019





3-DG: 3-deoxyglucosone

- 6.8PL: 6.8 proteolipid

- ADP: adenine diphosphate

- AGEs: advanced glycation end products

- ANT: adenosine nucleotide transferase

- ATP: adenine triphosphate

CICC: calcium-induced calcium release

- CML: carboxymethyl lysine

CsA: cyclosporine A

CVDs: cardiovascular diseases

CyP-D: cyclophilin D

- DAPIT: diabetes-associated protein in insulin sensitive tissue

- ETC: electron transport chain

- GLO: glyoxalase

GSH: glutathione

- HC: hypercontracture

- HF: heart failure

I/R: ischemia/reperfusion

- IF1: inhibitory factor 1

- IFM: interfibrillar mitochondria

- IMM: inner mitochondrial membrane

MAGEs: methylglyoxal-derived modifications

- MDA: malondialdehyde

- MG-H1: methylglyoxal-derived hydrimidazolone

- MGO: methylglyoxal

- MICOS: mitochondrial contact site and cristae organization system

- mPTP: mitochondrial permeability transition pore

- mtDNA: mitochondrial DNA

- NCX: sodium calcium exchanger

- NHE: sodium hydrogen exchanger

- OMM: outer mitochondrial membrane

OPA1: optic atrophy 1

- OSCP: oligomycin-sensitivity conferring protein

- OXPHOS: oxidative phosphorylation

- PiC: phosphate carrier

- PNM: perinuclear mitochondria

- PTMs: post translational modifications

- RAGE: receptor for advanced glycation end products

- RIRR: ROS-induced ROS release

ROS: reactive oxygen species

- RyR: ryanodine receptor

- SERCA: Sarcoplasmic-Endoplasmic Reticulum ATPase

- SR: sarcoplasmic reticulum

- SSM: subsarcolemmal mitochondria

- VDAC: voltage dependent anion channel

- Δψm: mitochondrial membrane potential

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Summary

Being the organ with the highest energetic demand of the entire biological system, the heart becomes especially vulnerable to diseases related to energetic deficiencies where mitochondria play a prominent role. During aging, the heart develops an energy supply/demand mismatch that underlies its reduced tolerance to exercise and stress, and the increased vulnerability to injury following ischemia/reperfusion, and to the onset of heart failure. The mitochondrial F₀F₁-ATP synthase plays a fundamental role in energy production in the heart (>90% of ATP) through oxidative phosphorylation and mitochondrial cristae morphogenesis. The spontaneous assembly of F₀F₁-ATP synthase monomers into dimers bend the inner membrane and build the cristae morphology; a mechanism that optimizes the energy efficiency and is essential for matching energy supply to demand. Recent evidences suggest that it may be the true molecular entity of the pathological mitochondrial permeability transition pore (mPTP), and proposed a model in which an alteration in its dimerization state induces pore opening. During aging, and due to its highly metabolic environment, the mitochondria become particularly susceptible to attack by dicarbonyl compounds that interact with positively charged amino acids causing irreversible structural and functional consequences in the target proteins.

Since F_0F_1 -ATP synthase is rich in arginine residues that are highly susceptible to dicarbonyl attack, and since mitochondrial dysfunction is a hallmark of aging, this thesis hypothesized that the dicarbonyl-induced modification of F_0F_1 -ATP synthase in aging can be the underlying cause for the age-associated energetic deficiency and the decreased tolerance to stress in cardiomyocytes. An age-dependent increase in dicarbonyl-modified proteins was found to particularly affect mitochondrial proteins as disclosed by a high throughput proteomics analysis of young (4-6 months) and old mice (\geq 20 months) myocardium and by Western Blot analysis in isolated mitochondria. Importantly, F_0F_1 -ATP synthase was identified as a prominent target of dicarbonyl attack during aging in several of its subunits as detected by proteomics in mouse myocardium, and corroborated by immunofluorescence co-localization and proximity ligation assay (PLA) in isolated mouse cardiomyocytes.

Because dicarbonyl-induced modifications can alter the structure and function of the target proteins, we evaluated the effect of F_0F_1 -ATP synthase modification on its dimerization and on its enzymatic function. First, a significant reduction in F_0F_1 -ATP synthase dimers and oligomers during aging was identified by BN-electrophoresis in solubilized IFM mitochondria and by PLA in permeabilized cardiomyocytes. A preserved expression of several F_0F_1 -ATP synthase subunits detected by protoeomics (myocardium), Western Blot (isolated mitochondria) and immunofluorescence (permeabilized cardiomyocytes) discarded changes in its abundance as the cause

behind its decreased dimerization in aging. The decreased F_0F_1 -ATP synthase dimerization was associated with a significant decline in the ADP-dependent mitochondrial respiration (state 3) in IFM of aged mouse hearts, a role which is directly coupled to F_0F_1 -ATP synthase function and depends on the electron transport chain. The ATPase activity on the other hand, was found to be preserved during aging as demonstrated from in vitro analysis and from ATPase in gel activity in solubilized mitochondria. Since F_0F_1 -ATP synthase was proposed to form the mPTP, we evaluated whether its increased modification in aging would increase the susceptibility to mPTP. Aging was associated with increased susceptibility to mPTP as a response to a ROS overload in isolated mouse cardiomyocytes.

Because F_0F_1 -ATP synthase dimers play a role in cristae morphogenesis, which are intimately related to the mitochondrial bio-energetic function, we evaluated whether the age-dependent decrease in dimerization manifests in modification of mitochondrial ultrastructure. TEM images obtained from myocardium of young and old mice, revealed altered cristae morphology (less densely-packed with concentric onion-like organization) in addition to a significant decrease of cristae tip curvature affecting the mitochondria of the old mouse hearts.

The cause-effect relationship between F_0F_1 -ATP synthase dicarbonyl-induced modification and the observed functional consequences were corroborated in H9c2 myoblasts in which an induction of dicarbonyl stress induced intracellular accumulation of dicarbonyl-modified proteins, and produced a modification of F_0F_1 -ATP synthase, reduced its dimerization, and decreased its OXPHOS capacity. Similarly to what was observed in old mouse hearts, F_0F_1 -ATP synthase dicarbonyl-induced modification was also associated with an increased susceptibility to mPTP and to cell death.

As a conclusion, this thesis provides a novel mechanism by which an altered dimerization of F_0F_1 -ATP synthase secondary to its dicarbonyl-induced modification in aging produces pathophysiological consequences at the level of cristae morphogenesis, energy production and mPTP in the aged hearts.

Resumen

Siendo el órgano con la mayor demanda energética de todo el sistema biológico, el corazón se vuelve especialmente vulnerable a enfermedades relacionadas con deficiencias energéticas donde las mitocondrias juegan un papel destacado. Durante el envejecimiento, el corazón desarrolla un desajuste entre la oferta y la demanda energética que subyace a su reducida tolerancia al ejercicio y al estrés, y a la mayor vulnerabilidad al daño provocado por la isquemia/reperfusión y al desarrollo de insuficiencia cardíaca. La F₀F₁-ATP sintasa mitocondrial juega un papel fundamental en la producción de energía en el corazón (> 90% de ATP) a través de la fosforilación oxidativa y la morfogénesis de las crestas mitocondriales. El ensamblaje espontáneo de los monómeros de la F₀F₁-ATP sintasa en dímeros dobla la membrana interna y construye la morfología de las crestas; un mecanismo que optimiza la eficiencia energética y es fundamental para ajustar la oferta energética a la demanda. Evidencias recientes sugieren que la F_0F_1 -ATP sintasa puede ser la verdadera entidad molecular del patológico poro de transición de permeabilidad mitocondrial (mPTP), y se propuso un modelo en el que una alteración en su estado de dimerización induce la apertura del poro. Durante el envejecimiento, y debido a sus altas tasas metabólicas, las mitocondrias se vuelven particularmente susceptibles al ataque de compuestos dicarbonílicos que interactúan con aminoácidos cargados positivamente causando consecuencias estructurales y funcionales irreversibles en las proteínas diana.

Dado que la F_0F_1 -ATP sintasa es rica en residuos de arginina que son altamente susceptibles al ataque dicarbonílico, y dado que la disfunción mitocondrial es un sello distintivo del envejecimiento, esta tesis planteó la hipótesis de que la modificación de la F_0F_1 -ATP sintasa inducida por dicarbonilos en el envejecimiento, puede ser la causa subyacente a la deficiencia energética asociada a la edad y a la disminución de la tolerancia al estrés en los cardiomiocitos. Se ha visto un aumento dependiente de la edad en las proteínas modificadas por dicarbonilos que afectan particularmente a las proteínas mitocondriales, mediante un análisis proteómico de alto rendimiento en miocardio de ratones jóvenes (4-6 meses) y viejos (\geq 20 meses) y mediante análisis de Western Blot en mitocondrias aisladas. La F_0F_1 -ATP sintasa se identificó como un objetivo prominente del ataque por dicarbonilos durante el envejecimiento en varias de sus subunidades, según detectado por proteómica en el miocardio de ratón, y corroborado por colocalización por inmunofluorescencia y ensayo de ligadura de proximidad (PLA) en cardiomiocitos aislados de ratón.

Debido a que las modificaciones inducidas por dicarbonilos pueden alterar la estructura y la función de las proteínas diana, hemos evaluado el efecto de la modificación de la F_0F_1 -ATP sintasa en su dimerización y en su función enzimática. En primer lugar, se identificó una reducción significativa en los dímeros y oligómeros de la F_0F_1 -ATP sintasa durante el envejecimiento mediante

electroforesis BN en mitocondrias IFM solubilizadas y por PLA en cardiomiocitos permeabilizados. Una expresión preservada de varias subunidades de F_0F_1 -ATP sintasa detectadas por protoeómica (miocardio), Western Blot (mitocondrias aisladas) e inmunofluorescencia (cardiomiocitos permeabilizados) descartó que la causa de la disminución de la dimerización en el envejecimiento fuera debidos a cambios en su abundancia. La disminución de la dimerización de la F_0F_1 -ATP sintasa se asoció con una disminución significativa en la respiración mitocondrial dependiente de ADP (estado 3) en IFM de corazones de ratón envejecidos; una función directamente acoplada a la función de F_0F_1 -ATP sintasa y dependiente de la cadena de transporte de electrones. Por otro lado, se descubrió que la actividad de la ATPasa se mantiene preservada durante el envejecimiento, como se demostró a partir del análisis in vitro y en gel de la actividad de la ATPasa en mitocondrias solubilizadas. Dado que la F_0F_1 -ATP sintasa se ha propuesto como la identidad que forma el mPTP, hemos evaluado si su modificación en el envejecimiento aumenta la susceptibilidad a mPTP. El envejecimiento se asoció a una mayor susceptibilidad a sufrir mPTP como respuesta a una sobrecarga de ROS en cardiomiocitos de ratón aislados.

Debido a que los dímeros de F₀F₁-ATP sintasa juegan un papel en la morfogénesis de las crestas, una estructura íntimamente relacionada con la función bioenergética mitocondrial, hemos evaluado si la disminución en la dimerización de la F₀F₁-ATP sintasa en la edad avanzada se manifiesta en la modificación de la ultra-estructura mitocondrial. Las imágenes TEM obtenidas a partir de miocardio de ratones jóvenes y viejos revelaron una morfología alterada de las crestas (empaquetadas con menos densidad y con una organización concéntrica similar a una cebolla) además de una disminución significativa de la curvatura de la punta de las crestas que afecta a las mitocondrias de los corazones de los ratones viejos.

La relación causa-efecto entre la modificación de la F_0F_1 -ATP sintasa inducida por dicarbonilos y las consecuencias funcionales observadas, se corroboraron en mioblastos H9c2 en los que una inducción de estrés dicarbonílico indujo la acumulación intracelular de proteínas modificadas y produjo una modificación de la F_0F_1 -ATP sintasa, redujo su dimerización y disminuyó su capacidad OXPHOS. De manera similar a lo que se observó en corazones de ratones viejos, la modificación de la F_0F_1 -ATP sintasa inducida por dicarbonilo también se asoció con una mayor susceptibilidad a mPTP y a la muerte celular.

Como conclusión, esta tesis proporciona un mecanismo novedoso por el cual una dimerización alterada de la F₀F₁-ATP sintasa, como consecuencia de su modificación por dicarbonilos, produce efectos fisiopatológicos a nivel de morfogénesis de crestas, producción de energía y mPTP en corazones envejecidos.

1. Introduction

1.1 The Aging Heart and the Link between Dysfunctional Mitochondria and Cardiovascular Disease

Due to healthcare advancements in the last few decades, the average life expectancy has been on the rise and is expected to continue increasing rapidly within the coming years to result in a huge growth in the elderly population. In fact, and according to a UN study from 2017, by the year 2080, it is expected that the aging population (>65 years) exceeds that of the young population aged less than 15 years (Fig. 1). The current Covid-19 pandemic, however, seems to have influenced negatively on this trend of increased life expectancy¹ as it has led to premature death and lowered the life span by as much as 2.2 years for men in USA and to a lesser extent in women.

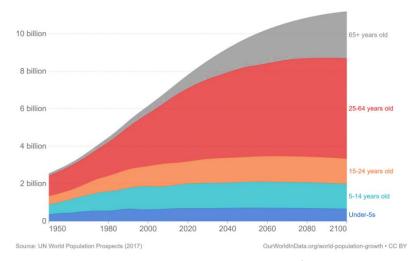


Figure 1: Total population by broad age group, with historical estimates from 1950 to 2015 and projections to 2100 based on the UN's medium population scenario from the *UN World Population Prospects 2017*.

Biologically, aging is defined as the time-dependent decline in physiological functions which increases the vulnerability of the organism to disease and the likelihood of death. Aging has long been known as an independent risk factor for the development of cardiovascular diseases (CVDs) and is the most important determinant of cardiovascular health. The growing elderly population therefore poses a continually increasing risk of CVDs² that have been (Fig. 2) and will continue to be the leading cause of death globally. However, many biological processes that occur in the heart during aging are still unknown, and hence it remains vital to understand why advanced age is such a critical component of the aetiology of CVDs. With the increased demographic shift towards an aging population worldwide, this matter has become of pressing urgency and even more now with the current Covid-19 infections that have been associated with increased cardiovascular complications^{3,4}.

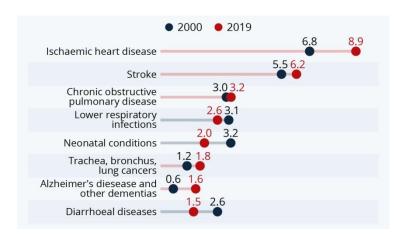


Figure 2: The world's leading causes of death comparison 2009 and 2019. Adapted from *World Health Organization* 2020

1.1.1. Characteristic of the aged heart

"The Heart", the organ that is not allowed to go on vacation or to even take a brief pause, is essential for keeping us alive and is unique in many ways, especially that, in contrast to many other organs, it cannot be repaired or regenerated, and therefore, its long-term maintenance throughout our entire existence is crucial or otherwise its functional cessation produces death. Nevertheless, the cardiac tissue, like any other in a biological system, ages, and the aging heart accumulates many structural and functional changes that cause a general decline in its function, reduce its capacity to respond to increased work demand and stress, and decrease its threshold to develop CVDs all the while augmenting their severity.

The phenotypical changes of the aged heart are extremely diverse and complex, and affect different cardiac cellular types⁵, but are out of the scope of the current thesis which focuses on the aged cardiomyocyte in particular. Briefly, at the whole organ level, some of those alterations are seen as an increase in fibrosis and extracellular matrix remodelling, a decrease in the number of cardiomyocytes and an increase in their volume, contractile impairment, abnormalities in sympathetic modulation and electric conduction, endothelial dysfunction, vascular thickening and increased stiffness^{2,6,7}. At the clinical level, all of these changes can be translated into an increased risk to develop arrhythmias, atherosclerosis, myocardial ischemia, increased systolic pressure, and are frequently associated with left ventricular afterload, reduced cardiac output and decreased heart rate^{5,8,9}. The severity of those pathological factors can determine the occurrence of overt hypertension, thrombosis, stroke, coronary heart disease (myocardial infarction), peripheral vascular disease, and heart failure (HF), all of which are diseases with the highest occurrence in the elderly population ^{5,8,9}.

1.1.2. Molecular properties of the aged cardiomyocyte

At the cellular level, aging is characterized by nine different molecular hallmarks¹⁰ whose mutual interrelation is object of intense research. These hallmarks are: (1) genomic instability, (2) telomere attrition, (3) epigenetic alterations, (4) loss of proteostasis, (5) deregulated nutrient-sensing, (6) mitochondrial dysfunction, (7) cellular senescence, (8) stem cell exhaustion, and (9) altered intracellular communication (Fig. 3). The contribution of each of these hallmarks to the overall aging phenotype largely depends on the cell type. The heart contains several types of cells, but up to 70% of its volume is occupied by the highly specialized contracting cardiomyocytes. The terminally differentiated cardiomyocytes are almost entirely dependent on mitochondria for their energetic needs, and undergo extremely limited to no proliferation¹¹ and therefore cannot be replenished neither can they segregate accumulated damage to daughter cells ¹². Therefore, in such a scenario, mitochondrial dysfunction (discussed in 1.3.) and loss of proteostasis are expected to have the most significant pathophysiological contribution to cardiomyocyte dysfunction during aging.

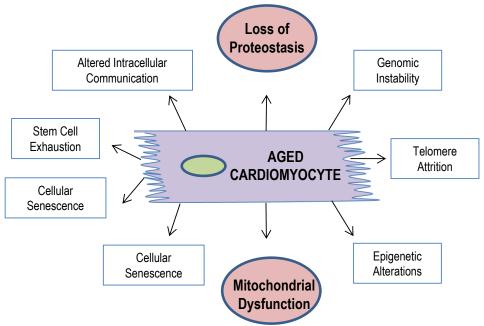


Figure 3: A schematic representation of the 9 hallmarks of aging with emphasis on the most relevant ones in cardiomyocyte aging.

Proteostasis (or protein homeostasis) refers to the whole set of cellular mechanisms implicated in the synthesis, folding, conformational stability, trafficking, assembly and turnover of proteins¹³ and is therefore responsible for the maintenance of a healthy and functional proteome. Several mechanisms involved in proteostasis become defective in the aged cardiomyocytes, therefore contributing to the accumulation of dysfunctional proteins that pave the way towards a pathological setting¹⁴. First, the efficiency of the two main proteolytic systems (ubiquitin-

proteasome and lysosome-mediated pathway) declines during aging^{14,15}. Apart from reduced proteolysis, other factors contribute to the aggravation of the overall quality of the proteome in aging including the age-dependent increase in dicarbonyl stress¹⁶ and oxidative stress¹⁷. Dicarbonyl stress constitutes one of the most prominent causes of terminal protein damage and can along with oxidative stress increase the load of defective proteins and further overwhelm the proteostasis system²⁴. This accumulation of post-translationally modified proteins is concomitant with reduced anti-oxidant mechanisms¹⁹ in addition to a loss of efficiency of the glyoxalase system which detoxifies more than 90% of the most reactive dicarbonyl compounds²⁰ in the aged heart. These mechanisms facilitate the deposition of lipofuscin, granules formed of cross-linked and oxidized proteins, lipids and transition metals which are considered as a marker of cellular aging and disrupt cellular function ²¹. The accumulation of defective proteins can consequently affect the homeostasis of the entire organ and may lead to a deteriorated cardiac performance.

1.1.3. Mitochondrial dysfunction in the aged cardiomyocytes

Due to the huge and uninterrupted energy demand of contracting cardiomyocytes and their almost exclusive dependence on mitochondrial energy production, these cells are particularly vulnerable to mitochondrial dysfunction and the latter plays a major role in many age-related cardiac diseases. Although the most recognized role of mitochondria is adenine triphosphate (ATP) production through oxidative phosphorylation (OXPHOS)²², they exert a plethora of other essential physiological roles including intracellular Ca²⁺ buffering and homeostasis²³, reactive oxygen species (ROS) production and signalling²⁴, inter-organelle communication²⁵, thermogenesis²⁶, participation in several catabolic and anabolic pathways, and regulation of cell death and survival through several mechanisms^{27,28}, including the opening of mitochondrial permeability transition pore (mPTP) which is of great relevance in ischemia/reperfusion (I/R) injury²⁹.

In the healthy heart, one of the most essential components for normal mitochondrial function is mitochondrial Ca²⁺ homeostasis. Mitochondrial Ca²⁺ uptake after its release from the sarcoplasmic reticulum (SR) promotes energy production by activating Kreb's cycle dehydrogenases and electron transport chain (ETC) complexes activity³⁰, and also regulates the regeneration of NAD(P)H which plays an antioxidant role³¹. In aging, mitochondria present abnormalities in the respiratory chain and OXPHOS²⁵, in addition to Ca²⁺ deregulation^{32,33} both of which result in an increased mismatch between energy supply and demand³⁴. Results from our lab have provided several mechanisms that may underlie this age-dependent mitochondrial functional decline. On the one hand, we have identified an altered SR-mitochondrial communication (decreased spatial proximity) in aged cardiomyocytes which was associated with defective inter-organelle Ca²⁺

transmission (Fig. 4), decreased NAD(P)H regeneration, and increased mitochondrial ROS production²⁵. In an independent study, we identified a dicarbonyl modification of the ryanodine receptor (RyR) secondary to an age-dependent increase in dicarbonyl stress as the mechanism responsible for this altered Ca²⁺ handling; this promoted a chronic SR Ca²⁺ leak and led to intramitochondrial Ca²⁺ deposition that ultimately drives mitochondrial dysfunction²⁰. We have also identified aging of the heart in humans to be associated with a decrease in the total mitochondrial pool and a decrease in mitochondrial respiration which can both decrease the energetic efficiency of the organelle²⁰. Defective mitochondria in aging may also be demonstrated by the decreased threshold to develop mPTP following I/R in aged perfused hearts and isolated cardiomyocytes ³⁵.

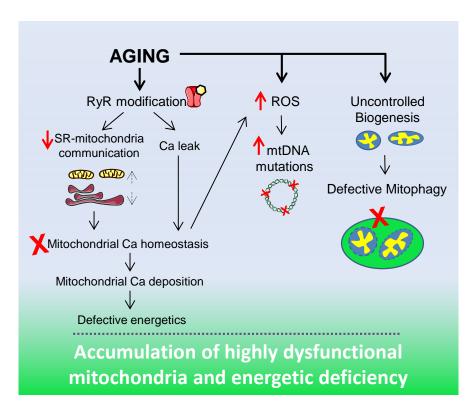


Figure 4: A schematic representation of some of the age-dependent mitochondrial alterations. Each of the disrupted SR-mitochondria communication, loss of Ca²⁺ homeostasis, increased ROS production and uncontrolled biogenesis may play an important role in the accumulation of dysfunctional mitochondria in aging.

Other age-associated mitochondrial alterations are uncontrolled mitochondrial biogenesis (fission and fusion)³⁶ and deregulation of the mitophagy pathway³⁷, accumulation of mtDNA mutations³⁸, and loss of structural integrity³⁹ which may destabilize the macromolecular organization of mitochondrial membranes. All of these simultaneous occurrences can lead to the persistence of dysfunctional mitochondria in the old heart, and can promote a vicious cycle that exacerbates organelle damage and dysfunction in aging and may exhibit complex and severe clinical manifestations in tissues that are highly dependent on their energy supply such as the heart.

1.1.4. Mitochondria in I/R injury: Sentenced to death by mitochondria

When a coronary artery is obstructed with a thrombus, the myocardium becomes oxygen-deprived and this situation leads to rapid ATP deficiency and loss of ionic homeostasis⁴⁰. While the reperfusion of the ischemic heart is the only therapeutic option to restore the oxygen to the ischemic area and to salvage the affected myocardium, abrupt normalization of blood flow may paradoxically precipitate cardiomyocyte damage and death (Fig. 5) by several mechanisms that have been extensively characterized in preclinical studies⁴¹. Mitochondria take center stage and play the protagonist role as the "decision-makers" that determine the destiny of cardiomyocytes in both ischemia and reperfusion.

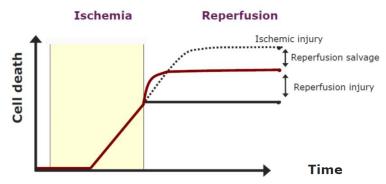


Figure 5: Illustration of cell death as a result of I/R injury. Cell death is produced during ischaemia proportionally to the time elapsed. Upon reperfusion, there is increased cell death that surpasses that theoretically obtained with ischemia during the same time period. Adapted from *García-Dorado et al.* 2005.

During ischemia, mitochondria cease to respire and from then on all the cellular mechanisms that can produce cell death become activated. First, the inhibition of mitochondrial respiration suppresses ATP production and causes energy exhaustion (Fig. 6), which is further aggravated by ATP hydrolysis due to the reversion of F_0F_1 -ATP synthase into an ATPase⁴², a compensatory mechanism of mitochondria intended to re-establish the H⁺ gradient. This interruption of mitochondrial respiration is the mechanism that triggers the massive loss of ionic homeostasis that eventually determines the fate of the cells. In the first place, ATP exhaustion inhibits both the Na⁺/K⁺ pump and the sarcoplasmic/endoplasmic reticulum ATPase (SERCA) therefore favouring the intracellular accumulation of Ca^{2+} according to the following sequence of events. First, the switch to anaerobic glycolysis upon oxygen deprivation leads to lactic acid production and acidifies the pH of the cell $(pH<7)^{43}$. To normalize the pH, the energy-independent sodium/hydrogen exchanger (NHE) becomes activated, but this consequently produces a cytosolic Na^+ overload upon the import of Na^+ in exchange with Na^+ As a consequence, the Na^+/Ca^{2+} exchanger (NCX) reverses its mode of operation, extruding Na^+ at the expense of cytosolic Ca^{2+} increase. This is when the control over one of the most

important cations in the heart, Ca²⁺, which in physiological conditions in strictly regulated, becomes lost.

Once the blood flow to the coronary artery is re-established, the abrupt re-oxygenation of the heart and the rapid pH normalization set in motion a series of deleterious events, again orchestrated by the mitochondria, which eventually cause the so-called lethal reperfusion injury⁴⁴ (Fig. 6). The correction of the intracellular acidic pH worsens the cytosolic Na⁺ overload, and consequently produces an even greater increase in Ca²⁺ influx⁴⁵ which in turn triggers most of the mechanisms that drive cell death during the first minutes of reperfusion⁴⁶. If OXPHOS resumes rapidly, the availability of ATP in the presence of this Ca²⁺ overload re-actives the SERCA leading to rapid SR Ca²⁺ oscillations which can impose an excessive mechanical force and precipitate cardiomyocyte hypercontraction (HC) and sarcolemmal disruption⁴⁷. Moreover, the normalization of pH in the presence of excessive cytosolic Ca²⁺ can activate proteases such as calpains that degrade cellular components, including the cytoskeletal components that stabilize Na/K⁺ pump⁴⁸. If OXPHOS recovers partially, the defective mitochondrial respiration can lead to a great increase in ROS production⁴⁹ which may lead to cell death by oxidative damage. Finally, both the Ca²⁺ deregulation (intra-mitochondrial Ca²⁺ overload) and the ROS accumulation can lead to mPTP⁴⁶ in which the mitochondria cannot recover at all, and the cell dies from extreme energetic collapse. Therefore, the degree and time-course of mitochondrial energy resumption during reperfusion is the main determinant of the survival or death of cardiomyocytes.

Opening of mPTP, a non-specific pore that allows the passage of molecules of up to 1.5 kDa at the normally highly selective and impermeable inner mitochondrial membrane (IMM), is a pathological response of mitochondria to a variety of triggers, the most important of which being increased Ca²⁺ and ROS levels⁵⁰. It induces mitochondrial depolarization and OXPHOS uncoupling, therefore disrupting the mitochondria's capability to produce ATP²⁹. In addition, upon pore opening the mitochondria releases its Ca²⁺ into the cytosol. This triggers Ca²⁺-induced Ca²⁺ release (CICR) from adjacent mitochondria and aggravates the SR-Ca²⁺ oscillations⁴⁶ which can produce lethal cardiomyocyte HC. mPTP is also associated with the release of mitochondrial ROS that can similarly induce ROS-induced ROS release (RIRR)⁵¹ and provoke great molecular damage. Finally, the free entrance of solutes into the matrix also causes mitochondrial swelling where the matrix expands to a point that causes the rupture of the outer mitochondrial membrane (OMM) and hence irreparable mitochondrial damage and energy collapse occur.

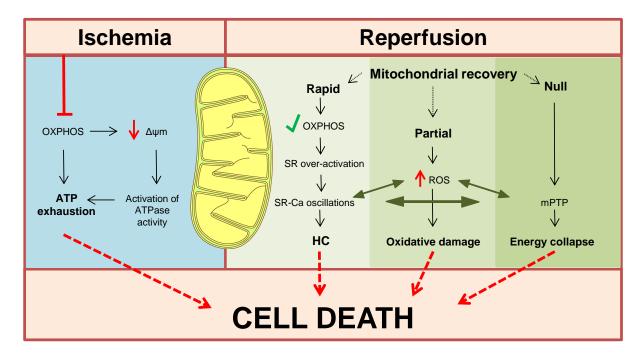


Figure 6: Graphical representation of the different mechanisms orchestrated by the mitochondria that lead to cell death during I/R injury.

1.1.5. Contribution of aging to mitochondria-induced cell death

Importantly, in experimental studies, there is a significant body of evidence demonstrating that aged hearts have a greater susceptibilty to mPTP^{35,52,53}. This might be one of the factors that lead to an increased infarct size in elderly patients that suffer from myocardial infarction. Not only does the incidence of myocardial infarction increase with age, but also hearts from old subjects suffer a greater extension of the necrotic area following I/R injury^{35,54} which worsens their prognosis and quality of life, and decreases their survival on the long term. In addition, cardio-protective strategies such as pre- and post-conditioning that reduce cell death following I/R injury by activating a range of protective proteins and cell survival pathways, seem to offer little to no protection in old hearts when compared to young ones⁵⁵. It is however, quiet difficult to attribute the size of an infarct in elderly patients solely to their age, as the extension of the necrotic zone may be affected by the presence of other comorbidities and risk factors. For instance, in those patients that suffer from angina, this pathology seems to result in a smaller infarct size as it is thought to play a preconditioning role prior to the occurrence of an myocardial infarction^{56,57}. Hyperglycemia and metabolic syndrome on the other hand are two co-morbidities that are associated with an increase in the infarct size^{58,59}. Nevertheless, experiments in isolated organs (Langendorff-perfused hearts) in the absence of comorbidities and other extra-cardiac factors, demonstrate that the age of the animal is an independent determinant of infarct size and that advanced age increases cell death following I/R. In addition, I/R experiments performed in isolated cardiomyocytes where there is no

participation of extracellular matrix, vascular factors or other cell types also indicated that the cells from old animals head a lower intrinsic tolerance to I/R injury and developed higher rates of HC³⁵.

Of note, increased infarct size can lead to higher risk of adverse myocardial remodelling on the long-term, which eventually favours the development of HF. Although HF, which has a particularly higher prevalence in elderly individuals, is a complex syndrome with multiple aetiologies, a decrement in bioenergetics seems to be central for the development and progression of this disease and this can be due to several co-existing factors that converge again at the mitochondria. To name a few, HF is associated with a variety of defects in several components of the phosphorylation apparatus ⁶⁰, decreased membrane potential ⁶¹, a decrease in cellular phosphocreatine levels⁶², increased ROS formation⁶³ and a down-regulation of mitochondrial biogenesis⁶⁴. Finally, HF is also characterized by a shifted metabolic substrate utilization where the heart relies more on glycolytic instead of fatty acid metabolism ^{65,66}, a metabolic pathway that is less efficient in ATP production. As a result, cardiac ATP is progressively depleted and the energetic deficiency in the aging heart persists, transforming the heart in an energy-compromised organ. Therefore, mitochondrial failure is a fundamental player in HF pathophysiology.

To conclude, with all that being said about the relationship between aging, mitochondrial dysfunction and the increased susceptibility to IR injury and HF, the question remains what are the factors that govern mitochondrial function and how does aging alter them? Is there any structural and/or chemical mitochondrial alteration specifically prevalent in aging that might be involved in their deteriorated performance and in their increased susceptibility in inducing cell death mechanisms (through mPTP) in the senescent heart? Let's take a look at mitochondrial structure and how the structure is essential to meet its function in chapter 2.

1.2. Mitochondrial Structure

The origin of mitochondria might be one of the most intriguing in biology, as the now established intracellular organelles present in almost each and every cell type of plants, animals and simpler organisms were originally bacteria that infected a cell and established a permanent symbiotic relationship with it ⁶⁷. The double membrane structure of the mitochondria indicates their endosymbiotic origin. They possess an OMM and the IMM separated by the inter-membrane space, while that restricted at the center within the IMM is known as the mitochondrial matrix (Fig. 7). The IMM harbours highly organized invaginations with a negative curvature that protrude into the mitochondrial matrix, the cristae. The sections of the IMM that run parallel to the OMM are known as the inner boundary membranes and the points of connection between the IBM and the cristae are known as the cristae junctions ^{68,69}.

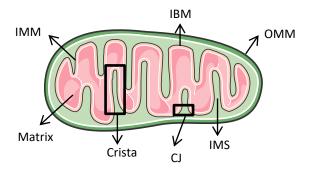


Figure 7: Schematic representation of mitochondrial architecture. The outer mitochondrial membrane (OMM), the inner mitochondrial membrane (IMM), the inter-membrane space (IMS), the crista, the cristae junctions (CJs), and the inner boundary membrane (IBM) are depicted.

The folding of the IMM massively increases the surface area onto which molecules with an energetic role can be incorporated and also create H⁺ traps at the most tightly folded areas (cristae tips) to facilitate energy production⁶⁸. This hugely increases the energetic efficiency of the organelle and is what made complex multicellular life possible. This organelle has had and continues to have an immense impact on our evolution and has become one of the most essential for our survival. Mitochondria are exceptional organelles with very particular physical and functional characteristics that need to be highly regulated so they can meet their biological roles. These extremely complicated yet fascinating organelles constitute 30-40% of the total cardiomyocyte volume and are indispensable considering that a failure in their function is unequivocally translated into our demise. In fact, cardiomyocytes are the cells that contain the biggest number of mitochondria in the entire organism, and cardiac mitochondria particularly have the most highly folded and densely packed cristae of all cells.

1.2.1. Mitochondrial location determines its vulnerability to damage

The cytosol of cardiomyocytes is so dense with myofibrils that they create a cyto-structure that limits the mobility of mitochondria and separates them into distinct specialized subpopulations with specific functional and structural traits and different vulnerability to damage. The mitochondria located along the myofibrils are denominated the interfibrillar mitochondria (IFM) , those that are in close contact with the cell membrane are the subsarcolemmal mitochondria (SSM) and the ones that lie around the nucleus are the perinuclear mitochondria (PNM) ⁷⁰ (Fig. 8). The IFM are the most abundant type while SSM and PNM are less abundant.

The IFM are the most efficient in ATP production. They produce the energy required for myofibrillar contraction and have a prominent role in Ca²⁺ signalling, as they are in intimate contact with the SR. In fact, these two organelles lie 15 and 20nm^{71,72} apart and are physically tethered at the level of the mitochondrial voltage-dependent anion channel (VDAC) and the sarcoplasmic RyR proteins^{25,73}. This intimate connection facilitates inter-organelle cross-talk and creates a concentrated local Ca²⁺ micro-domain which allows the transfer of this cation from the SR to the mitochondria. This placement of the IFM in a highly energy demanding environment with constant exposure to Ca²⁺ from the SR makes the IFM more sensitive to the age-associated functional deteriorations. Indeed, several studies from different groups consistently demonstrated that IFM are the mitochondria that experience more pronounced changes in bioenergetics efficiency seen as a decreased mitochondrial respiration and oxidative capacity^{74,75}. Importantly, chronic exposure to SR Ca²⁺ has also been demonstrated to induce matrix Ca²⁺ precipitation in the IFM during aging, both in mice and humans²⁰ a mechanism that has also been involved in the pathophysiology of HF⁷⁶. Excessive matrix Ca²⁺ could be one of the mechanisms involved in mitochondrial damage and the reduced number of respiring mitochondria observed in the cardiac tissue of elderly patients²⁰.

SSM function on the other hand, is probably related to energy production for ion channel function and since they aren't chronically exposed to Ca²⁺ as are the IFM, they are more sensitive to Ca²⁺ overload which lowers their threshold to I/R injury⁷⁷. Also during aging, the SSM seem to have a greater contribution in the overall ROS production⁷⁸. Finally, the PNM are the least studied and are thought to provide the energy required for gene transcription⁷⁹. Nevertheless, the underlying cause between the differences in the specialized function of the different cardiac mitochondria is still unknown, neither is its relevance in the context of cardiac aging.

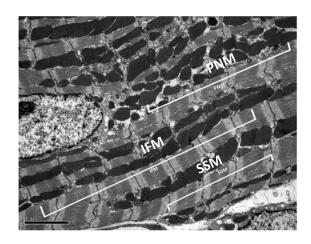


Figure 8: Electron transmission microscopy image depicting the different mitochondrial subpopulations in an adult cardiomyocyte. PNM: perinuclear, IFM: interfibrillar, SSM: subsarcolemmal. Adapted from *Sang-Bing et al. 2017*

1.2.2. The ugly side of mitochondria: Pathological cristae morphology

Mitochondrial function is intimately related to its structure; therefore, a pathological structural modification to any component of the outer or inner membranes may have deleterious and lethal consequences. In general, mitochondria have a lot of structural plasticity that allow them to adapt to the cell's energy status, the most important of which probably occur at the level of the cristae. Not only the shape, but also the size and number of cristae are constantly changing based on varying energy demands or other physiological signals. These adaptations include cristae narrowing and lengthening in starvation ^{80,81}, cristae widening in cell death ⁸², and reversible changes from the *orthodox* sate (low ADP levels) where cristae have a less dense matrix to the *condensed* state (high ADP levels) where cristae are enlarged and have a condensed matrix in response to an energetic demand ⁸³.

However, not all structural adaptations are physiological; rather some may be indicating the presence of a pathological state. Interestingly, in mice and humans with systolic HF ⁸⁴, mitochondria presented features indicative of mitochondrial damage, and these alterations were categorized from mild to severe. The earliest finding was the presence of onion-like mitochondria with concentric layers of IMM, and the damaged phenotype progressed to the dissolution of cristae in one or various zones (observed as areas where the cristae have lost their definition or as whitish cristae-free areas), until total cristae degeneration was observed. This degeneration finally culminated in mitochondrial swelling and the permeabilization of the IMM followed by OMM rupture. In another study, mitochondria with concentric onion-like cristae were also observed in aged rat hearts indicating a dysfunctional age-related structural alteration ⁸⁵ (Fig. 9). A different pathological aspect of cristae morphology is the vesiculation of the IMM observed in several disease conditions ⁸⁶ and in an aged model of yeast ⁸⁷.

Another example of altered cristae structure in disease conditions is seen in Leigh syndrome in which patients have profound disturbances of mitochondrial cristae ultrastructure and present

blunted instead of highly curved cristae tips⁸⁸. While acutely curved cristae are suggested to concentrate protons, thereby maximizing the proton gradient that powers ATP synthesis, blunted cristae tips may not be as efficient in concentrating protons resulting in a decreased proton motive force, which may yield a lower respiratory capacity.

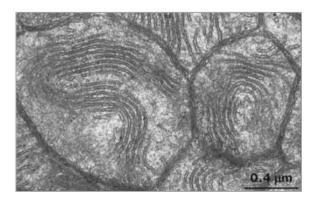


Figure 9: Electron microscopy image of mitochondria with concentric onion-like cristae arrangement from old rat heart, adapted from *El'darov et al.* 2015.

In conclusion, the proper organization and folding of the IMM determines the organelle's function while its deregulation is related to pathological conditions including cardiomyopathies, neurodegenerative disorders, metabolic diseases, and cancers ^{84,89}. These observations suggest a strict relationship between the modulation of cristae structure and the capability of the mitochondria to fulfil their function and therefore imply that mitochondrial function is governed by specific and determined IMM structures.

Importantly, one of the most important cristae modulators is the F_0F_1 -ATP synthase predominantly enriched at the mitochondrial cristae apex. Spontaneous dimerization of F_0F_1 -ATP synthase monomers into long row of dimers/oligomers is thought to be essential for bending the IMM into cristae invaginations ⁶⁹ (discussed in detail in chapter 3). Other mitochondrial proteins participate in cristae shaping and maintenance, like the mitochondrial contact site and cristae organizing system (MICOS) and optic atrophy 1 (OPA1) which are primarily present at the CJs. MICOS, a large hetero-oligomeric protein, and OPA1, that has several pleiotropic functions, control CJ diameter and tightness and are essential to maintain the negative curvature at the cristae junctions ^{81,82} thereby sustaining a narrow cristae width ⁹⁰ and stabilizing the respiratory complexes ⁹¹. Importantly, the physical interaction between these three proteins has been demonstrated but the functional interplay remains elusive ^{92,93}. Finally, the strictly mitochondrial inhibitory factor 1 (IF1) is suggested to play am indirect role in cristae stabilization by sustaining the F_0F_1 -ATP synthase in a dimerized form ^{94,95}.

Introduction

To wrap up, very little to no evidence has been provided on the direct effect of aging on mitochondrial ultra-structural modifications in mammals and the consequences this may have on mitochondrial energy efficiency and vulnerability to damage in cardiac myocytes. Due to its fundamental role in mitochondrial cristae shaping and energy production, the F_0F_1 -ATP synthase is postulated as an important player in cardiomyocyte aging. Therefore, let's take a look at the structure and function of F_0F_1 -ATP synthase in chapters 3.

1.3. Mitochondrial F₀F₁-ATP Synthase

The F₀F₁-ATP synthase, also known as the mitochondrial ATP synthase or respiratory complex V is the universal bio-energetic molecular engine of aerobic life. This highly conserved molecule located at the IMM produces up to 95% of the total cellular energy in eukaryotic cells. It transforms the electrical power generated by the respiratory complexes (H⁺ gradient) into energy-containing chemical power (ATP), following the chemiosmotic principle that governs the life of all eukaryotic organisms; a principle described by the Nobel prize award winner, the British biochemist Peter Mitchell in 1961. This nano-machine is an extremely efficient engine that can generate up to 10²¹ molecules of ATP per second and is one of the most ubiquitous and abundant proteins on Earth. In fact, only a 30% residual activity of ATP synthase is required for normal physiological functions, and it is only when ATP synthase activity goes beneath this threshold that disease manifestations appear and metabolic remodelling occurs ⁹⁶.

Deficiency in F_0F_1 -ATP synthase or other genes that affect complex V biogenesis or function usually manifest in very severe disease phenotypes such as NARP (Neuropathy, Ataxia, and Retinitis Pigmentosa), MILS (Maternally Inherited Leigh Syndrome) or FBSN (Familial Bilateral Striatal Necrosis) that arise from a functional or structural injury to F_0F_1 -ATP synthase, usually present very early in life and often have fatal clinical outcomes ⁹⁷. The lethality associated with these mutations reinforces the importance of this molecule for our survival since an abnormal structure, expression or activity is ultimately incompatible with life. That said, the F_0F_1 -ATP synthase may be considered one of the most essential proteins in an organ like the heart that has the highest energy demand of the entire organism and derives the absolute majority of its energy from mitochondrial OXPHOS on beat-to-beat basis.

1.3.1. The intricate structure of the F₀F₁-ATP synthase

The structure of the F_0F_1 -ATP synthase may be one of the most complex in biology, as all its pieces have to fit perfectly together like a puzzle so it can successfully perform its function. This molecule consists of 17 different types of subunits, with different copy numbers per each, adding up to 28 total subunits (620 kDa per molecule). The structural identification of the F_0F_1 -ATP synthase was made possible due to X-ray crystallography and cryo-electron microscopy studies and the first scientist to resolve its full structure in yeast was the British Chemist Sir John E. Walker who shared the Noble Prize with Paul D. Walker in 1997 for their work on mitochondrial ATP synthase: "the enzymatic mechanism underlying the synthesis of adenosine triphosphate (ATP)."

The F_0F_1 -ATP synthase consists of a lipophilic F_0 domain embedded in the IMM and an extramembranous hydrophilic F_1 domain that projects towards the mitochondrial matrix (Fig. 10.a.). The F_0 domain is made up of a rotary proton turbine called the c-ring and a stator peripheral stalk, while the F_1 domain is made up of a rotary central stalk and a stator catalytic headpiece, such that both F_0 and F_1 accommodate a dynamic and a fixed portion. The central and peripheral stalks are what connect the c-ring and the catalytic unit together ⁹⁸.

In humans, the c-ring has 8 copies of subunit c, although this number varies between 8 and 15 according to the species 99 (Fig. 10.b.). The F_0 also contains a single copy of each of subunits a, b, d, F_6 , oligomycin-sensitivity conferring protein (OSCP), e, f, g, A6L, diabetes-associated protein in insulin-sensitive tissue (DAPIT) and mammalian 6.8-kDa proteolipid (6.8PL). Subunits b, d, F_6 and OSCP form the stator peripheral stalk of the F_0 which lies to one side of the c-ring and extends from the IMM to the top of the catalytic headpiece of the F_1 domain 97 . Subunits a, A6L and DAPIT also constitute part of the peripheral stalk, and lie next to the c-ring. Finally, subunits e and g which also lie to the side of the c-ring are indispensable for dimer F_0F_1 -ATP synthase formation 97,100 .

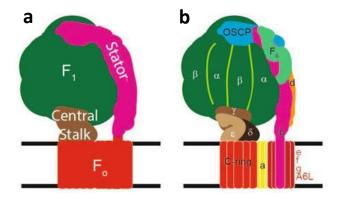


Figure 10: a) Schematic representation of the domains of an ATP synthase monomer being the F_0 in orange, the F_1 in green, the central stalk in brown and the peripheral stalk in pink. b) Schematic representation of the different subunits that make up the different domains of the mammalian ATP synthase. Adapted from *Beutner et al.* 2017.

The catalytic headpiece is a hexamer formed from 3 alpha (α) and 3 beta (β) subunits that are organized in an alternating fashion, such that ATP synthesis occurs at the interface of α and β . Finally, the central stalk consists of one copy of each of γ , δ and ϵ subunits where the upper extremity of γ is found embedded in the core of the catalytic unit, while the lower extremity is in contact with the c-ring ⁹⁷.

1.3.2. The role of F₀F₁-ATP synthase in producing the bio-energetic currency of life, ATP

The F_0F_1 -ATP synthase is a dynamic enzyme that uses the electrical energy accumulated in the form of H^+ gradient (at the inter-membrane space) to synthetize ATP from ADP (Fig. 11). Simply put, the energy dissipated when H^+ ions return to the mitochondrial matrix is converted into a rotary energy by the F_0F_1 -ATP synthase, and this rotary energy becomes coupled to conformational changes in the F_1 domain allowing the synthesis of ATP to be successfully carried out ¹⁰¹. Only in the healthy heart, the F_0F_1 -ATP synthase generates up to 6kg/day of ATP. ATP synthesis is strictly dependent on the H^+ gradient produced by complexes I, II, III and IV of the ETC and if this gradient becomes dissipated, ATP synthesis becomes inhibited.

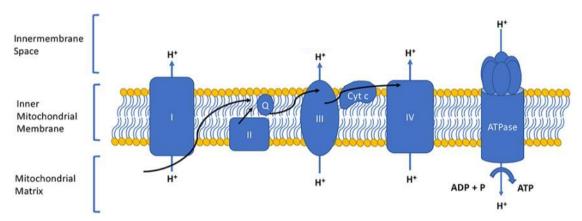


Figure 11: Schematic representation of the ETC complexes I, II, III and IV in addition to complex V (F_0F_1 -ATP synthase). The electron chain complexes build the H+ gradient on the mitochondrial inter-membrane side while complex V dissipates it towards the matrix side while coupling it to ATP production. Adapted from *Elmore et al.* 2019.

To understand how ATP synthesis occurs, a closer look should be taken at the structure and the dynamics of the different subunits of the F_0F_1 -ATP synthase. The highly conserved subunit a of the F_0 domain has a U-like structure that wraps around the c-ring. It possesses two proton translocation offset half-channels, one open at the inter-membrane space side and the other at the matrix side. When a normal membrane potential is established (i.e. more protons on the inter-membrane space side), H^+ enter complex V through the inter-membrane space side half-channel and are subsequently transferred to the c-ring to be finally released into the matrix by the matrix side half-channel, thereby dissipating against their electrochemical gradient 99,102,103 .

The collision and binding of a proton to a c-subunit causes the rotation of the c-ring as a result of Brownian motion, therefore transforming H^+ flux into F_0 rotation 101,104 . The rotation of the c-ring generates torque, which is a twisting force applied to the γ -subunit of the central stalk. Given that this structurally asymmetric γ -subunit is embedded at the core of the catalytic headpiece, its

rotation induces conformational changes in the catalytic unit that are essential for ATP synthesis 99,105.

During γ -subunit rotation, each of the catalytic sites located in three β -subunits, adopts one of three conformational states that determine their binding capacity and occupancy, such that they either favour ADP and inorganic phosphate (Pi) binding, ATP formation or ATP release. This concept was first proposed by Paul D. Boyer in 1975 as a "binding change" mechanism and these conformations were denominated the "Boyer states" after him ^{99,106} (Fig. 12). Whenever the γ -subunit rotates 120°, one of the conformational states is produced ¹⁰⁵. Therefore, for every 8 protons translocated, i.e. for every complete c-ring rotation (360°), 3 ATP molecules are manufactured.

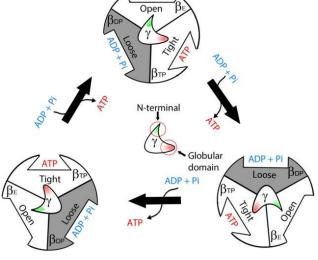


Figure 12: Model of the "binding change mechanism". The conformational states adopted by the β-subunit upon γ-subunit rotation are depicted by the open, loose and tight conformations which are either empty, bind ADP and Pi, or ATP, respectively. Adapted from *Mendoza-Hoffmann et al.* 2018.

However, and importantly, for these conformational changes to occur, the rotation of the catalytic headpiece along with central stalk should be inhibited. This is achieved by the binding of the OSCP subunit of the peripheral stalk to the top of the catalytic headpiece, thereby anchoring it in place and counteracting its tendency to rotate along with the central stalk ¹⁰⁵. The correct positioning of the OSCP at the crown of the catalytic headpiece is what also allows ATP synthase to be sensitive to the bidirectional enzyme inhibitor oligomycin^{97,107} because otherwise, c-ring rotation would be uncoupled from proton movement and ATP production in the first place. The other subunits of ATP synthase are required for structural support, stability, assembly and biogenesis.

This absolutely delicate interconnectivity among the different subunits and the intricate relationship between the ATP synthase architecture and function depicts how crucial the structural integrity of this nano-machine is for its capacity to meet the functional demands relayed upon it. Any

minor disruptions to the structure or conformation of F_0F_1 -ATP synthase can result in a complete functional inhibition. Importantly, the decreased energetic capacity of mitochondria in aging and age-related CVDs may be attributed to an inefficient ATP synthase function, however, and due to the complete dependence of the enzyme on the H^+ gradient constructed by the respiratory enzymes for ATP synthesis, it may be difficult to dissect the functional inefficiency of ATP synthase from an inefficiency in the ETC.

1.3.3. F₀F₁-ATP synthase in ATP hydrolysis: What doesn't kill you doesn't necessarily make you stronger

The mitochondrial F_0F_1 -ATP synthase is a bidirectional enzyme that not only can produce ATP, but can also hydrolyse it under certain conditions. The normal mitochondrial membrane potential ($\Delta\psi_m$) produced by oxidative reactions of the ETC enzymes is estimated at a negative 150-180mV with respect to the cytosol, and the maintenance of this $\Delta\psi_m$ is vital for essentially all mitochondrial functions. Therefore, when $\Delta\psi_m$ becomes dissipated and the ETC fails to rebuild it, the mitochondria must find another route to re-establish it. The F_0F_1 -ATP synthase become activated in its reverse mode where it will consume ATP at the expense of re-establishing the $\Delta\psi_m$ ¹⁰⁸.

Myocardial ischaemia and mutations that target the mitochondrial respiratory enzymes can both compromise the electrochemical gradient across the IMM and provoke the switch of enzyme function from ATP synthesis to hydrolysis 97 . When the enzyme function is reverted, the energy obtained from the hydrolysis of ATP into ADP and Pi at the catalytic β -subunit will be coupled to the pumping and the translocation of protons from the mitochondrial matrix to the mitochondrial intermembrane space rather than from inter-membrane space towards the matrix which normally occurs during ATP synthesis, which consequently restores the electrochemical gradient 108 (Fig. 13).

Therefore, the direction of the c-ring rotation depends on the $\Delta\psi_m$, such that when the IMS is more positive as in normal physiological conditions, there is a higher probability of protons entering from the inter-membrane space half-channel and therefore ATP catalysis occurs, while when the matrix is more positive, i.e when the $\Delta\psi_m$ is dissipated, there is higher probability of protons entering from the matrix half channel and therefore ATP hydrolysis occurs ¹⁰³.

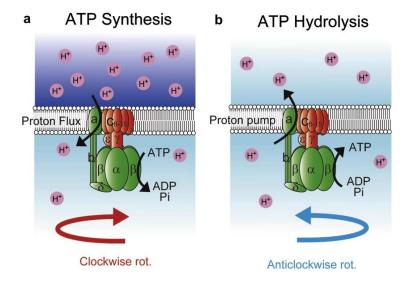


Figure 13: Illustration demonstrating the direction of rotation and of H⁺ traslocation in ATP a) synthesis and b) hydrolysis. Adapted from *Watanabe et al.* 2013.

While hydrolysing ATP can salvage and reconstitute a dissipated H^{+} gradient in mitochondria, it accelerates energy exhaustion in cells that are already jeopardized by the lack of oxygen during anoxia or ischemia, further aggravating energetic deficiency. This paradoxical role of ATP synthase may represent a vestige of the endosymbiotic origin of mitochondria that try to reconstitute their H^{+} gradient at the expense of cell survival. Interestingly, a previous study from our lab has demonstrated that in the aged heart, there is a significant delay in the switching of F_0F_1 -ATP synthase from ATP synthesis to hydrolysis which accelerates mitochondrial membrane depolarization during ischemia and results in a less efficient mitochondrial energy recovery upon reperfusion 35 . Therefore, ATP hydrolysis may play a harmful role although it is essential for reestablishing the H^{+} gradient.

The IF1 was initially described to play an inhibitory role on ATP hydrolysis by complex V at acidic conditions present during ischemia¹⁰⁹. However, later it was discovered that IF1 can inhibit complex V in both its synthase and hydrolase forms^{110,111}. It seems that under physiological conditions, a percentage of F_0F_1 -ATP synthase remains blocked by IF1 and functions as a reservoir that becomes unblocked when there is increased energetic demand¹¹⁰. Interestingly, these tissues with high-energy demand, like the heart, have the highest content of IF1.

1.3.4. The F₀F₁-ATP synthase dimers bestow the IMM its structure

Recent evidences indicate that the self-association of F_0F_1 -ATP synthase monomers into long rows of dimers shape the IMM of eukaryotic cells. The F_0F_1 -ATP synthase can associate into dimers thanks to specific subunit-subunit interactions that produce the curvature of the IMM which is

responsible for the formation of the hallmark signature of mitochondrial morphology, the cristae (Fig. 14). For dimer formation subunits e and g are essential ^{69,100,112}; the disulphide bonds between e and g form an unusually shaped domain that bends the IMM, and bring together two adjacent monomers that ultimately establish direct contacts to form the V-shaped dimer. In mammals, the two e/g domains at the monomer/monomer interface bend the membrane at a 90° angle ¹¹³. This V-shape created by the dimer allows the spontaneous back-to-back assembly of highly organized dimer rows or ribbons that extend for hundreds of nanometers along the rims of the invaginations of the IMM ^{114,115}. The dimers can further associate into tetramers and oligomers in which subunits e, g and DAPIT have a role in their formation ⁹⁵. Therefore, ATP synthase dimers are a cornerstone in cristae morphogenesis, and are essential to create the highly conserved IMM morphology. Allen was the first to propose this relationship between IMM invagination and F₀F₁-ATP ATP synthase¹¹⁶.

Many studies have demonstrated that subunits e and g are indispensable for dimer formation, and that their depletion yields ultra-structural IMM modifications. While subunit e down-regulation reduces cristae number and leads to the formation of septate (interconnected) cristae with lesser tips 117 , the complete depletion of any of subunits e or g greatly alters IMM morphology and produces onion-link cristae with concentric layers of IMM $^{69,100,112,118-121}$. Interestingly, in an aged yeast model, an age-dependent decline in F_0F_1 -ATP synthase dimers and the concomitant increase in monomers were associated with the remodelling of the IMM ultrastructure and the appearance of vesiculated cristae 87 . The latter study demonstrated for the first time a relationship between an age-dependent decrease in F_0F_1 -ATP synthase dimers and altered cristae morphology, although similar results in mammals still lack. Evidence on the relationship between cristae structure and function comes from experiments in which subunits e or g knockout significantly decreased mitochondrial respiration and membrane potential $^{69,117,120-122}$. These results indicate a morpho-functional role of ATP synthase dimerization.

Importantly, the F_0F_1 -ATP synthase monomer is a completely functional unit capable of ATP synthesis, however, the physiological association of the enzyme into dimers and oligomers plays both a structural and a functional role that contributes to a higher catalytic efficiency. First, the two monomers interact at an angle, which is thought to drive the membrane bending responsible for cristae formation and stability. This membrane conformation increases the surface area, allowing more layers of IMM to be stacked inside the mitochondria, and therefore permits the accommodation of more respiratory chain complexes and F_0F_1 -ATP synthase molecules which consequently increase the OXPHOS capacity and renders the mitochondria more bio-energetically efficient. Second, the clusters of ATP synthase at the apex of the cristae form a proton trap, as seen

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by an extremely low local pH ¹²³, which facilitates ATP synthesis. Finally, since ATP synthase is a dynamic rotary molecule where stator domains interact with rotating domains, dimerization is thought to stabilize the enzyme which would otherwise be more easily dissociated due to constant structural changes ^{97,105}.

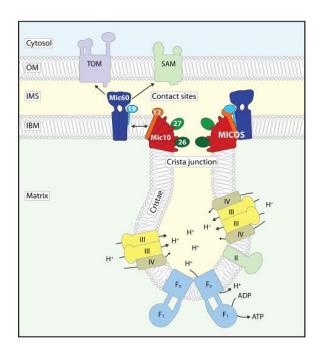


Figure 14: F₀F₁-ATP synthase dimers produce the IMM curvature at the tips of the cristae. Adapted from *Rampelt et al.* 2017.

Since mitochondrial function is highly governed by its structure, especially that of the IMM, and since the F_0F_1 -ATP synthase is a key molecule in regulating cristae morphogenesis, we wondered whether the age-dependent decline in mitochondrial energetic efficiency may be related to alterations in F_0F_1 -ATP synthase dimerization which not only may affect the overall mitochondrial function but also and especially influence negatively on the organelle's bioenergetics. In addition, and given that any kind of structural alteration can have a profound effect on F_0F_1 -ATP synthase function, we contemplated the possibility of the presence of a post-translational modification with specifically increased prevalence in aging as a potential cause of the altered mitochondrial function in aging. Therefore, we questioned whether the F_0F_1 -ATP synthase could be at the heart of the age-associated functional deteriorations and in the increased susceptibility of the heart to stress and death? Importantly, and apart from the above discussed functional and structural roles, the F_0F_1 -ATP synthase has recently been nominated as the most probable candidate that forms the mPTP, a pathological channel that has deleterious consequences on the cell and that has a higher incidence in aging. Therefore, let's take a look at the role of the F_0F_1 -ATP synthase in mPTP in chapter 4, and then discuss the age-dependent increases in dicarbonyl-induced chemical modifications in chapter 5.

1.4. The Unresolved Puzzle of the mPTP Identity; F_0F_1 -ATP Synthase as a Primary Suspect

The mPTP is a pore of the IMM which abruptly opens in response to mitochondrial Ca^{2+} or ROS overload and that can precipitate cell death. Although it was first was first described by Haworth and Hunter in the 1950s, and despite its pathophysiological consequences being widely known and characterized, the identity of the molecular entity that forms the mPTP, initially known as the mitochondrial mega-channel (MMC), is still a matter of debate. Due to its harmful consequences on cell survival in several contexts, including myocardial I/R and neurological disorders, in the last years, much effort has been invested in trying to uncover the identity of this pore. Several studies have suggested that the F_0F_1 -ATP synthase is the molecule that forms this energy-dissipating death hole although other models of mPTP involving other proteins also exist.

1.4.1. The pathophysiology of the mPTP death hole

Although the mPTP has been a hot topic of research for decades, it remains very ambiguous as neither its true molecular identity nor how its triggers and inhibitors interact and exert their effect are well understood. In the first place, two forms of mPTP are thought to exist. A physiological mPTP which opens only transiently and is thought to play an important role in relieving the mitochondrial Ca²⁺ overload and mediate mitochondrial ROS signalling¹²⁴, and a pathological mPTP which opens for an extended period of time and leads to grave lethal consequences. This second form is the one that has been extensively described in the context of reperfusion injury.

As previously discussed in detail in (chapter 1, section 1.4), the massive Ca²⁺ and ROS overload produced in the first minutes of reperfusion are the most important triggers of mPTP. Briefly, the activation of mPTP opening can result in a sudden disruption of trans-membrane H⁺ gradient, the interruption of OXPHOS, water diffusion, matrix swelling, and OMM rupture. These events can lead to cell death either upon the extreme energetic collapse produced or as a result of the intra-mitochondrial Ca²⁺ release into the cytosol that exacerbates the cytosolic Ca²⁺ oscillations and produces cardiomyocyte HC. Although mPTP and HC are interrelated, HC seems to produce more cell death after brief ischemic episodes while mPTP appears to be the main driver of cell death following a prolonged ischemic episode¹²⁵. In fact, although mPTP is not the only mechanism responsible for cell death in reperfusion injury, it is thought to be one of the most important ^{126,127}; and importantly, aging seems to be an independent risk factor that increases the propensity of cardiomyocytes to develop mPTP³⁵.

The pre- and post-conditioning strategies aimed to decrease myocardial infarct size are thought to work partially by inhibiting mPTP opening and therefore reducing the extension of cell death 128-130. Apart from pre- and post-conditioning strategies, other interventions have been aimed to inhibit mPTP. One of the most commonly used pharmaceutical approaches is the cyclosporine A (CsA) which inhibits mPTP by interacting with cyclophilin D (CyP D), an mPTP channel modulator. Although many experimental studies provided evidence on the protective role of CsA¹³¹, the CIRCUS clinical trial in which CsA was tested in patients suffering a myocardial infarction, failed to demonstrate a clear reduction in infarct size 132. In addition, the chronic use of this drug is not possible due to its adverse effects which include nephrotoxicity, hypertension, hyperlipidaemia, neurotoxicity, hepatotoxicity, among others¹³¹, although more recently a CsA specifically targeted to the mitochondria has been developed to avoid these toxic effects¹³³. Another employed therapeutic strategy has been the acidic reperfusion of the heart to prolong the intracellular acidosis which blocks mPTP during the first few minutes of reperfusion¹³⁴. To conclude, it is important to note that while the knowledge about the components of the mPTP is incomplete, it may be difficult to find an effective therapy that is effective enough in inhibiting mPTP regardless of the model (cells, animals, humans) being used. The last years have provided evidence on the role of mitochondrial F₀F₁-ATP synthase as the true molecular entity of the mPTP.

1.4.2. Mitochondrial ATP synthase plays God: "I give you life and I take it away from you"

While the mitochondrial F_0F_1 -ATP synthase produces the energy currency of life, there are many arguments and proofs that suggest a dual role for this molecule in cell death through the formation of the mPTP. Several models for the mPTP that involve different domains and/or subunits of F_0F_1 -ATP synthase have been proposed, and the most interesting of all may be that describing an involvement of ATP synthase dimers in pore formation.

1.4.2.1. Dimers of F₀F₁-ATP synthase form the mPTP

Bernardi's group has presented evidence on the implication of F_0F_1 -ATP synthase dimers in the formation of the pore where purified dimers demonstrated channel activity with ionic currents and molecule permeability indistinguishable from that of mPTP while monomers didn't ^{135,136}. According to their proposed model (Fig. 15), Ca^{2+} binding at the β -subunit of the catalytic headpiece, induces structural changes that are translocated from the headpiece, through the lateral stalk (OSCP subunit), to the dimerization subunits e and g where the pore finally forms ¹³⁷. Further evidence on the role of ATP synthase dimers in the formation of the pore come from studies in which yeast knockouts for e and g subunits, significantly decreased Ca^{2+} sensitivity¹³⁸ and reduced the conductance of the formed channels ¹²¹.

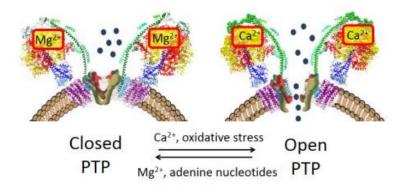


Figure 15: Model of mPTP involving ATP synthase dimers. In the presence of inhibitors (Mg²⁺ and adenine nucleotides), the PTP remains closed while in the presence of triggers (Ca²⁺ and oxidative stress), the PTP forms at the interface between two monomers that form the ATP synthase dimer. Adapted from *Giorgio et al.* 2017.

Work from Bonora et al. suggested that the dissociation of these dimers is what forms the pore, however his model implied an involvement of the c-ring 139 . This study demonstrated that exposure of mitochondria to Ca^{2+} increased the proportion of monomers to dimers, while dimer stabilization inhibited pore opening suggesting that the disassembly of these dimers is what triggers pore formation. These models are challenged by the study in which monomeric F_0F_1 -ATP synthase presented channel activity 140 .

1.4.2.2. The C-ring models of mPTP

Other authors $^{141-143}$ proposed a model in which the dissociation of the c-ring per se created the pore. According to this model, the exposure to triggers dislodges the c-ring from the F_1 domain of the F_0F_1 -ATP synthase, followed by the expansion and the dissociation of the c-ring where the pore forms (Fig. 16). In a model denominated the "death finger", it is thought that the conformational changes in the F_0F_1 -ATP synthase upon exposure to triggers modify the interaction between subunits e and 6.8PL creating a force that pulls at this lipid plug that occupies the core of the c-ring, therefore opening the pore at the center of the ring 98 .

However, the formation of the mPTP at the c-ring received many critics especially since early mPTP is a reversible mechanism, therefore, it is hard to think about the disassembly of the c-ring as a quick reversible process especially that, *in vitro*, very harsh conditions are required to dislodge and expulse the c-ring¹⁴⁴. Also, opening of only a few c-rings may be sufficient to depolarize the entire mitochondria, as the conductance of this pore is larger than that normally documented for the mPTP. In addition, a knockout model of c-ring in cells was associated with the persistence of mPTP¹⁴⁵.

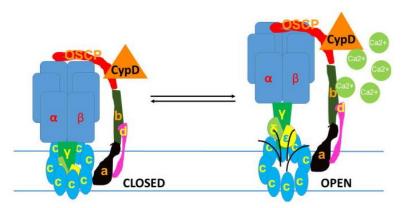


Figure 16: Model of mPTP involving ATP synthase c-ring. In the absence of triggers such as Ca^{2+} the c-ring remains tight and closed while in the presence of triggers such as Ca^{2+} the c-ring dissociates from the F_1 producing the mPTP. Adapted from *Jonas et al.* 2015.

It is to mention that the genetic knockout of several F_0F_1 -ATP synthase did not inhibit pore formation $^{145-148}$. However, it should be noted that knockouts may modify the final structure and assembly of the ATP synthase which may be an important factor that influences the persistence of the pore even in the absence of the subunits suspected to form it. Yet, it is still very difficult to debunk the mitochondrial F_0F_1 -ATP synthase as a primary candidate of the mPTP especially that many triggers and inhibitors of the latter directly bind to the F_0F_1 -ATP synthase to induce their function. For instance, Ca^{2+} , one of the most important triggers of the mPTP binds to the β -subunit of the F_0F_1 -ATP synthase 149 , and H^+ , one of the most potent inhibitors of mPTP (acidic pH), binds and protonates a histindine on the OSCP-subunit to exert its inhibitory effect 150 . Also, the nucleotides ADP and AMP that inhibit channel opening both bind to the catalytic headpiece of F_0F_1 -ATP synthase and constitute substrates for this enzyme 135 , while the pharmacological inducer Bz423 binds subunit OSCP 151 . Finally, the F_0F_1 -ATP synthase interacts with other proteins (ANT, PiC) that were initially thought to form the pore before they were concluded to have a regulatory role.

1.4.2.3. mPTP models involving other mitochondrial proteins

Halestrap suggested that the core components of the mitochondrial pore were constituted of the adenosine nucleotide translocase (ANT) and the phosphate carrier (PiC), and is triggered by cyclophilin D (CyP-D) binding¹⁵². Another model suggested the involvement of the VDAC. However, while Cyp-D knockout mice were highly resistant to Ca^{2+} -induced mPTP ¹⁵³ animal models lacking ANT ¹⁵⁴, VDAC ¹⁵⁵, or PiC ¹⁵⁶ still developed a CsA-sensitive mPTP, therefore suggesting a regulatory role rather than an essential structural component of these proteins in pore formation. In another model, He and Lemasters proposed that misfolded and aggregated proteins of the mitochondrial membrane formed the pore ¹⁵⁷. However, this model does not explain the role of Ca^{2+} in inducing the pore, or its regulation by $\Delta \psi m$, matrix pH and adenine nucleotides.

In conclusion, the only consensus in relation to the identity of the mPTP is that it is far from being discovered. The accumulated evidence may be pointing to the existence of several pores that may open simultaneously by the different triggers, which if true, complicates the pharmacological inhibition of this pore as different molecules instead of a single one must be targeted. What we know with certainty is that mPTP occurs with more frequency and relevance in the aged heart and it would be interesting to understand the mechanism behind this higher propensity to pore opening in advanced age. Could a post-translational modification be the responsible for this age-associated increase in the lethal mPTP? Let's take at the pathological consequences of dicarbonyl stress in aging in chapter 5.

1.5. Entropy and Terminal Protein Damage

Although our body is equipped with the necessary mechanisms to correct almost any possible biological error, the time-dependent loss of the efficiency of the repairing mechanisms underlies the progressive occurrence of molecular damage that eventually determines the aging phenotype. Repairing mechanisms are genetically-determined and have been evolutionarily selected to increase our fitness. It has been described that after the age of reproductive maturity, these mechanisms start to lose their strength and efficiency in all biological systems. By contrast, loss of molecular fidelity follows a random pattern and represents the direct consequence of the reduced activity of the repairing systems and the decreased turnover capacity. This trade-off between repairing systems and molecular damage is what ultimately determines our longevity as individuals and species. Since bio-energetic deficiency seems to be a hallmark of aging, and since energy is also a currency that needs to be paid so our systems maintain a functional status, mitochondria again seem to play an important role in favouring the failure of our systems in advanced age.

1.5.1. Entropy reigns in aging

For any given situation, the probability of disorder is always higher than that of order, of randomness higher than organization, of failure higher than success... This concept delineates the Second Law of Thermodynamics that governs the physical world and biological systems and describes the notion of entropy, where entropy is a measure of disorder. This tendency to fall into disorder increases with time, and entropy can only be reversed or halted by investing energy and effort into putting things back in their place.

How does this apply to a biological system? Live organisms represent a temporary challenge to the second law of thermodynamics and organize into highly structured and regulated systems at the expense of high energy consumption. Our bodies are equipped with boundless repair and maintenance mechanisms that expend a massive amount of energy into amending and reversing the effects of entropy on our system. However, since the efficiency of the repairing mechanisms declines with the passing of time¹⁵⁸ (Fig. 17), and since survival pathways and stress resistance pathways slow down significantly, our cells start to accumulate irreversible damage at the level of proteins, DNA, RNA which are the principle targets of molecular damage. Therefore, the net molecular entropy gradually but steadily increases with time and presents a mechanism that increases the likelihood of diseases and death and molecular damage becomes a natural and inevitable constituent of physiological aging. Moreover, since entropy is counteracted by energy, this again takes us back to

the mitochondria and in particular to the F_0F_1 -ATP synthase, and points to the prominent role that energy deficiency may have in driving the aging process.

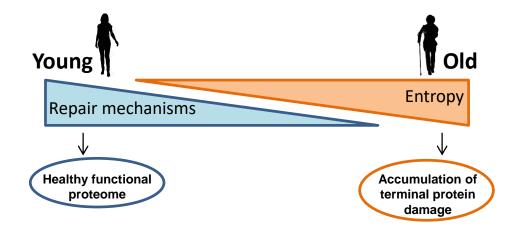


Figure 17: Illustration depicting the time-dependent decline from efficient repair mechanism and the shift towards entropy and loss of molecular fidelity.

1.5.2. Dicarbonyl stress as a prominent mechanism of age-related molecular damage

For the absolute majority of the modifications that can occur at the level of proteins, even when damaging, there usually exists an endogenous system that can reverse or remove them. The problem in aging lies in that the mechanisms that can impede the progression towards an irreparably damaged phenotype decline significantly, while damaging pathways become more active. One of the most prominent mechanisms that induce age-related molecular damage is dicarbonyl stress, in which cytotoxic by-products accumulate and react with proteins to render them irreversibly dysfunction, therefore facilitating the transition to a phenotype where molecular "chaos" predominates.

1.5.2.1. Dicarbonyls and terminal protein damage

Dicarbonyl compounds are highly reactive and toxic by-products that arise from several endogenous metabolic pathways including glycolysis^{159,160}, the catabolism of ketone bodies ^{159,160}, the pentose phosphate pathway, the polyol pathway¹⁶¹, lipid peroxidation, the degradation of Schiff bases, and the enolization of the Amadori products from the Maillard reaction¹⁶². The most important dicarbonyl products are methylglyoxal (MGO), glyoxal (GO) and 3-deoxyglucosone (3-DG) of which MGO is the most reactive and the most infamous for its cytotoxic and damaging effects¹⁶⁰. If not properly eliminated, these compounds can accumulate and produce dicarbonyl stress which leads to grave pathological consequences upon initiating non-enzymatic chemical transformation of target proteins and other macromolecules that eventually lead to a complex and heterogeneous set of modified compounds collectively named as advanced glycation end products (AGEs). Unlike

oxidations¹⁶³, phosphorylations¹⁶⁴, acetylations¹⁶⁵ and other post-translational modifications (PTMs), these chemical reactions occur spontaneously, are irreversible and do not participate in the regulation of protein function. Dicarbonyl stress has been directly implicated in aging and disease^{16,166,167}, while efficient dicarbonyl removal was associated with healthy aging¹⁶⁸.

1.5.2.2. What makes dicarbonyls and the modification they produce pathogenic?

The cytotoxicity of dicarbonyl compounds is due to several factors including their extremely high reactivity and to the functional and structural consequences they produce upon modifying molecular targets among others. These compounds can react with positively charged amino acids (arginine and lysine in particular 169-171) to produce terminally modified chemical compounds in a time frame as short as 24 hours ¹⁷², and the immense reactivity of MGO is illustrated by up how to 99% of free MGO is bound to biological macromolecules ^{161,173}. The reaction usually involves condensation between a carbonyl group of a protein with the aldehyde group of MGO 162. Dicarbonyls modify proteins by forming adducts or covalent cross-links that can yield irreversibly dysfunctional proteins as a consequence of the produced structural deformity in the native conformation and/or alteration in the functional unit of a protein (Fig. 18). Importantly, these modifications can fall in protein-protein, enzyme-substrate, receptor-antigen, or protein-DNA interaction sites¹⁷⁴ and ultimately cause the loss of biological function of the molecule in question. The pathological effects of these modifications may be more relevant on proteins that have a complex tertiary and quaternary structure. In addition, such protein modifications can cause protein denaturation and unfolding which facilitates their aggregation into highly cytotoxic, amorphous and insoluble aggregates known as lipofuscin ¹⁷⁵ that accumulate in aging especially in non-dividing cells such as cardiomyocytes ¹⁷⁶.

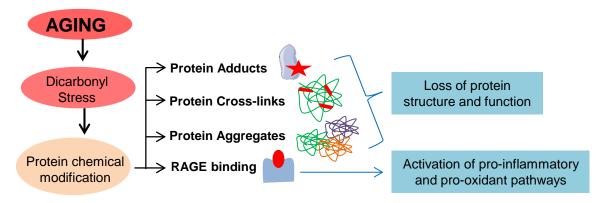


Figure 18: Scheme depicting the pathogenic mechanisms of non-enzymatic reactions in aging.

Adding to that, dicarbonyl compounds are membrane-permeable and can cross the plasma membrane to reach the extracellular space and even the plasma. Extra-cellularly formed dicarbonyl

adducts can react with a specific membrane receptor, the "receptor for advanced glycation end products" RAGE of the immunoglobulin superfamily, and activate a deleterious intracellular signalling cascade ¹⁶² which leads to a pro-inflammatory and pro-oxidant state ^{160,177}.

Finally, two more factors may contribute to the toxicity of these post-translational modifications. First, their irreversible nature and the absence of endogenous removal pathways favour their accumulation throughout time. Unfortunately, none of the drugs developed so far to reduce precursor availability (MGO quenching) or break down already formed dicarbonyl-induced modifications have proved sufficiently effective or safe. Among those drugs are aminoguanidine¹⁷⁸, metformin¹⁵⁹, carnosine¹⁷⁹, pyridoxamine (PM)¹⁸⁰, Rifampicin¹⁸¹, and Algebrium^{182,183}. Second, the vast diversity and heterogeneity of these glycation products (Table 1) probably exerts an additive effect on their toxicity where our body is exposed to terminally damaged proteins of varying chemical properties and reactivities^{159,162,171,184}.

Table 1: summarizes the most known and characterized dicarbonyl-derived AGEs.

MG-derived AGEs	G-derived AGEs	3-DG-derived AGEs
MG-H1	G-H1	3-DG-H1
MG-H2	G-H2	3-DG-H2
MG-H3	G-H3	3-DG-H3
Pentosidine	Pentosidine	Pentosidine
Carboxyethyllysine	Carboxymethyllysine	Carboxymethyllysine
(CEL)	(CML)	(CML)
Carboxyethylarginine	Carboxymethylarginine	Pyrraline
(CEA)	(CMA)	ryrranne
Tetrahydropyrimidine	Carboxymethylcyteine	Formyline
(THP)	(CMC)	Torrityiirie
ArgPyrimidine	Carboxymethylorthinine	DOGPIC
Aigrymmume	(CMO)	DOGFIC
MODIC	GODIC	DOGDIC
MOLD	GOLD	DOLD
	GOLA	Lysyl-pyrropyridine

Over the last few decades, many studies have identified increased dicarbonyl stress-induced modifications in various tissues as a major causative mechanism for the development of many agerelated diseases^{160,185}. Neurological pathologies such as Alzheimer's ¹⁸⁶, Parkinson's and Huntington's diseases ¹⁸⁷, and CVDs including atherosclerosis¹⁶², diabetic cardiomyopathy, myocardial dysfunction and HF ²⁰, in addition to other age-associated pathologies such as glaucoma ¹⁸⁸ and kidney disease ¹⁸⁹ have all been linked to the increased accumulation of those chemically modified proteins in the tissue.

1.5.2.3. The glyoxalase pathway

The glyoxalase-I (GLO-I) enzyme is a ubiquitously expressed and evolutionarily conserved cytosolic enzyme that exerts an essential role in the organism by detoxifying these highly reactive dicarbonyls. It is responsible for the elimination of more than 99% of MGO and can also detoxify GO. The extreme efficiency of the GLO system makes the function of other dicarbonyl detoxification pathways including the NADPH-dependent aldo-keto reductases (AKR)^{160,162} and aldehyde dehydrogenases (ALDH)¹⁵⁹ negligible. Importantly, and to our knowledge, there is no viable model of GLO-I knockout because an organism that completely lacks GLO-1 is incompatible with life. In fact studies in C. elegans^{190,191} have linked GLO-I to longevity, where genetic knockdown of the gene shortened lifespan while its induction prolonged it. Unfortunately, deficiency of GLO-1 system has been demonstrated in aging^{20,192}, and has been related to the development of many age-related diseases. Our group has recently demonstrated that although GLO-1 expression remained preserved in the aged heart of humans and mice, its activity declines significantly in advanced age²⁰. The deficiency in the GLO-1 system was identified as the cause behind the increased accumulation of terminally modified proteins in the aged myocardium of both humans and mice.

The GLO system comprises two enzymes: the rate-limiting GLO-I and GLO-II with glutathione (GSH) as a cofactor ¹⁵⁹. In the first step of this reaction, GSH reacts with MGO to produce a hemithioacetal which is then converted into S-D-lactoylglutathione by GLO-I (Fig. 19). This intermediate is consequently converted into the non-toxic metabolite D-lactate by GLO-II in a second reaction ¹⁶¹. Although S-D-lactoylglutathione is a non-toxic metabolite, its conversion into D-lactate is essential for recycling the cofactor and anti-oxidant GSH whose bioavailability may otherwise be compromised ¹⁶¹. The GLO system is the major detoxification pathway for GO as well, and converts it into glycolate.

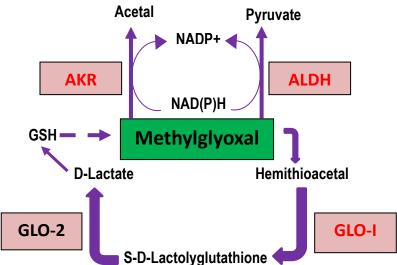


Figure 19: Schematic representation of the GLO-I, AKR, and ALDH pathways for the elimination of MGO.

1.5.3. Aging transforms mitochondria into a hub of molecular damage

Although there is a global increase in molecular damage during aging, mitochondria confer an environment which facilitates their targeting by pernicious molecules such as dicarbonyl compounds and thereby transform into hubs of molecular damage in advanced age. In the first place, mitochondria have an extremely high metabolic activity which can generate reactive intermediates such as ROS. On the one hand, ROS can be directly implicated in mitochondrial dysfunction secondary to direct molecular oxidative damage, however, ROS can also be involved in the increased chemical transformation of proteins mediated by dicarbonyl compounds, especially that several of these final modified products require an oxidation step during their formation ¹⁹³. Importantly, the increased lipid peroxidation of mitochondrial membranes by ROS in aging may be an important source for the generation of mitochondrial MGO and GO¹⁹⁴ which consequently react with and modify proteins. In fact, whether produced inside the mitochondria or diffused from the cytosol, mitochondria are able to accumulate both MGO and GO¹⁹⁵ and have been previously described to be important targets of dicarbonyl-induced chemical modifications 196,197. The decreased GLO-I efficiency in the aged heart²⁰ may be another mechanism that favours the diffusion of the accumulated non-detoxified dicarbonyl compounds into the mitochondria as well. In fact, dicarbonyl targeting of non-mitochondrial proteins may also end up altering mitochondrial function. Our group has demonstrated that in the aged heart, increased dicarbonyl stress that arises partly as a consequence of a deficient GLO-I deficiency can lead to the modification of the RyR receptor. The latter becomes leaky, thereby exposing mitochondria chronically to an increased Ca²⁺ load. This defect in the RyR gating properties leads to the accumulation of intra-mitochondrial Ca²⁺ that can ultimately affect its energetic function and favour the development of HF²⁰. Last but not least, mitochondria lack an intra-mitochondrial GLO system that can detoxify the toxic dicarbonyl intermediates which facilitates their accumulation and makes their reaction with mitochondrial proteins more probable. The increased oxidative stress in aging¹⁹ and the parallel decrease in antioxidant mechanisms²⁰ in addition to the increased dicarbonyl stress and the consequent accumulation of dicarbonyl-modified proteins produce a harmful positive feedback loop that favours the accumulation of molecular damage in mitochondrial proteins in particular ^{193,198,199}.

Importantly, recently, several studies have a described a mechanism in which defective cytosolic proteins become transported into the mitochondria for their proteolysis, a process denominated as mitochondria-associated proteostastis^{200,201}. Taking into consideration the overall decrease in proteostasis in aging⁵⁵, this mechanism may increase the accumulation of dysfunctional proteins intra-mitochondrially and exacerbate organelle damage.

Introduction

Taking all the above into consideration, it would not come as a surprise if some mitochondrial proteins with a vital role could be a target of these molecular damages in aging. Importantly, the F_0F_1 -ATP synthase contains many positively charged amino acids that can be targeted by reactive dicarbonyls, and has an essential function that is intimately related to its tertiary and quaternary structure (dimers and oligomers). Since the bioenergetic efficiency of mitochondria decreases with aging, and since F_0F_1 -ATP synthase is found at a location which favours molecular damage at the IMM, we wonder whether it could be an important target of dicarbonyl damage in aging.

2. Hypothesis

The heart develops an energy supply/demand mismatch during aging that underlies its reduced tolerance to exercise and stress, the severity of which determines the onset of HF and may be involved in the increased death of aged cardiomyocytes after I/R injury. The mitochondrial F₀F₁-ATP synthase plays a fundamental role in energy production in the heart (>90% of ATP) through OXPHOS and mitochondrial cristae morphogenesis, and recent evidences suggest that it may be the true molecular entity of mPTP, precipitating energy collapse and cell death under certain pathological conditions. Dicarbonyl compounds accumulate in the aged cardiomyocytes, are particularly reactive in mitochondria, and tend to interact with proteins that are rich in positively charged amino acids, inducing deleterious structural and functional consequences.

Hypothesis:

Because cardiac F_0F_1 -ATP synthase is an abundant protein with multiple positively charged amino acids and a very complex structure, the present thesis hypothesized that it could be a molecular target of dicarbonyl compounds during aging. The chemical modification of F_0F_1 -ATP synthase as a consequence of the dicarbonyl attack would have deleterious consequences on the ultra-structure and the bio-energetic function of mitochondria that would ultimately reduce its energetic efficiency and increase the susceptibility of the cells to mPTP in response to stress.

3. Objectives

Objectives:

The main objective of the present thesis is to evaluate whether the F_0F_1 -ATP synthase is a target of dicarbonyl damage in cardiomyocytes during aging and the consequences this may have on the structure and the bioenergetic function of the mitochondria.

Our secondary objectives are:

- 1. Evaluate the accumulation, distribution, types and targets of dicarbonyl-induced protein modifications in myocardial proteins during aging using proteomic analysis.
- 2. Explore whether the mitochondrial F_0F_1 -ATP synthase constitutes a target of dicarbonyl damage in aging by applying immunological techniques and proteomics analysis.
- 3. Investigate whether a dicarbonyl attack on F₀F₁-ATP synthase may have functional consequences on mitochondrial bioenergetics (respiration, ATPase activity, mPTP susceptibility) and/or on mitochondrial ultrastructure (TEM).
- 4. Establish a model that can prove the cause-effect relationship between increased dicarbonyl modification of F₀F₁-ATP synthase, if present, and the observed functional decline observed in aging.

4. Materials and Methods

4.1. Biological Models

The results of this thesis were obtained from myocardial tissue, isolated adult cardiomyocytes and isolated mitochondria from mouse hearts and from rat myocyte cell line H9c2. All procedures on animals were approved by the Ethical Committee of the Vall d'Hebron Research Institute (reference number CEEA 53/20) and were conducted in accordance with the EU directive 2010/63EU and Spanish transposition RD 53/2013 on protection of animals for scientific purposes.

MOUSE MYOCARDIUM

The mice were euthanized with an intra-peritoneal injection of 0.3-0.4mL sodium pentobarbital (150 mg/Kg). Myocardium, cardiomyocytes and mitochondria were obtained from young (5-6 months) and old (≥20 months) C57BL/6J mice.

Myocardial homogenates

Myocardial homogenates were used for the mass spectrometry study. Protein extracts were obtained by heart tissue homogenization with ceramic beads (MagNa Lyser Green Beads apparatus, Roche, Germany) in extraction buffer (50mmol/L Tris-HCl, 1mmol/L EDTA, 1.5% SDS, pH 8.5) (see below).

Isolation of adult mouse cardiomyocytes

Calcium tolerant rod-shaped cardiomyocytes from young and old mice were isolated by retrograde perfusion of the heart in a Langendorff system. The heart was rapidly excised and transferred into cold physiological serum to remove excess blood, cannulated through the aorta in the Langendorff system and washed with a calcium-free modified Krebs buffer containing (in mmol/L): NaCl 100, HEPES sodium salt 10, MgSO₄ 1.2, KH₂PO₄ 1.3, KCl 2.6, glucose 11, and 2,3-butanedione monoxime 10 (BDM) to prevent contraction, pH 7.3, at 37°C. The aorta was cannulated just below the aortic arch where the subclavian, carotid and brachiocephalic ramifications are present, but not too deep, to avoid penetrating the ventricle with the cannula. The filling of coronary vessels with the Krebs solution induces the swelling of the myocardium and is indicative of proper aortic cannulation. A concentration of 0.03% of type II collagenase (Worthington, LS004176) with 15 µmol/L of calcium were added to 80mL of Krebs buffer, and the heart was perfused during 15 min at an approximate rate of 1 drop/s to allow the digestion of the extracellular matrix and the disruption of cell-to-cell connections. After 15 min, the heart, which should have a lighter color and a very soft texture due to tissue digestion, was withdrawn from the cannula, the atria removed and the ventricles cut into small pieces and then minced as finely as possible with a scalpel. The digested tissue was placed in a

plastic container and incubated with Krebs buffer containing collagenase for an additional 10 min at 37°C. During this time, the solution was pipetted up and down to help disaggregate the tissue.

The digested tissue was then filtered through a nylon mesh with 180µm pore, and centrifuged at 25xg for 3 min at room temperature. The supernatant containing endothelial cells and fibroblasts was discarded, and the pellet (rich in cardiomyocytes) was subjected to a gradual normalization of calcium concentration up to 1 mmol/L to specifically select calcium-tolerant cardiomyocytes. For this purpose, the pellet was resuspended in Krebs buffer with 125 µmol/L of calcium and centrifuged again 3 times (25xg, 2 min). After each centrifugation, the supernatant was discarded and an increasing concentration of calcium (125 µmol/L, 200 µmol/L and 1 mmol/L) was added to the pellet. During the isolation protocol, the calcium is added gradually to avoid calcium-induced hypercontracture, a pathological response that is triggered in cardiomyocytes previously depleted of calcium ("the calcium paradox"). The final pellet rich in rod-shaped calcium-tolerant cardiomyocytes was resuspended in M199 medium supplemented with 4% fetal bovine serum (FBS) and seeded in wells pre-coated with 5% laminin. About 30min after plating, round non-attached cells were discarded by changing the medium. Only when the initial yield of rod-shaped cardiomyocytes was ≥50%, preparations were considered suitable for experiments. Experiments were performed within the next few hours after cell isolation.



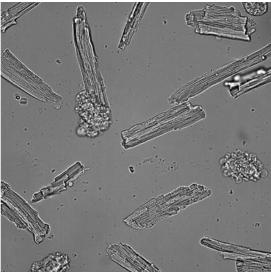


Figure 20: Representative images of isolated cardiomyocytes. Elongated cells are the rod-shaped Ca²⁺ tolerant viable cardiomyocytes, while the round cells are the dead calcium intolerant cells. Left image was acquired with 5X magnification and right image was acquired with 40X magnification.

Isolation of cardiac mitochondria

Mitochondria from mouse myocardium were obtained using differential centrifugation according to the method initially described by Palmer et al. 202 .

In mice, both subsarcolemmal mitochondria (SSM, located beneath the sarcolemma) and interfibrillar mitochondrial (IFM, located in direct contact with the myofibrils) subpopulations were obtained. Briefly, after excision of the heart, the atria were removed and the ventricular tissue was homogenized in cold sucrose isolation buffer (in mmol/L: sucrose 290, MOPS 10, EGTA 1, pH 7.4) with a Potter-Elvehjem tissue homogenizer. The homogenates were centrifuged at 800xg for 5 min at 4°C and the resulting supernatant was centrifuged at 5000xg for 5 min at 4°C to obtain the SSM population. The pellet obtained after the initial centrifugation at 800xg was resuspended in cold potassium isolation buffer (in mmol/L: KCl 100, MOPS 50, EGTA 1, pH 7.4), treated with proteinase K (≥30units/mg, Sigma P2308) and homogenized again in the tissue homogenizer. Importantly, after homogenization, 1 mmol/L of phenylmethanesulfonyl fluoride (PMSF), a proteinase K inhibitor, was added to prevent continued enzymatic digestion of the sample. This homogenate was centrifuged at 800xg for 5 min at 4°C and the resulting supernatant was subsequently centrifuged at 5000xg for 5 min to obtain the IFM pellets. When needed, an additional step of Percoll gradient (Sigma, P1644) at 17% was performed (12500xg, 8min, 4°C) to obtain a purer mitochondrial preparation. Isolated mitochondria were stored on ice until use.

H9c2 MYOBLASTS

<u>Culture and maintenance of H9c2 cell line</u>

H9c2 myoblastic cell line from *Rattus norvegicus* heart tissue was commercially obtained (Sigma, 88092904) and maintained in high glucose Dulbecco's Modified Eagle Medium supplemented with 10% FBS and 1% penicillin/streptomycin in a saturated humidity incubator with 5% CO₂, at 37°C. The culture medium was replaced every 2-3 days and the cells were split at sub-confluence (70-80%) with 0,05% trypsin-EDTA. Briefly, the cells were washed with phosphate buffered saline (PBS) and incubated with trypsin for 3 min at 37°C. Trypsin was then inactivated with FBS-supplemented DMEM, and the cells were collected and centrifuged at 250xg during 5 min, after which the pellet was resuspended in fresh culture medium and seeded. The cells were used between passages 10-20. For storage, the cells were frozen in freezing medium containing 95% DMEM culture medium supplemented with 5% DMSO. The cells were initially stored at 4°C for 2h, then transferred to -80°C for 24h after which they were placed in liquid nitrogen for long term storage. This process allows for gradual freezing and ensures minimal cell death. For thawing, the cells were defrosted at 37°C,

transferred to fresh culture medium and centrifuged at 250xg during 5 min to remove DMSO. The pellet was finally resuspended in fresh culture medium and seeded.

The bioenergetic profile of H9c2 cells is highly dependent on oxidative phosphorylation, by contrast to other cell lines that are much more glycolytic, and also they have an active mitochondrial network with significant respiratory activity. These features resemble those present in adult cardiomyocytes, making these cells a reliable model to study mitochondrial function ²⁰³.

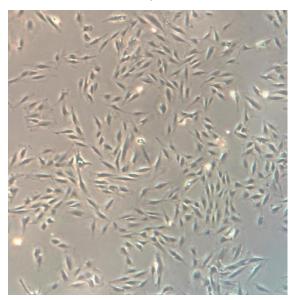


Figure 21: H9c2 cell culture at 70-80% confluence

<u>Induction of dicarbonyl stress in H9c2 cells</u>

We established a dicarbonyl stress model in H9c2 cells to simulate the conditions present in aging and evaluate the cause-effect relationship between the increased dicarbonyl stress and the consequences it may have on mitochondrial energy production and sensitivity to damage (mPTP opening) seen in aging. For this purpose, two experimental groups were established: 1) the control group; and 2) the dicarbonyl stress group that simulates pro-glycative conditions. For the dicarbonyl stress group, H9c2 cells were treated for 3 consecutive days with 5µmol/L of the glyoxalase inhibitor S-p-bromobenzylglutathione cyclopentyl diester (SML, Sigma SML 1306) with an exogenous addition of 200µmol/L of MG (Sigma, M0252) to overload the detoxification system and favor accumulation of dicarbonyl modified proteins. The medium was replaced daily with fresh treatment throughout the 3 days of treatment after which the assays were performed. In the control group, the medium was replaced daily with fresh DMEM during 3 consecutive days.

<u>Isolation of mitochondria from H9c2 cells</u>

Isolated mitochondria from H9c2 cells were used to determine the ATP hydrolase activity (see protocol below) and were obtained using differential centrifugations following a method similar to

that used for the isolation of cardiac mitochondria. Briefly, the adherent cells were washed with PBS, trypsinized and pelleted with a centrifugation at 250xg for 5 min at room temperature, after which cold sucrose isolation buffer supplemented with 100 units/mL DNase (ROCHE, 04536282001,) and 10-15 units proteinase K were added. The samples were homogenized with Potter-Elvehjem tissue homogenizer and proteinase K was inhibited with 1 mmol/L PMSF. The homogenate was centrifuged at 800xg for 5 min at 4°C. The supernatant was finally centrifuged at 5000xg for 5 min at 4°C to obtain the final H9c2 mitochondrial pellet which was stored on ice until use.

4.2. Biochemical Determinations

MOUSE MYOCARDIUM

Western blot of dicarbonyl modifications, and of FoF1-ATP synthase subunits, IF1 and OPA1

Western blot analysis was employed to determine the impact of increased dicarbonyl stress present in aged mice, on the abundance of MGO-modified proteins, and to evaluate the relationship between increased dicarbonyl stress and the expression levels of several mitochondrial proteins including different subunits of F_0F_1 -ATP synthase, IF1 and OPA1.

In mice, freshly isolated SSM and IFM from young and old mouse hearts were purified with a Percoll gradient, and solubilized with 1% n-dodecyl β -D-maltoside (DDM) when needed. Top speed centrifugations of lysed samples followed by protein concentration quantification of obtained supernatants were performed.

SSM and IFM samples were mixed with Laemmli sample buffer at 1X final concentration and heated at 95°C for 5 min. 20-50µg of protein was loaded into a polyacrylamide gel (at adequate acrylamide concentration) and the electrophoresis was performed under denaturing conditions in TRIS/Glycine/SDS buffer at constant 80-120mV. Proteins were transferred in TRIS/Glycine buffer, pH 8.5 with 10% methanol/membrane during the time optimized for each protein at constant 100mV. Nitrocellulose membranes of 0.45µm pore or polyvinylidene difluoride membranes (PVDF) of 0.22µm pore were used depending on the molecular weight of the protein of interest. All membranes were blocked with non-protein blocking agent Roti-block at 1X for 1h at room temperature.

Membranes were blotted against CML, MGO-modified proteins, F_0F_1 -ATP synthase subunits α , β , d and OSCP (ATP5A, ATPB, ATP5H, and ATP5O, respectively), in addition to IF1 and OPA1 at the conditions detailed in the following table. Anti-SDHA (succinate dehydrogenase) was used as a loading control for CML and MGO blotted membranes. Anti-VDAC (voltage-dependent anion

channel) was used as a loading control for the rest of the primary antibodies. All primary antibodies (Ab) were incubated overnight at 4°C, and all secondary Abs (anti-mouse, Sigma A4416, 1:10000 and anti-rabbit, Pierce 31460, 1:10000) were incubated for 1h at room temperature. The signal was detected by chemi-luminescence in Odyssey imaging system from LI-COR, and the density of the bands was quantified as mean gray value in inverted images using ImageJ software.

Table 2: Summary of antibody dilutions and µg of proteins used for the Western Blots

1º Ab	Reference	1º Ab Dilution	μg SSM or IFM	μg H9c2 extracts
MGO	Cell Biolabs STA-011	1:1000	50	50
CML	Abcam ab27684	1:1000	50	50
ATP5A	Abcam ab176569	1:10000	35	50
АТРВ	Novus Biologicals NBP2-67171	1:10000	35	50
ATP5H	Abcam ab173006	1:2000	20	50
ATP5O	SantaCruz sc-365162	1:2000	20	50
IF1	Abcam ab110277	1:1000	35	50
OPA1	Novus Biologicals NBP1-71656	1:1000	35	50
GLO-1	SantaCruz sc133214	1:500		50
SDHA	Abcam ab14715	1: 20000		
VDAC	Abcam ab14734	1:5000		
β-Actin	Sigma A5441	1:5000		

Proteomics

Mass spectrometry analysis, and modified peptide and protein identification and quantification Protein extracts were obtained by heart tissue homogenization with ceramic beads (MagNa Lyser Green Beads apparatus, Roche, Germany) in extraction buffer (50mmol/L Tris-HCl, 1mmol/L EDTA, 1.5% SDS, pH 8.5). Proteins were digested on-filter by the Fasilox approach using 50 mmol/L iodoacetamide to block free (reduced) thiol groups and 40 mmol/L DTT followed by 50 mmol/L Nethyl-maleimide to reduce-alkylate disulfide bonds²⁰⁴. The resulting peptides were labeled with TMT 10-plex following manufacturer instructions. The TMT10-plex experiment was composed from 4 biological replicates coming from young, 4 from old, and two channels reserved for internal standard (I.S.) samples. The I.S. was created by pooling all the samples and was used as reference to express

relative quantification values. The labelled peptides were separated by high pH reversed-phase (Thermo Scientific) into 5 fractions and analyzed by nano-liquid chromatography-tandem mass spectrometry (nanoLC-MS/MS) using a FUSION mass spectrometer (Thermo Scientific). Peptide and protein identification were performed using the SEQUEST HT algorithm integrated in Proteome Discoverer 2.1 (Thermo Scientific). MS/MS scans were searched against a mouse target database (UniProtKB/Swiss-Prot, July 2016, 16958 protein sequences) including as variable modifications the following AGEs in 5 different search batches: 2-ammonio-6-[4-(hydroxymethyl)-3-oxidopyridinium-1yl]-hexanoate (HMOP, 108.021129 Da) in Lys, hydroxyphenylglyoxal (1HPG, 132.021129 Da) in Arg, bis-hydroxphenylglyoxal (BHPG, 282.052824 Da) in Arg, methylglyoxal-derived hydroimidazolone (MG-H1, 54.010565 Da) in Arg, dihydroxyimidazolidine in Arg (DHI, 72.021129 Da), glyoxal-derived hydroimiadazolone (G-H1, 39.994915 Da) in Arg, malondialdehyde (MDA, 54.010565 Da) adduct in Lys and carboxymethyl (CM, 58.005479 Da) in Lys and Trp residues. Other variable modifications included Met oxidation (15.994915 Da), Cys carbamydomethylation (57.021464 Da) and methylthiolation (45.987721 Da), and TMT10-plex (229.162932 Da) on Lys and peptide N-terminus. Precursor mass tolerance was set to 800 ppm and fragment mass tolerance at 0.03 Da; precursor charge range was set to 2-4; and 3 was the maximum fragment charge. 2 miss-cleavages were allowed and only y- and b-ions were used for scoring. The same MS/MS spectra were also searched against an inverted database constructed from the same target database. False discovery rate (FDR) of peptide identifications was calculated by the refined method with an additional filter for precursor mass tolerance of 15 ppm ^{205,206}. Quantitative information was extracted from MS/MS spectra of TMT-labeled peptides using Proteome Discoverer 2.1 (Thermo Scientific). Modified peptides and protein quantification was performed using the Generic Integration Algorithm ^{207,208} on the basis of the WSPP model ²⁰⁹ with some modifications ²¹⁰. Peptide and protein abundance changes are expressed in standardized units corrected by the corresponding protein abundance (zpq) or the experiment mean (zq). Significant peptide or protein abundance changes across the different samples were detected by applying Student's t test to zpq or zq data, respectively, and differences were considered statistically significant at p < 0.05. Differences between normal distributions in terms of zpq or zq were analyzed by two-tailed Kolmogorov-Smirnov test.

<u>Determination of mitochondrial content</u>

To quantify mitochondrial content, citrate synthase (CS) activity was quantified. CS is a mitochondrial matrix enzyme that catalyzes the first step of the Krebs cycle. Therefore, the quantification of CS activity can be used as an indicator of the amount of mitochondria present in the sample (mitochondrial pool). To liberate the CS from mouse mitochondria, the samples were first lysed with 0.1% Triton-X and then mixed with 0.3mmol/L Acetyl-CoA and 0.1mmol/L 5,5'-

dithiobis-(2-nitrobenzoic acid) (DTNB, Ellman's reagent) in TRIS-HCl pH=8 buffer. The reaction was initiated with 0.1mmol/L oxaloacetate (OAA). The CS allows the reaction between Acetyl-CoA and OAA to produce citrate from the conversion of DTNB into 2-nitro-5-thiobenzoate (TNB), whose absorbance can be monitored spectrophotometrically at 405nm. Therefore, a kinetics reaction was performed during 5 min, and the Beer-Lambert equation was used to obtain units of CS per min (USC/min) which was finally normalized by mg of protein.

Protein quantification

Protein concentration in mouse samples was determined by Bradford assay method and expressed as mg/mL. The sample was solubilized in 0.15% sodium deoxycholate (SOD) and then diluted in water. An albumin standard curve ranging from 0-200 μ L was used, and after the addition of the reagents, the absorbance of both standards and samples was determined spectrophotometrically at 595nm, and the concentration was calculated from the absorbance-concentration curve of the standards (y = ax + b).

H9c2 MYOBLASTS

Western blot of dicarbonyl modifications, and of F₀F₁-ATP synthase subunits, IF1 and OPA1

In the H9ce model, Western blot analysis was performed to determine the effect of increased dicarbonyl stress on the abundance of MGO-modified proteins, and on several mitochondrial proteins including different subunits of F_0F_1 -ATP synthase, IF1 and OPA1, in addition to the expression of the cytosolic GLO-1 protein.

In H9c2 cells exposed to dicarbonyl stress for 3 days (and the corresponding control), whole cell homogenates were obtained by lysing and scraping the cells with lysis buffer (in mmol/L: 50 TRIS HCl, 10 EDTA, 150 NaCl, 1% Triton X-100, 1 reducing agent dithiothreitol (DDT) supplemented with phosphatase inhibitors sodium fluoride (NaF, 10mmol/L), sodium orthovanadate (Na₃VO₄, 2mmol/L) and protease inhibitors (PI, 1%), and after a top speed centrifugation, protein was quantified by the Lowry method.

For all western blots with H9c2 cell extracts, 50 μ g of protein was used. The electrophoresis, transfer, blocking and primary and secondary antibody incubations were performed in conditions similar to those applied for SSM and IFM mouse samples. Anti-GLO1 was used at 1:500. Anti- β -actin was used as a loading control for all H9c2 samples.

MTT protocol for H9c2 viability

To determine the effect of the chronic dicarbonyl stress (SML-MG) on cell viability throughout time, MTT assay was performed. The MTT (thiazolyl blue tetrazolium bromide) assay measures viable cells by evaluating mitochondrial dehydrogenase activity, which cleaves the tetrazolium ring of the MTT, yielding purple formazan crystals that are insoluble in aqueous solution. The crystals are then dissolved resulting in a purple solution that is colorimetrically quantified at 620 nm, such that higher absorbance values suggest a higher number of viable cells and vice versa. The cells were treated with either SML (5μmol/L), MG (200μmol/L) or SML-MG (5 and 200μmol/L, respectively) during 3 consecutive days, and the MTT was added directly to the culture medium of control and treated H9c2 cells at 0.5mg/mL final concentration. After 3h of incubation at 37°C with 5% CO₂, the medium was gently aspirated and the formazan crystals were solubilized with DMSO for 30 min at 37°C, after which the absorbance was read at 620nm. The assay was performed at days 0, 1, 2 and 3 and values were expressed as changes in cell viability with respect to day 0 of each treatment group (considered as the initial cell number).

<u>Determination of mitochondrial content</u>

To quantify total mitochondrial content, citrate synthase activity was quantified in isolated mitochondria of H9c2 cells. Mitochondria were first lysed with 0.1% Triton-X and then the reaction was initiated similarly to mouse mitochondrial samples by the addition of 0.3mmol/L acetyl-CoA and 0.1mmol/L DTNB and 0.1mmol/L OAA in TRIS-HCl pH=8 buffer.

Protein quantification

Protein concentration was determined by either Bradford or Lowry assay methods and expressed as mg/mL. The choice to use one or another assay was based on the sample buffer composition that may contain agents that react non-specifically with the assay reagents. Bradford assay was performed similarly to mouse samples quantifications. For the Lowry assay, an albumin standard curve ranging from 0-800ug/mL was used. After the addition of the reagents and incubating them 30min at $37^{\circ}C$, the absorbance of both standards and samples was determined spectrophotometrically at 562nm, and the concentration was calculated from the absorbance-concentration curve of the standards (y = ax + b).

4.3. Microscopy studies

MOUSE MYOCARDIUM

Immunofluorescence for intracellular MGO-derived modification

To determine intracellular MGO-modified proteins, isolated cardiomyocytes were washed with PBS, and fixed with 4% formaldehyde during 10min at room temperature. The fixed cells were permeabilized with 0.1% Triton X-100 for 20min at room temperature and blocked with Roti-block at 1X in PBS-Tween 0.05% during 1h. The primary Ab anti-MGO (Cell Biolabs STA-011, 1:50) was added and incubated overnight at 4° C, after which the cells were washed with PBS-Tween 0.05%, and the secondary Abs conjugated to an Alexa fluorescent probe were added. ALEXA anti-mouse 546 IgG (Invitrogen, A11003) 1:1000 was added for 1h at room temperature. After another washing step, the nuclei were stained with Hoescht-33342 at 5μ g/mL. Mounting medium and cover slips were added to the slides, and Z-plane images were acquired with the spectral FluoView-1000 Olympus confocal microscope. The quantification of the intracellular AGEs fluorescence was determined as mean gray value in 16-bit images (Image J).

Co-localization of F₀F₁-ATP synthase and MGO-derived modifications

Isolated mouse cardiomyocytes were fixed and permeabilized as described in the previous method. The cells were incubated simultaneously with anti- F_0F_1 -ATP synthase (subunit α , Abcam ab176569, 1:199) and anti-MGO (Cell Biolabs, STA-00, 1:50) at 4°C overnight, and incubated with secondary antibodies ALEXA anti-rabbit 488 IgG (Invitrogen, A11008) and ALEXA anti-mouse 546 IgG (Invitrogen, A11003) both at 1:1000, for 1h at room temperature. Central Z-planes were captured with a confocal microscope (FluoView-1000 Olympus) and the degree of colocalization was determined by the Mander's correlation coefficient using the Image Correlator Plus plugin of ImageJ in 8-bit images. An increased colocalization between F_0F_1 -ATP synthase and MGO was considered indicative of increased MGO-induced ATP synthase modification. These images were also used to quantify the abundance of both F_0F_1 -ATP synthase and MGO-derived modifications. Equal expression levels of F_0F_1 -ATP synthase in young and old cardiomyocytes with a specific increase in MGO-derived modifications only in cardiomyocytes from old mouse hearts indicate that the increased MGO-derived modification levels are the determining factor for the increased colocalization observed.

Proximity ligation assay (PLA) for F₀F₁-ATP synthase modification by MGO

A proximity ligation assay (PLA) is a highly specific and sensitive assay that combines immunological (Ab binding) and molecular (DNA amplification) techniques to detect protein-protein interactions or protein post-translational modifications in cell or tissue samples. Only when the target proteins are encountered at close proximity (10-40nm) is a positive fluorescent spot, indicative of protein interactions or of a post-translational modification, produced. These fluorescent spots are acquired by a confocal fluorescent microscope and the number of spots per cell area (spots/ μ m²) analysed.

Briefly, after the cells are fixed and permeabilized, two different primary Abs are used to bind the proteins of interest. Following primary Ab incubation, secondary Abs are added. In this technique the secondary Abs called PLA probes (PLUS and MINUS) are conjugated to a sequence of oligonucleotides known as a ligation arm. When the distance between them is inferior to 10-40nm, connecting oligonucleotides can hybridize to the ligation arms in the presence of a DNA ligase, producing a closed circular DNA which functions as a primer for rolling circle amplification (RCA). Accordingly, the addition of a DNA polymerase will allow for concatemeric sequence amplification meanwhile incorporating fluorescently-labeled nucleotides into the amplified sequence. This allows the signal to be amplified up to a 1000 times, and produces an individual fluorescent spot at the site of protein interaction/modification.

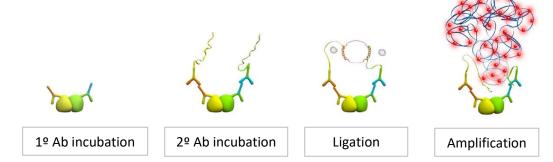


Figure 22: Illustrations of the different steps of a PLA.

For the PLA addressed to evaluate the MGO-induced modification of F_0F_1 -ATP synthase, isolated mouse cardiomyocytes were washed with PBS, fixed with 4% formaldehyde for 10 min, and permeabilized with 0.1% Triton X-100 for 20 min. Non-specific Ab binding was prevented by blocking with polymer-based blocking reagent Roti-Block at 1x for 1h at room temperature, and then the primary antibodies were added. The cardiomyocytes were labeled simultaneously with primary Ab: rabbit monoclonal anti-ATP5a (α subunit of mitochondrial F_0F_1 -ATP synthase, Abcam ab176569) at 1:100, and mouse monoclonal anti-MGO (Cell Biolabs, STA-011) and incubated overnight at 4°C. Next, the PLA probes anti-mouse MINUS (Sigma, DUO92004) and anti-rabbit PLUS (Sigma, 92002) were added for 1h at 37°C. Then, ligase and a ligation buffer containing connecting oligonucleotides

were added for 30 min at 37°C. Finally, polymerase and an amplification buffer containing fluorescent oligonucleotides were added for 1h and 30 min at 37°C. The nuclei of the cells were stained with Hoescht 33342 at 5ug/ml for 10 min, and ultimately, mounting medium and cover slips were added to the slides.

The prepared samples were left at room temperature protected from light for at least 30 min before fluorescent images were acquired by a confocal microscope (FluoView-1000, Olympus). The number of positive fluorescent spots was quantified using the "analyze particles" tool of the FIJI software. In cardiomyocytes, 3 central Z-planes were analyzed excluding the nuclear area. The number of spots was normalized by the area of the cells and expressed as spots per area (um²).

PLA to evaluate dimerization of mitochondrial F₀F₁-ATP synthase

This type of PLA aims to evaluate the degree of dimerization of the mitochondrial F_0F_1 -ATP synthase by assessing the proximity between two F_0F_1 -ATP synthase monomers. Normally, two different primary Abs raised in two different species are used in PLAs. In this case however, our target protein, the mitochondrial F_0F_1 -ATP synthase, is made up of several protein subunits, some of which are present in more than one copy. Therefore, using two different primary Abs may lead to binding to two different subunits of the same monomer, consequently invalidating the results. Accordingly, a single primary Ab should be used, and this Ab should be directed against a subunit present in a single copy per monomer. The detection of interaction shall be achieved by using equal amounts of PLUS and MINUS secondary Ab probes raised against the same species.

For this PLA, the fixation, permeabilization and blocking of the isolated cardiomyocytes were performed similarly to the previous PLA. Here however, one primary antibody only was used: mouse monoclonal anti-ATP5h (d subunit of mitochondrial F_0F_1 -ATP synthase, Abcam ab110275) at 1:100. Secondary PLA probes directed against the same species were then added: anti-mouse MINUS and anti-mouse PLUS (Sigma, DUO92001). While the fluorescent interaction between two primary antibodies is indicative of dimerization between two independent monomers, a decrease in the number of positive fluorescent spots can be indicative of an increased intermolecular distance between two monomers and therefore decreased dimerization of F_0F_1 -ATP synthase.

<u>Transmission Electron microscopy and quantification of mitochondrial cristae tip curvature</u>

To determine age-dependent differences in mitochondrial ultrastructure in mouse hearts, TEM images were acquired from myocardium of young and old mice. The hearts were cannulated through the aorta on Langendorff aperture. First, the hearts were perfused by Ca Tyrode solution for 5 min (in mmol/l: 135 NaCl, 5.4 KCl, 5 MgCl2, 1 CaCl2, 0.33 NaH2PO4, 10 HEPES, pH 7.3), followed by

perfusion with calcium free Tyrode solution (in mmol/l: 135 NaCl, 5.4 KCl, 5 MgCl2, 0.02 CaCl2, 0.33 NaH2PO4, 10 HEPES, pH 7.3), and finally by perfusion fixation with 2.5% glutaraldehyde) in 0.15 mol/L sodium cacodylate buffer (pH 7.4). Small pieces from left ventricle and papillary muscle were cut (~1 mm³), post-fixed overnight in 4°C in 2% osmium tetroxide partially reduced by 0.8% $K_4Fe(CN)_6$ in 0.15 mol/L Na-cacodylate buffer. Samples were contrasted en bloc with 1% uranylacetate in diH2O, dehydrated in graded series of acetone, embedded in Spurr's resin. Longitudinal, ultrathin sections (65–80 nm) were cut from the resin-embedded blocks with a diamond knife (Diatome-US, USA) using a Leica UCT ultramicrotome and caught on a copper grid covered with formvar film. Images of longitudinal oriented cardiomyocytes were obtained via an FEI Tecnai 12 TEM fitted with an AMT XR-111 10.5 Mpx CCD camera at 3,200 – 15,000× magnification (80 kV).

Low magnification images were used to compare differences in mitochondrial shape, size, and distribution in young and old mouse myocardium, while high magnification images were used to compare other mitochondrial ultrastructural aspects including cristae shape and pattern, and cristae tip curvature. Morphometric analysis of mitochondrial cristae tip curvature was performed using Kappa, ImageJ, NIH (Mary H, Brouhard GJ. Kappa (κ): Analysis of Curvature in Biological Image Data using B-splines.

H9c2 MYOBLASTS

Immunofluorescence for intracellular MGO-modified protein accumulation

To determine intracellular MGO-modified proteins, similarly to isolated cardiomyocytes, control and SML-MG treated H9c2 cells were washed, fixed, permeabilized and blocked and posteriorly incubated overnight with anti-MGO (Hycult biotec HM5014, 1:50). Secondary Ab ALEXA anti-mouse 546 lgG, Invitrogen, A11003) at 1:1000 was added for 1h at room temperature. A single central Z-plane image was acquired with the spectral FluoView-1000 Olympus confocal microscope and the quantification of the intracellular MAGEs fluorescence was determined as mean gray value in 16-bit images (Image J).

PLA for F₀F₁-ATP synthase glycation and dimerization in H9c2

The same protocol applied for determining F_0F_1 -ATP synthase glycation and dimerization in isolated cardiomyocytes was employed for H9c2 cells on day 3 of dicarbonyl stress induction and the respective controls. In this model however, only one single central Z-plane image was acquired and the total number of positive fluorescent spots obtained per field were normalized against the number of nuclei and therefore expressed as spots/cell.

4.4. Functional Assays

4.4.1. Functional assays to evaluate the activity of F₀F₁-ATP synthase

MOUSE MYOCARDIUM

Mitochondrial respiration by Oximetry

Age-associated changes in mitochondrial respiration were measured using a Clark-type electrode (Hansatech) in isolated SSM and IFM from young and old mouse hearts. The electrode contains a platinum cathode and a silver anode that can detect soluble oxygen in a liquid phase across an oxygen-permeable polytetrafluoroethylene (PTFE) membrane with saturated KCL as an electrolyte. When oxygen comes in contact with the polarized platinum (700mV), it becomes reduced and therefore generates a detectable current that is stoichiometrically related to the oxygen concentration. Therefore, O_2 consumption by the mitochondria is detected by a decrease in the amount of oxygen reduced at the level of the electrode, in other words, by a lower current.

After instrument equilibration with assay buffer (in mmol/L: 100 KCL, 50 MOPS, 1 EGTA, 5 KH $_2$ PO $_4$, 1 MgCl $_2$, pH 7.4), the zero oxygen value was established by the addition of sodium dithionite. The chamber was thoroughly washed after dithionite addition, and when a stable signal was reestablished, the experiment was initiated. Isolated mitochondria were added to the chamber containing assay buffer with complex 1 substrates malate (2mmol/L) and glutamate (5mmol/L) or complex 2 substrate succinate (6mmol/L) in addition to rotenone (0.6 μ mol/L) to inhibit complex 1. O $_2$ consumption was registered for 30-40 sec to obtain the E2 respiration state corresponding to the basal respiration. Then 0.5mmol/L of ADP was added to activate oxidative phosphorylation and ATP synthesis that corresponds to state 3 (E3) respiration. Finally, 1μ mol/L of oligomycin was added to inhibit the F_0F_1 -ATP synthase and to obtain state 4 (E4) respiration that corresponds to respiration uncoupled from ATP synthesis. The rates obtained for each of states E2, E3 and E4 were normalized against units of citrate synthase per mg of protein (USC/mg) and expressed as nmol O2/min*USC.

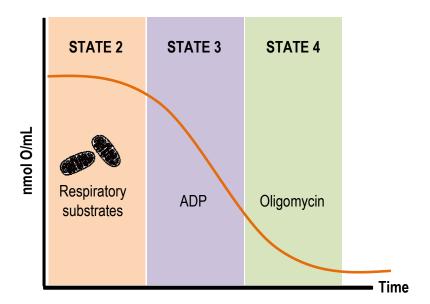


Figure 23: Representative figure of the curves obtained in the different mitochondrial respiratory states.

ATPase activity in isolated mitochondria

To investigate the potential impact of aging on F_0F_1 -ATP synthase activity, the hydrolytic function of the enzyme was quantified in isolated mouse mitochondria. Reversal of mitochondrial F_0F_1 -ATP synthase activity from ATP synthesis to hydrolysis occurs when mitochondrial membrane potential is lost; this makes possible the measurement of ATPase activity *in vitro* in isolated and solubilized mitochondria, in which the mitochondrial membrane potential is non-existent. Isolated SSM and IFM from young and old mouse hearts were solubilized with non-ionic detergent DDM at 1% final concentration. The mitochondria were incubated with DDM on ice for 30, and then centrifuged at top speed (21,000xg, 20 min, 4°C). Solubilized mitochondrial protein concentration was quantified by Bradford method.

Next, oligomycin-sensitive ATPase activity was determined in two independent steps. In the first step, 100ug of solubilized mitochondria were added with or without 10μmol/L of oligomycin (Agilent, 103015). Reaction was initiated by adding KCl-MOPS buffer (in mmol/L: 100 KCL, 50 MOPS, pH 7.4), with 2mmol/L ATP in addition to 10μmol/L diadenosine pentaphosphate pentasodium salt (Ap5a) to inhibit adenylate cyclase, one of the major ATP-consuming mitochondrial enzyme. The reaction was allowed to proceed for 15 min before it was stopped with oligomycin in those did not contain oligomycin from t=0min.

In the second step, the remaining ATP, which has not been hydrolyzed in step one, was quantified. For this purpose, 50uL of sample was added to KCl-MOPS buffer containing 2.5mmol/L glucose, 2 units/mL of hexokinase/glucose-6-phosohate dehydrogenase (G6PD) and 2mmol/L NADP sodium salt. The conversion of glucose to glucose-6-phosphate by hexokinase consumes the remaining ATP

present in the samples, while the conversion of glucose-6-phosphate to 6-phospho-gluconate by G6PD consumes NADP yielding NADPH, which changes the absorbance at 340nm, therefore allowing colorimetric analysis. Absorbance at 340nm was measured after 15 min of reaction and the mmol/L of remaining ATP was calculated using an ATP standard curve coupled to NADPH production as with the solubilized mitochondrial samples.

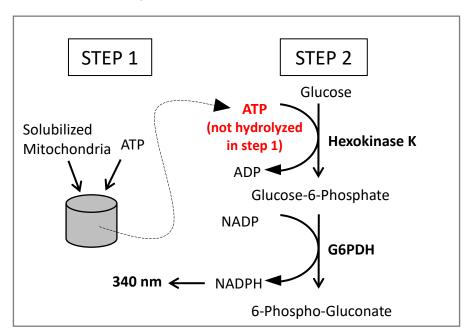


Figure 24: Scheme of the protocol used to asses ATPase function in vitro.

Finally, the percentage of hydrolysed ATP was calculated by considering 2mmol/L ATP from standard curve as 100% ATP, and applying the following formula:

The data obtained from samples incubated with oligomycin at t=0 min were used to calculate the percentage of oligomycin inhibition by applying the following formula:

% oligomycin inhibition =
$$\frac{2\text{mmol/L ATP Standard} - (\text{mmol/L ATP in Sample} + \text{Oligomycin})}{2\text{mmol/L ATP Standard}} \quad \text{X 100}$$

Blue Native In-Gel Activity of Mitochondrial ATPase Activity

Unlike the *in vitro* ATPase activity determination that only demonstrates the total ATPase activity (sum of all forms; monomers, dimers, oligomers), blue native (BN) in-gel activity ATPase allows to quantify the effect of aging on the hydrolytic activity of F₀F₁-ATP synthase in each of its different

monomeric, dimeric and oligomeric forms, as well as their relative abundance. Blue native in-gel activity was performed in isolate SSM and IFM of murine heart. BN-polyacrylamide gel electrophoresis (BN-PAGE) employs non-denaturing conditions to resolve proteins solubilized in non-ionic detergents, therefore ensuring optimal maintenance of native protein structure and function. In this method, the denaturing SDS used in the conventional electrophoresis to confer the proteins the negative charge essential for their migration, is replaced by Coomassie G-250, which gives a negative charge without interfering with the native protein structure.

For the BN electrophoresis, highly purified SSM and IFM from young and old mice were obtained according to the normal mitochondrial isolation protocol followed by Percoll purification. The obtained pellets were posteriorly reconstituted in extraction buffer (in mmol/L: 30 HEPES, 150 potassium acetate, 2 6-aminocaprionic acid, 20% glycerol, pH 7.4), the protein concentration quantified, and the samples finally solubilized with digitonin at a proportion of 0.5mg of digitonin/mg of mitochondrial protein. The solubilization was performed on ice during 1h, after which a centrifugation at 21000xg for (20min, 4°C) was carried out. The supernatant was collected and the protein concentration was determined again. Subsequently, 20ug of each of the SSM and IFM preparations were mixed with the G-250 sample additive at a final concentration equivalent to 1/4th of the detergent and were loaded into a Native-PAGE Bis Tris 3-12% gradient gel. The electrophoresis was performed in an anode and a cathode running buffer, where the cathode buffer contained 0.002% of G-250 cathode buffer additive, and the samples were resolved at a constant 10-12mA during 4h.

For the ATPase in-gel activity, after electrophoresis the gel was carefully transferred to a recipient containing assay buffer (in mmol/L: 35 TRIS HCl, 270 glycine, 14 MgSO₄, 1 ATP and 0.2% of lead nitrate (Pb(NO₃)₂, pH 7.8), while reserving some lanes of the gel to place in another recipient containing the assay buffer with 10µmol/L of oligomycin (to serve as a control for the specificity of the probe). The gels were left to incubate overnight at room temperature. When ATPase activity is present, the ATP is converted into ADP and phosphate. The released phosphate will therefore bind to the Pb present in the buffer, causing the precipitation of lead phosphate at the sites of enzymatic activity. Those precipitations develop silver-white colored bands, by contrast to lanes in which oligomycin is present and no precipitation develops. The gels were transferred into a clear plastic bag, and an image was acquired with the GelXs Doc, Quantity One from Bio-Rad. The mean greay value of each monomeric and oligomeric form of the F₀F₁-ATP synthase was quantified using FIJI software and expressed as a percentage of the total ATPase (whole lane precipitation bands).

H9c2 MYOBLASTS

Mitochondrial ATP Production in by Seahorse Analyzer

To assess the impact of dicarbonyl stress on the activity of F_0F_1 -ATP synthase, ATP production rate was monitored by real-time ATP rate assay using respiratory modulators oligomycin and rotenone/antimycine (Rot/AA) in a Seahorse XFp analyzer (Agilent Technologies, Seahorse Bioscience, Santa Clara, USA). This test allows the quantification of the relative contribution of OXPHOS with respect to glycolytic pathways for ATP generation. Control and SML-MG treated cells were trypsinized on day 3 of glycative treatment and seeded at 15000 cells/well in culture media (0.2%FBS \pm 5 μ mol/L SML-200 μ mol/L MG where it corresponds) in Seahorse XF HS Mini 8-well plates precoated with 0.1% gelatin, at 37 μ C. On the day prior to the experiment, the sensor cartridge was hydrated with XF calibrant and stored overnight in a non-CO2 incubator.

After 24h of cell passaging, culture medium was replaced by DMEM medium pH 7.4 (bicarbonate free) supplemented with 25mmol/L glucose, 1mmol/L pyruvate and 2mmol/L L-glutamine and incubated at 37 $^{\circ}$ C (1h, non-CO2 incubator). After loading the respiratory modulators oligomycin and Rot/AA into the ports of the sensor cartridge, the cartridge and the XFp Miniplate were loaded into the Seahorse analyzer. Following an equilibration period, 3 running cycles were performed. Real-Time ATP rate assay was performed using 1.5 μ mol/L oligomycin, and 0.5 μ mol/L of each Rot/AA. In each cycle, 3 different recordings were determined with a 5min interval between each.

At the end of the experiment, cells were lysed (0.1% Triton X-100) and protein was determined by Bradford. The ATP production rate was calculated from the rate of O2 consumption coupled to ATP production (OCR data) during OXPHOS (mitoATP) and from lactate production during glycolysis (ECAR data), which was converted to glycolytic ATP production rate (glycoATP). MitoATP and GlycoATP rates (pmols/min) were normalized by µg of protein. Changes in the bioenergetics profile as a consequence of in vitro dicarbonyl stress were described as the relative difference between mitoATP and glycoATP production rates compared to the total ATP rate.

Agilent Seahorse XF Real-Time ATP Rate Assay

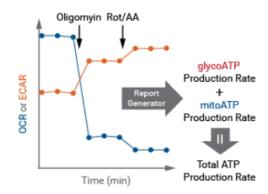


Figure 25: Scheme of the experimental protocol (Agilent, Seahorse) used to analyse the bioenergetics profile of H9c2 cells.

ATPase activity in isolated mitochondria

Isolated H9c2 mitochondria were used to determine the effect of induced dicarbonyl stress on *in vitro* ATPase activity. The same protocol applied for isolated mouse mitochondria was used here. Briefly, mitochondria from control and SML-MG treated H9c2 cells were solubilized with 1% DDM, for 5 min on ice, and then centrifuged at top speed (21,000xg, 20 min, 4°C) and protein concentration determined. In the first step of the reaction, 20ug of H9c2 solubilized mitochondria were added with or without 1umol/L of oligomycin. Reaction was initiated by adding KCl-MOPS buffer (in mmol/L: 100 KCL, 50 MOPS, pH 7.4), with 1mmol/L ATP for H9c2 mitochondria in addition to 10umol/L Ap5a.The reaction was allowed to proceed for 15 min before it was stopped with oligomycin except in those wells that already contained oligomycin from t=0min. The second step was performed in the same conditions applied for isolated mouse mitochondria.

4.4.2. Functional assays to evaluate the susceptibility to mPTP

MOUSE MYOCARDIUM

ROS-induced mPTP in isolated mouse cardiomyocytes

ROS are, along with calcium, one of the most prominent triggers of mitochondrial permeability transition pore (mPTP). Therefore, experimental induction of oxidative damage through intermittent laser illumination is a standardized method used to evaluate the susceptibility of the mitochondria to suffer mPTP ²¹¹. For this purpose, cells are loaded with a photon-sensitive fluorescent mitochondrial marker, like tetramethylrhodamine ethyl ester (TMRE), which generates a significant amount of ROS when irradiated with laser. This marker is taken up by the mitochondria in a manner dependent on the membrane potential, and upon irradiation, the susceptibility to mPTP is quantified as the time at which irreversible mitochondrial depolarization and energy collapse is produced. In cardiomyocytes, this phenomenon is detected as cell shortening secondary to energy exhaustion (rigor contracture). Therefore, isolated cardiomyocytes from young and old mouse hearts were loaded with 100nmol/L of TMRE during 15 minutes in control HEPES buffer (in mmol/L: 140 NaCl, 20 HEPES acid, 1 CaCl₂, 3.6 KCl, 1.2 MgSO₄, 5 glucose, pH 7,4) and were consequently exposed to intermittent laser irradiation in a confocal microscope (Ex/Em 561/590nm, Zeiss LSM980). The excitation was performed at 5% laser intensity with 2 seconds intervals, and the changes were recorded until the cells underwent rigor or hypercontracture shortening. In a subset of cells, the control HEPES buffer was supplemented with the mPTP inhibitor cyclosporine A (CsA 1µmol/L) or substituted by HEPES buffer at pH 6,4 to inhibit mPTP opening. The images were analyzed in ZenBlue software and the time to the onset of cell shortening, in addition to the percentage of decrease in cell length were compared between young and old mouse cardiomyocytes.

H9c2 MYOBLASTS

ROS-induced mPTP in H9c2 cells

The same method used in isolated cardiomyocytes was applied in H9c2 cells to determine the effect of dicarbonyl stress on mPTP susceptibility. Briefly, control and SML-MG treated cells were loaded with 100nmol/L of TMRE during 15 minutes and consequently exposed to intermittent laser irradiation in a confocal microscope (Ex/Em 561/590nm, Zeiss LSM980) at 0.5% laser intensity with 2 seconds intervals, and the changes in fluorescence were recorded during 15min. In a subset of cells, CsA or pH 6,4 were added as well. Images were analyzed in ZenBlue software and the time at 30% loss of TMRE fluorescence was compared between control and SML-MG groups. Unlike, cardiomyocytes, these cells do not undergo cell shortening upon energy collapse, so another parameter (time at 30% depolarization) was used to compare the susceptibility to mPTP between groups.

Spontaneous time-dependent mPTP

The impact of dicarbonyl stress on spontaneous time-dependent mPTP was determined in control and SML-MG treated H9c2 cells by evaluating the overlap coefficient between mitochondrial calcein and mitotracker red (MTR) throughout time. Calcein uptake by the mitochondria depends of mitochondrial membrane potential, and the fluorochrome is lost upon mPTP and mitochondrial membrane depolarization, whereas MTR covalently binds to mitochondrial proteins and its fluorescence remains stable. Therefore, hypothetically, if mitochondrial abundance is not altered upon dicarbonyl stress induction, the MTR signal should remain constant throughout time, and the changes of calcein to MTR overlap can be indicative of calcein release, or in other words, mPTP. For this purpose, control and SML-MG treated H9c2 where simultaneously loaded with calcein (1µmol/L, 15min, 37°C) and mitotracker red (MTR, 200nmol/L, 30min, 37°C) on days 0, 1, 2 and 3. To remove the contribution of the cytosolic calcein signal, the cells were post-incubated with 1mmol/L cobalt chloride (CoCl₂) ²¹² for 15min at 37°C. In some replicates, 0.2μmol/L CsA was presented during dicarbonyl stress induction to inhibit mPTP-dependent calcein release. Occurrence of mPTP was determined on days 0, 1, 2 and 3 as CsA-sensitive decay in the coefficient overlap between calcein and MTR fluorescence (Zeiss LS980) using 8-bit images (Image J) such that a decrease in the value of the overlap is indicative of a decreased calcein signal and therefore more mPTP.

4.5. Statistical Analysis

Data are expressed as mean \pm standard error of the mean (SEM). When data followed a normal distribution, a two-tailed t-test for independent or paired samples was applied. For data not following a normal distribution, the non-parametric Mann-Whitney test for medians was applied. ANOVA analysis was used for comparisons between more than two groups. Differences of p \leq 0.05 were considered as statistically significant. Statistical analyses were performed with SPSS v.20 software (New York, NY, USA).

Oxaloacetate (OAA)

Percoll

Penicillin/Streptomycin (P/S)

Phenylmethanesulfonyl fluoride (PMSF)

Reagent Reference 2,3-butanedione monoxime 10 (BDM) Sigma, B0753 5,5'-dithiobis-(2-nitrobenzoic acid) (DTNB) Sigma, D8310 Acetyl-CoA Sigma, A2181 Adenine triphosphate (ATP) Sigma, A9187 Adenosine diphosphate (ADP) Sigma, A5285 Calcein-AM Molecular Probes, C3100MP Cobalt chloride Sigma, C3169 Cyclosporine A (CsA) Sandinmun Diadenosine pentaphosphate pentasodium salt (Ap5a) Sigma, D4022 Dimethyl sulfoxide (DMSO) Panreac, A3672 Dithiothreitol (DDT) Thermo Scientific, 20291 **DNase** ROCHE, 04536282001 Dulbecco's Modified Eagle Medium (DMEM) ATCC, 30-2002 Electrophoresis buffer (TRIS/Glycine/SDS buffer) BioRad, 1610772 enhanced chemiluminescence substrates (ECL) GE Lifesciences, RPN2236 Fetal bovine serum (FBS) Gibco, 10270 Formaldehyde PanReac, 252931 G-250 cathode buffer additive Invitrogen, BN2002 Gelatin Gibco, 214340 Glucose Agilent Technologies, 103577-100 Glutamate Sigma, G1501 Hexokinase/Glucose-6-phosohate dehydrogenase G6PD, Sigma H8629 Hoescht 33342 Sigma, B2261 Laemmli sample buffer Sigma, S3401 Laminin Sigma, L2020 Lead nitrate (Pb(NO₃)₂₎ Sigma, 203580 L-glutamine Agilent Technologies, 103579-100 M199 medium Gibco™, 22340020 Malate Sigma, M6413 Methylglyoxal (MG) Sigma, M0252 Mitotracker red (MTR) Invitrogen, M22425 Mounting medium Sigma, M1289 NADP sodium salt Roche, 10128040001 Native-PAGE Bis Tris 3-12% gradient gel Invitrogen, BN1001 Native-PAGE G-250 sample additive Invitrogen, BN2004 NativePAGE running buffer Invitrogen BN2001 n-dodecyl β-D-maltoside (DDM) Sigma, D4641 Nitrocellulose membranes (NC) GE Lifesciences, 10600008 Non-protein blocking agent Roti-block Roth, A151.1 Oligomycin

Phosphate buffered saline (PBS) Medicago, 09-8912-100

Millipore, 495455

Sigma, 04126

Sigma, P1644

Sigma P7626

Panreac, A8943

PLA ligase and a ligation buffers

PLA polymerase and amplification buffers Polyvinylidene difluoride membranes (PVDF)

Protease inhibitors (PI)

Proteinase K

Pyruvate

Rotenone

Seahorse DMEM medium pH 7.4 Seahorse real-time ATP rate assay

Seahorse XF calibrant

Seahorse XF HS Mini 8-well plates

Sodium deoxycholate (SOD)

Sodium dithionite
Sodium Fluoride (NaF)

Sodium orthovanadate (Na₃VO₄)

S-p-bromobenzylglutathione cyclopentyl diester (SML)

Succinate

Tetramethylrhodamine ethyl ester (TMRE)

Thiazolyl blue tetrazolium bromide (MTT)

Triton X-100 Trypsin-EDTA

Type II collagenase

Sigma, DUO92008

Sigma, DUO92008

BioRad, 1620174

Sigma, P8340

Sigma P2308 Agilent Technologies, 103578-100

Sigma, R8875

Agilent Technologies, 103575-100

Agilent Technologies, 103591-100

Agilent Technologies, 103059-000

Agilent Technologies, 103022-100

Sigma, D6750

Sigma, 71699

Sigma, S7920

Sigma, S6508

Sigma, SML 1306

Sigma, S3674

Thermofischer, T669

Sigma, M2128

Sigma, T8787

Gibco, 25300-062

Worthington, LS004176

5. Results

5.1. Aging increases the accumulation of dicarbonyl-derived protein modifications in the aged mouse myocardium and F_0F_1 -ATP synthase is a prominent modification target

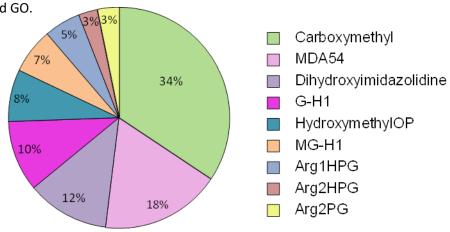
Many aged tissues and many age-related diseases have been characterized by the increased accumulation of dicarbonyl-modified proteins collectively known as AGEs^{20,162}. AGEs are terminally modified compounds formed by non-enzymatic reactions between dicarbonyl intermediate products and proteins that ultimately impair protein structure, conformation and activity.

A previous study disclosed that due to an age-dependent deficiency in the GLO-I activity, the main detoxification enzymatic system of the most reactive precursors MGO and GO, the aged myocardial tissue accumulates significantly higher levels of dicarbonyl-modified peptides in comparison with the young one ²⁰. However, the types and distribution of modifications and whether these affected only extra-cellular or intra-cellular proteins were not evaluated.

5.1.1. The myocardium predominantly accumulates dicarbonyl-induced modifications

A descriptive analysis of the types of dicarbonyl-induced modifications detected in the myocardium by a post-translational modifications (PTMs) massive proteomics study detected 9 different types of adducts and demonstrated that CML (34%) was the most abundant type of dicarbonyl adduct in the heart, followed by MDA54 (18%) and dihydroxyimidazolidine (12%) (Fig. 1).

Interestingly, 5 out of the 9 detected modifications, adding up to 81% of the total, derived almost exclusively from the dicarbonyl products MGO and GO, whose contribution to the overall amount of modifications is directly affected by the deficiency in the GLO-I system previously described. Dihydroxyimidazolidine, MDA54, and MG-H1 derive exclusively from MGO, and G-H1 exclusively from GO. CML on the other hand can be produced from GO or glucose. Finally, all of Arg1HPG, Arg2HPG Arg2PG and hydroxymethylOP derive from phenylglyoxal, an aldehyde related to both MGO and GO.



Results

Figure 1: The types of dicarbonyl-induced modifications in murine myocardium. Pie chart represents the different types of dicarbonyl modifications present in the mouse myocardium and the abundance of each type expressed as percentage of the total. CML (34%), MDA54 (18%), dihydroxyimidazolodine (12%), G-H1 (10%), hydroxymethylOP (8%), MG-H1 (7%), Arg1HPG (5%), Arg2HPG (3%), and Arg2PG (3%) were identified in the indicated proportions.

5.1.2. Myocardial dicarbonyl adducts almost exclusively affect lysine and arginine

Next, a qualitative analysis of the types of amino acids affected by the different dicarbonyl reactions demonstrated that lysines and arginines are the amino acids that form the predominant targets of dicarbonyl modifications in the heart (Table 1). Interestingly, these two amino acids have a very high probability of falling in functional areas of the proteins such as protein-protein interaction sites producing total loss of function of the target protein¹⁷¹.

		Lysine	Arginine	Tryptophan
1	Carboxymethyl	82%		18%
2	MDA54	55%	45%	
3	HydroxymethylOP	100%		
4	Dihydroxyimidazolidine		100%	
5	G-H1		100%	
6	MG-H1		100%	
7	Arg1HPG		100%	
8	Arg2HPG		100%	
9	Arg2PG		100%	

Table 1: The amino acid targets of the different types of dicarbonyl reactions in murine myocardium. The table represents the kinds of amino acid that constitute targets of dicarbonyl reactions detected by the proteomics analysis. Lysine and arginine are the most affected amino acids followed by tryptophan. The numbers indicate the percentage of the given type of modification that affects each kind of amino acid.

5.1.3. Dicarbonyl-induced modifications majorly accumulate on mitochondrial proteins

Next, we evaluated the distribution of dicarbonyl-induced modifications. While it is clear that the aged murine heart accumulates significantly higher levels of these modifications than the young one²⁰, it was not known whether they affect predominantly intra- or extracellular proteins and whether a specific organelle is more abused in this context. The analysis clearly demonstrated

that the absolute majority of the detected dicarbonyl adducts affect intracellular proteins (since they affect proteins that are found in subcellular compartments like the cytosol and other organelles) while a small minority (less than 7%) affect extracellular ones (in the Others category) (Fig. 2). This analysis also disclosed that mitochondria harbour the highest percentage of dicarbonyl-modified proteins (Fig. 2). Significant amounts of modified peptides were also found affecting myofibril, cytoskeleton and cytosolic proteins (Fig. 2).

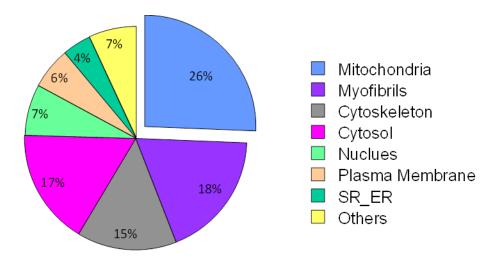


Figure 2: The distribution of dicarbonyl-modified proteins in subcellular compartments of the myocardial tissue. Pie chart represents the distribution of dicarbonyl-modified proteins in the different compartments of the cell, where the mitochondria harbours the highest number (26%), followed by the myofibrils (18%), cytockeleton (15%), cytosol (17%), nucleus (7%), plasma membrane (6%), SR_ER (4%) and the final 7% in other compartments including the golgi apparatus, the endosome, the lysosome, the peroxisome and the extracellular space.

The age-dependent increase in mitochondrial dicarbonyl-modified peptides was corroborated by Western Blot analysis in purified SSM and IFM from young and old mouse hearts that were immunoblotted against MGO-derived modifications (MAGEs) and CML. Immuno-labeling against MAGEs disclosed a significant increase in aging specifically affecting the IFM subpopulation (Fig. 3), while immunoblotting against CML demonstrated a significant age-dependent increase in both SSM and IFM from old mouse hearts (Fig. 4). These findings led us to wonder whether the F_OF₁-ATP synthase could be a target of dicarbonyl modification in advanced age in mouse hearts.

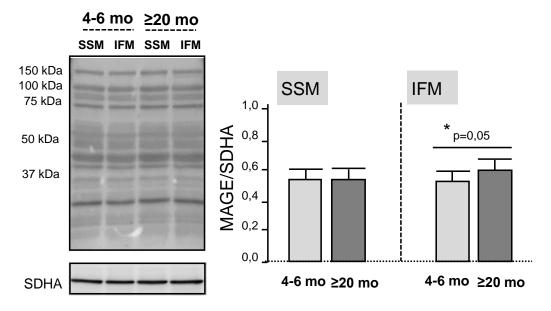


Figure 3: Aging increases MAGEs in IFM of old mouse hearts. Methylglyoxal-derived modifications (MAGEs) levels in SSM and IFM from young and old mouse hearts detected by WB; SDHA (succinate dehydrogenase complex) was used as loading control. Bar graphs represent the ratios between the optical density of the overall MAGEs in each mitochondrial population/group of age and SDHA and disclose a significantly higher MAGE accumulation specifically affecting the IFM subpopulation from old mouse hearts. Data are expressed as mean±SEM (n=5 mice per group, *p=0.05).

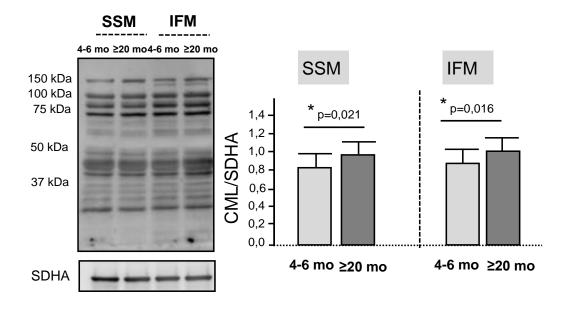


Figure 4: Aging increases CML in SSM and IFM of old mouse hearts. CML levels in SSM and IFM from young and old mouse hearts detected by WB; SDHA (succinate dehydrogenase complex) was used as loading control. Bar graphs represent the ratios between the optical density of the overall CML proteins in each mitochondrial population/group of age and SDHA and disclose a significantly higher CML accumulation affecting both the SSM (*p=0.021) and IFM (*p= 0.016) subpopulations of old mouse hearts. Data are expressed as mean±SEM (n=5 mice per group).

5.1.4. The F₀F₁-ATP synthase is a prominent target of dicarbonyl-modification in aged myocardium

Since F_0F_1 -ATP synthase is a molecule rich in positively charged amino acids at the level of several essential subunits, therefore making it a potential target of dicarbonyl attack, and since it is an essential molecule for providing the energy the heart needs on beat-to-beat basis, we quantified the degree of F_0F_1 -ATP synthase dicarbonyl-modification in the myocardium of young and old mice.

A high throughput differential proteomics analysis in whole myocardial homogenates from young and old mice revealed a significantly higher degree of dicarbonyl-induced modification in subunits α , d, OSCP, e and g but not in subunit β of the mitochondrial F_0F_1 -ATP synthase in the myocardium of the old mice. Importantly, both subunits e and g have been described to be essential for F_0F_1 -ATP synthase dimerization¹¹³, a process that increases the bio-energetic efficiency of mitochondria and plays a role in cristae morphogenesis. The sigmoidal curve presented below demonstrates a shift to a higher abundance of the mentioned dicarbonyl-modified F_0F_1 -ATP synthase subunits in myocardium of the old heart with respect to the global F_0F_1 -ATP synthase peptides (Fig. 5).

			Za	Zq	
Gene	Protein	Peptides	Young	Old	
alpha	Atp5a1	GVR _{MDA} LTELLK			
d	Atp5h	YTALVDQEEK _{CM} EDVK			
alpha	Atp5a1	ELIIGD <mark>R_{DHI}</mark> QTGK			
alpha	Atp5a1	GQ <mark>R_{DHI}ELIIGD</mark> R			
alpha	Atp5a1	TSIAIDTIINQK _{CM} R			
alpha	Atp5a1	GQR _{MDA} ELIIGDR			
alpha	Atp5a1	R _{DHI} TGAIVDVPVGEELLGR			
OSCP	Atp5o	VGQLLK _{CM} DPK			
alpha	Atp5a1	VVDALGNAIDG K_{MDA}GP IGSKTR			
d	Atp5h	IQEYEK _{CM} QLEK			
alpha	Atp5a1	QGQYSPMAIEEQVAVIYAGV <mark>R_{GH1}GY</mark> LDK			
g	Atp5l	LATF W _{CM} HYAK			
g	Atp5l	VELVPPTPAEIPTAIQSV K_{CM}K			
alpha	Atp5a1	GMSLNLEPDNVGVVVFGNDK _{CM} LIK			
alpha	Atp5a1	QTGK _{CM} TSIAIDTIINQK			
alpha	Atp5a1	VVDALGNAIDG K _{CM} GPIGSK			
F6	Atp5j	R _{DHI} QASGGPVDIGPEYQQDLDR			
alpha	Atp5a1	R _{MDA} TGAIVDVPVGEELLGR			
alpha	Atp5a1	GYLDK _{CM} LEPSK			
alpha	Atp5a1	AMK _{CM} QVAGTMK			
alpha	Atp5a1	HALIIYDDLSK _{CM} QAVAYR			
alpha	Atp5a1	EPMQTGIK _{CM} AVDSLVPIGR			
alpha	Atp5a1	ISEQSDAK _{CM} LK			
alpha	Atp5a1	QVAGT M_{ox}K_{CM}LELAQY R			
e	Atp5i	IER _{MDA} ELAEAQDDSILK			
OSCP	Atp5o	LDQVEK _{CM} ELLR			
d	Atp5h	EDVK _{CM} SC _{RED} AEFVSGSQLR			
d	Atp5h	IPVPEDK _{CM} YTALVDQEEK			
alpha	Atp5a1	VGLK _{CM} APGIIPR			
alpha	Atp5a1	SDGK _{CM} ISEQSDAK			
alpha	Atp5a1	DNGK _{CM} HALIIYDDLSK			

Results

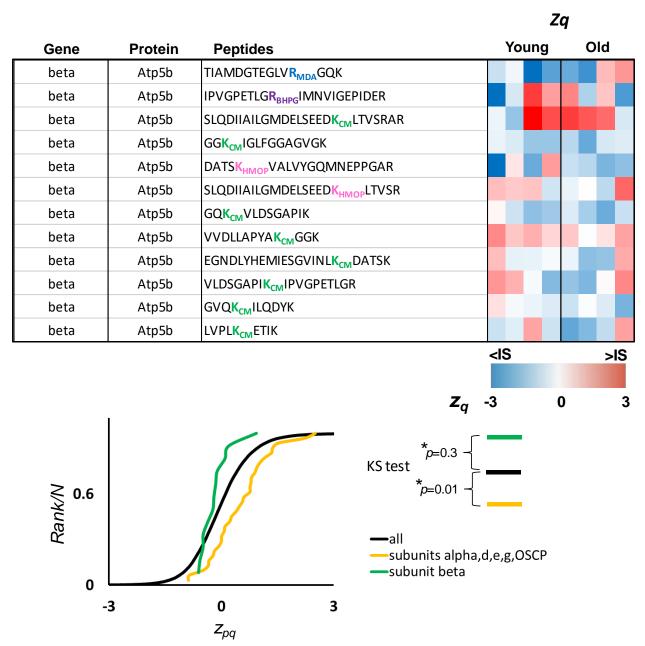


Figure 5: Quantitative proteomics analysis of dicarbonyl-modified peptides from cardiac F_0F_1 -ATP synthase during aging. The heat-maps show ATP synthase dicarbonyl-modified peptides, protein-corrected standardized peptide zpq values, whose magnitude is shaded according to the color scale at the bottom. DHI: Dihydroxy methylglyoxal adduct; CM: Carboxymethylation; MDA: MDA adduct +54; BHPG: bis(hydroxphenylglyoxal); HMOP: 2-ammonio-6-[4-(hydroxymethyl)-3-oxidopyridinium-1-yl]- hexanoate. The cumulative distributions of the zpq, (old versus young) values from all nonmodified peptides from all proteins (All), as well as from dicarbonyl-modified peptides from the ATP synthase subunit(s) are shown. Differences were analyzed by two-tailed Kolmogorov-Smirnov test.

To corroborate the increased dicarbonyl-induced modification of F_0F_1 -ATP synthase, both immunofluorescence colocalization and PLA were performed in isolated cardiomyocytes from young and old mouse hearts. In the immunofluorescence assay, isolated cardiomyocytes were simultaneously labelled against the subunit α of F_0F_1 -ATP synthase and MAGEs. The quantification of the degree of colocalization between F_0F_1 -ATP synthase and the intracellular MAGEs using Mander's coefficient disclosed a significantly higher value in cardiomyocytes from old mouse hearts. These results indicate an increased F_0F_1 -ATP synthase dicarbonyl modification associated with aging (Fig. 6). Immunofluorescence quantification was also performed for each of subunit α and MAGEs and indicated significantly increased level of intracellular MAGE levels and preserved F_0F_1 -ATP synthase expression in aging (Fig. 6-inset).

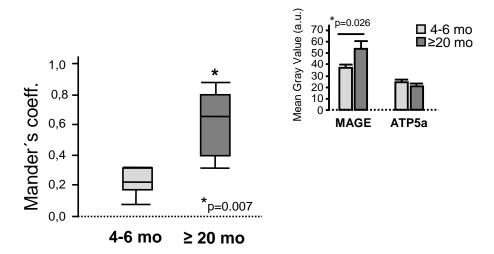


Figure 6: Increased F_0F_1 -ATP synthase dicarbonyl modification in aging. B) Box plots represent the colocalization between F_0F_1 -ATP synthase and MAGEs, as quantified by Mander's coefficient in central confocal Z-planes images of isolated inmunolabeled cardiomyocytes and disclosed is significantly higher colocalization in cardiomyocytes from old mouse hearts (*p=0.007). C) Inset represents the gray value of the respective anti-MAGE and anti-ATP5A fluorescent signals in those cardiomyocyte, and demonstrates significantly higher MAGE levels in cardiomyocytes from old mouse heart (*p=0.026) with a conserved expression of F_0F_1 -ATP synthase. Data correspond to mean \pm SEM (n=16-24 cardiomyocytes, n=5 mice per group).

Finally, a PLA addressed to detect an inter-molecular interaction <40nm distance between F_0F_1 -ATP synthase and MAGEs revealed an increased positive cross-reactivity in the cardiomyocytes from old mouse hearts, confirming an increased F_0F_1 -ATP synthase dicarbonyl-induced modification in aged cardiomyocytes (Fig. 7).

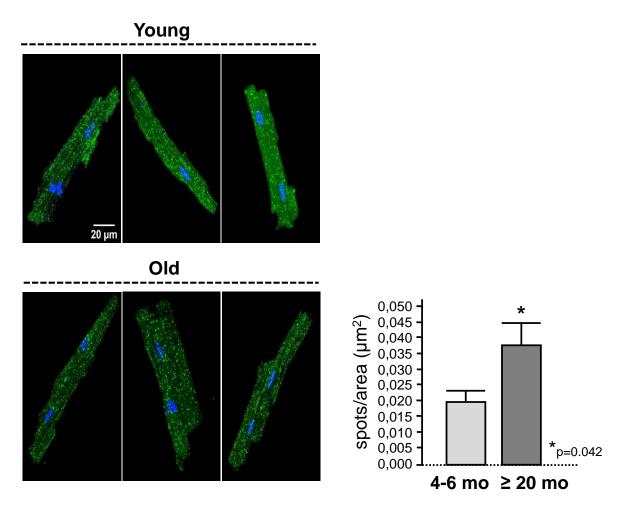


Figure 7: Increased F_0F_1 -ATP synthase dicarbonyl modification in aging. Fluorescent confocal images of the interaction between F_0F_1 -ATP synthase and MAGE in 6 representative cardiomyocytes (3 per group of age) detected by PLA. Positive cross-reactivity spots indicating F_0F_1 -ATP synthase dicarbonyl-induced modification are shown in green, nuclei are shown in blue (Hoescht). Bar graphs correspond to the number of amplification spots resulting from F_0F_1 -ATP synthase and MAGE interaction and indicate significantly higher F_0F_1 -ATP synthase modification in cardiomyocytes from old mouse hearts. Data are expressed as mean±SEM (n=12-13 cardiomyocytes, n=4 mice per group, *p=0.042).

5.2. F₀F₁-ATP synthase dimerization is impaired in hearts from aged mice

The F_0F_1 -ATP synthase has long been recognized as an essential protein involved in mitochondrial cristae folding. Monomers of F_0F_1 -ATP synthase self-associate into long rows of dimers that drag and fold the IMM into elongated tubular cristae ^{114,115}, a mitochondrial architectural signature which increases the cells' respiratory efficiency ⁹¹ by forming H⁺ traps and increasing the surface area onto which bioenergetics molecules are incorporated. For this purpose, we explored whether the increased dicarbonyl-modification of F_0F_1 -ATP synthase in the aged heart could affect its dimerization.

The quantification of the F₀F₁-ATP synthase dimerization was performed by two independent techniques: 1) blue native polyacrylamide gel electrophoresis (BN-PAGE) of purified heart mitochondria, and 2) competitive immuno-staining and PLA in intact cardiomyocytes.

5.2.1. Aging decreases the proportion of oligomerized mitochondrial F₀F₁-ATP synthase and increases its monomeric form

Digitonin-solubilized SSM and IFM from hearts of young and old mice were resolved in native conditions and the gels were posteriorly incubated in an ATP-containing solution to determine the ATPase activity of F_0F_1 -ATP synthase in-gel. Upon ATP hydrolysis into ADP by F_0F_1 -ATP synthase, the liberated phosphate reacts with the lead in the assay solution and precipitates as lead phosphate at the site of the enzymatic activity. This reaction allows the visualization of the ATPase activity by the monomeric (Vm), dimeric (Vd) and oligomeric (Vo) forms of the F_0F_1 -ATP synthase (Fig. 8A).

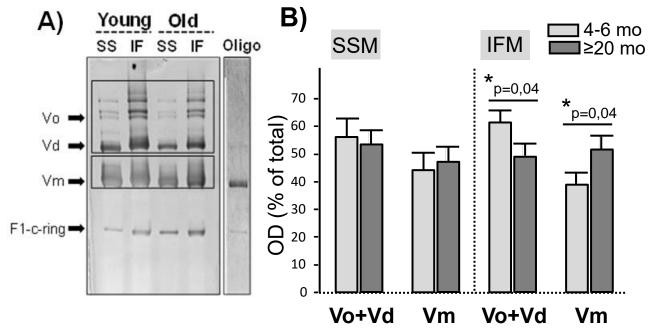


Figure 8: Effect of aging on F_0F_1 -ATP synthase dimerization in solubilized SSM and IFM. A) Blue native gel with precipitated lead phosphate bands corresponding to ATPase activity of the monomeric (Vm), dimeric (Vd) and oligomeric (Vo) forms of F_0F_1 -ATP synthase (complex V) and in the presence of F_0F_1 -ATP synthase inhibitor oligomycin (oligo) in digitonin-solubilized SSM and IFM from young and old mouse hearts. B) Bar graph corresponds to the quantification of the optical density (OD) expressed as percentage of ATPase activity in the Vm and the Vo+Vd forms with respect to the total and disclose a significantly reduced proportion of the oligomerized forms of F_0F_1 -ATP synthase in IFM of old mouse hearts. Data corresponds to mean±SEM from n=6 young and n=5 old mice (*p=0.04).

The optical density of the bands corresponding to the ATPAse activity of each of the monomeric, and oligomeric (Vd + Vo) forms in addition to the total ATPAse activity (sum of all forms) was quantified. The activity of each of these forms was expressed as a percentage of the total and the results indicated that the total ATPase activity did not change in the SSM or IFM with age. However, there was a significant reduction in the proportion of oligomerized F_0F_1 -ATP synthase with a simultaneous significant increase in the momeric form in the aged mouse heart specifically affecting the IFM supopulation. This data may be indicating an age-dependent reduction in F_0F_1 -ATP synthase oligomerization probably as a consequence of its increased glycation in advanced age.

5.2.2. Aging decreases F₀F₁-ATP synthase dimerization in mouse cardiomyocytes

To confirm the decreased F_0F_1 -ATP synthase found with in-gel ATPase activity in aging, we performed a PLA in isolated cardiomyocytes from young and old mouse hearts. PLA using competitive immunolabeling against subunit "d" of F_0F_1 -ATP synthase (present in a single copy per F_0F_1 -ATP synthase monomer)¹³⁹ disclosed a significantly reduced number of positive fluorescent spots (Fig. 9B) in old mouse cardiomyocytes. This result may indicate an increased distance between F_0F_1 -ATP synthase monomers and therefore a decrease in F_0F_1 -ATP synthase dimerization in aging.

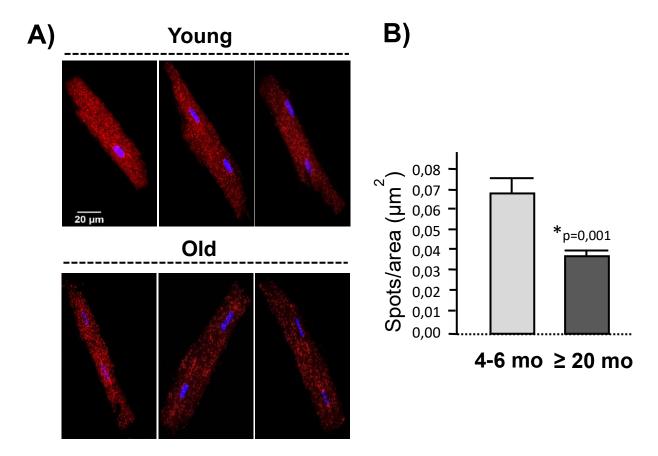


Figure 9: Effect of aging on F_0F_1 -ATP synthase dimerization in isolated cardiomyocytes. A) Fluorescent confocal images of the monomer-monomer interaction within F_0F_1 -ATP synthase in 6 representative cardiomyocytes (3 per group of age), detected by competitive immunolabeling against "d" subunits and PLA. Positive cross-reactivity spots (in red) indicate enzyme dimerization, nuclei are shown in blue (Hoescht). B) Bar graphs correspond to the quantification of the number of amplification spots resulting from F_0F_1 -ATP synthase dimerization and demonstrate a significantly reduced number of spots that point to a lower degree of F_0F_1 -ATP synthase dimerization in aged cardiomyocytes. Data correspond to mean±SEM from n=15-23 cardiomyocytes, n=6 mice per group (*p=0.001).

5.3. F₀F₁-ATP synthase expression is preserved in the aged heart

Because changes in the abundance of F_0F_1 -ATP synthase could be the underlying cause for the reduced *in situ* dimerization of the enzyme, we evaluated the effect of aging on the expression levels of different subunits of the F_0F_1 -ATP synthase by a proteomic analysis, WB analysis and an immunofluorescence assay.

5.3.1. The expression of F₀F₁-ATP synthase is not modified in aging

High throughout differential proteomics using myocardium of young and old mice revealed no age-dependent differences in the relative abundance of the different subunits of F_0F_1 -ATP synthase. The proteomics analysis detected peptides corresponding to 15 out of the 17 subunits that form the F_0F_1 -ATP synthase but none of those peptides showed a significant change in old mice with respect to the young ones (Fig. 10). The similar distribution of the colour codes for each of the detected subunits disclosed similar expression levels in both young and old mouse hearts.

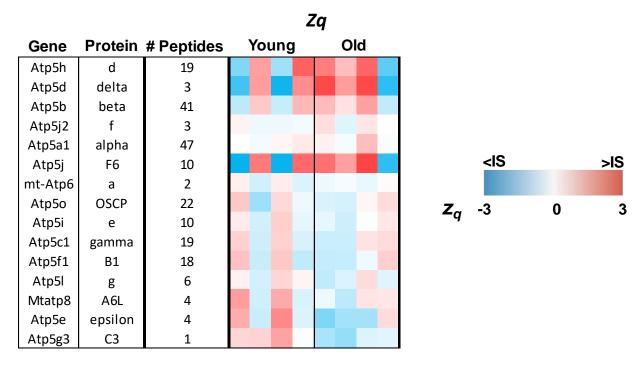


Figure 10: Quantitation of ATP synthase subunits by MS proteomics. Data were obtained from the analysis of heart samples from young (n = 4) and old mice (n = 4). The color for each protein corresponds to its standardized protein value (zq) and is shaded according to the color scale at the bottom. IS: internal standard. Data disclosed no age-associated changes in the expression levels of the detected peptides corresponding to 15 F_0F_1 -ATP synthase subunits.

To corroborate a preserved expression level of F_0F_1 -ATP synthase, WB analysis of the expression levels of subunits α (ATP5A), β (ATPB), d (ATP5H) and OSCP (ATP5O) in isolated SSM and IFM of young and old mouse hearts was performed. The results did not disclose any age-related changes in protein levels (Fig. 11 A, B, C, D) thereby confirming the finding obtained with proteomics.

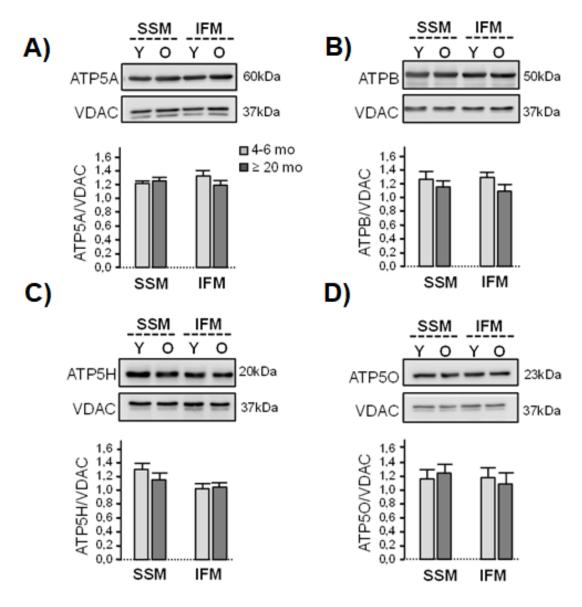


Figure 11: Effect of aging on F_0F_1 -ATP synthase expression. Expression levels of F_0F_1 -ATP synthase subunits α (ATP5A), β (ATPB), d (ATP5H) and OSCP (ATP5O) subunits in purified heart SSM and IFM of young and old mice, detected by WB did not detect any age-dependent alteration in protein expression levels; VDAC (voltage-dependent anion channel) was used as loading control. Bar graphs represent the ratios between the optical density of each of these proteins and VDAC. Data are expressed as mean±SEM (n=4-6 mice per group, p=ns). Aging does not affect the expression levels of F_0F_1 -ATP synthase subunits α , β , d or OSCP.

Finally, to evaluate the intracellular distribution and abundance of F_0F_1 -ATP synthase, an immunofluorescence assay addressed to label subunit α of the enzyme in isolated cardiomyocytes was performed and images were acquired with a fluorescent confocal microscope. This subunit is well represented in the enzyme because it is part of the catalytic head of the F_0F_1 -ATP synthase. The quantification of the fluorescence pattern did not detect any age-dependent alteration (Fig. 12). Therefore, the results obtained using 3 independent methods indicate that the expression of the F_0F_1 -ATP synthase is preserved in the aged heart.

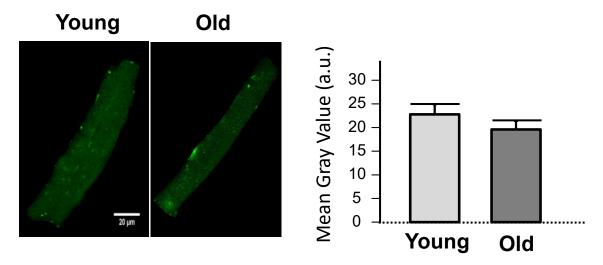


Figure 12: Effect of aging on the expression of subunit α of F_0F_1 -ATP synthase. Immunofluorescence images of isolated cardiomyocytes from young and old mouse hearts immunolabelled against subunit α of F_0F_1 -ATP synthase (green). Bar graphs represent the quantification of the mean gray values of the fluorescence intensity in n=2-3 mice per group. The results indicate no changes in expression levels associated with aging. Data are expressed as mean±SEM (p=ns).

5.3.2. Aging does not alter the expression of other cristae-shaping proteins

Since other mitochondrial proteins have been proposed to participate in shaping the mitochondrial cristae like IF-1 (suggested to stabilize F_0F_1 -ATP synthase dimers²¹³) and OPA-1 (previously described to have an involvement in cristae remodelling²¹⁴) we evaluated whether the expression levels of these proteins might be altered by age. WB quantification of IF1 and OPA1 expression in purified SSM and IFM from young and old mouse hearts did not show any modification with age (Fig. 13).

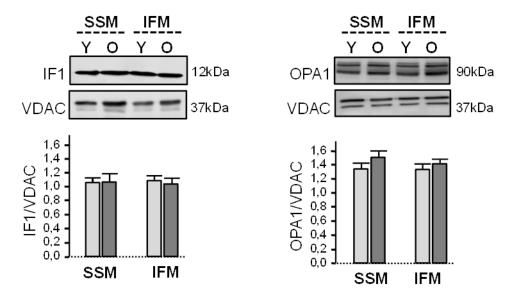


Figure 13: Effect of aging on the expression of other cristae-shaping proteins. Expression levels of IF1 and OPA1 in purified heart SSM and IFM of young (Y) and old (O) mice, detected by WB, did not disclose any age-dependent alteration in protein levels; VDAC (voltage-dependent anion channel) was used as a loading control. Bar graphs represent the ratios between the optical density of each of these proteins and VDAC. Data are expressed as mean±SEM (n=4-5 mice per group, p=ns).

5.4. Impact of Aging on F₀F₁-ATP Synthase activity

Since dicarbonyl-induced post-translational modifications can affect both the structure and the function of target proteins, we evaluated the effect of F_0F_1 -ATP synthase modification and its decreased dimerization in aging on its activity in both the forward mode (ATP synthesis) and the reverse mode (ATP hydrolysis).

5.4.1. Dicarbonyl modification of F_0F_1 -ATP synthase is associated with decreased mitochondrial state 3 respiration

Given that ATP synthesis requires the presence of a membrane potential that is generated by the ETC, the function of F_0F_1 -ATP synthase in ATP synthesis cannot be dissected from the ETC and therefore can only be studied in the context of mitochondrial respiration by oximetry. Therefore, to evaluate the effect of F_0F_1 -ATP synthase dicarbonyl-induced modification present in aging on the activity of F_0F_1 -ATP synthase, crude SSM and IFM were obtained from young and old mouse hearts and oxygen consumption was evaluated in the presence of substrates that feed complex I (malate + glutamate) or complex II (succinic acid).

Oxygen consumption was evaluated at basal conditions and in the presence of ADP and oligomycin. The addition of ADP provides the substrate necessary to activate ATP synthesis at the level of F_0F_1 -ATP synthase and therefore triggers mitochondrial respiration (state 3 respiration) directly coupled to ATP production, thereby providing an indirect measure of complex V function. Oligomycin modulates respiration by binding to F_0 domain of F_0F_1 -ATP synthase and blocking its bidirectional function, consequently halting the entire respiratory machinery and providing information about oxygen consumption sensitive to the F_0F_1 -ATP synthase inhibition (state 4 respiration).

Aging did not modify oxygen consumption in SSM and IFM at basal conditions (state 2) (Fig. 14. A-B). However, addition of ADP to stimulate F_0F_1 -ATP synthase disclosed a significant reduction of the oxygen consumption (state 3) in the IFM of the aging group. This reduction was independent of the substrates used to feed the respiratory complexes (either complex 1 or complex 2). Importantly, no age-dependent differences were observed in the oxygen consumption in the SSM subpopulation (Fig. 14. A-B). Finally, aging did not modify the oxygen consumption sensitive to the F_0F_1 -ATP synthase inhibitor oligomycin (state 4) in any of mitochondrial populations. Altogether, and since the only age-dependent alteration was observed with state 3 ADP-dependent respiration, these results indicate that the glycation of F_0F_1 -ATP synthase during aging reduces OXPHOS efficiency in IFM secondary to a deleterious structural effect of glycation on F_0F_1 -ATP synthase.

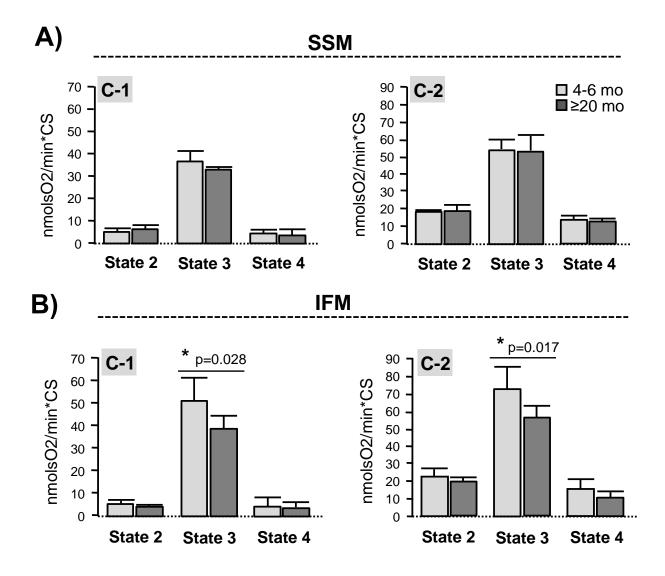


Figure 14: Altered ADP-dependent mitochondrial oxygen consumption in aging. Baseline oxygen consumption (state 2), ADP-stimulated oxygen consumption (state 3) and oligomycin-sensitive oxygen consumption (state 4) in isolated SSM and IFM from young and old mice hearts, in the presence of respiratory substrates for complex 1 (C-1) or complex 2 (C-2), as quantified by oxymetry. Results indicate a significant decrease in ADP-dependent respiration (state 3) specifically affecting IFM of old mouse hearts (*p=0.028 with C-1 and *p=0.017 with C-2 substrates). Data are expressed as mean±SEM and correspond to nmolO2/min*citrate synthase (CS) (n=6 mice per age group).

5.4.2. Aging does not modify F₀F₁-ATP synthase hydrolytic activity

Next, we investigated the impact of aging on the *in vitro* activity of F_0F_1 -ATP synthase in solubilized mitochondria. In this model, the contribution of mitochondrial architecture and H^+ gradient are absent and thereby only the ATP hydrolase activity (i.e., ATP hydrolysis) can be evaluated.

The rate of ATP hydrolysis in solubilized SSM and IFM from young and old mice was evaluated *in vitro* in a 2-step reaction where in the first step ATP is added to solubilized mitochondria to allow ATP hydrolysis during 15 minutes, while in the second step, the unhydrolyzed

ATP is coupled to a reaction that produces NADPH. Spectrophotometrical analysis of absorbance changes due to NADPH production are proportional to the amount of ATP remaining in the sample, thereby allowing the calculation of the percentage of hydrolysed ATP. F_0F_1 -ATP hydrolase activity was equal in mitochondria from young and old mice. (Fig. 15.A). Also, the efficiency of oligomycin inhibition on F_0F_1 -ATP hydrolytic activity showed no age-dependent alterations (Fig. 15.B).

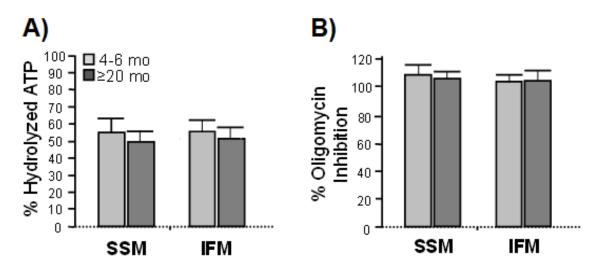


Figure 15: In vitro F_0F_1 -ATP hydrolase activity is not altered in aging. A) ATPase activity in vitro in solubilised SSM and IFM quantified from changes in NADPH absorbance and expressed as percentage of hydrolysed ATP with respect to the total ATP. B) Percentage of inhibition of ATPase activity achieved after the addition of 10 μ mol/L oligomycin. Data are expressed as mean±SEM (n=7 mice per group, p=ns) and indicate no age-dependent alterations in *in vitro* F_0F_1 -ATP hydrolase activity nor in oligomycin sensitivity in neither of the mitochondrial subpopulations.

These data, together with the quantification of the total in-gel ATP hydrolase activity using BN-PAGE (see above), indicate that the dicarbonyl-induced modification of F_0F_1 -ATP syntha se during aging does not have a direct functional impact on the enzyme *in vitro*. However, the modification reduces the efficiency of F_0F_1 -ATP synthase to generate ATP *in situ*, in which adequate mitochondrial cytoarchitecture and inner membrane folding plays a critical role for the efficiency of ATP generation.

5.5. Mitochondrial Ultra-Structural Alterations in Aging

5.5.1. Aging disturbs mitochondrial organization and ultrastructure in mouse hearts

To determine whether aging has a direct impact on the ultrastructure of the mitochondria in the heart, transmission electron microscope (TEM) images were obtained from the myocardium of young and old mice and analysed. The images displayed SSM, IFM and PNM organized beneath the sarcolemma, between the myofibrils and around the nucleus, respectively. However, the observation of low magnification images (1100X) disclosed a significantly disorganized mitochondrial arrangement specifically in the IFM subpopulation of the aged myocardium, and a greater heterogeneity of mitochondrial size and shape in the global mitochondrial population of the old mouse hearts in comparison with the young one (Fig. 16).

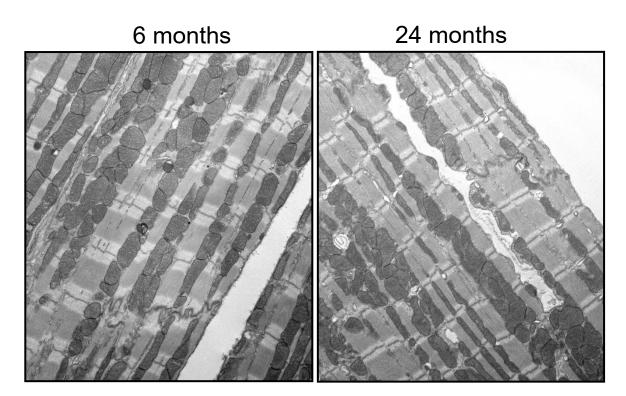


Figure 16: Ultrastructural images of murine myocardium. Representative low-magnification (1100X) images obtained with TEM from hearts of 1 young (left) and 1 old (right) mouse showing a more heterogeneous morphology, size and distribution of the mitochondria in the myocardium of old mice.

High magnification images (15000X) disclosed some morphological features affecting mitochondrial structure that were only present in the myocardium of old mice. Among them was the appearance of onion-like mitochondria in which the highly folded and parallel organization of the cristae was lost, and was instead replaced, in some mitochondria, with cristae organized in concentric circles known as "onion-like" cristae (Fig. 17) typically observed in pathological

conditions. Different degrees of cristae alterations were observed starting from a partially semicircle to a completely concentric structure.

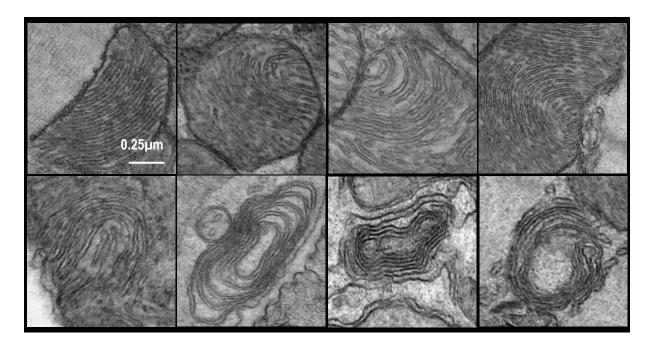


Figure 17: Onion-like mitochondria. Representative high-magnification (1500X) images obtained with TEM depicting different degrees of abnormal cristae morphology observed in mitochondria of aged heart. Images demonstrate mitochondrial inner membrane invaginations with partly semi-circular morphology to a fully concentric onion-like morphology.

Finally, the cristae tips, in which the F_0F_1 -ATP synthase plays an essential role in their morphogenesis, presented an aberrant morphology where they appeared more squared and blunted in comparison to the young cristae tips, or the tip presented a double fold separated by a flat plateau (Fig. 18).

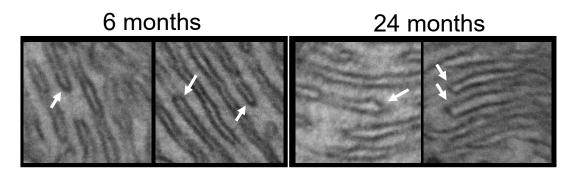


Figure 18: Ultrastructure of mitochondrial cistae tips observed with transmission electron microscope. Representative high-magnification (1500X) images from hearts of 2 young and 3 old mice showing normal cristae tips from young mouse hearts (left) vs abnormal wider cristae tips from old mouse hearts (right). The white arrows point to the examples of cristae tips.

The quantification of the curvature of the cristae tips using the b-spline coefficient (μm^{-1} , FIJI, Kappa-Curvature Analysis plugin) revealed a significantly lower curvature value in the mitochondria from old mouse myocardium when compared to the young ones (Fig. 19), indicating a higher prevalence of cristae tips with a wider angulation, which probably reflects a more loosely folded IMM.

Given that mitochondrial oxidative phosphorylation efficiency is directly affected by the structure of the cristae foldings, these pathological findings may be the underlying cause for the energetic deficiency observed in aging.

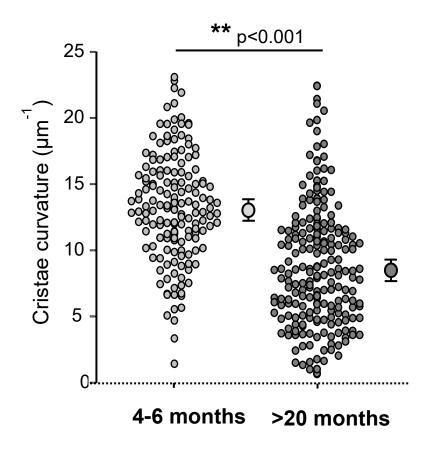


Figure 19: Mitochondial cristae tip curvature. Quantification of the cristae tip curvature using the b-spline coefficient (μm^{-1}) in 150 and 200 cristae tips from 2 young and 3 old mice, respectively. Data are expressed as mean±SEM (*p<0.001) and disclose a significantly reduced cristae curvature in mitochondria of old mouse hearts.

5.6. F₀F₁-ATP Synthase dicarbonyl-induced modification favours mitochondrial energy collapse

Recent studies suggested that the F_0F_1 -ATP synthase may be the molecular entity of mPTP, an IMM pore that, if persists open results in energy collapse and cell death. Either a change in the dimerization state of F_0F_1 -ATP synthase ¹³⁵ or an alteration of the c-ring ¹⁴¹ were thought to cause pore opening. Therefore, we investigated whether the dicarbonyl-induced modification of F_0F_1 -ATP synthase and the consequent reduction in its dimerization could have an effect on the susceptibility of mitochondria to undergo mPTP and energy collapse.

5.6.1. F₀F₁-ATP synthase dicarbonyl modification increases the susceptibility to mPTP

To evaluate the effect of F₀F₁-ATP synthase dicarbonyl-induced modification on cardiomyocyte susceptibility to undergo mPTP, a standardized ROS-induced model of mPTP was used. For this purpose, isolated cardiomyocytes from young and old mouse hearts were loaded with TMRE and exposed to intermittent laser illumination under controlled conditions. TMRE is a fluorochrome that accumulates in mitochondria and releases ROS when illuminated with laser, thereby triggering mPTP in a calcium-independent manner²¹¹ (Fig. 20A). Laser illumination induced flickering of mitochondrial fluorescence, reflecting transient depolarizations that culminated in permanent depolarization and mPTP. The occurrence of mPTP was identified as pH-sensitive drop in TMRE fluorescence coincident with rigor-shortening development in cardiomyocytes secondary to energetic collapse. The time necessary to induce mPTP (min at which cell shortening occurred), was considered an indicator of the mitochondrial susceptibility to undergo mPTP.

The necessary time to induce mPTP was significantly shorter in cardiomyocytes from old mouse hearts under control conditions, indicating a greater susceptibility of aging cells to undergo mitochondrial energy collapse (Fig. 20B). In our model, the mPTP inhibitor CsA failed to delay mPTP independently of age (Fig. 20B). Given that the mechanism of action of CsA depends on its calcium desensitization effect (it increases the threshold of calcium required to trigger mPTP²¹⁵), our results indicate that in our model of mPTP occurs exclusively as a consequence of ROS, without the contribution of calcium. By contrast, acidic pH (6.4) was able to significantly delay the occurrence of mPTP in both young and old cardiomyocytes; however, the protective effect of pH was less pronounced in cardiomyocytes from old mouse hearts (Fig. 20B). Importantly, since H⁺ exerts its mPTP-inhibitory effect by binding to the OSCP subunit of F₀F₁-ATP synthase ¹⁵⁰, the increased glycation of OSCP in the aged mouse heart (Fig. 5) may explain the reduced inhibitory effect of the acidic pH on mPTP.

Finally, the degree of cell shortening, calculated as the percentage of cell shortening with respect to the initial length, was significantly more pronounced in cardiomyocytes from old mouse hearts. This result indicates the occurrence of a more severe pathological response in aged cardiomyocytes in contrast with young cardiomyocytes (rigor) (Fig. 20C).

All these results suggest that the dicarbonyl modification of F_0F_1 -ATP synthase and the concomitant reduction in its dimerization state observed in aging may underlie the increased susceptibility of cardiomyocytes to undergo mPTP and energy collapse.

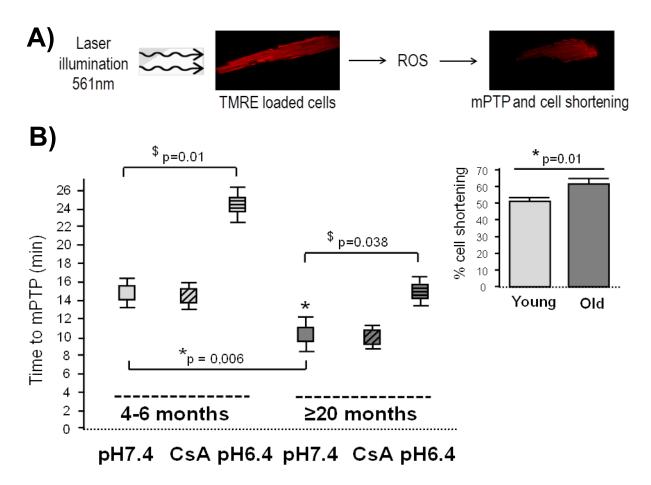


Figure 20: F_0F_1 -ATP synthase dicarbonyl-induced modification increases the susceptibility of cardiomyocytes to mPTP. A) Scheme of protocol used to trigger mPTP in cardiomyocytes. Cells were loaded with TMRE and exposed to intermittent laser illumination (561nm) to induce ROS production that triggers mPTP, energy collapse and cell shortening. B) Susceptibility to undergo ROS-induced mPTP in cardiomyocytes from young and old mice, calculated as the time (in min) necessary to induce cell shortening using this protocol under control conditions (pH7.4), and in the presence of CsA (1 μ M) or acidic buffer (pH 6.4) to inhibit mPTP. The result indicates significantly higher susceptibility to undergo mPTP in aged cardiomyocytes under control conditions (*p=0.006), no protection against mPTP by CsA independently of age, and a significant delay of mPTP with acidic buffer. The protective effect of pH was partially lost in the old cardiomyocytes (*p=0.01) (*p=0.038). The inset represents the degree of cell shortening secondary to mPTP in each group of age and disclose significantly greater cell shortening in cardiomyocytes of old mouse hearts (*p=0.01). Data are expressed as mean±SEM (n=18-23 cardiomyocytes, n=6 mice per group).

5.7. Induction of dicarbonyl modification of F₀F₁-ATP synthase in H9c2 cells recapitulates the age-dependent alteration in OXPHOS deficiency and increases mPTP susceptibility

In order to establish a cause-effect relationship between the dicarbonyl-induced modification of F_0F_1 -ATP synthase and the OXPHOS deficiency and mPTP susceptibility observed in the aged cardiomyocytes, we exposed H9c2 cells to the chronic dicarbonyl stress present in aging. These cells share many functional characteristics with adult cardiomyocytes including a high dependency on mitochondrial metabolism and active oxidative phosphorylation²⁰³. Since in the aged mouse heart the dicarbonyl stress was present secondary to a deficiency in the GLO-I system, we simulated this stress by pharmacologically targeting GLO-I and inhibiting its activity with 5 μ mol/L of SML in the presence of an excess of MG (200 μ mol/L) during 3 consecutive days.

5.7.1. Dicarbonyl stress does not alter GLO-I expression but induces MAGE accumulation

We first investigated whether the treatment to induce dicarbonyl stress affected the expression levels of GLO-I in whole cell homogenates derived from both control and SML-MG treated cells by WB. The result indicated no changes in GLO-I expression upon dicarbonyl stress induction (Fig. 21), similarly to what has been previously described for aged cardiomyocytes ²⁰.

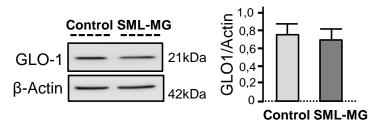


Figure 21: Dicarbonyl stress does not modify GLO-1 expression. Expression levels of GLO-1 in control and SML-MG treated H9c2 cells by WB. β -Actin was used as a loading control. Bar graphs represent the ratios between the optical density of GLO-1 and Actin Data are expressed as mean±SEM (n=3 independent experiments, p=ns) and indicate no significant alterations in GLO-1 expression under dicarbonyl stress.

Next, we evaluated whether this cell model was able to reproduce the increased in MGO-modified protein (MAGE) accumulation observed in aged cardiomyocytes ²⁰. For this purpose, both control and SML-MG treated H9c2 cells were immuno-labelled with anti-MAGEs that specifically target MGO-derived AGEs, during 3 consecutive days. The quantification of the mean gray value after immuno-fluorescent labelling disclosed a significant increase in intracellular MAGEs on the third day of the dicarbonyl stress induction with respect to the control group (Fig. 22). The increase in fluorescence was not statistically significant on days 1 and 2 (data not shown). For this purpose

most of the upcoming experiments in H9c2 were only performed on day 3 of the dicarbonyl stress induction in which MAGE accumulation becomes significant.

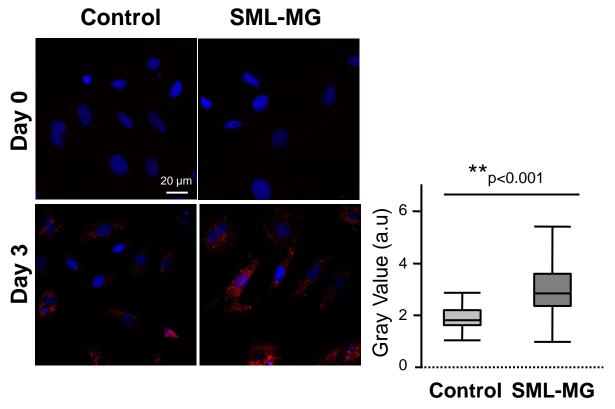


Figure 22: Dicarbonyl stress induces intracellular MAGEs accumulation. Immunofluorescence images of intracellular MAGEs (red) in H9c2 cells on baseline (day 0) and on day 3 of dicarbonyl stress, and the corresponding controls; nuclei are shown in blue (Hoescht). Box plots represent the quantification of MAGE immunolabelling in each group (n=80-86 cells per group, 3 independent experiments) and disclose a significantly higher MAGE accumulation in H9c2 cells treated with SML-MG (*p<0.001).

The effect of dicarbonyl stress on MAGE accumulation was corroborated by WB analysis. The results demonstrated significantly higher MAGE levels in the SML-MG treated H9c2 cells in comparison with almost undetectable MAGE levels in the corresponding control group on the third day of the dicarbonyl stress induction (Fig. 23).

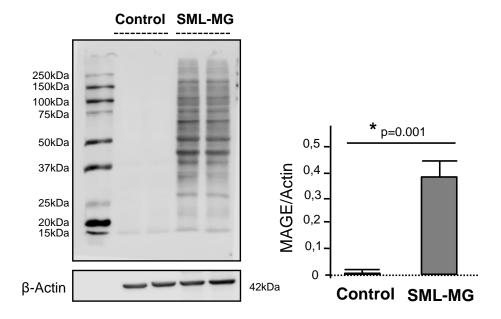


Figure 23: Dicarbonyl stress induces intracellular MAGE accumulation. MAGE levels in lysates from H9c2 cells on day 3 of dicarbonyl stress and the corresponding controls, detected by WB; β-actin was used as loading control. Bar graphs represent the ratio between the optical density of the overall MAGE-modified proteins in each group of cells and β-actin. Data are expressed as mean±SEM (n=3 independent experiments) and indicated significantly higher levels of MAGEs in extracts of SML-MG treated H9c2 cells (*p=0.001).

Given that GLO-I also detoxifies GO, we evaluated whether the SML-MG treatment caused an increase in CML-modified protein levels that principally derive from GO. No differences in CML levels were detected between the control and the SML-MG treated groups on the third day of the glycative treatment (Fig. 24). Because CML forms at a much slower rate (weeks) than MAGEs (days), this finding indicates that 3 days of dicarbonyl stress specifically affects MAGEs accumulation.

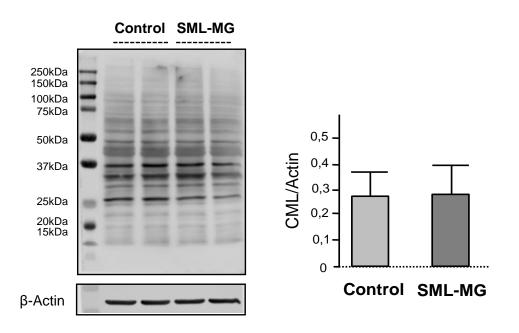


Figure 24: Dicarbonyl stress does not induce intracellular CML accumulation after 3 days. CML levels in lysates from H9c2 cells on day 3 of dicarbonyl stress and the corresponding controls, detected by WB; β-actin was used as loading control. Bar graphs represent the ratio between the optical density of the overall CML-modified proteins in each group of cells and β-actin. Data are expressed as mean±SEM (n=3 independent experiments) and do not demonstrate increased CML accumulation after 3 days of dicarbonyl stress induction.

5.7.2. Dicarbonyl stress induces F₀F₁-ATP synthase modification

We investigated whether our model of induced dicarbonyl stress was able to reproduce the increased dicarbonyl-induced modification of F_0F_1 -ATP synthase present in aging. For this purpose, a PLA was performed on control and SML-MG treated H9c2 cells on day 3 of the dicarbonyl stress induction. The cells were simultaneously labelled against subunit α of F_0F_1 -ATP synthase and MAGEs and the molecular interaction between them was quantified as the number of fluorescencent spots. The quantification disclosed significantly increased cross-reactivity between MAGE and the subunit α of ATP synthase in the SML-MG cells. These results indicate increased dicarbonyl modification of F_0F_1 -ATP synthase in the SML-MG cells with respect to the control group (Fig. 25).

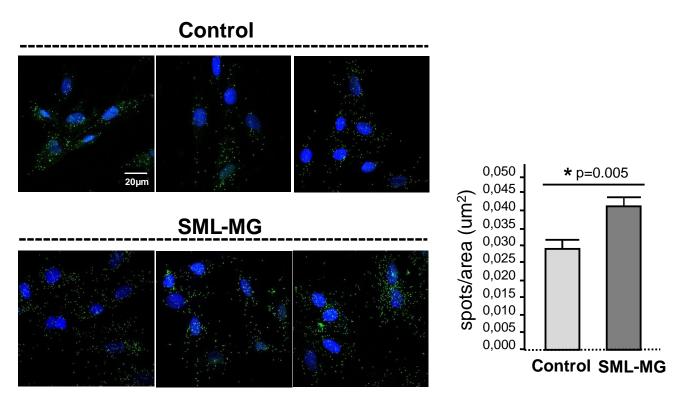


Figure 25: Dicarbonyl increases F_0F_1 -ATP synthase chemical modification. Fluorescent confocal images of central Z-planes of H9c2 cells on day 3 of dicarbonyl stress and the corresponding controls depicting the interaction between F_0F_1 -ATP synthase and MAGEs as detected by PLA. Positive cross-reactivity spots indicating F_0F_1 -ATP synthase glycation are shown in green, nuclei are shown in blue (Hoescht). Bar graphs correspond to the quantification of the number of amplification spots resulting from F_0F_1 -ATP synthase and MAGE interaction and demonstrate significantly higher F_0F_1 -ATP synthase dicarbonyl-induced modification in the SML-MG treated cells (*p=0.005). Data correspond to mean±SEM (n=80-120 cells per group, 3 independent experiments).

5.7.3. Dicarbonyl stress reduces F₀F₁-ATP synthase dimerization

Finally, to investigate whether the dicarbonyl-induced modification of F_0F_1 -ATP synthase is the causative mechanism involved in the reduced enzyme dimerization observed in the aged mouse hearts, we evaluated the degree of F_0F_1 -ATP synthase dimerization in our model of induced dicarbonyl stress. PLA against subunit d of F_0F_1 -ATP synthase was performed in control and SML-MG cells on day 3 of the glycative treatment. The quantification of the positive cross-reactivity spots demonstrated a significantly reduced number of spots in the SML-MG group, indicating an increased molecular distance between 2 monomers of the F_0F_1 -ATP synthase and therefore a reduced F_0F_1 -ATP synthase dimerization secondary to its dicarbonyl modification (Fig. 26).

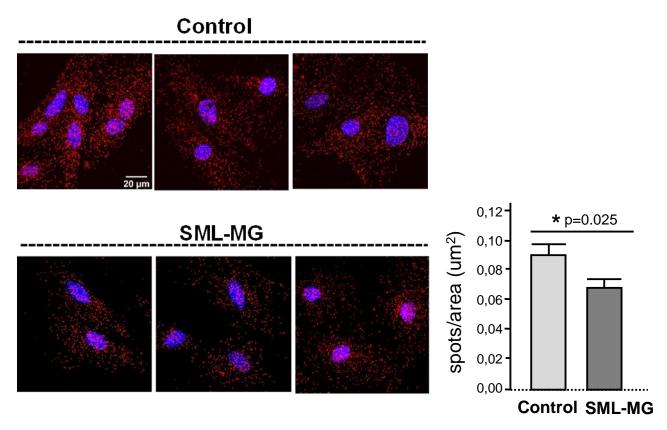


Figure 26: Dicarbonyl stress decreases F_0F_1 -ATP synthase dimerization. Fluorescent confocal images of the monomer-monomer interaction within F_0F_1 -ATP synthase in H9c2 cells on day 3 of dicarbonyl stress, and the corresponding controls, detected by competitive immunolabeling against "d" subunit and PLA. Positive cross-reactivity spots (in red) indicate enzyme dimerization, nuclei are shown in blue (Hoescht). Bar graphs correspond to the quantification of the number of amplification spots resulting from F_0F_1 -ATP synthase dimerization and depict significantly reduced F_0F_1 -ATP synthase dimerization in the SML-MG group (*p=0.025). Data correspond to mean±SEM (n=60-70 cell per group, 3 independent experiments).

5.7.4. Increased MAGE accumulation does not affect F₀F₁-ATP synthase expression levels

To evaluate whether decreased F_0F_1 -ATP synthase could be due a decreased abundance of the protein, WB analysis was performed against several subunits of the enzyme. Similar to what was observed in the aged heart, neither subunits α , β , d nor OSCP presented significant changes in expression levels in the SML-MG group in comparison with the control group in cell extracts obtained on day3 of the dicarbonyl stress induction (Fig. 27).

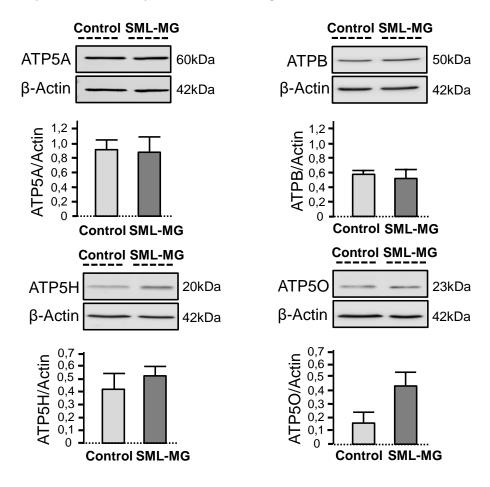


Figure 27: Effect of dicarbonyl stress on F_0F_1 -ATP synthase expression. Expression levels of F_0F_1 -ATP synthase subunits α (ATP5A), β (ATPB), d (ATP5H) and OSCP (ATP5O) in H9c2 cell extracts on day 3 of dicarbonyl stress, and the corresponding controls, detected by WB; β -actin was used as loading control. Bar graphs represent the ratios of the optical density of each of these proteins and β -actin and did not detect any alteration in protein expression levels associated with increased dicarbonyl stress. All data are expressed as mean±SEM (n=3 independent experiments, p=ns).

In this model of dicarbonyl stress, we also investigated whether there were changes in expression levels of IF1 and OPA1 that are thought to stabilize F_0F_1 -ATP synthase dimers and play a role in cristae morphogenesis. As observed in aging mouse mitochondria, the levels of IF1 and OPA1 remained preserved in the cell extracts of both control and SML-MG cells (Fig. 28).

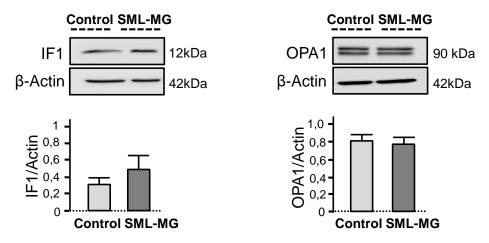


Figure 28: IF1 and OPA1 remain preserved following 3 days of dicarbonyl stress. Expression levels of IF1 and OPA1 in H9c2 cell extracts on day 3 of dicarbonyl stress, and the corresponding controls, detected by WB; β -actin was used as loading control. Bar graphs represent the ratios of the optical density of each of these proteins and β -actin and did not detect any alteration in protein expression levels associated with increased dicarbonyl stress. All data are expressed as mean±SEM (n=3 independent experiments, p=ns).

5.7.5. Reduced F₀F₁-ATP synthase dimerization decreases the mitochondrial OXPHOS capacity

To evaluate the effect of F_0F_1 -ATP synthase chemical modification and its decreased dimerization on the OXPHOS capacity, we performed a Seahorse ATP production rate assay. This assay allows the quantification of the relative contribution of the glycolitic pathway (cytosolic) and the oxidatative phosphorylation pathway (mitochondrial) to total cellular ATP production. The cells from the SML-MG group exhibited a significant reduction in the amount of ATP produced through OXPHOS and a concomitant increase in the amount of ATP produced by the glycolytic pathway compared with the control cells (Fig. 29). This result demonstrates a clear reduction in the cells' OXPHOS efficiency and an increase in the ATP flux from the glycolytic pathway probably as a compensatory mechanism. The decreased contribution of the OXPHOS pathway for ATP production may be secondary to the decreased F_0F_1 -ATP synthase dimerization that drives cristae folding and is essential for optimizing the mitochondria's OXPHOS capacity.

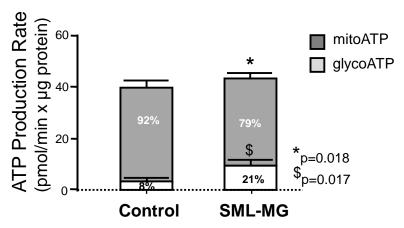


Figure 29: F_0F_1 -ATP synthase decreases OXPHOS capacity. ATP production rates determined by Seahorse Analyzer in H9c2 cells on day 3 of dicarbonyl stress and the corresponding controls. Bar graphs represent the relative contribution of OXPHOS and glycolytic pathways, respectively, to the total rates of ATP production (pmoIATP/min x μ g protein) in each group; data correspond to mean±SEM (n=3 independent experiments (*p=0.018 refers to the difference in OXPHOS contribution between control and SML-MG group). The result indicated a significant reduction in OXPHOS contribution to cellular ATP production paralleled by a significant increase in glycolytic ATP production.

5.7.6. F₀F₁-ATP synthase dicarbonyl-induced modification does not alter its in vitro activity

To investigate whether the dicarbonyl-induced modification of F_0F_1 -ATP synthase has an effect on its ATPase activity, we evaluated in vitro ATP hydrolysis in mitochondria isolated from control and SML-MG treated H9c2 cells as changes in NADPH absorbance. Similarly to what was observed in aged mouse heart, the changes in NADPH absorbance and the consequent quantification of the percentage of ATP hydrolysed did not reveal any changes in F_0F_1 -ATP synthase hydrolytic activity as a consequence of its chemical modification (Fig. 30A). In addition, oligomycin was able to inhibit ATP hydrolysis to a similar extent in mitochondria of both control and SML-MG groups (Fig. 30B).

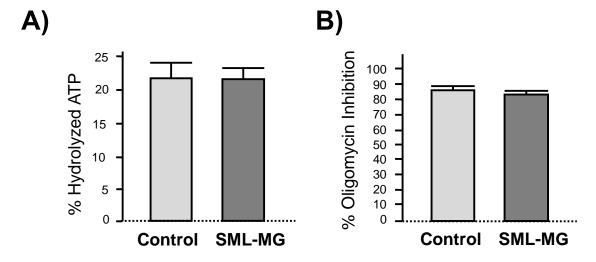


Figure 30: Reduced F_0F_1 -ATP synthase dimerization does not alter the enzyme hydrolase activity *in vitro*. A) Bar graph represents in vitro ATPase activity in solubilised mitochondria from H9c2 cells on day 3 of dicarbonyl stress and the corresponding controls, quantified from changes in NADPH absorbance and expressed as percentage of hydrolyzed ATP with respect to the total ATP. The result does not show any modifications in F_0F_1 -ATP synthase activity in vitro secondary to its glycation. B) Bar graph shows the percentage of inhibition of ATPase activity achieved after the addition of 1 μ mol/L oligomycin and does not demonstrate any changes associated with dicarbonyl stress. Data are expressed as mean±SEM (n=3 independent experiments, p=ns).

5.7.7. Altered F₀F₁-ATP synthase dimerization increases the susceptibility to mPTP

To evaluate the cause-effect relationship between increased F_oF₁-ATP synthase dicarbonyl-induced modification and the susceptibility to undergo mPTP, H9c2 were exposed to intermittent laser illumination, as described for aged cardiomyocytes. Briefly, control and SML-MG treated cells were loaded with TMRE and exposed to laser irradiation to induce ROS production and mPTP opening, and the susceptibility to mPTP was determined as the time to achieve a 30% reduction in initial fluorescence indicative of TMRE loss secondary to mitochondrial depolarization and permeabilization. Unlike mPTP in cardiomyocytes that can be visualized in rigor shortening indicative of severe energetic collapse, H9c2 cells do not undergo this phenomenon and therefore another parameter had to be employed to measure the susceptibility to mPTP. In this case, irreversible mitochondrial depolarization and mPTP were considered to occur at an arbitrary value that corresponded to 30% loss of the initial fluorescence value.

In the SML-MG group, the time to mPTP was significantly shorter when compared with the control group indicating a higher susceptibility to undergo mitochondrial permeabilization in the dicarbonyl stress conditions (Fig. 31). CsA did not delay the occurrence of mPTP (pH7.4) in any group of cells, similar to what was observed in isolated cardiomyocytes (Fig. 31), indicating that in this model, Ca²⁺ overload does not play any role in mPTP. By contrast, the acidic pH (pH6.4) was very protective and significantly delayed the time to mPTP, although its protective effect was less pronounced in cells exposed to dicarbonyl stress conditions (SML-MG group) (Fig. 31).

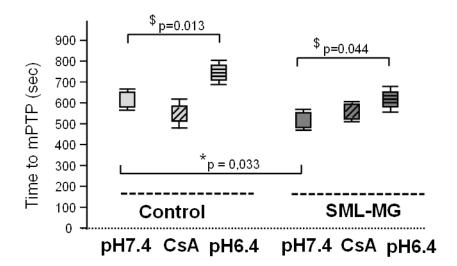


Figure 33: Altered F_0F_1 -ATP synthase dimerization increases the susceptibility to mPTP. Fluorescence confocal images of TMRE-loaded H9c2 cells (red) at different time points of laser irradiation (564nm). Graph demonstrates the susceptibility to undergo ROS-induced mPTP in H9c2 cells on day 3 of dicarbonyl stress and the corresponding controls, calculated as the time (in sec) necessary to achieve 30% of mitochondrial membrane depolarization in TMRE-loaded cells exposed to 561nm laser illumination under control conditions (pH7.4), and in the presence of CsA (1μ M) or acidic buffer (pH 6.4). Data correspond to mean±SEM from 3 independent experiments. The results indicate that dicarbonyl-induced modification of F_0F_1 -ATP synthase and its altered dimerization increases the susceptibility of the cells to undergo mPTP (*p=0.033). The acidic pH (6.4) significantly delayed mPTP in both control (*p=0.013) and SML-MG (*p=0.044) groups, however, the protective effect of acidosis was partially lost in the cells exposed to glycative conditions.

5.7.8. Altered F₀F₁-ATP synthase dimerization reduces cell survival

5.7.8.1. Altered F₀F₁-ATP synthase dimerization increases spontaneous mPTP

To investigate whether F_0F_1 -ATP synthase dicarbonyl-induced modification favours long-term spontaneous mPTP, we quantified calcein leak from mitochondria throughout 3 consecutive days in control and SML-MG cells. These cells were simultaneously loaded with calcein (whose uptake depends on the $\Delta\psi$ m and is released upon mitochondrial permeabilization), and MTR (that covalently binds to mitochondrial membranes independently from $\Delta\psi$ m or mPTP). To quench cytosolic calcein fluorescence that can interfere with the interpretation of the data, posterior incubation with $CoCl_2$ was performed. Occurrence of spontaneous mPTP would be detected as a reduction in the overlap coefficient between calcein and MTR. In these experiments, CsA was added to the culture medium throughout the 3 days of experiments to inhibit mPTP. Since the cells cannot be maintained at an acidic pH during a prolonged period of time, a group at pH 6.4 was not included to inhibit mPTP in this experiment, and only CsA was used.

The obtained results indicated a significantly higher mitochondrial calcein release on days 2 and 3 of glycative treatment in the SML-MG group with respect to its corresponding control, as detected by a significantly lower red-green co-localization coefficient (Fig. 34). In this experiment, CsA was capable of attenuating mPTP. Unlike the ROS-induced mPTP experiment, CsA had a protective effect here probably through other mechanisms that involve increased calcium accumulation in the mitochondria secondary to the dicarbonyl modification of the ryanodine receptor ²⁰.

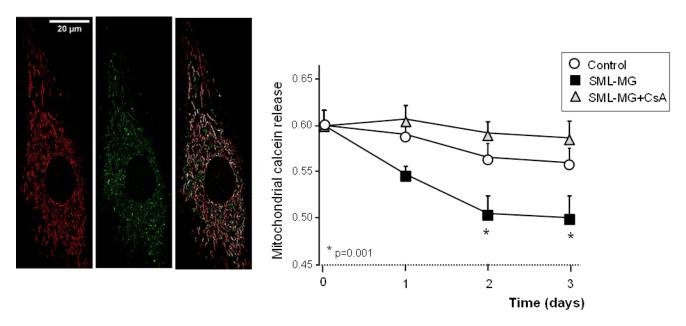


Figure 34: Altered F_0F_1 -ATP synthase dimerization increases spontaneous mPTP-dependent cell death. Spontaneous mPTP throughout 3 days in H9c2 cells exposed to dicarbonyl stress and the corresponding controls, simultaneously loaded with calcein/CoCl2 and mitotracker red (MTR). Representative images of MTR (red), calcein (green) and the colocalized image in 16-bit background subtracted images. Occurrence of mPTP is detected as a reduction in the overlap between mitochondrial calcein and MTR and indicated as "mitochondrial calcein release". Data are represented as mean±SEM (n=3 independent experiments) and disclose a significantly increased calcein release depicated by a reduced colocalization coefficient in the SML-MG group with respect to the control (*p=0.001).

5.7.8.2. Reduced F₀F₁-ATP synthase dimerization decreases cell viability

Finally, to evaluate the contribution of increased spontaneous mPTP secondary to F_0F_1 -ATP synthase chemical modification on cell viability, we performed the MTT assay. Cell viability in control, SML, MG and SML-MG treated cells was evaluated throughout the 3 days of dicarbonyl stress induction. These 4 groups were used as to evaluate whether the produced changes in cell viability are due to an early acute cytotoxic effect of one of the used compounds, or whether increased cell mortality is a consequence of a prolonged chronic exposure to the drugs, and whether there is an additive effect for the use of SML and MG in conjunction.

There were no significant differences in cell viability between the groups on day 0 and 1. Of note, more viable cells were detected on day 1 probably because the cells retain their capacity to multiply for a few hours after switching to the serum-starved culture medium. Significant reduction in cell viability was obtained on days 2 and 3 in all of the SML, MG and SML-MG groups with respect to the control, and the combined SML-MG treatment had an additive effect on the decreased viability (Fig. 35). This result indicates that the increase in spontaneous mPTP throughout time associated with F_0F_1 -ATP synthase dicarbonyl-induced modification is paralleled by a decrease in cell

viability and these changes become significant on day 3 of the dicarbonyl stress induction in which MAGEs accumulation becomes more pronounced.

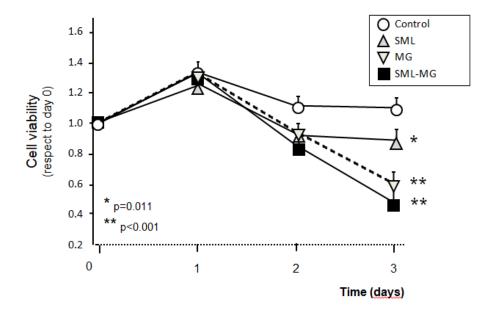


Figure 35: Altered F_0F_1 -ATP synthase dimerization decreases cell survival. Spontaneous cell death throughout 3 days in H9c2 cells exposed to dicarbonyl stress and the corresponding controls, quantified by MTT assay and expressed with respect to baseline (day0). Data correspond to mean \pm SEM (*p=0.011 and **p<0.001 with respect to controls, n=3 independent experiments) and depict a significantly increased cell death in the SML, MG and SML-MG groups on day 3 of the dicarbonyl stress induction with respect to the control.

Overall, the data obtained in H9c2 cells demonstrate that the experimental induction of F_0F_1 -ATP synthase dicarbonyl-induced modification recapitulates the reduction in enzyme dimerization and OXPHOS efficiency of the aged cardiomyocytes and increases the susceptibility of the cells to develop mitochondrial failure and death in response to stress.

Summary of results:

- The aged murine heart accumulates non-enzymatic glycative modifications derived from the chemical attack of dicarbonyl compounds to different peptides. The resulting chemical adducts distribute mainly on intracellular proteins and principally affect mitochondrial proteins at the Arg, Lys and Trp residues, as determined by mass spectrometry and Western Blot analysis
- 2. The mitochondrial F_0F_1 -ATP synthase is a prominent target of dicarbonyl stress in the aged heart as identified by proteomics, immuno-fluorescent co-localization and PLA. The most prevalent types of chemical adducts within F_0F_1 -ATP synthase are CML, dihydroxyimidazolidine, G-H1 and MDA54 and affect subunits α , d, OSCP, g and e (both subunits g and e play an essential role for F_0F_1 -ATP synthase dimerization), but not subunit β (involved in ATP production) as detected by proteomics.
- 3. The degree of spontaneous dimerization/oligomerization of the F₀F₁-ATP synthase was found to be significantly decreased in mitochondria from aged mouse hearts and this decline specifically affected the IFM subpopulation, as determined by BN-electrophoresis followed by in-gel ATPase activity of cardiac mitochondria (SSM and IFM) and by PLA in intact cardiomyocytes.
- 4. The expression levels of the different subunits of F₀F₁-ATP synthase was found to be preserved in the aged heart as demonstrated by proteomics (whole heart homogenates), immuno-fluorescence (intact cardiomyocytes) and Western Blot (SSM and IFM). The expression of other mitochondrial proteins implicated in cristae morphogenesis, OPA1 and IF1, was not modified in aging as determined by Western Blot.
- 5. ADP-dependent O2 consumption (state 3 respiration) was found to be significantly reduced in intact IFM from aged mouse heart with respect to young ones. State 3 respiration was not affected by aging in SSM.
- 6. The ATPase activity was preserved in aging, as deduced from the *in vitro* quantification of ATP hydrolysis and in in-gel enzyme assay solubilized SSM and IFM from mouse hearts and.
- 7. TEM ultra-structural images of intact mouse myocardium displayed pathological features in some IFM of aged mice, such a concentric cristae organization ("onion-like" mitochondria) that were not present in IFM of young mice. The cristae tips which the F₀F₁-ATP synthase fold were found to be altered in aged cardiomyocytes as disclosed from decreased curvature of the cristae tips (less acute curves, more widened tips) assessed from TEM images.
- 8. The susceptibility of cardiomyocytes to undergo pathological mPTP and rigor contracture was significantly increased in aged cardiomyocytes exposed to ROS-overload with respect to young ones.

9. Induction of chronic dicarbonyl stress in H9c2 cells to simulate the intracellular conditions present in aging increased F₀F₁-ATP synthase glycation and this effect was associated with less enzyme dimerization, decreased ATP production through OXPHOS, preserved ATPase activity, and an increased susceptibility to mPTP secondary to ROS-overload. Importantly, defective ATP synthase dimerization was associated with an increased spontaneous mPTP throughout time and less cell survival.

6. Discussion

The aging heart is characterized by a low tolerance to exercise and stress, a factor whose severity determines the onset of HF. Moreover, it becomes more vulnerable to I/R injury and other forms of damage, exhibiting larger myocardial infarctions and more cardiomyocyte death, as demonstrated in different experimental models. The heart is the organ that demands and consumes the highest amount of energy of the entire organism (equivalent to 6kg of ATP/day), which is obtained primarily from OXPHOS at the IMM. The mitochondrial F₀F₁-ATP synthase, one of the most abundant proteins in the myocardium, is the molecule responsible for the last step of OXPHOS and produces >90% of the ATP in the heart. For all that, cardiomyocytes are highly dependent on mitochondrial respiration and cardiac mitochondria occupy up to 40% of cellular volume. In addition, heart mitochondria are very densely packed with highly invaginated cristae unlike other less energy-demanding organs where cristae are much scanter. Recent studies demonstrated that one of the main mechanisms responsible for the folding of the IMM is the spontaneous self-assembly F₀F₁-ATP synthase monomers into long rows of dimers (and oligomers) that bend the membrane into cristae invaginations^{105,216,217}, thereby increasing the surface area of the IMM and augmenting the respiratory efficiency of the mitochondria.

The present study demonstrates for the first time, that the aged heart develops an impaired in situ dimerization of the F_0F_1 -ATP synthase at IMM, as detected by BN-electrophoresis in solubilized mitochondria and PLA in isolated cardiomyocytes. This altered dimerization was associated with an abnormal cristae tip curvature and pathological cristae organization (less densely packed and onion-like cristae) in heart mitochondria of aged mice, as detected by ultra-structural images (TEM) of intact myocardium.

Changes in expression levels of F_0F_1 -ATP synthase were not identified as the cause behind this decreased dimerization, as each of proteomics, Western Blot analysis and immuno-fluorescence disclosed preserved levels of several subunits of F_0F_1 -ATP synthase in aging. Rather, the age-dependent glycation of several subunits of F_0F_1 -ATP synthase, including subunit g involved in the dimerization of the molecule, detected by high throughput proteomics and two independent immunofluorescence techniques (immuno-fluorescent co-localization and PLA) was identified as the mechanism responsible for the observed impaired dimerization.

Importantly, altered dimerization did not modify the activity of F_0F_1 -ATP synthase detected by ATPase in-gel activity or *in vitro*, but reduced its efficiency to generate H^+ gradient-driven ATP synthesis in intact mitochondria as disclosed by a significantly decreased ADP-dependent mitochondrial respiration in which F_0F_1 -ATP synthase plays an important role. The defective F_0F_1 -ATP synthase dimerization was also associated with an increased sensitivity of cells to undergo

energy collapse through mPTP opening as seen in isolated cardiomyocytes where energy collapse was driven by a ROS overload.

All these results were corroborated in a proof-of-concept model of H9c2 cells, where the induction of dicarbonyl stress produced an MGO-derived modification of F_0F_1 -ATP synthase glycation and recapitulated the age-related defective F_0F_1 -ATP synthase dimer assembly. The defective F_0F_1 -ATP synthase dimerization was associated with a decreased ATP production by the OXPHOS pathway and a compensatory increase in ATP production via glycolysis, and also with an increased sensitivity of the cells to ROS-induced and spontaneous mPTP.

Because F₀F₁-ATP synthase is a fundamental energy-converting molecular machine in the heart and has been recently proposed to be the physical entity for the mPTP channel, our results identify a previously unrecognized pathophysiological mechanism involved in mitochondrial energy efficiency and cardiomyocyte death during aging.

6.1. Dicarbonyl stress and protein damage in the aged myocardium

Dicarbonyl stress refers to the increase in the levels of highly toxic and reactive dicarbonyl compounds (mainly MGO, GO and 3-DG) as a consequence of either an increased generation or decreased detoxification mechanisms. Dicarbonyl stress has been linked to several age-related diseases^{16,166,167}, while efficient dicarbonyl removal was associated with healthy aging¹⁶⁸. Increased dicarbonyl stress in aging may be a direct consequence of a deficiency in the GLO-I system²⁰ responsible for the detoxification of the most reactive and cytotoxic dicarbonyls MGO and GO. If not properly eliminated, these compounds can interact with proteins forming irreversible chemical adducts (collectively named as AGEs) ^{167,218}. The increased oxidative stress present in aging¹⁹ and the decrease in antioxidant mechanisms^{19,25} contribute to the chemical reactivity of dicarbonyl compounds.

The formation of dicarbonyl-induced PTMs on proteins can have deleterious consequences as a result of the alteration they produce in the tertiary and quaternary structure and in the function of the target protein ^{218–220}. Several studies have evidenced increased accumulation of dicarbonyl modifications in different aged tissues and have linked this to the onset and progression of several age-related diseases including CVDs ^{162,221,222} and neurodegenerative diseases ^{186,187}; however, those proteins that are the most susceptible to this kind of modifications by dicarbonyl compounds are still not known, nor are the functional consequences that those modifications may produce on each of the molecular targets. Importantly, our group has recently described a deficiency of the GLO-I system in the hearts of aged humans and mice²⁰ as a mechanism of dicarbonyl stress, which was correlated with an increased accumulation of dicarbonyl-induced modifications on intracellular

proteins and had important functional consequences on SR-mitochondria communication and calcium handling²⁰. However, while there is no doubt that the aged myocardium accumulates significantly higher amounts of dicarbonyl-modified peptides than the young one, neither the most prevalent type of chemical modification nor their intracellular location and target proteins have been systematically evaluated. In the present thesis, we performed a massive spectrometry analysis of PTMs using myocardial homogenates of young and old mice to investigate the most prevalent types of dicarbonyl chemical adducts present in aging and the potential protein targets. This approach allowed the identification of nine different types of chemical adducts (from most to least abundant: CML, MDA54, dihydroxyimidazolidine, G-H1, hydroxymethyl-OP, MG-H1, Arg1HPG, Arg2HPG, Arg2PG). Other types of glycation products including pentosidine, GOLD, MOLD and others have not been detected probably due to their cross-linking nature makes them resistant to the proteolytic treatment required prior to the proteomics study and therefore go undetected.

Importantly, the absolute majority of the dicarbonyl-induced modifications detected by our proteomics study targeted the positively charged arginine and lysine residues. According to a study 170 those two amino acids are the ones with the highest probability of falling in protein active sites, therefore, it can be expected that many of these PTMs can cause consequences on protein function and/or structure especially in proteins with very complex tertiary and quaternary structures. More than 90% of the detected dicarbonyl-induced modifications were found on intracellular proteins. Importantly, the highest load of PTMs was detected on mitochondrial proteins followed by cytosolic proteins and principally affected OXPHOS and contractile proteins, respectively. The highly oxidative environment of the mitochondria¹⁹ in addition to the absence of an intra-mitochondrial detoxification system for MGO, and the fact that MGO is membrane permeable and can cross into the mitochondria 161 may be factors that explain this significant accumulation of modified products on mitochondrial proteins. The age-dependent increase in these modifications in mitochondria was confirmed by Western blot analysis in isolated SSM and IFM from myocardium of young and old mice which demonstrated an increase in MGO-derived adducts specifically on IFM, while CMLs increased significantly in both SSM and IFM of aged myocardium. Although the myocardium accommodates different kinds of cells including cardiomyocytes, fibroblasts, endothelial cells, vascular smooth muscle cells, nerve cells, and immune cells; it is safe to say that the cardiomyocyte contribution to mitochondria and mitochondrial protein is the highest as these cells are the richest in mitochondria ²²³.

6.2. Aging increases dicarbonyl modification of mitochondrial F₀F₁-ATP synthase in the heart

The F_oF₁-ATP synthase is one of the most conserved, widespread, and abundant proteins on earth. It uses the electrical power of IMM to convert ADP into ATP, the most abundant energycontaining chemical compound in all biological systems²²⁴. Of the proteins that make up the proteome of the heart, the F₀F₁-ATP synthase may be the most vital as it is required to produce massive amounts of energy, in quantities superior to any other organ, on a beat-to-beat basis. Only in the heart, the F₀F₁-ATP synthase generates 6 Kg of ATP per day ²²⁵. Given that (1) the F₀F₁-ATP synthase is a protein whose function depends on a very complex tertiary and quaternary structure (dimers and oligomers), (2) that it is one of the most abundant proteins of the IMM, (3) that it contains several positively charged amino acids that could be targeted by dicarbonyl reactions in different subunits within the molecule, and that (4) several previous studies indicate that old cardiomyocytes become less energy efficient, more intolerant to exercise and more susceptible to develop the "failing phenotype", we investigated whether FoF1-ATP synthase could be a target of dicarbonyl modifications in aging. This hypothesis was tested using three independent techniques: mass spectrometry, immuno-fluorescent co-localization and PLA, and the results obtained were coincident in indicating an increased dicarbonyl-induced modification of the mitochondrial F₀F₁-ATP synthase associated with aging.

Mass spectrometry of whole heart homogenates of young and old mice specifically addressed to detect dicarbonyl-induced PTMs revealed that several subunits of the F_0F_1 -ATP synthase become significantly more modified in aging, including the subunit g, involved in the dimerization of the F_0F_1 -ATP synthase. Importantly, the subunit β , which forms the catalytic head of the enzyme (i.e., where the ATP synthesis occurs) was not identified as target of this damage. The most prevalent types of chemical adducts affecting the F_0F_1 -ATP synthase were CML, dihydroxyimidazolidine, G-H1 and MDA54 at arginine, lysine and tryptophan amino acid residues. Our group has previously demonstrated increased Cys oxidation in both the F_0 and the F_1 domains of F_0F_1 -ATP synthase of aged cardiomyocytes³⁵. The finding that F_0F_1 -ATP synthase is also a target of oxidation does not contradict with our results but rather supports the concept of a positive feedback loop between ROS and dicarbonyl-modified protein generation, as previously demonstrated³⁵, in which a pro-oxidant environment has been shown to thermodynamically favour ROS-induced dicarbonyl reactions.

The dicarbonyl-induced modification of F_0F_1 -ATP synthase was confirmed by immunolabelling where the degree of co-localization between subunit α of F_0F_1 -ATP synthase and MGO- derived chemical products was significantly higher in the aged mouse cardiomyocytes, and also by PLA which disclosed a significantly higher cross-reactivity between F_0F_1 -ATP synthase and MGO-derived products in aged compared to young mouse cardiomyocytes. To our knowledge, this is the first evidence demonstrating that cardiac F_0F_1 -ATP synthase is a target of glycative damage in aging.

Importantly, while other types of PTMs including phosphorylations, nitrosylations and acetylations are enzymatically controlled transient modifications that play a fundamental regulatory role over protein function, dicarbonyl compounds interact with proteins following a spontaneous and stochastic pattern and induce terminal chemical modifications that may lead to loss of protein structure and function. Once they are generated, no known endogenous mechanism controls their removal. Even oxidative PTMs which were originally thought to only have a damaging role were later described to play an essential physiological role at low levels and can have protective mitohormetic effects ^{226,227}. Dicarbonyl-induced modifications on the other hand have only been described in the context of pathologies, and to date no regulatory role for the "dicarbonyl proteome" has been described.

6.3. Modification of F₀F₁-ATP synthase is associated with remodelled mitochondrial cristae secondary to its reduced dimerization

Our results demonstrate that aging is associated with defective cristae morphology. TEM images of myocardial tissue disclosed that several IFM of old mouse myocardium presented defective cristae organization characterized by a concentric arrangement (onion-like mitochondria) and/or less densely packed cristae. Importantly, these pathological features were only identified in the aged myocardium and not in the young one. Apart from the alteration in the ultrastructure of the IMM, the quantification of cristae tip convexity using an automatized b-spline coefficient in high-magnification images of young and old mouse myocardium revealed that the curvature of the IMM was significantly reduced in the old animals, where the cristae tips tended to be more flattened rather than angular.

The invaginated architecture of the IMM is essential for increasing the energetic efficiency of the mitochondria as the tightly curved tips of the cristae create H⁺ traps that increase the local proton concentration thereby facilitating and increasing ATP production ^{68,228}. Also, the cristae foldings augment the surface area of the IMM onto which molecules with a bioenergetics role can be incorporated and seems to play a role in the assembly and the stabilization of the respiratory supercomplexes that are essential for efficient energy production⁹¹. The importance of the cristae structure is demonstrated by how this architecture has been evolutionary conserved between species²²⁹, and the relationship between adequate cristae morphogenesis and its function is

reflected by the differences in cristae density between highly energetic demanding and low energy demanding organs. A clear example is the difference between mitochondria that derive from cardiomyocytes and mitochondria that derive from organs with less energy requirement. Whereas cardiomyocytes have mitochondria with tightly packed and invaginated cristae, cells with less energy demand, like hepatocytes have mitochondria with much loser cristae density ²³⁰.

Experimental evidences indicate that the F_0F_1 -ATP synthase is one of the most important players in cristae morphogenesis. Previous studies have demonstrated that the spontaneous self-assembly of F_0F_1 -ATP synthase monomers into long rows of V-shaped dimers is the mechanism that drags and folds the flexible IMM into its highly curved cristae structure 69,115,118,123 . Therefore, rather than being the structure on which F_0F_1 -ATP synthase dimers form, mitochondrial cristae *per se* are the morphological consequence of F_0F_1 -ATP synthase dimerization. This concept is supported by cryo-electron images that demonstrate the specific location of F_0F_1 -ATP synthase dimer ribbons at the tips of the mitochondrial cristae 216,217 and by studies in which interventions addressed to interfere with F_0F_1 -ATP synthase dimerization resulted in altered cristae morphology. Impeding F_0F_1 -ATP synthase dimerization by genetic deletion of the subunits involved in this process yielded defective cristae with randomly distributed F_0F_1 -ATP synthase monomers in yeast 118 . In another study on yeast devoid of the dimerization subunits 69 , aberrant onion-like cristae organization appeared, demonstrating the critical role of F_0F_1 -ATP synthase for adequate membrane folding, although the consequences of this altered mitochondrial ultrastructure on its function was not evaluated.

Importantly, our data suggest an altered F_0F_1 -ATP synthase dimerization secondary to its dicarbonyl-induced modification as the underlying cause behind the defective cristae ultrastructure detected in the myocardium of aged mice. This result was obtained using different experimental approaches. First, BN-electrophoresis followed by in-gel ATPase activity of purified and solubilized SSM and IFM demonstrated a significantly decreased proportion of functional F_0F_1 -ATP synthase dimers and oligomers and a concomitant increase in the proportion of monomers which specifically affected the aged IFM subpopulation. Importantly, these changes could not be attributed to decreased F_0F_1 -ATP synthase expression with age, as different technical approaches including mass spectrometry, Western blot and immunofluorescence all disclosed that the expression levels of different subunits of F_0F_1 -ATP synthase did not change in the mitochondria of aged individuals with respect to the young ones. Also, these changes in the dimerization state could not be ascribed to other mitochondrial proteins that have been described to interact and stabilize F_0F_1 -ATP synthase dimers, like OPA-1 and IF1 213,214 , as detected by Western blot analysis of their expression levels.

Indeed, the impact of aging on these proteins remains controversial. While some studies suggested a decrease in OPA1 levels during aging ²³¹, other studies indicated an increase ²³² or no change ²³³ in OPA1 with age.

The age-dependent decline in F₀F₁-ATP synthase dimers was corroborated in isolated cardiomyocytes where the degree of monomer-monomer interaction was addressed by competitive immunolabeling of one F₀F₁-ATP synthase subunit followed by a PLA. This approach disclosed less fluorescent positive spots in cardiomyocytes from aged mice, indicating less monomer-monomer interaction. Overall, the results obtained by BN and by PLA are coincident in demonstrating that during aging there is a reduction in the amount of functional dimers/oligomers of FoF1-ATP synthase in cardiomyocytes, and that this mechanism may be involved in the altered cristae tip curvature observed in the IMM of intact myocardium of old mice. The consequence of altered F₀F₁-ATP synthase dimerization on the development of pathological mitochondrial cristae features has also been observed in yeast and cell lines ^{69,117}. Also, in aged rat heart, evidence of altered cristae organization was presented ⁸⁵, however the mechanisms underlying this age-dependent alteration was not investigated. This is the first evidence that identifies an association between F₀F₁-ATP synthase modification by dicarbonyl stress and the presence of defective cristae ultra-structure in aging and proposes that the dicarbonyl-induced modification of several subunits of FoF1-ATP synthase, especially subunit g involved in enzyme dimerization, is proposed to be the mechanism involved in the defective enzyme dimerization during aging. The cause-effect relationship between both phenomena (i.e., F₀F₁-ATP synthase glycation and less dimer formation was explored in H9c2 cells (see below).

6.4. Defective F₀F₁-ATP synthase reduces mitochondrial energy efficiency

To our knowledge, this is the first experimental evidence demonstrating a deficiency in F_0F_1 -ATP synthase dimerization in a complex organ of mammals, i.e. the murine heart, during physiological aging (without any kind of genetic manipulation). To date, altered F_0F_1 -ATP synthase dimerization has only been studied in simple organisms such as the fungus P. aneserina where the functional consequences of altered dimerization on cristae morphology, energetic efficiency and mPTP were evaluated 87,120,234 . In those studies, the alteration of F_0F_1 -ATP synthase dimerization was associated with pathological cristae remodelling, energy deficiency, excessive mPTP and increased cell death 87,120,234 . To investigate the functional consequences of altered F_0F_1 -ATP synthase dimerization on OXPHOS and ATP hydrolysis in our model, we evaluated mitochondrial respiration and ATPase activity in mitochondria from young and old mouse hearts.

Mitochondrial ATP production is directly dependent on the trans-membrane H⁺ gradient produced by the ETC and hence requires the presence of an intact mitochondrial membrane, therefore, the function of F₀F₁-ATP synthase in ATP synthesis can only be evaluated in intact mitochondria where the cyto-structure of the IMM is preserved and where the contribution of other ETC enzymes is also present. The altered F_OF₁-ATP synthase dimerization in aging was associated with a preserved basal respiration (state 2) but with a significantly decreased state 3 respiration independently of the substrate being used to feed the ETC (substrates for complex I or II). State 3 is an ADP-dependent respiration which is directly coupled to ATP production at the level of FoF1-ATP synthase. Therefore, this decreased state 3 respiration may be providing an indirect evidence about a reduced F₀F₁-ATP synthase function in aging associated with its decreased dimerization. Importantly, this alteration specifically affected the IFM of old mouse hearts while SSM respiration remained preserved. The reverse activity of F₀F₁-ATP synthase on the other hand, does not require a trans-membrane H⁺ gradient and can be measured in vitro in solubilized mitochondria where mitochondrial cyto-architecture and other ETC components do not have any influence. In fact, the loss of the H⁺ gradient per se is a mechanism that activates ATPase activity¹⁰⁸. Therefore, ATPase activity was evaluated in solubilized SSM and IFM of young and old mice by two independent methods. Both the in-gel ATP hydrolysis seen as the deposition of lead phosphate bands upon the liberation of a phosphate secondary to the transformation of ATP into an ADP, and the in vitro ATPase activity evaluated from changes in NADPH absorbance, indicated that aging did not modify the function of F₀F₁-ATP synthase in ATP hydrolysis. In addition, the sensitivity to oligomycin in both ATP synthesis and ATP hydrolysis was not affected in aging in neither SSM nor IFM, nor did it depend on the dicarbonyl-induced modification of F_0F_1 -ATP synthase or on the relative abundance of the dimers and monomers. Since sensitivity to oligomycin seems to require an adequately assembled F_0F_1 -ATP synthase holocomplex ¹⁰⁷, the result suggests that F_0F_1 -ATP synthase glycation does not affect the assembly of the molecule but rather affects a process that occurs posterior to the monomer assembly, like for example, its dimerization.

Overall, these data suggest that the alteration in OXPHOS efficiency seen in state 3 respiration is not due to a functional consequence at the level of F_0F_1 -ATP synthase monomers function, because these seem to be energetically self-sufficient as indicated from preserved ATPase function in aging. Rather, the effect of F_0F_1 -ATP synthase glycation on energetic efficiency is an outcome of the failure to properly assemble into dimers which would consequently optimize energy production. Altogether, these data are consistent with the concept that impaired dimerization of F_0F_1 -ATP synthase contributes to the reduced OXPHOS capacity of the aging heart due to the ultrastructural changes at the true bioenergetics site of cardiomyocytes, the IMM, seen as defective

cristae morphogenesis (wider cristae tips and pathological cristae organization, i.e, concentric cristae formations). It is important to take into consideration that the age-associated alterations of F_0F_1 -ATP synthase may not be the only underlying cause for a reduced OXPHOS capacity. Other changes including a reduction in mitochondrial yield seen in elderly patients, or an intra-mitochondrial accumulation of calcium may also contribute to reducing the overall mitochondrial function with age²⁰. However, alterations of F_0F_1 -ATP synthase may still be on the top of the list considering that it is the true site where ATP synthesis occurs.

6.5. Glycation of F₀F₁-ATP synthase increases mPTP susceptibility

The F_0F_1 -ATP synthase is known for playing opposing roles on cellular bioenergetics. On the one hand, this molecule produces ATP which is essential to sustain life, while on the other hand F_0F_1 -ATP synthase can switch into an ATP hydrolase, contributing to energy exhaustion in situations where the mitochondrial membrane potential is lost. This dual role F_0F_1 -ATP synthase was first described by Jennings et al. who reported that in cardiomyocytes exposed to long periods of anoxia, it may reverse from ATP synthesis to hydrolysis, precipitating rigor shortening contraction and energy depletion ²³⁵. While this switch into an energy dissipating machine might be crucial to rebuild the $\Delta \psi m$, the exhaustion of ATP increases the probability of death in cells that are already jeopardized by oxygen deprivation ²³⁶.

Our group has previously demonstrated that in aged cardiomyocytes, there is a significant delay in the reversion of F_0F_1 -ATP synthase into its catalytic mode which accelerates mitochondrial membrane depolarization during ischemia and impairs energy recovery upon reperfusion ³⁵. This antagonistic role of F_0F_1 -ATP synthase on cellular bioenergetics is not the only one, as more recently, this molecule has been implicated in a much more lethal mechanism, the mPTP ^{135,141}. Opening of mPTP produces an extreme case of energy uncoupling, and this pathological response has been shown to contribute to cell death during myocardial I/R injury, and other forms of damage ⁵⁰. Importantly, our group and others have described that the contribution of mPTP to mitochondrial failure during I/R injury is more relevant in cardiomyocytes of aged mice ^{35,52}, . However, the mechanism that underlies this increased mPTP susceptibility in the aging heart is still controversial and the molecular identity of mPTP remains unknown.

Recent evidences from different groups suggest that the F_0F_1 -ATP synthase could be the true molecular entity of the mPTP, although there is no consensus on the mechanisms leading to the energy-dissipating channel formation. Some authors propose a failure of F_0F_1 -ATP synthase dimerization, a sequence of dimer dissociation followed by monomer re-arrangement, or a structural alteration in the c-ring as the mechanisms for pore opening. In Bernardi´s model, the

presence of a Ca overload triggers dimer F_0F_1 -ATP synthase dissociation and the pore forms at the interface between the pair of dissociated monomers¹³⁵. In Bonora's model, they observed that following an mPTP trigger there is a significant reduction in F_0F_1 -ATP synthase dimers which suggested that monomer re-arrangement is responsible for pore opening¹³⁹. In the c-ring model, however, an mPTP trigger dislodges the F_1 domain from the c-ring and the latter expands to form the pore¹⁴¹. While the exact location where the mPTP forms on the F_0F_1 -ATP synthase is still not agreed upon (dimers, c-ring), there seems that there is very little doubt that this molecule is the true molecular entity of the mPTP as the majority of the triggers (Ca^{2+149} , Bz423¹⁵¹) and inhibitors (H^{+150} , ADP and AMP¹³⁵) of this mechanisms bind/interact directly with the F_0F_1 -ATP synthase to exert their effect.

To investigate whether the altered dimerization of F₀F₁-ATP synthase can increase the susceptibility of the cells to undergo mPTP, we evaluated the sensitivity of cardiomyocytes from young and old mouse hearts to develop ROS-induced mPTP. For this purpose, the cardiomyocytes were loaded with TMRE, a fluorochrome that accumulates in the mitochondria and produces massive amounts of ROS when excited by a laser source. Cells were then exposed to intermittent laser irradiation until an energy-collapse that precipitated in rigor-shortening was produced. The quantification of the time required to undergo rigor contraction indicated that cardiomyocytes of old mouse hearts had a significantly increased susceptibility to mPTP in comparison with the young mouse cardiomyocytes. In this assay, CsA failed to delay the time at which mPTP occurred in both age groups, while acidic pH significantly delayed rigor shortening, although this delay was milder in aged cardiomyocytes in comparison with young cardiomyocytes. The failure of CsA to exert any inhibitory effect over mPTP could be attributed to several mechanisms. First, and given that (1) the mechanism of action of CsA depends on its calcium desensitization effect (it increases the threshold of Ca²⁺ required to trigger mPTP^{215,237}), (2) the induction of mPTP in our experiment was achieved by a ROS overload and not a Ca²⁺ overload, (3) no inhibitory effect of CsA on mPTP in the presence of a ROS trigger has been previously described, the absence of a Ca²⁺ overload in our model may explain why CsA failed to delay mPTP opening. In addition, although preclinical models demonstrated an inhibitory effect of CsA on pore opening¹³¹, the CIRCUS clinical trial in which CsA was tested in patients suffering a myocardial infarction, failed to demonstrate a clear reduction in infarct size 132 which may be indicating that CsA is not a gold standard drug for mPTP inhibition. With regards to the acidic pH, several studies have evidenced an inhibitory role of intra-cellular acidosis on pore opening^{134,238}. Importantly, a recent study demonstrated that H⁺ needs to bind to a specific histindine of OSCP to mediate its effect over mPTP inhibition ¹⁵⁰. Our proteomics analysis demonstrated that the OSCP of the F₀F₁-ATP synthase is one of the subunits that are significantly more glycated in aging, which might be the underlying cause for the decreased inhibitory effect of the acidic pH over mPTP in the aged cardiomyocytes.

6.6. Induction of dicarbonyl stress in H9c2 cells simulates age-dependent changes in F₀F₁-ATP synthase

In aged mice, the increased dicarbonyl-induced modification of FoF1-ATP synthase was associated with a significant decrease in F₀F₁-ATP synthase dimerization and a reduction in energetic efficiency. Energy deficiency was not due to a direct functional alteration at the level of the F₀F₁-ATP synthase monomer, but was rather attributed to defective FoF1-ATP synthase dimerization that cannot optimize energy production. The results from mice, however, could not establish a causeeffect relationship between FoF1-ATP synthase modification and the observed functional consequences. Therefore, to establish whether the dicarbonyl-induced modification of F_0F_1 -ATP synthase is the primary cause that interferes with the enzyme dimerization and therefore reduces the energetic capacity, we used an H9c2 cell line where we induced chronic dicarbonyl stress to simulate the conditions present in aging. These cells, unlike other models like HL-1, have many similarities with cardiomyocytes in relation to their high dependence on OXPHOS for ATP production²⁰³. H9c2 cells were exposed to dicarbonyl stress using a previously standardized pharmaceutical strategy that employs the use of the GLO-I inhibitor SML (5umol/L) and MG (200umol/L)) during three consecutive days. The GLO-I inhibitor reduces the efficiency of the GLO system by competing with the cofactor GSH, while MG constitutes an external source of dicarbonyls which would further overwhelm the detoxification system. The intracellular accumulation of dicarbonyl modified proteins was evaluated during three consecutive days by immunofluorescence labelling of intracellular MGO-derived adducts, and disclosed a significantly increased accumulation of the terminally modified proteins only after the third day of the dicarbonyl stress induction and not acutely after the first day or two. The significant increase in dicarbonyl-modified compounds was confirmed by Western blot analysis of whole cell homogenates obtained on day three of dicarbonyl stress and demonstrated significantly higher levels of MGO-induced modifications in comparison with the control cells.

We then evaluated whether F_0F_1 -ATP synthase is a biological target of dicarbonyl stress. To this end we performed a PLA that detects the interaction between subunit α of F_0F_1 -ATP synthase and MGO-induced modifications, which similarly to the aged mouse model, identified F_0F_1 -ATP synthase as a prominent target of glycation. To investigate whether F_0F_1 -ATP synthase modification affected its dimerization, we used a modification of the standard PLA, consisting in the employment of a primary antibody against a F_0F_1 -ATP synthase subunit present in a single copy per monomer

(subunit d in this case) to assess the inter-molecular distance between two F_0F_1 -ATP synthase monomers. This PLA disclosed an increased monomer-monomer distance in the cells exposed to dicarbonyl stress, which might be indicating an altered dimerization of F_0F_1 -ATP synthase as a consequence of its increased dicarbonyl modification. In this model, and as observed in the aged mouse heart, changes in expression of F_0F_1 -ATP synthase were not the underlying cause behind the decreased dimerization, as Western blot analysis disclosed a preserved expression level of several F_0F_1 -ATP synthase subunits and also of OPA1 and IF1 which play a role in dimer stabilization.

Finally, and to establish whether this decreased F_0F_1 -ATP synthase dimerization could cause a decline in ATP production through OXPHOS, we used a Seahorse real-time ATP rate assay. This assay evaluates the contribution of both OXPHOS and the glycolytic pathways to the overall ATP production. The results indicated that in H9c2 cells exposed to dicarbonyl stress, there is a significant decline in the relative amount of ATP produced through OXPHOS which was paralleled by a compensatory increase in ATP production through glycolysis. This data indicated that the decreased dimerization of F_0F_1 -ATP synthase is associated with a significantly reduced OXPHOS capacity. Decreased F_0F_1 -ATP synthase dimerization had no functional consequences on the ATPase activity. This conclusion is based on experiments in which the in vitro ATPase activity measured as changes in NADPH absorbance in solubilized mitochondria of H9c2 cells exposed to dicarbonyl remained unchanged with respect to their corresponding control.

Finally, to evaluate whether the altered dimerization state of the F_0F_1 -ATP synthase could be the cause of the increased susceptibility to mPTP observed in aged cardiomyocytes, we evaluated the susceptibility to ROS-induced mPTP in H9c2 with increased dicarbonyl stress and their respective controls. Similarly to what was observed in old cardiomyocytes, the cells exposed to dicarbonyl stress developed faster mitochondrial depolarization indicative of pore opening in comparison with the control group. Again, CsA failed to delay mPTP, while H^+ did have a protective effect. Interestingly, the delay in mPTP obtained with H^+ was more pronounced in the control cells in comparison with the SML-MG treated ones. Importantly, MGO-induced modification of F_0F_1 -ATP synthase was also associated with an increase in spontaneous mPTP throughout time in H9c2 cells, as detected from a reduced colocalization between calcein and MTR. Occurrence of mPTP was paralleled by an increase in cell death within the same time frame. This provides evidence showing that the glycation of F_0F_1 -ATP synthase not only interferes with dimer formation but increases the susceptibility of the cells to undergo mPTP.

Overall, these experiments provide a proof-of-concept that demonstrates that the increased dicarbonyl stress present in aging and the consequent increase in dicarbonyl-induced modification of

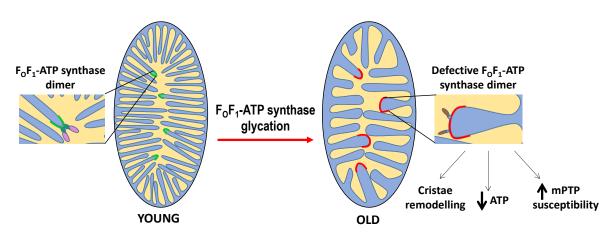
 F_0F_1 -ATP synthase may be the underlying cause for the reduced F_0F_1 -ATP synthase dimerization and the consequent decrease in age-associated mitochondrial energetic efficiency, in addition to the increased susceptibility to mPTP and cell death. Although our data do not allow establishing the molecular entity of the mPTP channel, they do point to glycation-induced changes in F_0F_1 -ATP synthase as the mechanism involved in the altered monomer-monomer interface and mPTP sensitization during aging.

7. Conclusion

- 1. Advanced age is associated with an increased accumulation of dicarbonyl-modified protein on mitochondrial proteins of the heart.
- 2. The F_0F_1 -ATP synthase constitutes a prominent target of this age-dependent modification which affects several of its subunits.
- 3. The dicarbonyl-induced modification of F_0F_1 -ATP synthase alters its dimerization which underlies the pathological mitochondrial ultra-structural modifications and the decreased energetic efficiency present in aging.
- 4. Increased dicarbonyl modification of F₀F₁-ATP synthase also increases the susceptibility of aged cardiomyocytes to mPTP under stress.

These data identify a new pathophysiological mechanism responsible for the age-associated energetic decline and reduced tolerance to stress.

Cardiomyocytes



8. Future Studies



- Establishing a threshold starting from which dicarbonyl-induced modifications start to have a toxic effect. There are several approaches to tackle this including the induction of the formation of one type of modification and evaluating the relationship between the amount of accumulated modifications and cell death. However, this approach also has its limitations as some pathways produce more than only one kind of modifications, and there is commercially no available antibody against each of the dicarbonyl-induced modifications known to date.
- Test several described drugs against the formation of dicarbonyl-induced modification in conjunction to test for a possible additive effect when targeting more than one generating pathway or mechanism. A possible drug combination may be one that quenches MGO, in conjunction with an antioxidant drug. This combination targets simultaneously one of the most toxic and reactive dicarbonyls (MGO), and by-products that can fuel dicarbonyl reactions.
- Test alternative pathways that can reduce dicarbonyl-modified protein accumulation. This may include the up-regulation of autophagy pathways which remove dysfunctional proteins including mitochondria and can therefore "empty" the cells from accumulated garbage, and improve the overall health of the proteome.

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